

## CT SoNoCo Swim Club Distance Meet

December 18, 2011 - Tolland, CT

## Results

## Girls 12 &amp; Under 500 Yard Freestyle

Name	Age	Team	Finals Time			
1 Shannon Leary	12	WWRX-CT	6:02.06			
			30.94	1:06.45	1:42.93	2:19.56
			2:56.33	3:37.39	4:13.42	4:50.11
			5:26.45	6:02.06		
2 Tylor Mathieu	10	SNCO-CT	6:33.06			
			34.94	1:13.69	1:54.04	2:34.97
			3:15.63	3:56.12	4:36.93	5:16.39
			5:56.62	6:33.06		
3 Amanda Tougas	10	SNCO-CT	7:16.31			
			36.71	1:19.65	2:03.41	2:49.86
			3:35.42	4:19.72	5:05.50	5:49.58
			6:35.80	7:16.31		
4 Victoria LaPointe	11	WWRX-CT	7:39.57			
			38.32	1:24.23	2:11.93	2:58.41
			3:46.34	4:34.33	5:24.40	6:11.04
			6:56.96	7:39.57		
5 Alexa Whitesell	9	WWRX-CT	8:55.85			
			43.14	1:35.59	2:31.03	3:26.04
			4:21.61	5:15.55	6:12.27	7:09.02
			8:01.70	8:55.85		

## Girls 1000 Yard Freestyle

Name	Age	Team	Finals Time			
1 Dana Grindall	16	SNCO-CT	10:24.77			
			27.58	57.85	1:28.89	2:00.34
			2:31.81	3:03.48	3:35.15	4:07.01
			4:38.32	5:10.11	5:41.77	6:13.77
			6:45.61	7:17.32	7:49.49	8:21.31
			8:52.97	9:24.43	9:55.59	10:24.77
2 Gabrielle Daigneault	15	SNCO-CT	10:49.27			
			28.22	58.77	1:30.10	2:02.08
			2:34.03	3:06.43	3:38.50	4:11.23
			4:43.99	5:16.60	5:49.11	6:22.45
			6:55.58	7:28.72	8:02.17	8:36.25
			9:10.83	9:44.36	10:17.12	10:49.27
3 Val Daigneault	14	SNCO-CT	11:08.55			
			28.83	1:00.25	1:32.73	2:05.73
			2:39.28	3:12.93	3:46.93	4:21.06
			4:55.24	5:29.54	6:03.38	6:37.59
			7:11.58	7:45.08	8:19.10	8:53.17
			9:27.79	10:01.50	10:35.12	11:08.55
4 Christine Lenkeit	16	SNCO-CT	11:14.32			
			30.60	1:03.68	1:37.17	2:10.44
			2:43.99	3:17.53	3:51.03	4:24.86
			4:58.80	5:33.04	6:06.96	6:40.95
			7:15.03	7:49.30	8:23.49	8:57.73
			9:32.04	10:06.12	10:40.94	11:14.32
5 Melissa Orzechowski	16	WWRX-CT	11:15.26			
			29.52	1:02.65	1:36.53	2:10.71
			2:45.23	3:19.76	3:53.90	4:28.46
			5:02.97	5:37.31	6:11.24	6:45.40
			7:19.43	7:53.38	8:27.41	9:01.19
			9:35.17	10:08.90	10:42.28	11:15.26

6 Jennifer Belanger	16	SNCO-CT	11:33.53			
			31.28	1:05.62	1:40.12	2:14.98
			2:49.88	3:24.42	3:59.26	4:34.18
			5:09.08	5:44.04	6:19.12	6:53.31
			7:28.31	8:03.40	8:38.18	9:12.47
			9:48.66	10:23.36	10:58.97	11:33.53
7 Jessica Kochiss	15	SNCO-CT	11:36.20			
			31.63	1:05.73	1:40.74	2:15.83
			2:50.73	3:25.83	4:00.84	4:35.93
			5:11.00	5:46.03	6:20.69	6:55.61
			7:30.85	8:05.83	8:41.52	9:16.96
			9:52.27	10:27.41	11:02.64	11:36.20
8 Christina Lavery	17	SNCO-CT	11:36.53			
			31.19	1:05.30	1:39.94	2:14.88
			2:50.10	3:25.32	4:00.44	4:35.51
			5:10.59	5:45.71	6:20.66	6:55.80
			7:30.93	8:06.02	8:41.06	9:16.14
			9:51.61	10:26.97	11:02.47	11:36.53
9 Rebecca Kaliff	14	UN-CT	11:40.61			
			30.78	1:04.56	1:39.79	2:14.93
			2:50.03	3:25.28	4:00.49	4:35.91
			5:11.06	5:46.83	6:22.23	6:57.75
			7:33.42	8:08.92	8:44.59	9:20.19
			9:56.03	10:31.34	11:06.43	11:40.61
10 Kristy Tougas	16	SNCO-CT	11:44.97			
			31.65	1:06.83	1:42.68	2:18.05
			2:53.69	3:29.22	4:04.86	4:40.83
			5:16.82	5:52.54	6:28.29	7:04.30
			7:40.33	8:16.06	8:51.44	9:26.53
			10:02.13	10:37.27	11:11.45	11:44.97
11 Sabrina Jin-Corcoran	17	SNCO-CT	11:47.42			
			30.88	1:04.30	1:38.61	2:13.65
			2:49.09	3:24.85	4:00.43	4:36.43
			5:12.44	5:48.27	6:24.28	7:00.36
			7:36.23	8:12.38	8:48.37	9:24.17
			10:00.14	10:35.99	11:11.90	11:47.42
12 Kate Hegwood	15	SNCO-CT	11:48.39			
			30.04	1:04.36	1:39.33	2:14.59
			2:36.21	3:25.17	4:00.87	4:36.35
			5:12.05	5:48.06	6:24.12	7:00.30
			7:35.98	8:11.92	8:47.91	9:24.40
			10:01.05	10:37.27	11:13.24	11:48.39
13 Rachel Holden	17	SNCO-CT	11:49.78			
			31.84	1:07.10	1:42.79	2:19.01
			2:55.26	3:32.16	4:07.81	4:44.29
			5:20.58	5:56.72	6:32.66	7:07.73
			7:42.84	8:18.23	8:54.15	9:29.89
			10:05.76	10:41.30	11:15.75	11:49.78
14 Amanda Danielson	16	SNCO-CT	11:54.43			
			31.02	1:05.14	1:40.25	2:16.22
			2:52.40	3:28.79	4:05.69	4:41.57
			5:17.55	5:54.10	6:30.38	7:06.61
			7:43.21	8:19.20	8:55.38	9:31.47
			10:07.59	10:43.85	11:19.47	11:54.43

## CT SoNoCo Swim Club Distance Meet

December 18, 2011 - Tolland, CT

## Results

**(Girls 1000 Yard Freestyle)**

Name	Age	Team	Finals Time			
15 Kelsey Walker	13	UAC-CT	11:57.53			
			31.89	1:06.88	1:42.40	2:18.54
			2:54.48	3:31.02	4:07.31	4:43.98
			5:20.67	5:57.94	6:34.80	7:11.68
			7:48.60	8:26.02	9:01.97	9:38.12
			10:14.19	10:49.68	11:24.39	11:57.53
16 Katherine Holden	17	SNCO-CT	12:00.90			
			35.30	1:11.59	1:48.05	2:24.82
			3:01.63	3:38.12	4:13.94	4:50.94
			5:27.92	6:04.24	6:40.22	7:16.34
			7:52.14	8:28.01	9:03.67	9:39.69
			10:15.72	10:50.94	11:26.29	12:00.90
17 Erin Westcott	17	SNCO-CT	12:05.76			
			31.39	1:06.75	1:42.60	2:18.82
			2:55.08	3:31.45	4:07.90	4:44.71
			5:21.49	5:58.58	6:35.73	7:12.88
			7:50.04	8:27.15	9:03.67	9:40.49
			10:17.30	10:53.81	11:30.33	12:05.76
18 Amelia Ockert	13	WWRX-CT	12:07.17			
			31.87	1:07.78	1:46.21	2:21.94
			2:58.41	3:35.46	4:12.47	4:49.05
			5:26.36	6:03.18	6:39.80	7:17.33
			7:53.80	8:31.08	9:07.67	9:44.13
			10:20.97	10:57.61	11:33.19	12:07.17
19 Hannah Kirk	13	UAC-CT	12:19.91			
			33.35	1:10.32	1:48.32	2:25.95
			3:03.38	3:40.95	4:19.00	4:56.96
			5:34.46	6:11.80	6:50.20	7:28.00
			8:05.12	8:41.76	9:19.26	9:56.81
			10:33.88	11:10.09	11:46.01	12:19.91
20 Jackie Raymond	13	UAC-CT	12:24.43			
			32.07	1:07.57	1:43.86	2:21.44
			2:59.38	3:38.02	4:15.71	4:54.18
			5:31.86	6:09.52	6:47.67	7:26.07
			8:03.84	8:41.81	9:19.81	9:57.86
			10:35.75	11:12.97	11:49.92	12:24.43
21 Natalie Ambrose	15	SNCO-CT	12:26.01			
			31.20	1:07.20	1:44.66	2:22.30
			2:58.62	3:35.67	4:12.91	4:50.89
			5:30.27	6:08.90	6:45.67	7:24.00
			8:02.84	8:40.99	9:18.51	9:57.30
			10:34.71	11:12.51	11:50.24	12:26.01
22 Tiffany Wronski	13	SNCO-CT	12:32.52			
			33.28	1:10.20	1:47.76	2:24.93
			3:02.56	3:40.39	4:17.76	4:55.65
			5:34.31	6:12.43	6:51.26	7:29.53
			8:08.00	8:44.89	9:23.62	10:01.94
			10:39.53	11:19.08	11:57.39	12:32.52
23 Kelly Grindall	13	SNCO-CT	12:46.14			
			33.86	1:11.05	1:49.84	2:28.01
			3:06.58	3:44.55	4:23.66	5:02.19
			5:41.75	6:21.00	6:59.48	7:38.02
			8:16.69	8:55.76	9:34.29	10:13.46
			10:52.75	11:31.95	12:09.59	12:46.14

24 Kaylee Yacono	14	SNCO-CT	12:56.47			
			37.01	1:18.34	1:58.97	2:41.04
			3:21.52	4:02.76	4:44.00	5:25.56
			6:07.68	6:48.54	7:29.72	8:10.94
			8:51.70	9:32.30	10:14.00	10:55.07
			11:36.16	12:17.16	12:56.68	12:56.47
25 Samantha Pruden	14	SNCO-CT	12:59.31			
			33.27	1:09.73	1:47.58	2:25.87
			3:05.12	3:44.50	4:23.82	5:03.66
			5:43.69	6:24.06	7:03.70	7:43.84
			8:23.51	9:03.28	9:43.61	10:23.27
			11:02.61	11:42.27	12:21.79	12:59.31
26 Kiersten Ness	13	SNCO-CT	13:02.00			
			34.52	1:12.54	1:51.57	2:31.45
			3:11.28	3:51.56	4:31.91	5:12.45
			5:52.49	6:32.59	7:12.60	7:52.11
			8:32.16	9:12.04	9:51.51	10:30.41
			11:08.89	11:46.82	12:24.95	13:02.00
27 Kate Niemiec	13	WWRX-CT	13:12.71			
			32.77	1:10.50	1:49.69	2:29.62
			3:09.84	3:50.81	4:31.49	5:11.54
			5:51.31	6:31.71	7:11.84	7:51.64
			8:31.66	9:11.02	9:51.28	10:32.07
			11:12.81	11:53.05	12:33.62	13:12.71
28 Gisella Barker	13	WWRX-CT	14:12.21			
			35.87	1:16.34	1:58.81	2:41.57
			3:24.65	4:07.82	4:51.16	5:34.63
			6:17.70	7:01.17	7:44.68	8:28.35
			9:11.88	9:55.72	10:40.32	11:23.62
			12:07.02	12:50.12	13:32.71	14:12.21

**Girls 400 Yard IM**

Name	Age	Team	Finals Time			
1 Dana Grindall	16	SNCO-CT	4:34.12			
			27.71	1:00.16	1:36.02	2:11.10
			2:51.51	3:32.05	4:03.90	4:34.12
2 Gabrielle Daigneault	15	SNCO-CT	4:43.31			
			29.91	1:04.39	1:40.34	2:15.25
			2:55.22	3:36.31	4:10.46	4:43.31
3 Val Daigneault	14	SNCO-CT	4:53.63			
			30.48	1:06.47	1:42.28	2:17.84
			3:02.44	3:47.35	4:20.60	4:53.63
4 Sabrina Jin-Corcoran	17	SNCO-CT	5:00.81			
			30.44	1:06.89	1:45.00	2:22.76
			3:06.93	3:52.23	4:26.78	5:00.81
5 Jessica Kochiss	15	SNCO-CT	5:01.54			
			33.36	1:11.43	1:50.17	2:28.88
			3:11.32	3:54.39	4:28.93	5:01.54
6 Kate Hegwood	15	SNCO-CT	5:05.31			
			32.43	1:10.53	1:48.39	2:26.02
			3:14.73	4:02.29	4:33.92	5:05.31
7 Christine Lenkeit	16	SNCO-CT	5:05.67			
			32.25	1:11.40	1:49.11	2:26.12
			3:12.78	3:59.70	4:33.10	5:05.67
*8 Kailey Demers	14	WWRX-CT	5:07.12			
			34.44	1:13.97	1:53.71	2:33.63
			3:16.12	3:58.92	4:33.71	5:07.12

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## Results

**(Girls 400 Yard IM)**

Name	Age Team	Finals Time			
*8 Christina Lavery	17 SNCO-CT	5:07.12			
32.72	1:10.52	1:50.54	2:30.03		
3:13.09	3:57.20	4:32.42	5:07.12		
10 Kristy Tougas	16 SNCO-CT	5:07.17			
30.56	1:06.95	1:47.00	2:26.69		
3:13.49	4:00.95	4:34.52	5:07.17		
11 Rebecca Kaliff	14 UN-CT	5:07.84			
32.24	1:10.01	1:50.85	2:30.90		
3:16.07	4:00.68	4:35.17	5:07.84		
12 Erin Westcott	17 SNCO-CT	5:10.35			
31.21	1:07.22	1:47.65	2:25.41		
3:12.91	4:00.76	4:36.06	5:10.35		
13 Amanda Danielson	16 SNCO-CT	5:13.00			
32.14	1:09.79	1:49.80	2:29.31		
3:15.64	4:01.70	4:37.11	5:13.00		
14 Rachel Holden	17 SNCO-CT	5:13.10			
33.43	1:12.35	1:53.09	2:33.11		
3:19.19	4:05.45	4:39.51	5:13.10		
15 Kelsey Walker	13 UAC-CT	5:21.30			
34.47	1:15.93	2:01.15	2:44.73		
3:27.95	4:12.93	4:48.46	5:21.30		
16 Katherine Holden	17 SNCO-CT	5:21.36			
37.74	1:24.62	2:06.46	2:47.47		
3:29.37	4:12.74	4:48.44	5:21.36		
17 Natalie Ambrosey	15 SNCO-CT	5:23.83			
34.60	1:20.40	2:03.26	2:46.45		
3:29.25	4:14.26	4:50.41	5:23.83		
18 Jennifer Belanger	16 SNCO-CT	5:24.26			
31.79	1:10.79	1:54.07	2:37.47		
3:24.72	4:12.58	4:49.45	5:24.26		
19 Tiffany Wronski	13 SNCO-CT	5:31.47			
35.34	1:15.61	1:59.13	2:41.87		
3:28.62	4:17.18	4:54.92	5:31.47		
20 Kiersten Ness	13 SNCO-CT	5:41.98			
38.00	1:24.98	2:07.06	2:48.05		
3:39.41	4:28.08	5:06.96	5:41.98		
21 Kelly Grindall	13 SNCO-CT	5:49.11			
38.18	1:22.38	2:05.97	2:49.53		
3:41.43	4:34.43	5:12.62	5:49.11		
22 Samantha Pruden	14 SNCO-CT	6:01.19			
41.81	1:36.59	2:20.65	3:04.43		
3:53.95	4:45.39	5:23.36	6:01.19		
23 Kaylee Yacono	14 SNCO-CT	6:24.20			
38.74	1:26.31	2:17.01	3:05.83		
4:04.65	5:05.23	5:45.78	6:24.20		
24 Tylor Mathieu	10 SNCO-CT	6:25.32			
42.59	1:35.29	2:25.24	3:15.02		
4:07.45	5:02.81	5:44.03	6:25.32		
25 Amanda Tougas	10 SNCO-CT	6:42.78			
39.90	1:29.27	2:21.75	3:15.47		
4:15.96	5:18.97	6:00.51	6:42.78		

**Boys 12 & Under 500 Yard Freestyle**

Name	Age Team	Finals Time			
1 Jordan Gabbidon	12 SNCO-CT	6:06.11			
31.14	1:06.18	1:42.85	2:19.72		
2:57.57	3:35.09	4:13.21	4:51.36		
5:29.34	6:06.11				
2 Nathan Motisi	11 SNCO-CT	6:39.94			
34.67	1:14.38	4:41.73	6:02.19		
6:39.91	6:39.94				
3 Michael Motisi	10 SNCO-CT	6:41.44			
36.03	1:15.42	1:56.74	2:38.98		
4:02.34	4:43.79	5:23.70	6:04.88		
6:41.49	6:41.44				
4 Jaden Rismay	11 WWRX-CT	6:42.48			
34.08	1:13.08	1:53.69	2:35.44		
3:16.90	3:58.87	4:39.96	5:21.36		
6:02.53	6:42.48				
5 Tommy Wejda	12 SNCO-CT	6:51.39			
31.48	1:09.37	1:50.72	2:32.86		
3:14.99	3:55.33	4:41.04	5:24.66		
6:09.32	6:51.39				
6 Justin Lam	11 WWRX-CT	7:02.49			
34.83	1:15.94	1:57.53	2:41.53		
3:23.88	4:08.49	4:52.84	5:36.99		
6:20.75	7:02.49				
7 Will Cerny	8 WWRX-CT	9:10.15			
45.85	1:39.56	2:35.47	3:31.99		
4:28.29	5:24.25	6:22.80	7:20.41		
8:16.25	9:10.15				

**Boys 1000 Yard Freestyle**

Name	Age Team	Finals Time			
1 Kyle Ward	14 SNCO-CT	10:36.15			
27.95	58.84	1:30.66	2:02.46		
2:34.25	3:06.24	3:38.05	4:10.10		
4:42.19	5:14.61	5:46.69	6:18.78		
6:51.19	7:23.46	7:56.15	8:28.25		
9:00.63	9:32.76	10:04.93	10:36.15		
2 Tim Savidge	16 WWRX-CT	10:46.66			
28.09	58.96	1:30.77	2:02.88		
2:35.25	3:07.87	3:40.64	4:13.62		
4:46.71	5:19.76	5:52.50	6:25.81		
6:58.92	7:32.31	8:05.32	8:38.02		
9:10.59	9:43.32	10:15.56	10:46.66		
3 Sean Gay	12 SNCO-CT	10:50.91			
27.96	59.34	1:31.68	2:04.09		
2:36.56	3:09.55	3:42.49	4:15.60		
4:48.78	5:21.90	5:55.09	6:27.78		
7:01.47	7:34.82	8:07.66	8:40.69		
9:13.54	9:46.97	10:19.31	10:50.91		
4 Alexander Ward	15 SNCO-CT	10:57.91			
29.30	1:00.94	1:33.80	2:06.96		
2:39.94	3:12.88	3:45.82	4:19.40		
4:52.43	5:25.93	5:59.07	6:32.56		
7:05.88	7:39.60	8:12.72	8:46.09		
9:19.59	9:52.88	10:25.90	10:57.91		

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## Results

**(Boys 1000 Yard Freestyle)**

Name	Age	Team	Finals Time	
5 Brian Savidge	13	WWRX-CT	11:18.16	
29.32	1:01.95	1:35.57	2:09.36	
2:43.20	3:17.48	3:52.03	4:26.47	
5:01.09	5:35.71	6:10.30	6:44.87	
7:19.16	7:53.74	8:28.15	9:03.09	
9:37.77	10:12.22	10:45.70	11:18.16	
6 Kaz Takabayashi	16	SNCO-CT	11:21.99	
26.39	57.51	1:30.29	2:03.57	
2:37.21	3:11.06	3:46.25	4:20.66	
4:55.71	5:30.96	6:05.94	6:41.42	
7:17.30	7:52.24	8:27.66	9:01.77	
9:37.26	10:12.75	10:48.30	11:21.99	
7 Mike Cerny	14	WWRX-CT	11:48.24	
29.51	1:03.11	1:37.49	2:12.50	
2:47.82	3:24.01	4:00.41	4:36.12	
5:12.49	5:48.95	6:25.08	7:01.58	
7:37.73	8:13.94	8:50.31	9:26.69	
10:03.20	10:39.23	11:14.59	11:48.24	
8 David Sollima	12	SNCO-CT	12:05.40	
31.76	1:07.08	1:42.49	2:18.45	
2:54.47	3:31.06	4:07.56	4:44.29	
5:21.33	5:58.53	6:35.94	7:13.39	
7:51.02	8:27.23	9:05.14	9:41.40	
10:18.48	10:55.25	11:31.64	12:05.40	
9 Alex Cheney	14	UN-CT	12:17.52	
30.70	1:05.35	1:41.08	2:17.59	
2:54.14	3:31.14	4:08.39	4:45.36	
5:23.26	6:01.22	6:39.56	7:17.40	
7:55.81	8:33.30	9:10.98	9:48.72	
10:26.96	11:04.19	11:41.36	12:17.52	
10 Adam Ambrosey	13	SNCO-CT	12:33.44	
32.62	1:09.00	1:45.66	2:22.91	
3:00.43	3:37.08	4:15.03	4:52.49	
5:30.42	6:08.99	6:46.11	7:25.41	
8:04.82	8:43.90	9:22.16	10:01.35	
10:39.37	11:17.56	11:56.81	12:33.44	

6 Derek McLean	16	WWRX-CT	5:01.06	
28.73	1:03.79	1:45.18	2:25.16	
3:07.86	3:51.10	4:27.04	5:01.06	
7 Alex Cheney	14	UN-CT	5:08.26	
32.61	1:11.63	1:51.24	2:30.27	
3:14.37	3:58.68	4:34.22	5:08.26	
8 Preston Vander Vos	13	WWRX-CT	5:09.08	
31.71	1:09.33	1:47.15	2:24.58	
3:09.37	3:53.17	4:31.82	5:09.08	
9 Adam Ambrosey	13	SNCO-CT	5:20.94	
32.18	1:10.50	1:52.97	2:36.00	
3:19.86	4:04.93	4:43.39	5:20.94	
10 David Sollima	12	SNCO-CT	5:30.32	
34.08	1:14.12	1:57.84	2:41.61	
3:30.08	4:20.21	4:55.63	5:30.32	
11 Jordan Gabbidon	12	SNCO-CT	5:42.72	
34.49	2:02.13	2:45.17	3:38.48	
4:31.09	5:07.45	5:42.90	5:42.72	
12 Tommy Wejda	12	SNCO-CT	6:07.12	
41.05	1:32.69	2:18.59	3:04.00	
3:55.01	4:45.51	5:27.77	6:07.12	
13 Justin Lam	11	WWRX-CT	6:25.69	
45.10	1:36.61	2:24.91	3:13.06	
4:07.15	5:02.45	5:44.72	6:25.69	

**Boys 400 Yard IM**

Name	Age	Team	Finals Time	
1 Kaz Takabayashi	16	SNCO-CT	4:19.32	
25.92	57.12	1:31.85	2:06.17	
2:43.45	3:21.48	3:51.34	4:19.32	
2 Dylan Demers	17	WWRX-CT	4:43.05	
29.61	1:04.26	1:41.56	2:18.23	
2:57.69	3:37.49	4:11.24	4:43.05	
3 Kyle Ward	14	SNCO-CT	4:45.09	
30.47	1:06.65	1:43.78	2:19.46	
3:01.54	3:44.16	4:15.33	4:45.09	
4 Sean Gay	12	SNCO-CT	4:49.80	
30.91	1:08.54	1:45.91	2:22.97	
3:04.78	3:47.36	4:19.55	4:49.80	
5 Alexander Ward	15	SNCO-CT	4:50.96	
33.27	1:11.72	1:48.37	2:25.15	
3:05.72	3:46.65	4:19.48	4:50.96	