

2022 CPAC APRIL SCY

Qualifier

April 29- May 1, 2022

1 Blachley Road Stamford, CT 06908

Google Map: <http://goo.gl/maps/rikJ4>

This meet information is subject to change given the fluid nature of COVID-19. Be aware that CDC, State of CT, and local jurisdiction guidelines or public health actions may change quickly and without warning. Visit ctswim.org or the host website for any updates.

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #L22-1. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

COVID-19 Statement

In applying for this sanction, the Host, Chelsea Piers Aquatic Club, agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Connecticut Swimming, the State of Connecticut and, the Department of Health of the City of Stamford.

<https://www.stamfordct.gov/government/public-safety-health-welfare/department-of-health/covid-19-info>.

COVID-19 Assumption of Risk Disclaimer

We, Chelsea Piers Aquatic Club, have taken enhanced health and safety measures – for athletes, coaches, officials, volunteers, and meet management. You must follow all instructions while participating in/spectating at CPAC APRIL SCY AGQ or on site at Chelsea Piers CT. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By participating in/spectating at CPAC APRIL SCY AGQ and being on site at Chelsea Piers CT, you voluntarily assume all risks related to exposure to COVID-19.

COVID-19 Release

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND CONNECTICUT SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY

LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

EVENTS

	Name	Email	Phone
Meet Director:	Aaron Montgomery	amontgomery@chelseapiers.com	
Meet Referee:	Suzannah Rogers	Srogers68@optonline.net	
Lead Admin Official:	Jeff Palmer		
Entry Chair:	Aaron Montgomery	amontgomery@chelseapiers.com	
Safety Chair:	Jim Goodwin		

MEET HOST: CPAC

WEBSITE: <http://www.teamunify.com/Home.jsp?team=ctcp>

POOL EMERGENCY NUMBER: 203-989-1300 (James Goodwin, CPCT Aquatics Director)

SANCTIONED OR APPROVED: Sanctioned

MEET DURATION: Full meet with time limits as defined by CT/USA Swimming.

MEET FORMAT: The meet will be swum as Timed-Final with distance events being swum fastest to slowest and alternating genders.

SCRATCH PROCEDURES: All scratches for events will be due at 5:00 pm on the day preceding the competition. (**Scratches for Friday events due at 5:00 pm Thursday. Scratches for Saturday events due at 5:00 pm Friday etc**). Penalties will be enforced for violation of those procedures. USA Swimming Rulebook 102.3.

FACILITY RULES: No spectators are permitted on-site. Spectators on deck or in the Mezzanine area will be viewed as a code on conduct violation. Parents may be ejected from the facility. Teams in violation of this policy may not be welcome to further sessions should they not strictly enforce this policy.

Occupancy approximately-300 swimmers

FACILITY: The Chelsea Piers Competition Pool is a 10-lane, 25-yard pool. Water depth at start end is: 7.5'. Water depth at turn end is: 7.5'. The competition course has not been certified in accordance with 104.2.2C(4).

Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

SAFE SPORT POLICIES: The meet will be live-streamed for free on the Internet. **THERE WILL BE NO SPECTATORS PERMITTED ON-SITE.** Coaches are asked to give strict instructions to parents of this policy.

DISABLED ACCESS: Chelsea Piers Connecticut is fully accessible to all, able-bodied and challenged. The spectator area is easily accessible via elevator, and all bathrooms have reserved stalls in them. Reserved parking is directly in front of the facility. Please contact the Operational Risk Coordinator for more information and special arrangements.

COURSE: SCY

SESSION TIMES: Subject to Change

Friday 3:30pm WU 4:30pm Start

Saturday 13&Over 7:00am WU 8:30am Start

Saturday 12&Under 12:30pm WU 1:30pm Start

Sunday 13&Over 7:00am WU 8:30 Start

Sunday 12&Under 12:30pm WU 1:30pm Start

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect. 17 Lanes will be available for organized warmup.

ELIGIBILITY: All USA Swimming clubs and individuals

All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete [registration procedures](#). Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck. Clubs are reminded that participation of unregistered swimmers and/or coaches will result in a **\$100 fine** per instance, as described in CT Swimming meet policies:

<https://www.ctswim.org/Customer-Content/www/CMS/files/Membership/Registration-Policy-for-Athletes.pdf>

and [https://www.ctswim.org/Customer-](https://www.ctswim.org/Customer-Content/www/CMS/files/policies_admin/RegistrationPolicyforMeetHosts.pdf)

[Content/www/CMS/files/policies_admin/RegistrationPolicyforMeetHosts.pdf](https://www.ctswim.org/Customer-Content/www/CMS/files/policies_admin/RegistrationPolicyforMeetHosts.pdf)

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water **without the use of the backstroke ledge**. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ADULT ATHLETES: All athletes who will be 18 years of age or older on any day of the meet must complete the mandatory Athlete Protection Training prior to competition. Failure to do so will result in the swimmer being scratched from the meet.

ADAPTED SWIMMING: Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to the [Connecticut Swimming office](#).

EVENT INFORMATION:

ENTRY OPENING DATE: Entries will be accepted no earlier than **April 8, 2022 @ 7:00pm**

ENTRY LIMITATIONS: Swimmers are limited to 4 events per day

ENTRY TIMES: Submit entry times in: SCY

DEADLINES: Deadline is **April 22, 2022**. Aaron Montgomery, 1 Blachley Road, Stamford, CT, 06902. All entries must be legible and must use full names and registration numbers from USA Swimming registration. A financial obligation from the visiting team will be demonstrated with the verbal/written acceptance of the meet entry file.

CONNECTICUT-ONLY DEADLINE: There are **no CT only deadlines** for April and May meets.

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at cpacentries@gmail.com. Please check that your team name, address, and contact information are listed correctly in this file. **Payment must be received before the first day of the meet.**

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

All adult athletes, or parents of minor athletes, who enter without club affiliation will be required to attest to reading and understanding the [Minor Athlete Abuse Prevention Policy](#).

ENTRY FEES: Electronic entries: \$15.00 for individual events, \$20.00 for distance events. Manual entries: \$30.00 for individual events, \$40.00 for distance events. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry.

OUTREACH ENTRY FEE REIMBURSEMENT: Participating clubs will submit payment in full to the meet host for all Outreach athlete entry fees (splash fees). These fees will be reimbursed by CSI to the participating CSI club after completion of the meet. Scratches and 'No Swims' will not be reimbursed. For more information and to submit a reimbursement visit the [Outreach Athlete](#) page on ctswim.org.

PAYMENT INSTRUCTIONS: Please make checks payable to *Chelsea Piers CT*.

Mail to:

Aaron Montgomery
1 Blachley Road
Stamford, CT, 06902

Payment must be received by April 28, 2022.

CUT PROTOCOL:

If the session is oversubscribed the following protocol will be instituted IN THE ORDER PRESENTED to reduce the timeline to the required length or participation number:

1. Athletes aged 7 and Under will be cut from the meet.
2. All relays, if planned, will be eliminated.
3. The distance events (400 meters or yards or greater) may be heat limited to the first 4 heats of entries per gender in the order they were received.
4. The maximum number of events allowed per day may be reduced by one (1).
5. teams may be cut based on the date/time of the receipt of the final paid entry. If teams are cut, the host reserves the right to offer the available partial entry to the cut teams in the order that entries were received in order to fill the meet.

The host reserves the right to seek approval from Program Operations for additional changes, which may reasonably maximize participation opportunities.

Notification of any cuts or requests for changes must be made to Program Operations as soon as possible by the host. Attending teams will be notified no later than the Monday before the meet.

NOTE: If the host is required to institute the published cut protocol above. All accepted entries at the time that the cut protocol is instituted may be considered final by the host for the purposes of financial responsibility. (i.e. Teams submitting "placeholder" entries will be required to pay for the entries if the cut protocol is required).

RESERVE THE RIGHT TO MAKE CHANGES: In accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. The Meet Referee will seek Program Operations approval for all changes requiring approval. Clubs will be notified of changes no later than Monday before the meet.

RELAYS: Yes

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

SWIMWEAR: Per CT Swimming policy, swimmers 12 years old and younger are not permitted to wear "Tech Suits" at any CT sanctioned or approved meets. "Tech Suits" are defined as a suit that has Bonded Seams, Kinetic Tape, or Meshed Seams. Age is determined on the first date of the meet.

PHOTOGRAPHY AND VIDEO RECORDING:

Meet Management has the full authority to restrict any and all photography, audio and visual recording using cameras, video cameras, tablets, cell phones or other electronic devices at a meet.

Photography or video recording from the deck is prohibited by all individuals, other than participating Coaches, unless prior authorization from the Meet Referee or meet referee has been granted.

Under no circumstances is photography or video recording permitted by anyone in the area adjacent to or behind the starting blocks, including spectator stands at deck level, while they are in use for race starting purposes during competition and warm-ups. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Photography or video recording and the use of audio, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Additional "No Camera Zones" may be designated by Meet Management or the meet referee.

If individuals are properly credentialed, not obstructing movement on the deck and abiding by these rules, the following individuals may be allowed by Meet Management and the meet referee with prior authorization if they possess the following:

- Professional photographers with current, official media credentials that are promoting the sport of swimming
- Official team and professional meet photographers that are USA Swimming members, background checked, have signed off on MAAPP and completed Athlete Protection Training
- A participating athlete directly assisting a Coach, for instructional purposes, during an event using the Coach's electronic device

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by USA Swimming Vice President of Program Operations.

RULES: Current USA Swimming rules will govern all competition.

TIME TRIALS: Yes. Time trials may be offered at the discretion of the Meet Referee in accordance with CSI Policy if time allows. Time trials are limited to the events published in this meet announcement (age/distance/stroke). Time Trials will count toward the athlete's event limitations for the day and meet. If they are offered, only athletes properly entered in one or more events in the meet are eligible for time trials and must be properly entered in the Time Trial. The deadline for Time Trial entries is/are 10am for morning sessions and 2pm for afternoon sessions. The fee for Time Trial entries are \$20 for individual events and \$40 for relays.

TIMERS, OFFICIALS OR WORK ASSIGNMENTS Participating clubs will be notified of work assignments by the Monday before the meet.

Volunteer Timers will be Required from all Teams for All Sessions (including: 400 IM & 500 Free)

Each Swimmer must provide their own Timers & Counter for the 1000 & 1650 Free events.

Each Swimmer must provide their own Counter for the 500 Free events.

Participating clubs will be notified of work assignments by the Monday before the meet.

All volunteers will be required to attest to reading and understanding the [Minor Athlete Abuse Prevention Policy](#).

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

SCORING: The meet will not be scored.

AWARDS: No.

CONCESSIONS: Yes

HOSPITALITY FOR COACHES AND OFFICIALS: Yes

MISCELLANEOUS:

PARKING: There is parking located on site at Chelsea Piers Connecticut. Any further instructions for parking will be emailed to the teams by the Monday before the meet.

DIRECTIONS: Northbound 95: Take exit 9. Make a left at the end of the ramp. Make a left on to Rt.1. Make a left onto Blachley Road. The facility is at the end of the street. Southbound 95: Take exit 9. Make a right at the end of the ramp. Make a left onto Blachley Road. The facility is at the end of the street.

LODGING: The Sheraton Stamford Hotel is 1 mile from Chelsea Piers CT, take exit 8 from I-95. Address: 700 East Main St, Stamford, CT 06901 Phone: (203) 358-8400 • Fax: (203) 358-8872 Please mention Chelsea Piers if making a reservation

CT 2022 CPAC April SCY AGQ - 4/29/2022 to 5/1/2022**Session Report**

Session: 1 Friday PM

Day of Meet: 1 Starts at 04:30 PM Heat Interval: 30 Seconds / Back +15 Seconds

Finals	1	Girls 12 & Under 100 IM
Finals	2	Boys 12 & Under 100 IM
Finals	3	Girls 100 IM
Finals	4	Boys 100 IM
Finals	5	Girls 12 & Under 200 Freestyle
Finals	6	Boys 12 & Under 200 Freestyle
Finals	7	Girls 500 Freestyle
Finals	8	Boys 500 Freestyle

Session: 2 Saturday 13&Over

Day of Meet: 2 Starts at 08:30 AM Heat Interval: 30 Seconds / Back +15 Seconds

Finals	9	Girls 50 Freestyle
Finals	10	Boys 50 Freestyle
Finals	11	Girls 100 Butterfly
Finals	12	Boys 100 Butterfly
Finals	13	Girls 200 Backstroke
Finals	14	Boys 200 Backstroke
Finals	15	Girls 100 Breaststroke
Finals	16	Boys 100 Breaststroke
Finals	17	Girls 200 Freestyle
Finals	18	Boys 200 Freestyle
Finals	19	Girls 200 IM
Finals	20	Boys 200 IM

Session: 3 Saturday 12&Under

Day of Meet: 2 Starts at 01:30 PM Heat Interval: 30 Seconds / Back +15 Seconds

Finals	21	Girls 12 & Under 50 Butterfly
Finals	22	Boys 12 & Under 50 Butterfly
Finals	23	Girls 12 & Under 200 Butterfly
Finals	24	Boys 12 & Under 200 Butterfly
Finals	25	Girls 12 & Under 100 Backstroke
Finals	26	Boys 12 & Under 100 Backstroke
Finals	27	Girls 12 & Under 50 Breaststroke
Finals	28	Boys 12 & Under 50 Breaststroke
Finals	29	Girls 12 & Under 200 Breaststroke
Finals	30	Boys 12 & Under 200 Breaststroke
Finals	31	Girls 12 & Under 100 Freestyle
Finals	32	Boys 12 & Under 100 Freestyle
Finals	33	Girls 12 & Under 200 IM
Finals	34	Boys 12 & Under 200 IM

CT 2022 CPAC April SCY AGQ - 4/29/2022 to 5/1/2022**Session Report**

Session: 4 Sunday 13&Over

Day of Meet: 3 Starts at 08:30 AM Heat Interval: 30 Seconds / Back +15 Seconds

Finals	35	Girls 200 Butterfly
Finals	36	Boys 200 Butterfly
Finals	37	Girls 100 Backstroke
Finals	38	Boys 100 Backstroke
Finals	39	Girls 200 Breaststroke
Finals	40	Boys 200 Breaststroke
Finals	41	Girls 100 Freestyle
Finals	42	Boys 100 Freestyle
Finals	43	Girls 400 IM
Finals	44	Boys 400 IM

Session: 5 Sunday 12&Under

Day of Meet: 3 Starts at 01:30 PM Heat Interval: 30 Seconds / Back +15 Seconds

Finals	45	Girls 12 & Under 200 Freestyle
Finals	46	Boys 12 & Under 200 Freestyle
Finals	47	Girls 12 & Under 100 Butterfly
Finals	48	Boys 12 & Under 100 Butterfly
Finals	49	Girls 12 & Under 50 Backstroke
Finals	50	Boys 12 & Under 50 Backstroke
Finals	51	Girls 12 & Under 200 Backstroke
Finals	52	Boys 12 & Under 200 Backstroke
Finals	53	Girls 12 & Under 100 Breaststroke
Finals	54	Boys 12 & Under 100 Breaststroke
Finals	55	Girls 12 & Under 50 Freestyle
Finals	56	Boys 12 & Under 50 Freestyle