

## 2021 Long Course Season

### Tri-Meet OAK BULL WWRX

**Meet Type: Invitational, Qualifier, 8/U meet, Distance Meet, etc.**

**June 12-13 2021**

230 Bushy Hill Road, Simsbury, CT 06070

<https://goo.gl/maps/xnmGPK4BhdeR3HL87>

**This meet information is subject to change given the fluid nature of COVID-19. Be aware that CDC, State of CT, and local jurisdiction guidelines or public health actions may change quickly and without warning. Visit [ctswim.org](http://ctswim.org) or the host website for any updates.**

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #L21-13. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

#### COVID-19 Statement

In applying for this sanction, the Host, Charter Oak Aquatic Club, agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Connecticut Swimming, the State of Connecticut and, [Farmington Valley Health Department](https://fvhd.org). <https://fvhd.org>

#### COVID-19 Assumption of Risk Disclaimer

We, Charter Oak Aquatic Club, have taken enhanced health and safety measures – for athletes, coaches, officials, volunteers, and meet management. You must follow all instructions while participating in/spectating at Tri-Meet or on site at Ethel Walker. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By participating in/spectating at Tri-Meet and being on site at Ethel Walker, you voluntarily assume all risks related to exposure to COVID-19.

#### COVID-19 Release

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND CONNECTICUT SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF

NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

**WAIVER:** All participants and spectators must sign the Waiver of Liability and Hold Harmless Agreement found on the last page of this meet announcement. Email all waivers to [spencer.hartmann@ctoak.org](mailto:spencer.hartmann@ctoak.org) ahead of the start of the meet

## EVENTS

	<b>Name</b>	<b>Email</b>	<b>Phone</b>
<b>Meet Director:</b>	Spencer Hartmann	<a href="mailto:spencer.hartmann@ctoak.org">spencer.hartmann@ctoak.org</a>	
<b>Meet Referee:</b>	Walt Carroll	<a href="mailto:wandjcarroll@comcast.net">wandjcarroll@comcast.net</a>	
<b>Lead Admin Official:</b>	Spencer Hartmann	<a href="mailto:spencer.hartmann@ctoak.org">spencer.hartmann@ctoak.org</a>	
<b>Entry Chair:</b>	Spencer Hartmann	<a href="mailto:spencer.hartmann@ctoak.org">spencer.hartmann@ctoak.org</a>	
<b>Safety Chair:</b>	Spencer Hartmann	<a href="mailto:spencer.hartmann@ctoak.org">spencer.hartmann@ctoak.org</a>	
<b>Officials Contact:</b>	Walt Carroll	<a href="mailto:wandjcarroll@comcast.net">wandjcarroll@comcast.net</a>	

**MEET HOST:** [OAK](#)

**WEBSITE:** [www.ctoak.org](http://www.ctoak.org)

**POOL EMERGENCY NUMBER:** [860-3059834](tel:860-3059834)

**SANCTIONED OR APPROVED:** Sanctioned

**MEET TYPE:** By invitation to OAK, WWRX & BULL, subject to the rules on the CT Swimming [Meet Management](#) page.

**MEET FORMAT:** The meet will be swum as Timed-Final

**SCRATCH PROCEDURES:** Meet will be pre-seeded, any scratches will need to be submitted by email by Thursday June 9th

**BEFORE ENTERING FACILITY or WHAT TO BRING:** Everyone entering the facility will need to upload a negative PCR Test that was performed no earlier than June 5<sup>th</sup> 2021 to a private drop box account to be kept on file with Ethel Walker for contact tracing if a covid case should turn up after the meets conclusion. Also prior to entering the facility answer covid screening questions, temperature check.

## FACILITY RULES:

Everyone entering the building must have a mask on at all times, swimmers may remove their mask as they are getting ready for warm up or ready to swim their events. Swimmers must arrive and leave in their bathing suits, changing in the locker rooms will be prohibited. There will be no spectators, a live stream will be available on the OAK website or by request. All swimmers, timers, officials will need to enter the and exit the facility at the turn around drop off point at the lower end of the parking lot. Park on designated spots only do not park on the grass.

Planned number of individuals on deck: 70

Planned number of individuals in spectating area: will be used to seat swimmers

**FACILITY:** The Ethel Walker Pool has an 8 lane, 25 yard short course pool. Water depth at start end is: 7'6". Water depth at turn end is: 7'6". The competition course has not been certified in accordance with 104.2.2C(4). Colorado Timing system will be used.

**SAFE SPORT POLICIES:** A live stream will be available on the OAK website or by request.

**DISABLED ACCESS:** There is handicap parking and access to the Centennial Center along Sand Hill Road; all entrances and exits are handicap accessible.

**COURSE:** SCY

**SESSION TIMES: Subject to Change**

10/U & 13/14 Saturday & Sunday 7:00AM Warm Up / 8:00AM Start

11/12 & 15/O Saturday & Sunday 10:00AM Warm Up / 11:00AM Start

**WARM-UPS:** CT Swimming Warm-Up Procedures will be in effect. Each each team will have 25 minute separate warm ups

**ELIGIBILITY:** USA Swimming clubs by invitation: OAK, WWRX, BULL. Athletes with Flex memberships must not have swum in more than one USA Swimming meet prior to this meet in order to be eligible.

All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete [registration procedures](#). Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck. Clubs are reminded that participation of unregistered swimmers and/or coaches will result in a **\$100 fine** per instance, as described in CT Swimming meet policies:

<https://www.ctswim.org/Customer-Content/www/CMS/files/Membership/Registration-Policy-for-Athletes.pdf>

and  
[https://www.ctswim.org/Customer-Content/www/CMS/files/policies\\_admin/RegistrationPolicyforMeetHosts.pdf](https://www.ctswim.org/Customer-Content/www/CMS/files/policies_admin/RegistrationPolicyforMeetHosts.pdf)

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water **without the use of the backstroke ledge**. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**ADULT ATHLETES:** All athletes who will be 18 years of age or older on any day of the meet must complete the mandatory Athlete Protection Training prior to competition. Failure to do so will result in the swimmer being scratched from the meet.

**ADAPTED SWIMMING:** Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to the [Connecticut Swimming office](#).

**ENTRY OPENING DATE:** Entries will be accepted no earlier than 8:00 pm on **May 25, 2021**.

**ENTRY LIMITATIONS:** 4 Events per day.

**ENTRY TIMES:** Submit entry times in: SCY

**DEADLINES:** Deadline is June 1, 2021. Mail hard copy and payment to Spencer Hartmann 23 Alden Rd Windsor CT 06095. All entries must be legible and must use full names and registration numbers from USA Swimming registration. The date of receipt will be based upon when the email entry file is received by the entry chair.

**CONNECTICUT-ONLY DEADLINE:** CT deadline is June 1<sup>st</sup>, 2021; meet only open to WWRX, OAK, BULL. CT clubs meeting this deadline will be entered before out of state clubs.

**ELECTRONIC ENTRIES:** Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at [spencer.hartmann@ctoak.org](mailto:spencer.hartmann@ctoak.org). Please check that your team name, address, and contact information are listed correctly in this file. Mail hard copy and payment to Spencer Hartmann 23 Alden Road Windsor CT 06095

**ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION:** Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

All adult athletes, or parents of minor athletes, who enter without club affiliation will be required to attest to reading and understanding the [Minor Athlete Abuse Prevention Policy](#).

**ENTRY FEES:** Electronic entries: \$10.00 for individual events, \$15.00 for distance event. Manual entries: \$15.00 for individual events, \$20.00 for distance events. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry.

**OUTREACH ENTRY FEE REIMBURSEMENT:** Participating clubs will submit payment in full to the meet host for all Outreach athlete entry fees (splash fees). These fees will be reimbursed by CSI to the participating CSI club after completion of the meet. Scratches and 'No Swims' will not be reimbursed. For more information and to submit a reimbursement visit the [Outreach Athlete](#) page on [ctswim.org](http://ctswim.org).

**PAYMENT INSTRUCTIONS:** Please make checks payable to Charter Oak Aquatic Club and mail to: Spencer Hartmann 23 Alden Road Windsor CT 06095. Payment must be received by June 1, 2021.

**CUT PROTOCOL:** No cuts are anticipated; however, if any are necessary, maximum events per swimmer will be reduced by one.

**RESERVE THE RIGHT TO MAKE CHANGES:** In accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. The Meet Referee will seek Program Operations approval for all changes requiring approval. Clubs will be notified of changes no later than Monday before the meet.

**RELAYS:** Yes

## **SAFETY:**

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

**SWIMWEAR:** Per CT Swimming policy, swimmers 12 years old and younger are not permitted to wear "Tech Suits" at any CT sanctioned or approved meets. "Tech Suits" are defined as a suit that has Bonded Seams, Kinetic Tape, or Meshed Seams. Age is determined on the first date of the meet.

## **PHOTOGRAPHY AND VIDEO RECORDING:**

Meet Management has the full authority to restrict any and all photography, audio and visual recording using cameras, video cameras, tablets, cell phones or other electronic devices at a meet.

Photography or video recording from the deck is prohibited by all individuals, other than participating Coaches, unless prior authorization from the Meet Referee or meet referee has been granted.

Under no circumstances is photography or video recording permitted by anyone in the area adjacent to or behind the starting blocks, including spectator stands at deck level, while they are in use for race starting purposes during competition and warm-ups. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Photography or video recording and the use of audio, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Additional "No Camera Zones" may be designated by Meet Management or the meet referee.

If individuals are properly credentialed, not obstructing movement on the deck and abiding by these rules, the following individuals may be allowed by Meet Management and the meet referee with prior authorization if they possess the following:

- Professional photographers with current, official media credentials that are promoting the sport of swimming
- Official team and professional meet photographers that are USA Swimming members, background checked, have signed off on MAAPP and completed Athlete Protection Training
- A participating athlete directly assisting a Coach, for instructional purposes, during an event using the Coach's electronic device

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

**DRONES:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or

spectators are present. Exceptions may be granted with prior written approval by USA Swimming Vice President of Program Operations.

**RULES:** Current USA Swimming rules will govern all competition.

**TIME TRIALS:** No

**TIMERS, OFFICIALS OR WORK ASSIGNMENTS:** OAK will take care of all timing assignments

All volunteers will be required to attest to reading and understanding the [Minor Athlete Abuse Prevention Policy](#).

**DECK ACCESS:** Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

**SCORING:** The meet not be scored.

**AWARDS:** No

**CONCESSIONS:** No.

**HOSPITALITY FOR COACHES AND OFFICIALS:** Water will be available and pre-packaged food. All food must be consumed outside

**PARKING:** Park in designated spaces only, do not park on the grass

**DIRECTIONS:** 230 Bushy Hill Road, Simsbury, CT 06070; <https://goo.gl/maps/xnmGPK4BhdeR3HL87>

**WAIVER OF LIABILITY AND HOLD HARMLESS AGREEMENT**

In consideration for receiving permission to BE ON PREMISES to either accompany my child or he or she conduct business, voluntarily participate in recreational events, attend practice or participate in training or compete at Ethel Walker or any OAK related activity (hereinafter the "Activity" or "Activities"), I, on behalf of myself and any minor child/children for whom I have the capacity to contract, hereby acknowledge and agree to the following:

1. I understand the hazards of the novel coronavirus ("COVID-19") and am familiar with the Centers for Disease Control and Prevention ("CDC") guidelines regarding COVID-19. I acknowledge and understand that the circumstances regarding COVID-19 are changing from day to day and that, accordingly, the CDC guidelines are regularly modified and updated, and I accept full responsibility for familiarizing myself with the most recent updates.
2. Notwithstanding the risks associated with COVID-19, which I readily acknowledge, I hereby willingly choose to participate in Activities.
3. I acknowledge and fully assume the risk of illness or death related to COVID-19 arising from my being on the premises and participating in the Activities and hereby RELEASE, WAIVE, DISCHARGE, AND COVENANT NOT SUE (on behalf of myself and any minor child/children for whom I have the capacity to contract) OAK and / or Ethel Walker and its owners, officers, directors, agents, employees, and assigns (the "RELEASEES") from any liability related to COVID-19 which might occur as a result of my being on the premises and participating in the Activities.
4. I shall indemnify, defend, and hold harmless the RELEASEES from and against any and all claims, demands, suits, judgments, losses or expenses of any nature whatsoever (including, without limitation, attorneys' fees, costs and disbursements, whether of in-house or outside counsel and whether or not an action is brought, on appeal or otherwise), arising from or out of, or relating to, directly or indirectly, the infection of COVID-19 or any other illness or injury.
5. It is my express intent that this Waiver and Hold Harmless Agreement shall bind any assigns and representatives, and shall be deemed as a RELEASE, WAIVER, DISCHARGE, AND COVENANT NOT TO SUE the above-named RELEASEES. This Agreement and the provisions contained herein shall be construed, interpreted, and controlled according to the laws of the State of Connecticut. I HEREBY KNOWINGLY AND VOLUNTARILY WAIVE ANY RIGHT TO A JURY TRIAL OF ANY DISPUTE ARISING IN CONNECTION WITH THIS AGREEMENT. I ACKNOWLEDGE THAT THIS WAIVER WAS EXPRESSLY NEGOTIATED AND IS A MATERIAL INDUCEMENT OF THE PERMISSION GRANTED BY RELEASEES TO BE ON PREMISES AND PARTICIPATE IN THE ACTIVITIES. BY SIGNING THIS AGREEMENT, I ACKNOWLEDGE AND REPRESENT THAT I have read the foregoing Waiver of Liability and Hold Harmless Agreement, understand it and sign it voluntarily as my own free act and deed; no oral representations, statements, or inducements, apart from the foregoing written agreement, have been made; I am at least eighteen (18) years of age and fully competent; and I execute the Agreement for full, adequate, and complete consideration fully intending to be bound by same.

IN WITNESS WHEREOF, I have signed this Waiver and Agreement under seal on this \_\_\_\_ day of [JUNE], 2021.

SIGNATURE: \_\_\_\_\_

NAME: \_\_\_\_\_ ADDRESS: \_\_\_\_\_

NAMES OF MINOR CHILD(REN), IF ANY: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

167

Bushy Hill Rd

Sand Hill Rd

Parking

Sand Hill Rd

Sand Hill Rd

Exit

The Cobb School,  
Montessori

Swim PRACTICE

Pool

Entrance

Pool  
The  
27

**Tri-Meet OAK WWRX BULL - 6/12/2021 to 6/13/2021****Session Report**

Session: 1 10/U and 13/14 Sat

Day of Meet: 1 Starts at 08:00 AM Heat Interval: 10 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	11 Mixed 13-14 100 Freestyle	20	4 u	08:00 AM	_____
Finals	1 Mixed 10 & Under 100 Freestyle	11	2 u	08:06 AM	_____
Finals	12 Mixed 13-14 100 Backstroke	8	2 u	08:09 AM	_____
Finals	2 Mixed 10 & Under 50 Backstroke	8	2 u	08:13 AM	_____
Finals	13 Mixed 13-14 100 Breaststroke	13	3 u	08:15 AM	_____
Finals	3 Mixed 10 & Under 100 Breaststroke	8	2 u	08:20 AM	_____
Finals	14 Mixed 13-14 200 Butterfly	4	1 u	08:24 AM	_____
Finals	4 Mixed 10 & Under 50 Butterfly	4	1 u	08:27 AM	_____
Finals	15 Mixed 13-14 200 IM	14	3 u	08:28 AM	_____
Finals	5 Mixed 10 & Under 100 IM	11	2 u	08:37 AM	_____
Finals	16 Mixed 13-14 500 Freestyle	8	2 u	08:41 AM	_____
	Swimmers Counts for Warm-ups: 39	=====	=====		
	Entry / Heat Totals:	109	24		
	Finish Time			08:53 AM	_____

**Tri-Meet OAK WWRX BULL - 6/12/2021 to 6/13/2021**

**Session Report**

Session: 2 11/12 and 15/O Sat

Day of Meet: 1 Starts at 11:00 AM Heat Interval: 10 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	17 Mixed 15 & Over 100 Freestyle	28	5 u	11:00 AM	_____
Finals	6 Mixed 11-12 100 Freestyle	18	3 u	11:06 AM	_____
Finals	18 Mixed 15 & Over 100 Backstroke	10	2 u	11:11 AM	_____
Finals	7 Mixed 11-12 50 Backstroke	7	2 u	11:14 AM	_____
Finals	19 Mixed 15 & Over 100 Breaststroke	19	4 u	11:19 AM	_____
Finals	8 Mixed 11-12 100 Breaststroke	11	2 u	11:25 AM	_____
Finals	20 Mixed 15 & Over 200 Butterfly	15	3 u	11:28 AM	_____
Finals	9 Mixed 11-12 50 Butterfly	14	3 u	11:35 AM	_____
Finals	21 Mixed 15 & Over 200 IM	23	4 u	11:38 AM	_____
Finals	10 Mixed 11-12 200 IM	16	3 u	11:49 AM	_____
Finals	22 Mixed 15 & Over 500 Freestyle	18	3 u	11:58 AM	_____
	Swimmers Counts for Warm-ups: 60	=====	=====		
	Entry / Heat Totals:	179	34		
	Finish Time			12:14 PM	_____

**Tri-Meet OAK WWRX BULL - 6/12/2021 to 6/13/2021**

**Session Report**

Session: 3 10/U and 13/14 Sun

Day of Meet: 2 Starts at 08:00 AM Heat Interval: 10 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	34 Mixed 13-14 50 Freestyle	11	2 u	08:00 AM	_____
Finals	23 Mixed 10 & Under 50 Freestyle	8	2 u	08:02 AM	_____
Finals	35 Mixed 13-14 200 Freestyle	15	3 u	08:04 AM	_____
Finals	24 Mixed 10 & Under 200 Freestyle	9	2 u	08:12 AM	_____
Finals	36 Mixed 13-14 200 Backstroke	6	1 u	08:19 AM	_____
Finals	25 Mixed 10 & Under 100 Backstroke	8	2 u	08:22 AM	_____
Finals	37 Mixed 13-14 200 Breaststroke	13	3 u	08:26 AM	_____
Finals	26 Mixed 10 & Under 50 Breaststroke	11	2 u	08:35 AM	_____
Finals	38 Mixed 13-14 100 Butterfly	16	3 u	08:38 AM	_____
Finals	27 Mixed 10 & Under 100 Butterfly	4	1 u	08:42 AM	_____
	Swimmers Counts for Warm-ups: 35	=====	=====		
	Entry / Heat Totals:	101	21		
	Finish Time			08:44 AM	_____

**Tri-Meet OAK WWRX BULL - 6/12/2021 to 6/13/2021****Session Report**

Session: 4 11/12 and 15/O Sat

Day of Meet: 2 Starts at 11:00 AM Heat Interval: 10 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	28 Mixed 11-12 50 Freestyle	9	2 u	11:00 AM	_____
Finals	39 Mixed 15 & Over 50 Freestyle	22	4 u	11:02 AM	_____
Finals	29 Mixed 11-12 200 Freestyle	10	2 u	11:04 AM	_____
Finals	40 Mixed 15 & Over 200 Freestyle	22	4 u	11:10 AM	_____
Finals	30 Mixed 11-12 100 Backstroke	11	2 u	11:19 AM	_____
Finals	41 Mixed 15 & Over 200 Backstroke	26	5 u	11:22 AM	_____
Finals	31 Mixed 11-12 50 Breaststroke	11	2 u	11:36 AM	_____
Finals	42 Mixed 15 & Over 200 Breaststroke	15	3 u	11:38 AM	_____
Finals	32 Mixed 11-12 100 Butterfly	13	3 u	11:48 AM	_____
Finals	43 Mixed 15 & Over 100 Butterfly	25	5 u	11:53 AM	_____
Finals	33 Mixed 11-12 100 IM	17	3 u	11:59 AM	_____
	Swimmers Counts for Warm-ups: 60	=====	=====		
	Entry / Heat Totals:	181	35		
	Finish Time			12:04 PM	_____