

MAC May Invitational, May 29-31, 2026

Wesleyan University, Webster Family Pool
Wesleyan University
Freeman Athletic Center
161 Cross St. Middletown, CT 06457

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #L26-17. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

	MAC
Meet Director	Bill Evison William.evison@gmail.com 860-836-1776
Entry Chair	Bill Evison William.evison@gmail.com 860-836-1776
Referee	Joe Guenther jguentherjr@gmail.com 860-338-6912
Safety Chair	Bill Evison William.evison@gmail.com 860-836-1776
Official's Contact	Joe Guenther jguentherjr@gmail.com 860-338-6912
FACILITY INFORMATION	
Location	Wesleyan University, Freeman Athletic Center 161 Cross St. Middletown, CT 06457
Facilities	<p>The Wesleyan University Pool is an 8 -lane, 50-Meter Pool. Water depth at start end is: 14 Feet 0 Inches. Water depth at turn end is: 4 Feet 0 inches: The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming; We will be using automatic timing provided by Colorado Systems Touch Pads at both ends of the pool with back up plungers and at least one-1 watch per lanes as backups.</p> <p>Wesleyan has strict policies regarding the use of the Freeman Athletic Center including limits on both deck and spectator area occupancy as well as limitations on the use and placement of chairs in the lobby. It is imperative that all individuals attending the meet be aware of and adhere to the rules and procedures outlined below. PLEASE READ THOROUGHLY AND CAREFULLY.</p> <p>Spectator Seating and Waiting areas · Personal folding chairs are not allowed in the building. · No spectators or swimmers will be permitted to congregate in the center of the front lobby of the Athletic Center. · No folding chairs are permitted in the pool area, hockey rink, or field house.</p> <p>Spectator area (stands) · Seating in the spectator seats will be limited to 340. · Only individuals with disabilities that cannot access to the stands will be permitted in the spectator viewing area (open space in front of the large window overlooking pool).</p> <p>Pool and Pool Deck · Deck Occupancy is 350. · Only swimmers and meet workers with proper credentials (administrative, coaches, officials, timers, and marshals) will be allowed on the pool deck. * Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.</p>
Course	LCM

Emergency Phone	860-685-2690
Website	https://www.gomotionapp.com/team/ctmac/page/home
Wifi Access	Free WIFI has decent signal and strength and is available through www.wesleyan.edu
Medical Supervision	First Aid Kit and AED are on site and accessible.
Safe Sport	Personal folding chairs are not allowed in the building. · No spectators or swimmers will be permitted to congregate in the center of the front lobby of the Athletic Center. · No folding chairs are permitted in the pool area, hockey rink, or field house. Spectator area (stands) Seating in the spectator seats will be limited to 340.
Handicapped/ Disabled Access	There is street level parking on the street around the Freeman Athletic Center and in G-Lot. Street access gives spectators access to the lobby and the stands. There is also access to the locker rooms and pool deck via elevator.
Parking	Parking is available around the Freeman Athletic Center. Please Park in properly designated areas. Illegal parking is subject to ticketing and towing at the expense of the vehicle owner. DIRECTIONS: If coming West on Route 66/Washington Street, go past High Street and turn left at next light onto Vine Street (cemetery on corner). Travel on Vine Street (tennis courts on right), turning to the right onto Knowles Avenue where the street branches off. At the stop sign turn right. Parking for the Freeman Athletic Center is available in both Lot R on the right side of Cross Street across from the Freeman Athletic Center or in Lot Q, which is located on the left side of Cross Street (first left after the fire station) . If coming East on Route 66/Washington Street, turn right on Vine Street (cemetery on corner), which is the first light past Dunkin' Donuts and Midas. Travel on Vine Street (tennis courts on right), turning right onto Knowles Avenue where the street branches off. At the stop sign turn right. Parking for the Freeman Athletic Center is available in both Lot R on the right side of Cross Street across from the Freeman Athletic Center or in Lot Q, which is located on the left side of Cross Street (first left after the fire station).
ENTRY INFORMATION	
Entry Open Date	Entries will be accepted no <u>earlier</u> than April 10th at 7:00p
CT ONLY Deadline	There are no CT ONLY deadlines for any meet at any time this LC season
Entry Deadline	Deadline is Tuesday May 26, 2026. A confirmation email will be sent with your entries that are imported within 24 hours of receiving email
Entry Fees	Individual: \$15.00 Distance: \$15.00 Relay: \$0.00 Manual Entry Fees: \$5.00 will be added to the amounts above ** No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry.
Swimmer Surcharge	\$10.00 Facility Surcharge per swimmer.
Send Payment to	Mail to: MAC Bill Evison 24 Rose Hill Rd Portland, CT 06480-1218 Payment must be received by 05/26/26 .
Makes checks payable to	Middlesex Aquatics Club (MAC)
MEET INFORMATION	
Meet Format	The meet will be swum as Timed-Final. All events will be swum Slow-to-Fast. During the Friday Distance session we will run SIX (6) competition lanes. Lane 7 will be a buffer lane and Lane 8 will be open for continual warm up/down.
Entry Limitations	Athletes are restricted to no more than TWO (2) individual events for the

	Friday Distance Session and no more than FIVE (5) individual events per day in the Saturday/ Sunday Sessions for a MAX Total of Twelve (12) individual events for the weekend. There will be NO relay events.
Meet Duration	Full meet with time limits as defined by CT/USA Swimming.
Sanction Type	Sanctioned
Rules	Current USA Swimming rules will govern all competition.
Relays	No
Time Trials	Yes Time trials may be offered at the discretion of the Meet Referee in accordance with CSI Policy if time allows. Time trials are limited to the events published in this meet announcement (age/distance/stroke). Time Trials will count toward the athlete's event limitations for the day and meet. If they are offered, only athletes properly entered in one or more events in the meet are eligible for time trials and must be properly entered in the Time Trial. The deadline for Time Trial entries is/are 10:00AM for morning sessions and 2:00PM for afternoon sessions. The fee for Time Trial entries are \$20.00 for individual events and \$0.00 for relays.
SCHEDULE	
Friday	Session 1 Distance Warm up: 3:30pm Start:4:30pm
Saturday	Session 1 12 & Under Warm up: 7:00am Start: 8:30am Session 2 13 & Over Warm up: 12:00pm Start: 1:15pm
Sunday	Session 1 12 & Under Warm up: 7:00am Start: 8:30am Session 2 13 & Overs Warm up: 12:00pm Start: 1:15pm
CT Swimming Warm-Up Procedures will be in effect.	
MISCELLANEOUS	
Adapted Swimming	Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary, then the coach or athlete must notify the meet referee of any disability <u>prior</u> to competition. Adapted athletes may direct questions to the Connecticut Swimming office .
Outreach	Participating clubs will submit payment in full to the meet host for all Outreach athlete entry fees (splash fees). These fees will be reimbursed by CSI to the participating CSI club after completion of the meet. Scratches and 'No Swims' will not be reimbursed. For more information and to submit a reimbursement visit the Outreach Athlete page on ctswim.org.
Adult Athletes	All adult athletes, or parents of minor athletes, who enter without club affiliation will be required to attest to reading and understanding the Minor Athlete Abuse Prevention Policy .
Hospitality	Yes
Concession	No
Awards	Yes. No ribbons or medals will be awarded but heat winners will receive rubber ducks.
Work Assignments	The Friday Distance Session will be time your own. Swimmers/ teams participating in the distance events will need to provide a timer. 800m Free participants will need to provide a timer and a person to count. Participating clubs will be notified of work assignments by the Monday before the meet. All volunteers will be required to attest to reading and understanding the Minor Athlete Abuse Prevention Policy .
Registration	The Meet or Entry Director MUST run a meet verification report and give

Reporting	said report to the Meet Referee. This is to ensure that no swimmer without their APT credentials or unregistered swimmers participate in a sanction USA/CT Swimming meet.
Deck Access	Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.
Meet Changes	Once the meet has begun, the Meet Referee may make adjustments to the conduct of competition in accordance with USA Swimming Rule 102.11. Any pre-meet changes to the provisions of this meet announcement may only be made with approval of CT Swim Program Operations, unless specifically authorized by CT Swim policy.

SCRATCH PROCEDURES: Coaches will receive a scratch sheet for the meet in their information packets listing all of their swimmers and events. Coaches must indicate all scratches on these sheets and turn them into the computer table within 20 minutes after the start of warm-up per [USA Swimming Rulebook 102.3](#). If a swimmer is not scratched from an event and does not Declare a False Start (DFS) but misses their heat they will still be allowed to compete in their other events and they will be scored as a “Non-Starter” or “NS” on the official results.

ELIGIBILITY: All USA Swimming clubs and individuals Athletes with Flex memberships must not have swum in more than one USA Swimming meet prior to this meet in order to be eligible.

All athletes must be current athlete members of [USA Swimming](#). Age on the first day of the meet shall determine the swimmer’s age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete [registration procedures](#). Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck Clubs are reminded that participation of unregistered swimmers and/or coaches will result in a **\$100 fine** per instance, as described in CT Swimming meet policies:

<https://www.ctswim.org/Customer-Content/www/CMS/files/Membership/Registration-Policy-for-Athletes.pdf>

and

https://www.ctswim.org/Customer-Content/www/CMS/files/policies_admin/RegistrationPolicyforMeetHosts.pdf

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water **without the use of the backstroke ledge**. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at William.evison@gmail.com Please check that your team name, address, and contact information are listed correctly in this file. Payments are due no later than May 26, 2026.

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer’s responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

CUT PROTOCOL:

If the session is oversubscribed the following protocol will be instituted IN THE ORDER PRESENTED to reduce the timeline to the required length or participation number:

1. Athletes aged 7 and Under will be cut from the meet.
2. All relays, if planned, will be eliminated.
3. The distance events (400 meters or yards or greater) may be heat limited to the first THREE (3) heats of entries per gender in the order they were received.
4. The maximum number of events allowed per day may be reduced by one (1).

5. Visiting teams may be cut based on the date/time of the receipt of the final paid entry. If teams are cut, the host reserves the right to offer the available partial entry to the cut teams in the order that entries were received in order to fill the meet.

The host reserves the right to seek approval from Program Operations for additional changes, which may reasonably maximize participation opportunities.

Notification of any cuts or requests for changes must be made to Program Operations as soon as possible by the host. Attending teams will be notified no later than the Monday before the meet.

NOTE: If the host is required to institute the published cut protocol above. All accepted entries at the time that the cut protocol is instituted may be considered final by the host for the purposes of financial responsibility. (i.e. Teams submitting "placeholder" entries will be required to pay for the entries if the cut protocol is required).

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

PHOTOGRAPHY AND VIDEO RECORDING:

Meet Management has the full authority to restrict any and all photography, audio and visual recording using cameras, video cameras, tablets, cell phones or other electronic devices at a meet.

Photography or video recording from the deck is prohibited by all individuals, other than participating Coaches, unless prior authorization from the Meet Referee or meet referee has been granted.

Under no circumstances is photography or video recording permitted by anyone in the area adjacent to or behind the starting blocks, including spectator stands at deck level, while they are in use for race starting purposes during competition and warm-ups. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Photography or video recording and the use of audio, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Additional "No Camera Zones" may be designated by Meet Management or the meet referee.

If individuals are properly credentialed, not obstructing movement on the deck and abiding by these rules, the following individuals may be allowed by Meet Management and the meet referee with prior authorization if they possess the following:

- Professional photographers with current, official media credentials that are promoting the sport of swimming
- Official team and professional meet photographers that are USA Swimming members, background checked, have signed off on MAAPP and completed Athlete Protection Training
- A participating athlete directly assisting a Coach, for instructional purposes, during an event using the Coach's electronic device

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

If individuals are properly credentialed, not obstructing movement on the deck and abiding by these rules, the following individuals may be allowed by Meet Management and the meet referee with prior authorization if they possess the following:

- Professional photographers with current, official media credentials that are promoting the sport of swimming
- Official team and professional meet photographers that are USA Swimming members, background checked, have signed off on MAAPP and completed Athlete Protection Training
- A participating athlete directly assisting a Coach, for instructional purposes, during an event using the Coach's electronic device

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by USA Swimming Vice President of Program Operations.

2026 MAC May Invite - 5/29/2026 to 5/31/2026**Session Report**

Session: 1 Friday Distance

Day of Meet: 1 Starts at 04:30 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Starts at	Actual
Finals	1 Girls 12 & Under 400 Freestyle	04:30 PM	NA
Finals	2 Boys 12 & Under 400 Freestyle	04:30 PM	NA
Finals	3 Girls 11 & Over 800 Freestyle	04:30 PM	NA
Finals	4 Boys 11 & Over 800 Freestyle	04:30 PM	NA
Finals	5 Girls 12 & Under 400 IM	04:30 PM	NA
Finals	6 Boys 12 & Under 400 IM	04:30 PM	NA
Finals	7 Girls 13 & Over 400 IM	04:30 PM	NA
Finals	8 Boys 13 & Over 400 IM	04:30 PM	NA
	Finish Time	04:30 PM	e04:30 PM

Session: 2 Saturday 12 & Under Session

Day of Meet: 2 Starts at 08:30 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Starts at	Actual
Finals	9 Girls 12 & Under 200 IM	08:30 AM	NA
Finals	10 Boys 12 & Under 200 IM	08:30 AM	NA
	Break: 5 Minutes:		
Finals	11 Girls 12 & Under 50 Backstroke	08:35 AM	NA
Finals	12 Boys 12 & Under 50 Backstroke	08:35 AM	NA
	Break: 5 Minutes:		
Finals	13 Girls 12 & Under 100 Breaststroke	08:40 AM	NA
Finals	14 Boys 12 & Under 100 Breaststroke	08:40 AM	NA
Finals	15 Girls 12 & Under 200 Butterfly	08:40 AM	NA
Finals	16 Boys 12 & Under 200 Butterfly	08:40 AM	NA
Finals	17 Girls 12 & Under 100 Freestyle	08:40 AM	NA
Finals	18 Boys 12 & Under 100 Freestyle	08:40 AM	NA
Finals	19 Girls 12 & Under 200 Backstroke	08:40 AM	NA
Finals	20 Boys 12 & Under 200 Backstroke	08:40 AM	NA
	Break: 5 Minutes:		
Finals	21 Girls 12 & Under 50 Butterfly	08:45 AM	NA
Finals	22 Boys 12 & Under 50 Butterfly	08:45 AM	NA
	Finish Time	08:45 AM	e08:45 AM

2026 MAC May Invite - 5/29/2026 to 5/31/2026**Session Report**

Session: 3 Saturday 13 & Over Session

Day of Meet: 2 Starts at 01:15 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Starts at	Actual
Finals	23 Girls 13 & Over 200 IM	01:15 PM	NA
Finals	24 Boys 13 & Over 200 IM	01:15 PM	NA
	Break: 5 Minutes:		
Finals	25 Girls 13 & Over 50 Backstroke	01:20 PM	NA
Finals	26 Boys 13 & Over 50 Backstroke	01:20 PM	NA
	Break: 5 Minutes:		
Finals	27 Girls 13 & Over 100 Breaststroke	01:25 PM	NA
Finals	28 Boys 13 & Over 100 Breaststroke	01:25 PM	NA
Finals	29 Girls 13 & Over 200 Butterfly	01:25 PM	NA
Finals	30 Boys 13 & Over 200 Butterfly	01:25 PM	NA
	Break: 5 Minutes:		
Finals	31 Girls 13 & Over 100 Freestyle	01:30 PM	NA
Finals	32 Boys 13 & Over 100 Freestyle	01:30 PM	NA
Finals	33 Girls 13 & Over 200 Backstroke	01:30 PM	NA
Finals	34 Boys 13 & Over 200 Backstroke	01:30 PM	NA
	Break: 5 Minutes:		
Finals	35 Girls 13 & Over 50 Butterfly	01:35 PM	NA
Finals	36 Boys 13 & Over 50 Butterfly	01:35 PM	NA
	Break: 10 Minutes:		
Finals	37 Girls 13 & Over 400 Freestyle	01:45 PM	NA
Finals	38 Boys 13 & Over 400 Freestyle	01:45 PM	NA
	Finish Time	01:45 PM	e01:45 PM

Session: 4 Sunday 12 & Under Session

Day of Meet: 3 Starts at 08:30 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Starts at	Actual
Finals	39 Girls 12 & Under 200 Freestyle	08:30 AM	NA
Finals	40 Boys 12 & Under 200 Freestyle	08:30 AM	NA
	Break: 5 Minutes:		
Finals	41 Girls 12 & Under 50 Breaststroke	08:35 AM	NA
Finals	42 Boys 12 & Under 50 Breaststroke	08:35 AM	NA
	Break: 5 Minutes:		
Finals	43 Girls 12 & Under 100 Butterfly	08:40 AM	NA
Finals	44 Boys 12 & Under 100 Butterfly	08:40 AM	NA
Finals	45 Girls 12 & Under 100 Backstroke	08:40 AM	NA
Finals	46 Boys 12 & Under 100 Backstroke	08:40 AM	NA
Finals	47 Girls 12 & Under 200 Breaststroke	08:40 AM	NA
Finals	48 Boys 12 & Under 200 Breaststroke	08:40 AM	NA
	Break: 5 Minutes:		
Finals	49 Girls 12 & Under 50 Freestyle	08:45 AM	NA
Finals	50 Boys 12 & Under 50 Freestyle	08:45 AM	NA
	Finish Time	08:45 AM	e08:45 AM

2026 MAC May Invite - 5/29/2026 to 5/31/2026**Session Report**

Session: 5 Sunday 13 & Over Session

Day of Meet: 3 Starts at 01:15 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Starts at	Actual
Finals	51 Girls 13 & Over 200 Freestyle	01:15 PM	NA
Finals	52 Boys 13 & Over 200 Freestyle	01:15 PM	NA
	Break: 5 Minutes:		
Finals	53 Girls 13 & Over 50 Breaststroke	01:20 PM	NA
Finals	54 Boys 13 & Over 50 Breaststroke	01:20 PM	NA
	Break: 5 Minutes:		
Finals	55 Girls 13 & Over 100 Butterfly	01:25 PM	NA
Finals	56 Boys 13 & Over 100 Butterfly	01:25 PM	NA
Finals	57 Girls 13 & Over 100 Backstroke	01:25 PM	NA
Finals	58 Boys 13 & Over 100 Backstroke	01:25 PM	NA
Finals	59 Girls 13 & Over 200 Breaststroke	01:25 PM	NA
Finals	60 Boys 13 & Over 200 Breaststroke	01:25 PM	NA
	Break: 5 Minutes:		
Finals	61 Girls 13 & Over 50 Freestyle	01:30 PM	NA
Finals	62 Boys 13 & Over 50 Freestyle	01:30 PM	NA
	Finish Time	01:30 PM	e01:30 PM