

CT CDOG Distance Regional Championships, Sanction #: L25-46**July 18, 2025 - Middletown, CT****Results****Girls 10 & Under 400 LC Meter Freestyle****6:27.09 10&U AGC Age Group Cut**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Dotur, Avery	10	Laurel East Hartford YMCA-CT	6:33.76	6:01.19 AGC	7
	39.14	1:24.38 (45.24)	2:10.36 (45.98)	2:55.98 (45.62)		
	3:42.91 (46.93)	4:29.56 (46.65)	5:16.82 (47.26)	6:01.19 (44.37)		
2	Semenuk, Skylar	10	Windsor Water Rats Express-CT	7:33.93 Y	6:05.59 AGC	5
	39.38	1:25.80 (46.42)	2:12.15 (46.35)	2:59.37 (47.22)		
	3:46.44 (47.07)	4:33.20 (46.76)	5:19.64 (46.44)	6:05.59 (45.95)		
3	Murray, Brooklyn	10	Ridgefield Aquatic Club-CT	6:51.34	6:12.80 AGC	4
	41.37	1:28.36 (46.99)	2:16.17 (47.81)	3:05.03 (48.86)		
	3:54.13 (49.10)	4:42.87 (48.74)	5:30.01 (47.14)	6:12.80 (42.79)		
4	Robison, Annabelle	10	Wilton Y Wahoos Swim Club-CT	6:41.91	6:23.49 AGC	3
	42.60	1:31.13 (48.53)	2:20.15 (49.02)	3:09.52 (49.37)		
	3:59.52 (50.00)	4:49.29 (49.77)	5:39.02 (49.73)	6:23.49 (44.47)		
5	Chilukuri, Saanvi	9	Indian Valley Family YMCA Brea-CT	6:43.35	6:25.28 AGC	2
		1:31.09 ()	2:20.34 (49.25)	3:10.20 (49.86)		
	4:04.98 (54.78)	4:50.20 (45.22)	6:25.28 (1:35.08)			
6	Kaknevicus, Alexis	10	Wilton Y Wahoos Swim Club-CT	6:41.25	6:35.44	1
	40.56	1:28.45 (47.89)	2:18.29 (49.84)	3:10.75 (52.46)		
	4:04.42 (53.67)	4:55.80 (51.38)	5:47.91 (52.11)	6:35.44 (47.53)		

Girls 10 & Under 200 LC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time	Points
1	Destefano, Mackenzie	10	Hamden Hall Aquatic Club-CT	3:21.15	3:08.51	7
	42.12	1:29.67 (47.55)	2:19.68 (50.01)	3:08.51 (48.83)		
2	Simpson, Callie	10	Regional YMCA of Western Conne-CT	3:22.90	3:11.83	5
	45.38	1:33.57 (48.19)	2:23.62 (50.05)	3:11.83 (48.21)		
3	Ma, Victoria	10	Bulldog Swimming-CT	3:12.82	3:16.10	4
	43.56	1:34.86 (51.30)	2:26.10 (51.24)	3:16.10 (50.00)		
4	Cassar, Savie	10	Cheshire Y Sea Dog Swim Club-CT	4:03.85	3:34.74	3
		1:45.81 ()	3:34.74 (1:48.93)			
5	Ellard, Genevieve	9	Wilton Y Wahoos Swim Club-CT	3:35.07 Y	3:41.24	2
	52.57	1:50.96 (58.39)	3:41.24 (1:50.28)			
6	Welsh, Quinn	9	New Fairfield Aqua Flyers-CT	3:40.45 Y	3:49.91	1
	51.62	1:51.94 (1:00.32)	2:53.59 (1:01.65)	3:49.91 (56.32)		

Girls 10 & Under 200 LC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time	Points
1	Teel, Eavan	10	Bulldog Swimming-CT	3:42.82	3:42.03	7
	52.02	1:47.99 (55.97)	2:45.59 (57.60)	3:42.03 (56.44)		
2	Dobreski, Annie	10	Ridgefield Aquatic Club-CT	3:07.81 Y	3:42.13	5
	50.90	1:48.62 (57.72)	2:47.82 (59.20)	3:42.13 (54.31)		
3	Hanna, Jillian	10	Cougar Aquatic Team-CT	4:06.83 Y	3:47.69	4
	52.46	1:49.68 (57.22)	2:49.33 (59.65)	3:47.69 (58.36)		

Girls 11-12 400 LC Meter Freestyle**5:27.09 11-12 AGC Age Group Cut**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Miller, Charlotte	11	Woodbridge Aquatic Club-CT	5:31.16	5:20.08 AGC	7
	37.83	1:18.69 (40.86)	2:00.43 (41.74)	2:41.54 (41.11)		
	3:22.66 (41.12)	4:03.59 (40.93)	4:43.26 (39.67)	5:20.08 (36.82)		
2	Zgorski, Ashleigh	12	Meriden, New Britain, Berlin Y-CT	5:34.91	5:24.64 AGC	5
	35.28	1:15.44 (40.16)	1:56.58 (41.14)	2:38.94 (42.36)		
	3:21.84 (42.90)	4:04.44 (42.60)	4:45.99 (41.55)	5:24.64 (38.65)		

CT CDOG Distance Regional Championships, Sanction #: L25-46**July 18, 2025 - Middletown, CT****Results****(Girls 11-12 400 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Finals Time	Points
3	Clapp, Cassidy	12	Hamden Hall Aquatic Club-CT	5:33.50	5:29.82	4
	36.78	1:17.71 (40.93)	2:00.50 (42.79)	2:43.63 (43.13)		
	3:26.46 (42.83)	4:07.47 (41.01)	4:49.86 (42.39)	5:29.82 (39.96)		
4	Murray, Harper	12	Ridgefield Aquatic Club-CT	5:33.14	5:31.16	3
	37.28	1:18.76 (41.48)	2:00.78 (42.02)	2:43.31 (42.53)		
	3:25.42 (42.11)	4:07.97 (42.55)	4:50.19 (42.22)	5:31.16 (40.97)		
5	Bennett, Juliet	11	New Canaan YMCA Caimans-CT	5:45.01	5:37.79	2
	36.81	1:18.57 (41.76)	2:01.52 (42.95)	2:45.06 (43.54)		
	3:28.99 (43.93)	4:12.79 (43.80)	4:55.92 (43.13)	5:37.79 (41.87)		
6	Keane, Rebecca	11	Regional YMCA of Western Conne-CT	5:51.62	5:41.94	1
	39.43	1:23.07 (43.64)	2:07.00 (43.93)	2:50.97 (43.97)		
	3:34.76 (43.79)	4:18.22 (43.46)	5:01.31 (43.09)	5:41.94 (40.63)		
7	Essex, Katie	12	Windsor Water Rats Express-CT	5:49.76	5:42.00	
	38.07	1:21.01 (42.94)	2:04.29 (43.28)	2:48.59 (44.30)		
	3:32.66 (44.07)	4:15.54 (42.88)	5:00.02 (44.48)	5:42.00 (41.98)		
8	Lapointe, Anna	11	West Hartford Aquatic Team-CT	5:54.44	5:43.66	
	39.58	1:23.64 (44.06)	2:07.99 (44.35)	2:51.75 (43.76)		
	3:35.59 (43.84)	4:20.00 (44.41)	5:02.43 (42.43)	5:43.66 (41.23)		
9	Salois, Sam	12	The Western Mass Aquadogs-CT	6:04.58	5:44.78	
	38.40	1:22.32 (43.92)	2:07.25 (44.93)	2:51.90 (44.65)		
	3:36.41 (44.51)	4:22.32 (45.91)	5:04.64 (42.32)	5:44.78 (40.14)		
10	Bitman, Shani	11	Cheshire Y Sea Dog Swim Club-CT	5:46.38	5:48.21	
	37.97	1:20.74 (42.77)	2:04.95 (44.21)	2:49.74 (44.79)		
	3:34.45 (44.71)	4:19.88 (45.43)	5:05.06 (45.18)	5:48.21 (43.15)		
11	Pierz, Natalie	12	Ridgefield Aquatic Club-CT	5:50.96	5:49.66	
	37.07	1:19.54 (42.47)	2:04.75 (45.21)	2:50.23 (45.48)		
	3:36.05 (45.82)	4:22.43 (46.38)	5:08.50 (46.07)	5:49.66 (41.16)		
12	Larsen, Sonja	11	West Hartford Aquatic Team-CT	5:52.61	5:50.00	
	39.01	1:23.02 (44.01)	2:09.79 (46.77)	2:55.22 (45.43)		
	3:41.86 (46.64)	4:26.07 (44.21)	5:09.21 (43.14)	5:50.00 (40.79)		
13	Mooney, Charlotte	12	Southington YMCA Rays-CT	6:02.09	5:50.12	
	35.69	1:19.38 (43.69)	2:05.66 (46.28)	2:51.30 (45.64)		
	3:38.09 (46.79)	4:24.30 (46.21)	5:07.21 (42.91)	5:50.12 (42.91)		
14	Pessin, Carys	12	Woodbridge Aquatic Club-CT	5:46.61	5:53.81	
	39.21	1:24.14 (44.93)	2:09.51 (45.37)	2:54.18 (44.67)		
	3:39.77 (45.59)	4:24.96 (45.19)	5:07.34 (42.38)	5:53.81 (46.47)		
15	FrazziniKendrick, Charlotte	12	Laurel East Hartford YMCA-CT	6:04.46	5:58.42	
	39.51	1:25.25 (45.74)	2:11.62 (46.37)	2:57.75 (46.13)		
	3:44.47 (46.72)	4:30.26 (45.79)	5:15.76 (45.50)	5:58.42 (42.66)		
16	Johnston, Molly	12	Southington YMCA Rays-CT	6:11.94	5:58.99	
	39.73	1:23.91 (44.18)	2:09.32 (45.41)			
	3:42.08 ()	4:29.20 (47.12)	5:16.78 (47.58)	5:58.99 (42.21)		
17	Shavers, Jasmine	11	Cheshire Y Sea Dog Swim Club-CT	6:10.66	5:59.51	
	39.59	1:24.80 (45.21)	2:10.87 (46.07)	2:56.96 (46.09)		
	3:43.67 (46.71)	4:30.44 (46.77)	5:15.65 (45.21)	5:59.51 (43.86)		
18	Boyd, Anna	11	Cheshire Y Sea Dog Swim Club-CT	6:14.07	6:05.17	
	39.97	1:28.09 (48.12)	2:15.97 (47.88)	3:03.04 (47.07)		
	3:49.03 (45.99)	4:35.88 (46.85)	5:21.55 (45.67)	6:05.17 (43.62)		
19	Libero, Lulu	11	Cougar Aquatic Team-CT	6:22.55	6:12.69	
	41.20	1:28.71 (47.51)	2:16.50 (47.79)	3:04.93 (48.43)		
	3:52.94 (48.01)	4:41.86 (48.92)	5:29.03 (47.17)	6:12.69 (43.66)		

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	Name	Age	Team	Seed Time	Finals Time	Points
20	Kravitz, Adriana	12	Cheshire Y Sea Dog Swim Club-CT	6:17.47	6:16.65	
	40.79	1:27.75 (46.96)	2:15.68 (47.93)	3:04.20 (48.52)		
	3:52.50 (48.30)	4:40.63 (48.13)	5:29.38 (48.75)	6:16.65 (47.27)		
21	Knickerbocker, Cora	12	Cheshire Y Sea Dog Swim Club-CT	6:19.11	6:18.24	
	40.21	1:26.32 (46.11)	2:14.92 (48.60)	3:03.37 (48.45)		
	3:51.99 (48.62)	4:41.17 (49.18)	5:31.14 (49.97)	6:18.24 (47.10)		
22	Ligay, Caroline	11	West Hartford Aquatic Team-CT	6:38.57	6:23.92	
	43.80	1:34.28 (50.48)	2:22.86 (48.58)	3:13.35 (50.49)		
	4:00.97 (47.62)	4:49.96 (48.99)	5:38.03 (48.07)	6:23.92 (45.89)		
23	Marino, Addie Marino	12	Bridgeport Stratford YMCA Torp-CT	7:03.53 Y	6:27.93	
	41.75	1:31.06 (49.31)	2:20.64 (49.58)	3:10.62 (49.98)		
	4:01.16 (50.54)	4:51.56 (50.40)	5:41.61 (50.05)	6:27.93 (46.32)		
24	McClain, Hannah	11	Regional YMCA of Western Conne-CT	6:16.15	6:30.53	
	41.84	1:31.95 (50.11)	2:22.39 (50.44)	3:11.90 (49.51)		
	4:02.57 (50.67)	4:52.94 (50.37)	5:42.94 (50.00)	6:30.53 (47.59)		
25	Citarella, Alexa	11	Valley Shore YMCA Marlins-CT	7:12.37	7:02.89	
	48.07	1:41.89 (53.82)	2:36.51 (54.62)	3:31.37 (54.86)		
	4:26.02 (54.65)	5:20.35 (54.33)	6:13.73 (53.38)	7:02.89 (49.16)		

Girls 11-12 200 LC Meter Backstroke**2:55.89 11-12 AGC Age Group Cut**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Guzzino, Audrey	12	New Canaan YMCA Caimans-CT	2:57.83	2:48.92 AGC	7
2	Miller, Charlotte	11	Woodbridge Aquatic Club-CT	2:57.59	2:52.32 AGC	5
	41.76	1:25.65 (43.89)	2:09.79 (44.14)	2:52.32 (42.53)		
3	Clapp, Cassidy	12	Hamden Hall Aquatic Club-CT	2:55.94	2:52.55 AGC	4
		1:24.01 ()	2:52.55 (1:28.54)			
4	Pessin, Carys	12	Woodbridge Aquatic Club-CT	3:05.85	2:57.37	3
	41.39	1:26.97 (45.58)	2:13.28 (46.31)	2:57.37 (44.09)		
5	Cooper, Gwen	11	Ridgefield Aquatic Club-CT	3:09.89	3:00.15	2
	42.56	1:29.20 (46.64)	2:15.88 (46.68)	3:00.15 (44.27)		
6	Liljenberg, Anja	12	Laurel East Hartford YMCA-CT	3:05.39	3:00.69	1
	41.75	1:27.25 (45.50)	2:14.97 (47.72)	3:00.69 (45.72)		
7	Mooney, Charlotte	12	Southington YMCA Rays-CT	3:17.56	3:04.51	
	42.85	1:31.35 (48.50)	2:18.86 (47.51)	3:04.51 (45.65)		
8	Larsen, Sonja	11	West Hartford Aquatic Team-CT	3:06.02	3:04.87	
		1:30.74 ()	2:18.56 (47.82)	3:04.87 (46.31)		
9	Lainey, Vera	12	Cheshire Y Sea Dog Swim Club-CT	3:06.77	3:06.45	
		1:32.47 ()	3:06.45 (1:33.98)			
10	Hrnciar, Sophie	12	Cheshire Y Sea Dog Swim Club-CT	2:48.42 Y	3:07.04	
	44.33	1:32.83 (48.50)	2:21.74 (48.91)	3:07.04 (45.30)		
11	Quiceno Osorno, Emily	12	Westport Weston Family Y Water-CT	2:50.67 Y	3:08.25	
	41.78	1:30.73 (48.95)	2:21.84 (51.11)	3:08.25 (46.41)		
12	Westfeldt, Alex	11	Soundview YMCA Stingrays-CT	3:07.94	3:08.26	
	43.75	1:32.19 (48.44)	2:21.27 (49.08)	3:08.26 (46.99)		
13	Ellard, Harper	12	Wilton Y Wahoos Swim Club-CT	2:41.00 Y	3:10.08	
	42.78	1:30.71 (47.93)	2:22.02 (51.31)	3:10.08 (48.06)		
14	Lux, Scarlet	12	Bridgeport Stratford YMCA Torp-CT	3:21.05	3:15.86	
	45.44	1:35.40 (49.96)	2:27.28 (51.88)	3:15.86 (48.58)		
15	Knickerbocker, Cora	12	Cheshire Y Sea Dog Swim Club-CT	3:22.85	3:18.59	
		1:36.00 ()	2:30.75 (54.75)	3:18.59 (47.84)		
16	McClain, Isla	11	Regional YMCA of Western Conne-CT	3:17.10	3:23.23	
	48.12	1:40.51 (52.39)	3:23.23 (1:42.72)			

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	Name	Age	Team	Seed Time	Finals Time	Points
17	Ligay, Caroline	11	West Hartford Aquatic Team-CT	3:45.89	3:23.99	
	48.74	1:42.19 (53.45)	2:32.86 (50.67)	3:23.99 (51.13)		
18	Westfeldt, Samantha	11	Soundview YMCA Stingrays-CT	3:28.43	3:24.71	
	45.54	1:38.09 (52.55)	2:31.98 (53.89)	3:24.71 (52.73)		
19	Pham, Emily	11	Cheshire Y Sea Dog Swim Club-CT	3:31.01	3:25.07	
	49.10	1:41.76 (52.66)	2:35.08 (53.32)	3:25.07 (49.99)		
20	Kravitz, Adriana	12	Cheshire Y Sea Dog Swim Club-CT	3:30.65	3:28.76	
	47.60	1:40.35 (52.75)	2:34.17 (53.82)	3:28.76 (54.59)		
21	Boutrous, Karen	11	Farmington Valley YMCA Tsunami-CT	3:34.62	3:30.55	
	47.50	1:40.43 (52.93)	2:35.49 (55.06)	3:30.55 (55.06)		
22	Pensiero, Alexis	12	Meriden Silver Fins-CT	3:14.30 Y	3:31.92	
	47.18	1:41.17 (53.99)	3:31.92 (1:50.75)			
23	Tuozzoli, Carlyn	12	Regional YMCA of Western Conne-CT	3:34.19	3:39.70	
24	Bennett, Maya	12	Bridgeport Stratford YMCA Torp-CT	3:44.28	3:45.22	
	52.52	1:51.16 (58.64)	2:49.76 (58.60)	3:45.22 (55.46)		
25	Panizza, Esther	11	Cheshire Y Sea Dog Swim Club-CT	3:52.20	3:47.16	

Girls 11-12 200 LC Meter Breaststroke**3:24.99 11-12 AGC Age Group Cut**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Smith, Avery	11	Meriden, New Britain, Berlin Y-CT	3:19.11	3:15.50 AGC	7
	45.26	1:34.70 (49.44)	2:26.26 (51.56)	3:15.50 (49.24)		
2	Hansen, Emma	11	New Canaan YMCA Caimans-CT	2:59.13 Y	3:22.15 AGC	5
	45.85	1:37.12 (51.27)	2:31.50 (54.38)	3:22.15 (50.65)		
3	Mohamed, Kenzie	12	Soundview YMCA Stingrays-CT	3:27.42	3:22.65 AGC	4
	46.08	1:38.80 (52.72)	2:29.75 (50.95)	3:22.65 (52.90)		
4	Kestler, Brooke	12	Glastonbury Swim Team-CT	3:44.77	3:23.31 AGC	3
	46.73	1:38.41 (51.68)	2:31.59 (53.18)	3:23.31 (51.72)		
5	Kowalczyk, Rosie	11	Meriden, New Britain, Berlin Y-CT	3:52.79	3:23.81 AGC	2
	43.39	1:37.19 (53.80)	2:31.55 (54.36)	3:23.81 (52.26)		
6	Shavers, Jasmine	11	Cheshire Y Sea Dog Swim Club-CT	3:25.50	3:26.95	1
	48.93	1:41.77 (52.84)	2:34.85 (53.08)	3:26.95 (52.10)		
7	Head, Jasmine	12	Windsor Water Rats Express-CT	3:25.32	3:27.13	
	48.20	1:39.84 (51.64)	2:34.16 (54.32)	3:27.13 (52.97)		
8	Haviland, Maura	12	Wilton Y Wahoos Swim Club-CT	3:37.99	3:27.15	
	47.90	1:41.44 (53.54)	2:34.39 (52.95)	3:27.15 (52.76)		
9	Likitransorn, Ornpicha	12	Bulldog Swimming-CT	3:32.00	3:27.62	
	46.16	1:39.55 (53.39)	2:33.39 (53.84)	3:27.62 (54.23)		
10	Bitman, Shani	11	Cheshire Y Sea Dog Swim Club-CT	3:37.99	3:33.23	
	48.05	1:43.82 (55.77)	2:39.54 (55.72)	3:33.23 (53.69)		
11	Burgess, Dylan	11	Middlesex Aquatics Club-CT	3:42.62	3:35.30	
	49.11	1:43.53 (54.42)	3:35.30 (1:51.77)			
12	Corneau, Juliette	12	Middlesex Aquatics Club-CT	3:40.14	3:36.21	
	48.83	1:45.38 (56.55)	2:42.98 (57.60)	3:36.21 (53.23)		
13	Lainey, Vera	12	Cheshire Y Sea Dog Swim Club-CT	3:37.36	3:36.45	
		1:44.36 ()	3:36.45 (1:52.09)			
14	Goins, Sofia	11	Ridgefield Aquatic Club-CT	3:44.83	3:42.86	
	51.20	1:48.74 (57.54)	2:46.62 (57.88)	3:42.86 (56.24)		
15	Marino, Addie Marino	12	Bridgeport Stratford YMCA Torp-CT	3:39.27	3:44.49	
	51.30	1:49.74 (58.44)	2:47.17 (57.43)	3:44.49 (57.32)		
16	Bernard, Grace	11	West Hartford Aquatic Team-CT	3:58.97	3:46.91	
	52.74	1:52.04 (59.30)	2:49.73 (57.69)	3:46.91 (57.18)		

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	Name	Age	Team	Seed Time	Finals Time	Points
17	Chi, Eleanor	11	Laurel East Hartford YMCA-CT	3:50.46	3:48.31	
	51.23	1:49.87 (58.64)	2:49.99 (1:00.12)	3:48.31 (58.32)		
18	Kane, Abby	12	Southington YMCA Rays-CT	4:11.84	3:53.71	
	52.88	1:54.07 (1:01.19)	2:55.12 (1:01.05)	3:53.71 (58.59)		
19	Walker, Ava	12	Hamden Hall Aquatic Club-CT	3:55.43	3:58.52	
	53.03	1:54.43 (1:01.40)	2:57.64 (1:03.21)	3:58.52 (1:00.88)		
20	Lux, Scarlet	12	Bridgeport Stratford YMCA Torp-CT	4:00.62	3:59.95	
	56.95	1:57.96 (1:01.01)	3:00.18 (1:02.22)	3:59.95 (59.77)		
21	Savignano, Mia	12	Meriden Silver Fins-CT	3:43.98 Y	4:06.40	
	54.46	1:56.52 (1:02.06)	3:02.08 (1:05.56)	4:06.40 (1:04.32)		
22	Bennett, Maya	12	Bridgeport Stratford YMCA Torp-CT	4:04.63	4:06.76	
	56.72	2:00.55 (1:03.83)	3:05.35 (1:04.80)	4:06.76 (1:01.41)		
23	Greenwald, Kaylin	12	Middlesex Aquatics Club-CT	4:19.63	4:21.43	
	59.21	2:06.31 (1:07.10)	3:15.50 (1:09.19)	4:21.43 (1:05.93)		
24	Bryant, Fiona	12	Farmington Valley YMCA Tsunami-CT	4:21.08	4:26.38	
	58.29	2:07.31 (1:09.02)	3:17.95 (1:10.64)	4:26.38 (1:08.43)		
---	Guan, Megan	11	New Canaan YMCA Caimans-CT	3:03.00 Y	DQ	
	46.45	1:37.28 (50.83)	2:28.58 (51.30)	DQ (49.99)		

Girls 11-12 200 LC Meter Butterfly**3:05.99 11-12 AGC Age Group Cut**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Aryal, Reya	12	Stamford Sailfish Aquatic Club-CT	3:07.51	3:06.66	7
	37.25	1:24.65 (47.40)	2:15.65 (51.00)	3:06.66 (51.01)		
2	Doucette, Callie	11	Wilton Y Wahoos Swim Club-CT	3:48.53	3:37.26	5
	45.46	1:37.13 (51.67)	2:34.76 (57.63)	3:37.26 (1:02.50)		
3	Boyd, Anna	11	Cheshire Y Sea Dog Swim Club-CT	3:40.77	3:41.83	4
	43.34	1:39.19 (55.85)	2:41.52 (1:02.33)	3:41.83 (1:00.31)		

Girls 13-14 1500 LC Meter Freestyle**20:31.99 13-14 AGC Age Group Cut**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Gozar-Zimbren, Silvia	13	Bulldog Swimming-CT	20:19.12 Y	19:53.18 AGC	7
	36.34	1:16.41 (40.07)	1:56.91 (40.50)	2:36.63 (39.72)		
	3:17.16 (40.53)	3:56.91 (39.75)	4:37.33 (40.42)	5:17.22 (39.89)		
	5:56.50 (39.28)	6:36.18 (39.68)	7:15.86 (39.68)	7:55.90 (40.04)		
	8:34.95 (39.05)	9:15.05 (40.10)	9:54.57 (39.52)	10:33.58 (39.01)		
	11:14.21 (40.63)	11:54.61 (40.40)	12:34.50 (39.89)	13:14.59 (40.09)		
	13:54.76 (40.17)	14:35.01 (40.25)	15:14.48 (39.47)	15:54.87 (40.39)		
	16:35.04 (40.17)	17:14.99 (39.95)	17:55.51 (40.52)	18:35.14 (39.63)		
	19:15.16 (40.02)	19:53.18 (38.02)				
2	Richards, Abigail	14	Laurel East Hartford YMCA-CT	22:48.21	20:05.51 AGC	5
	35.23	1:14.56 (39.33)	1:55.00 (40.44)	2:34.98 (39.98)		
	3:14.47 (39.49)	3:55.02 (40.55)	4:35.67 (40.65)	5:15.99 (40.32)		
	5:49.05 (33.06)	6:36.43 (47.38)	7:16.52 (40.09)	7:56.82 (40.30)		
	8:37.06 (40.24)	9:17.33 (40.27)	9:57.68 (40.35)	10:38.13 (40.45)		
	11:19.60 (41.47)	12:00.07 (40.47)	12:40.88 (40.81)	13:21.01 (40.13)		
	14:01.45 (40.44)	14:42.29 (40.84)	15:22.64 (40.35)	16:03.43 (40.79)		
	16:44.33 (40.90)	17:24.95 (40.62)	18:05.83 (40.88)	18:46.46 (40.63)		
	19:23.37 (36.91)	20:05.51 (42.14)				

CT CDOG Distance Regional Championships, Sanction #: L25-46**July 18, 2025 - Middletown, CT****Results****(Girls 13-14 1500 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Finals Time	Points
3	Lucia, Frankie	13	Bulldog Swimming-CT	20:40.71 Y	20:11.00 AGC	4
	35.47	1:14.52 (39.05)	1:53.51 (38.99)	2:33.68 (40.17)		
	3:12.50 (38.82)	3:52.99 (40.49)	4:33.80 (40.81)	5:14.08 (40.28)		
	5:54.21 (40.13)	6:34.74 (40.53)	7:15.52 (40.78)	7:54.84 (39.32)		
	8:35.76 (40.92)	9:16.76 (41.00)	9:56.37 (39.61)	10:36.76 (40.39)		
	11:17.23 (40.47)	11:58.14 (40.91)	12:38.92 (40.78)	13:19.83 (40.91)		
	14:00.59 (40.76)	14:42.27 (41.68)	15:23.41 (41.14)	16:05.02 (41.61)		
	16:39.69 (34.67)	17:28.37 (48.68)	18:10.00 (41.63)	18:51.08 (41.08)		
	19:27.13 (36.05)	20:11.00 (43.87)				
4	Chalfant, Elena	14	Storrs Aquatics-CT	20:58.20	21:07.20	3
		1:13.17 ()	1:53.60 (40.43)	2:34.42 (40.82)		
	3:15.66 (41.24)	3:57.50 (41.84)	4:39.25 (41.75)	5:21.10 (41.85)		
	6:03.68 (42.58)	6:45.91 (42.23)	7:28.78 (42.87)	8:11.36 (42.58)		
	8:54.02 (42.66)	9:37.18 (43.16)	10:20.15 (42.97)	11:02.68 (42.53)		
	11:45.57 (42.89)	12:28.37 (42.80)	13:11.64 (43.27)	13:55.28 (43.64)		
	14:38.58 (43.30)	15:22.34 (43.76)	16:06.13 (43.79)	16:49.44 (43.31)		
	17:33.51 (44.07)	18:17.49 (43.98)	19:00.76 (43.27)	19:43.74 (42.98)		
	20:19.58 (35.84)	21:07.20 (47.62)				
5	Dobreski, Elizabeth	13	Ridgefield Aquatic Club-CT	21:16.03	21:22.72	2
		1:17.36 ()	2:02.67 (45.31)	2:41.91 (39.24)		
	3:26.87 (44.96)	4:06.76 (39.89)	4:49.54 (42.78)	5:32.89 (43.35)		
	6:15.83 (42.94)	6:58.71 (42.88)	7:42.15 (43.44)	8:25.31 (43.16)		
	9:08.57 (43.26)	9:51.51 (42.94)	10:34.81 (43.30)	11:17.83 (43.02)		
	12:01.01 (43.18)	12:44.48 (43.47)	13:28.59 (44.11)	14:12.07 (43.48)		
	14:55.83 (43.76)	15:39.45 (43.62)	16:23.39 (43.94)	17:06.83 (43.44)		
	17:49.60 (42.77)	18:31.20 (41.60)	19:14.97 (43.77)	19:58.45 (43.48)		
	20:41.65 (43.20)	21:22.72 (41.07)				
6	Yumbla, Sofia	13	Cougar Aquatic Team-CT	20:47.35 Y	22:21.88	1
	39.11	1:21.77 (42.66)	2:05.77 (44.00)	2:49.50 (43.73)		
	3:33.90 (44.40)	4:18.17 (44.27)	5:03.23 (45.06)	5:47.14 (43.91)		
	6:32.13 (44.99)	7:16.15 (44.02)	8:00.92 (44.77)	8:45.62 (44.70)		
	9:30.76 (45.14)	10:15.23 (44.47)	10:49.25 (34.02)	11:45.36 (56.11)		
	12:30.98 (45.62)	13:16.72 (45.74)	14:02.26 (45.54)	14:47.27 (45.01)		
	15:26.33 (39.06)	16:19.08 (52.75)	16:53.48 (34.40)	17:50.64 (57.16)		
	18:36.56 (45.92)	19:22.93 (46.37)	20:08.49 (45.56)	20:52.60 (44.11)		
	21:25.01 (32.41)	22:21.88 (56.87)				
7	Quinby, Megan	13	Windsor Water Rats Express-CT	24:56.48	23:27.44	
	39.12	1:24.00 (44.88)	2:10.67 (46.67)	2:57.36 (46.69)		
	3:44.58 (47.22)		5:18.67 ()	6:05.96 (47.29)		
	6:53.39 (47.43)	7:41.14 (47.75)	8:28.45 (47.31)	9:16.46 (48.01)		
	10:04.06 (47.60)	10:51.40 (47.34)	11:38.83 (47.43)	12:26.89 (48.06)		
	13:13.93 (47.04)	14:02.72 (48.79)	14:50.72 (48.00)	15:39.73 (49.01)		
	16:27.67 (47.94)	17:15.66 (47.99)	18:04.39 (48.73)	18:51.62 (47.23)		
	19:39.48 (47.86)	20:25.99 (46.51)	21:12.29 (46.30)	21:57.50 (45.21)		
	22:43.40 (45.90)	23:27.44 (44.04)				
8	Heslin, Priya	13	Regional YMCA of Western Conne-CT	22:53.57 Y	24:00.65	
	42.22	1:28.84 (46.62)	2:15.69 (46.85)	3:03.71 (48.02)		
	3:51.83 (48.12)	4:40.18 (48.35)	5:28.58 (48.40)	6:16.44 (47.86)		
	7:05.10 (48.66)	7:52.81 (47.71)	8:40.78 (47.97)	9:28.81 (48.03)		
	10:17.46 (48.65)	11:05.79 (48.33)	11:54.04 (48.25)	12:42.52 (48.48)		
	13:31.31 (48.79)	14:19.38 (48.07)	15:08.65 (49.27)	15:57.86 (49.21)		
	16:46.84 (48.98)	17:35.69 (48.85)	18:24.70 (49.01)	19:13.18 (48.48)		
	20:02.34 (49.16)	20:51.01 (48.67)	21:40.09 (49.08)	22:28.79 (48.70)		
	23:15.78 (46.99)	24:00.65 (44.87)				

CT CDOG Distance Regional Championships, Sanction #: L25-46**July 18, 2025 - Middletown, CT****Results****Girls 13-14 400 LC Meter IM****5:52.39 13-14 AGC Age Group Cut**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Sundquist, Sophia	14	Cheshire Y Sea Dog Swim Club-CT	5:52.75	5:44.66 AGC	7
		1:19.61 ()	2:04.56 (44.95)	2:47.35 (42.79)		
		4:27.05 ()	5:06.52 (39.47)	5:44.66 (38.14)		
2	Song, Megan	13	Storrs Aquatics-CT	6:11.86	5:59.31	5
	36.58		2:07.03 ()	2:54.76 (47.73)		
	3:42.72 (47.96)	4:34.27 (51.55)	5:17.77 (43.50)	5:59.31 (41.54)		
3	Teel, Sabine	14	Bulldog Swimming-CT	5:56.82	6:00.93	4
	38.71	1:24.62 (45.91)	2:12.24 (47.62)	2:58.81 (46.57)		
	3:48.27 (49.46)	4:37.48 (49.21)	5:19.74 (42.26)	6:00.93 (41.19)		
4	Garofalo, Alli	13	Ridgefield Aquatic Club-CT	5:29.72 Y	6:02.65	3
	37.69	1:25.46 (47.77)	2:10.75 (45.29)	2:53.65 (42.90)		
	3:47.96 (54.31)	4:41.74 (53.78)	5:22.78 (41.04)	6:02.65 (39.87)		
5	Agrios, Annabelle	13	Laurel East Hartford YMCA-CT	6:19.41	6:04.31	2
	33.92	1:20.55 (46.63)	2:05.51 (44.96)	2:50.87 (45.36)		
	3:47.39 (56.52)	4:41.51 (54.12)	5:22.87 (41.36)	6:04.31 (41.44)		
6	Hurtado, Violeta	13	Wilton Y Wahoos Swim Club-CT	6:11.42	6:04.72	1
	38.97	1:28.20 (49.23)	2:13.90 (45.70)	2:58.46 (44.56)		
	3:52.00 (53.54)	4:46.35 (54.35)	5:24.88 (38.53)	6:04.72 (39.84)		
7	Nottingham, Emma	13	Cheshire Y Sea Dog Swim Club-CT	6:25.28	6:04.89	
	38.35	1:28.21 (49.86)	2:14.57 (46.36)	2:58.75 (44.18)		
	3:52.35 (53.60)	4:47.22 (54.87)	5:26.44 (39.22)	6:04.89 (38.45)		
8	Weber, Sophia	13	Ridgefield Aquatic Club-CT	7:04.98	6:11.89	
	39.20	1:30.66 (51.46)	2:18.52 (47.86)	3:04.85 (46.33)		
	3:58.22 (53.37)	4:51.37 (53.15)	5:31.58 (40.21)	6:11.89 (40.31)		
9	Grooms, Nahla	14	Laurel East Hartford YMCA-CT	6:19.15	6:12.16	
		1:23.35 ()	2:14.87 (51.52)	3:02.82 (47.95)		
	3:55.87 (53.05)	4:50.09 (54.22)	5:31.15 (41.06)	6:12.16 (41.01)		
10	Bouteiller, Brooklyn	13	Southington YMCA Rays-CT	6:44.34	6:16.61	
	37.05	1:23.59 (46.54)	2:11.39 (47.80)	3:00.20 (48.81)		
	3:54.82 (54.62)	4:49.76 (54.94)	5:32.82 (43.06)	6:16.61 (43.79)		
11	Welsh, Kailyn	14	New Fairfield Aqua Flyers-CT	6:21.58	6:18.37	
	38.66	1:26.10 (47.44)	2:14.25 (48.15)	3:01.53 (47.28)		
	3:58.54 (57.01)	4:57.20 (58.66)	5:39.11 (41.91)	6:18.37 (39.26)		
12	Marinis, Daphne	13	Woodbridge Aquatic Club-CT	6:10.95	6:18.55	
	39.69	1:28.97 (49.28)	2:16.39 (47.42)	3:04.22 (47.83)		
	3:56.76 (52.54)	4:52.44 (55.68)	5:35.85 (43.41)	6:18.55 (42.70)		
13	Grimm, Hannah	13	Cougar Aquatic Team-CT	5:13.89 Y	6:18.82	
	36.12	1:24.11 (47.99)	2:09.45 (45.34)	2:58.55 (49.10)		
	3:52.78 (54.23)	4:50.93 (58.15)	5:33.65 (42.72)	6:18.82 (45.17)		
14	Chandor, Jules	14	Southington YMCA Rays-CT	6:33.53	6:27.39	
	37.40	1:29.69 (52.29)	2:18.01 (48.32)	3:04.72 (46.71)		
	4:02.54 (57.82)	5:01.93 (59.39)	5:45.00 (43.07)	6:27.39 (42.39)		
15	Angarita, Arianna	13	Bulldog Swimming-CT	6:42.11	6:41.35	
	41.75	1:33.75 (52.00)	2:30.25 (56.50)	3:22.60 (52.35)		
	4:18.87 (56.27)	5:11.99 (53.12)	5:59.35 (47.36)	6:41.35 (42.00)		
16	McCaughey, Maddie	13	New Canaan YMCA Caimans-CT	6:48.49	6:48.70	
	39.28	1:30.77 (51.49)	2:23.19 (52.42)	3:16.20 (53.01)		
	4:16.04 (59.84)	5:19.30 (1:03.26)	6:05.13 (45.83)	6:48.70 (43.57)		
---	Janney, Marit	13	Regional YMCA of Western Conne-CT	5:59.03	DQ	
	43.04	1:36.50 (53.46)	2:24.16 (47.66)	3:12.82 (48.66)		
	4:01.75 (48.93)	4:52.58 (50.83)	5:38.50 (45.92)	DQ (42.28)		

CT CDOG Distance Regional Championships, Sanction #: L25-46**July 18, 2025 - Middletown, CT****Results****Women 15-18 1500 LC Meter Freestyle****19:26.39 15-18 SR Senior Cuts**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Langmaid, Sally	17	Laurel East Hartford YMCA-CT	19:04.73	18:39.77 SR	7
	33.36	1:09.38 (36.02)	1:46.61 (37.23)	2:23.88 (37.27)		
	3:01.93 (38.05)	3:39.23 (37.30)	4:17.32 (38.09)	4:54.94 (37.62)		
	5:33.22 (38.28)	6:11.06 (37.84)	6:49.35 (38.29)	7:27.13 (37.78)		
	8:05.37 (38.24)	8:42.96 (37.59)	9:20.78 (37.82)	9:57.48 (36.70)		
	10:34.93 (37.45)	11:11.61 (36.68)	11:49.01 (37.40)	12:25.99 (36.98)		
	13:03.52 (37.53)	13:40.61 (37.09)	14:18.57 (37.96)	14:55.96 (37.39)		
	15:33.82 (37.86)	16:11.85 (38.03)	16:49.80 (37.95)	17:27.21 (37.41)		
	18:04.66 (37.45)	18:39.77 (35.11)				
2	Fedoronko, Ilse	16	Greenwich Ywca Dolphins Swm Tm-CT	18:22.38 Y	19:24.66 SR	5
	32.19	1:07.60 (35.41)	1:44.75 (37.15)	2:23.03 (38.28)		
	3:01.58 (38.55)	3:40.32 (38.74)	4:19.88 (39.56)	4:58.93 (39.05)		
	5:38.67 (39.74)	6:18.38 (39.71)	6:58.27 (39.89)	7:37.73 (39.46)		
	8:17.49 (39.76)	8:57.22 (39.73)	9:37.51 (40.29)	10:17.21 (39.70)		
	10:57.22 (40.01)	11:36.85 (39.63)	12:16.58 (39.73)	12:56.22 (39.64)		
	13:35.96 (39.74)	14:15.08 (39.12)	14:54.92 (39.84)	15:34.68 (39.76)		
	16:14.74 (40.06)	16:53.91 (39.17)	17:32.60 (38.69)	18:10.70 (38.10)		
	18:47.34 (36.64)	19:24.66 (37.32)				
3	McMahon, Riley	15	Meriden, New Britain, Berlin Y-CT	19:34.30	19:27.45	4
		1:09.89 ()	1:46.21 (36.32)	2:26.85 (40.64)		
	3:05.23 (38.38)	3:44.80 (39.57)	4:23.78 (38.98)			
		6:22.44 ()		7:41.22 ()		
		9:00.79 ()		10:19.41 ()		
		11:38.27 ()		12:56.68 ()		
		14:16.23 ()		15:34.98 ()		
		16:54.20 ()		18:12.33 ()		
	19:27.45 (1:15.12)					
4	Shatalov, Alicia	17	Cheshire Y Sea Dog Swim Club-CT	19:58.75	19:33.97	3
	34.52	1:12.56 (38.04)	1:51.17 (38.61)	2:29.62 (38.45)		
	3:08.49 (38.87)	3:47.45 (38.96)	4:26.47 (39.02)	5:05.81 (39.34)		
	5:45.25 (39.44)	6:24.32 (39.07)	7:03.78 (39.46)	7:42.76 (38.98)		
	8:22.45 (39.69)	9:01.88 (39.43)	9:41.93 (40.05)	10:21.14 (39.21)		
	11:00.44 (39.30)	11:40.15 (39.71)	12:20.01 (39.86)	12:59.67 (39.66)		
	13:39.58 (39.91)	14:18.50 (38.92)	14:57.90 (39.40)	15:37.78 (39.88)		
	16:17.31 (39.53)	16:56.71 (39.40)	17:36.19 (39.48)	18:16.24 (40.05)		
	18:55.72 (39.48)	19:33.97 (38.25)				
5	Flamino, Grace	15	Laurel East Hartford YMCA-CT	21:25.67	20:14.06	2
	36.17	1:15.69 (39.52)	1:56.24 (40.55)	2:36.41 (40.17)		
	3:16.82 (40.41)	3:56.49 (39.67)	4:37.36 (40.87)	5:17.55 (40.19)		
	5:59.20 (41.65)	6:39.31 (40.11)	7:19.97 (40.66)	8:00.45 (40.48)		
	8:41.64 (41.19)	9:22.34 (40.70)	10:03.47 (41.13)	10:44.14 (40.67)		
	11:25.12 (40.98)	12:05.56 (40.44)	12:46.31 (40.75)	13:26.80 (40.49)		
	14:07.77 (40.97)	14:48.56 (40.79)	15:30.52 (41.96)	16:11.64 (41.12)		
	16:52.95 (41.31)	17:33.70 (40.75)	18:14.58 (40.88)	18:55.24 (40.66)		
	19:35.23 (39.99)	20:14.06 (38.83)				

CT CDOG Distance Regional Championships, Sanction #: L25-46**July 18, 2025 - Middletown, CT****Results****(Women 15-18 1500 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Finals Time	Points
6	Simmons, Molly	18	Ridgefield Aquatic Club-CT	21:09.76	21:47.33	1
	37.00	1:18.83 (41.83)	2:03.04 (44.21)	2:46.48 (43.44)		
	3:31.49 (45.01)	4:16.08 (44.59)	5:00.41 (44.33)	5:44.83 (44.42)		
	6:29.18 (44.35)	7:13.59 (44.41)	7:57.86 (44.27)	8:41.97 (44.11)		
	9:26.56 (44.59)	10:10.71 (44.15)	10:55.13 (44.42)	11:39.82 (44.69)		
	12:24.50 (44.68)	13:08.81 (44.31)	13:52.68 (43.87)	14:36.22 (43.54)		
	15:19.94 (43.72)	16:03.37 (43.43)	16:46.99 (43.62)	17:29.86 (42.87)		
	18:13.77 (43.91)	18:56.38 (42.61)	19:40.22 (43.84)	20:23.26 (43.04)		
	21:06.28 (43.02)	21:47.33 (41.05)				
7	Mays, Molly	15	Southington YMCA Rays-CT	23:01.16	22:53.12	
	39.98	1:23.59 (43.61)	2:08.86 (45.27)	2:54.15 (45.29)		
	3:40.23 (46.08)	4:26.86 (46.63)	5:12.88 (46.02)	5:59.68 (46.80)		
	6:46.64 (46.96)	7:33.41 (46.77)	8:19.98 (46.57)	9:07.36 (47.38)		
	9:54.03 (46.67)	10:40.54 (46.51)	11:26.80 (46.26)	12:13.20 (46.40)		
	12:58.90 (45.70)	13:44.78 (45.88)	14:30.77 (45.99)	15:16.51 (45.74)		
	15:59.21 (42.70)	16:48.13 (48.92)	17:29.01 (40.88)	18:20.02 (51.01)		
	19:06.06 (46.04)	19:51.54 (45.48)	20:37.22 (45.68)	21:22.89 (45.67)		
	22:03.00 (40.11)	22:53.12 (50.12)				
8	Elsenboss, Lilly	16	Regional YMCA of Western Conne-CT	21:57.58 Y	24:01.52	
	40.59	1:26.06 (45.47)	2:12.11 (46.05)	2:59.79 (47.68)		
	3:48.54 (48.75)	4:37.65 (49.11)	5:26.33 (48.68)	6:15.81 (49.48)		
	7:03.30 (47.49)	7:52.51 (49.21)	8:41.90 (49.39)	9:29.53 (47.63)		
	10:17.36 (47.83)	11:07.23 (49.87)	11:54.52 (47.29)	12:44.09 (49.57)		
	13:32.28 (48.19)	14:20.82 (48.54)	15:09.94 (49.12)	15:58.99 (49.05)		
	16:47.72 (48.73)	17:37.45 (49.73)	18:25.37 (47.92)	19:15.44 (50.07)		
	20:03.31 (47.87)	20:53.19 (49.88)	21:42.84 (49.65)	22:31.44 (48.60)		
	23:18.62 (47.18)	24:01.52 (42.90)				

Women 15-18 400 LC Meter IM**5:32.49 15-18 SR Senior Cuts**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Kim, Sarah	18	Meriden, New Britain, Berlin Y-CT	5:38.31	5:39.71	7
	33.57	1:12.62 (39.05)	1:54.61 (41.99)	2:36.09 (41.48)		
	3:28.19 (52.10)	4:23.11 (54.92)	5:02.27 (39.16)	5:39.71 (37.44)		
2	Beach, Emmy	17	Amity Regional Aquatic Club-CT	5:42.15	5:41.72	5
		1:18.92 ()	2:03.16 (44.24)	2:44.35 (41.19)		
	3:33.99 (49.64)	4:28.49 (54.50)	5:06.34 (37.85)	5:41.72 (35.38)		
3	Samson, Kylie	15	Southington YMCA Rays-CT	6:07.16	5:53.75	4
	37.35	1:21.49 (44.14)	2:08.22 (46.73)	2:52.22 (44.00)		
	3:41.27 (49.05)	4:32.96 (51.69)	5:14.50 (41.54)	5:53.75 (39.25)		
4	Barnwell, Mary Kate	16	Hale YMCA Riptides-CT	6:01.58	5:55.00	3
	33.47	1:14.56 (41.09)	1:59.51 (44.95)	2:43.17 (43.66)		
	3:40.60 (57.43)	4:37.72 (57.12)	5:16.93 (39.21)	5:55.00 (38.07)		
5	Douglas, Keira	16	Regional YMCA of Western Conne-CT	5:50.48	6:01.49	2
	37.07	1:24.19 (47.12)	2:10.14 (45.95)	2:56.28 (46.14)		
	3:45.55 (49.27)	4:37.86 (52.31)	5:16.22 (38.36)	6:01.49 (45.27)		
6	Scates, Leah	16	Amity Regional Aquatic Club-CT	6:03.62	6:05.18	1
	36.99	1:21.52 (44.53)	2:07.13 (45.61)	2:50.37 (43.24)		
	3:45.98 (55.61)	4:44.40 (58.42)	5:25.25 (40.85)	6:05.18 (39.93)		
7	Clark, Audrey	15	Glastonbury Swim Team-CT	6:03.92	6:07.17	
	37.86	1:27.32 (49.46)	2:14.98 (47.66)	3:02.56 (47.58)		
	3:53.58 (51.02)	4:45.88 (52.30)	5:27.65 (41.77)	6:07.17 (39.52)		

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	Name	Age	Team	Seed Time	Finals Time	Points
8	Simmons, Molly	18	Ridgefield Aquatic Club-CT	6:12.58	6:11.95	
	36.68	1:22.02 (45.34)	2:13.27 (51.25)	3:03.26 (49.99)		
	3:56.24 (52.98)	4:50.08 (53.84)	5:32.36 (42.28)	6:11.95 (39.59)		
9	Muccino, Norah	15	Southington YMCA Rays-CT	6:27.65	6:18.01	
	38.95	1:23.90 (44.95)	2:12.03 (48.13)	2:58.85 (46.82)		
	3:56.69 (57.84)	4:55.51 (58.82)	5:38.38 (42.87)	6:18.01 (39.63)		
10	Walsh, Evelyn	15	New Fairfield Aqua Flyers-CT	6:35.05	6:45.49	
	43.09	1:37.32 (54.23)	2:25.40 (48.08)	3:12.73 (47.33)		
	4:14.79 (1:02.06)	5:16.16 (1:01.37)	6:03.45 (47.29)	6:45.49 (42.04)		
---	Foito, Avery	16	Amity Regional Aquatic Club-CT	5:41.68	DNF	

Boys 10 & Under 400 LC Meter Freestyle**6:25.69 10&U AGC Age Group Cut**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Lynch, Gus	10	Windsor Water Rats Express-CT	6:40.80	5:48.02 AGC	7
	39.03	1:22.67 (43.64)	2:08.28 (45.61)	2:51.58 (43.30)		
	3:36.62 (45.04)	4:20.89 (44.27)	5:06.18 (45.29)	5:48.02 (41.84)		
2	Migiano, Justin	10	Wilton Y Wahoos Swim Club-CT	6:50.48	6:44.20	5
	44.40	1:36.10 (51.70)	2:27.67 (51.57)	3:20.28 (52.61)		
	4:11.90 (51.62)	5:04.31 (52.41)	5:56.40 (52.09)	6:44.20 (47.80)		
3	Reis, Logan	8	Windsor Water Rats Express-CT	7:19.12	6:45.39	4
	40.69	1:32.74 (52.05)	2:25.96 (53.22)	3:18.29 (52.33)		
	4:11.82 (53.53)	5:05.53 (53.71)	6:45.39 (1:39.86)			
4	Schoberth-Wyckoff, Finn	10	Bridgeport Stratford YMCA Torp-CT	7:16.95	6:57.42	3
	44.97	1:38.51 (53.54)	2:30.83 (52.32)	3:24.90 (54.07)		
	4:16.52 (51.62)	5:12.16 (55.64)	6:04.83 (52.67)	6:57.42 (52.59)		
5	May, Roczen	10	Cheshire Y Sea Dog Swim Club-CT	6:45.00	6:58.35	2
	44.37	1:36.53 (52.16)	2:30.66 (54.13)	3:24.22 (53.56)		
	4:19.38 (55.16)	5:14.73 (55.35)	6:07.88 (53.15)	6:58.35 (50.47)		

Boys 10 & Under 200 LC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time	Points
1	Bombero, Connor	10	Regional YMCA of Western Conne-CT	3:01.80	2:55.57	7
	41.38	1:25.90 (44.52)	2:11.75 (45.85)	2:55.57 (43.82)		
2	Korner, James	10	Ridgefield Aquatic Club-CT	2:55.79	2:56.45	5
	40.52	1:26.54 (46.02)	2:12.77 (46.23)	2:56.45 (43.68)		
3	Gilman, Owen	10	Hamden Hall Aquatic Club-CT	2:56.83 Y	3:07.52	4
	43.17	1:31.07 (47.90)	2:21.58 (50.51)	3:07.52 (45.94)		
4	Bermudez, Nico	9	Cheshire Y Sea Dog Swim Club-CT	3:22.19	3:26.94	3
	1:41.60 ()	3:26.94 (1:45.34)				
5	Wojtowicz, Roman	10	Glastonbury Swim Team-CT	3:31.63	3:30.40	2
	51.88	1:46.42 (54.54)	2:40.65 (54.23)	3:30.40 (49.75)		

Boys 10 & Under 200 LC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time	Points
1	Schoberth-Wyckoff, Finn	10	Bridgeport Stratford YMCA Torp-CT	3:52.78 Y	4:29.97	7
	1:03.42	2:14.59 (1:11.17)	3:23.33 (1:08.74)	4:29.97 (1:06.64)		

Boys 11-12 400 LC Meter Freestyle**5:25.99 11-12 AGC Age Group Cut**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Kassem, Selim	12	Glastonbury Swim Team-CT	4:59.02	4:59.74 AGC	7
	32.73	1:10.04 (37.31)	1:48.07 (38.03)	2:26.76 (38.69)		
	3:05.22 (38.46)	3:44.48 (39.26)	4:21.85 (37.37)	4:59.74 (37.89)		

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	Name	Age	Team	Seed Time	Finals Time	Points
2	Pfrommer, Lucas	12	Soundview YMCA Stingrays-CT	5:29.94	5:20.85 AGC	5
	34.64	1:15.60 (40.96)	1:57.06 (41.46)	2:38.70 (41.64)		
	3:20.11 (41.41)	4:01.50 (41.39)	4:42.57 (41.07)	5:20.85 (38.28)		
3	Baran, Finn	11	Glastonbury Swim Team-CT	5:30.23	5:24.06 AGC	4
	35.03	1:15.55 (40.52)	1:57.96 (42.41)	2:39.98 (42.02)		
	3:21.74 (41.76)	4:04.32 (42.58)	4:45.05 (40.73)	5:24.06 (39.01)		
4	Stehling, Collin	12	Laurel East Hartford YMCA-CT	5:29.79	5:25.72 AGC	3
	34.05	1:13.56 (39.51)	1:55.47 (41.91)	2:37.86 (42.39)		
	3:20.25 (42.39)	4:03.27 (43.02)	4:45.18 (41.91)	5:25.72 (40.54)		
5	Goodenough, Vincent	11	Cheshire Y Sea Dog Swim Club-CT	5:31.67	5:27.75	2
	36.22	1:16.79 (40.57)	1:58.98 (42.19)	2:41.69 (42.71)		
	3:23.90 (42.21)	4:05.98 (42.08)	4:47.79 (41.81)	5:27.75 (39.96)		
6	Suter, Blake	12	Regional YMCA of Western Conne-CT	5:44.22	5:28.33	1
	35.68	1:16.53 (40.85)	1:59.07 (42.54)	2:41.53 (42.46)		
	3:24.28 (42.75)	4:06.90 (42.62)	4:48.88 (41.98)	5:28.33 (39.45)		
7	Suter, Ethan	12	Regional YMCA of Western Conne-CT	5:35.56	5:29.35	
	36.19	1:16.85 (40.66)	1:59.43 (42.58)	2:42.02 (42.59)		
	3:24.52 (42.50)	4:07.33 (42.81)	4:49.47 (42.14)	5:29.35 (39.88)		
8	Kershner, Jacob	12	Westport Weston Family Y Water-CT	5:41.82	5:31.25	
	35.79	1:16.91 (41.12)	1:58.67 (41.76)	2:41.73 (43.06)		
	3:24.22 (42.49)	4:06.72 (42.50)	4:49.31 (42.59)	5:31.25 (41.94)		
9	Fiasconaro, Anthony	11	West Hartford Aquatic Team-CT	5:49.61	5:36.00	
	38.14	1:20.85 (42.71)	2:03.25 (42.40)	2:46.69 (43.44)		
	3:29.87 (43.18)	4:13.11 (43.24)	4:55.94 (42.83)	5:36.00 (40.06)		
10	Senatro, Colby	11	Windsor Water Rats Express-CT	5:47.66	5:39.41	
	38.54	1:20.46 (41.92)	2:04.25 (43.79)	2:48.33 (44.08)		
	3:31.32 (42.99)	4:15.76 (44.44)	4:58.35 (42.59)	5:39.41 (41.06)		
11	Butkiewicz, Logan	12	Southington YMCA Rays-CT	6:10.32	5:42.41	
	36.12	1:18.54 (42.42)	2:01.66 (43.12)	2:45.80 (44.14)		
	3:30.71 (44.91)	4:15.83 (45.12)	5:00.13 (44.30)	5:42.41 (42.28)		
12	Kelsey, Jack	11	Stamford Sailfish Aquatic Club-CT	6:27.48	5:50.25	
	1:22.20 ()	2:07.10 (44.90)	2:52.17 (45.07)			
	3:37.78 (45.61)	4:23.32 (45.54)	5:05.76 (42.44)	5:50.25 (44.49)		
13	Wagner, Drew	11	Farmington Valley YMCA Tsunami-CT	5:55.61	5:52.79	
	37.38	1:20.79 (43.41)	2:06.33 (45.54)	2:52.08 (45.75)		
	3:37.31 (45.23)	4:24.22 (46.91)	5:09.23 (45.01)	5:52.79 (43.56)		
14	Kapur, Shiv	11	Stamford Sailfish Aquatic Club-CT	6:00.02	5:52.95	
	39.30	1:24.77 (45.47)	2:10.27 (45.50)	2:55.59 (45.32)		
	3:40.59 (45.00)	4:27.07 (46.48)	5:10.58 (43.51)	5:52.95 (42.37)		
15	Corcoran, Brenden	11	West Hartford Aquatic Team-CT	6:32.02	6:01.07	
	39.60	1:24.20 (44.60)	2:09.88 (45.68)	2:56.52 (46.64)		
	3:43.56 (47.04)	4:30.94 (47.38)	5:17.65 (46.71)	6:01.07 (43.42)		
16	Garcia, Noah	12	Cheshire Y Sea Dog Swim Club-CT	6:02.81	6:02.53	
	41.86	1:27.85 (45.99)	2:15.08 (47.23)	3:01.44 (46.36)		
	3:48.74 (47.30)	4:34.63 (45.89)	5:20.11 (45.48)	6:02.53 (42.42)		
17	McCarthy, Matthew	11	Cheshire Y Sea Dog Swim Club-CT	6:13.58	6:02.67	
	41.09	1:29.33 (48.24)	2:17.68 (48.35)	3:04.82 (47.14)		
	3:50.78 (45.96)	4:37.20 (46.42)	5:20.26 (43.06)	6:02.67 (42.41)		
18	Cherny, Daniel	11	Cheshire Y Sea Dog Swim Club-CT	5:48.94	6:03.52	
	38.51	1:24.34 (45.83)	2:11.43 (47.09)	2:59.21 (47.78)		
	3:45.85 (46.64)	4:31.57 (45.72)	5:19.56 (47.99)	6:03.52 (43.96)		

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	Name	Age	Team	Seed Time	Finals Time	Points
19	Garcia, Gabe	12	Cheshire Y Sea Dog Swim Club-CT	6:13.81	6:10.30	
	41.79	1:28.83 (47.04)	2:17.59 (48.76)	3:04.98 (47.39)		
	3:52.27 (47.29)	4:39.73 (47.46)	5:25.40 (45.67)	6:10.30 (44.90)		

Boys 11-12 200 LC Meter Backstroke**2:57.49 11-12 AGC Age Group Cut**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Robertson, Connor	11	Laurel East Hartford YMCA-CT	2:57.68	2:52.81 AGC	7
	40.96	1:25.46 (44.50)	2:10.12 (44.66)	2:52.81 (42.69)		
2	Thompson, Mac	12	Laurel East Hartford YMCA-CT	3:02.34	2:54.49 AGC	5
	40.84	1:25.31 (44.47)	2:10.69 (45.38)	2:54.49 (43.80)		
3	Baran, Finn	11	Glastonbury Swim Team-CT	2:58.93	2:58.32	4
	42.65	1:27.87 (45.22)	2:13.31 (45.44)	2:58.32 (45.01)		
4	Goodenough, Vincent	11	Cheshire Y Sea Dog Swim Club-CT	2:58.70	2:58.72	3
	41.53	1:28.27 (46.74)	2:14.48 (46.21)	2:58.72 (44.24)		
5	Wagner, Drew	11	Farmington Valley YMCA Tsunami-CT	3:06.14	2:59.89	2
	40.85	1:26.93 (46.08)	2:13.50 (46.57)	2:59.89 (46.39)		
6	Paige, Nathan	12	Regional YMCA of Western Conne-CT	2:58.10	3:01.43	1
	43.62	1:30.80 (47.18)	2:16.98 (46.18)	3:01.43 (44.45)		
7	Kelsey, Jack	11	Stamford Sailfish Aquatic Club-CT	3:00.63	3:03.63	
	42.31	1:29.70 (47.39)	2:17.85 (48.15)	3:03.63 (45.78)		
8	Cedor, Adam	12	Regional YMCA of Western Conne-CT	3:01.52	3:04.85	
		1:29.51 ()	3:04.85 (1:35.34)			
9	Kapur, Shiv	11	Stamford Sailfish Aquatic Club-CT	3:07.94	3:05.61	
	42.99	1:30.68 (47.69)	2:19.14 (48.46)	3:05.61 (46.47)		
10	Korner, George	12	Ridgefield Aquatic Club-CT	3:04.52	3:06.03	
	41.70	1:31.39 (49.69)	2:20.45 (49.06)	3:06.03 (45.58)		
11	Coyle, Declan	12	Regional YMCA of Western Conne-CT	2:56.18 Y	3:08.72	
	43.10	1:31.74 (48.64)	2:20.32 (48.58)	3:08.72 (48.40)		
12	McCarthy, Matthew	11	Cheshire Y Sea Dog Swim Club-CT	3:26.68	3:19.41	
	48.38	1:40.24 (51.86)	2:32.38 (52.14)	3:19.41 (47.03)		
13	Corcoran, Brenden	11	West Hartford Aquatic Team-CT	3:01.89 Y	3:20.76	
		1:40.06 ()	2:30.09 (50.03)	3:20.76 (50.67)		
14	DePasquale, Bennett	11	Regional YMCA of Western Conne-CT	3:27.71	3:29.52	
	48.12	1:41.51 (53.39)	3:29.52 (1:48.01)			

Boys 11-12 200 LC Meter Breaststroke**3:28.59 11-12 AGC Age Group Cut**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Kapur, Viraj	12	Stamford Sailfish Aquatic Club-CT	3:08.84 Y	3:15.14 AGC	7
	44.07	1:34.55 (50.48)	2:25.73 (51.18)	3:15.14 (49.41)		
2	Hewins, Landon	11	Laurel East Hartford YMCA-CT	3:29.39	3:22.10 AGC	5
	44.34	1:35.83 (51.49)	2:29.91 (54.08)	3:22.10 (52.19)		
3	Wojcik, (Joe)	11	Windsor Water Rats Express-CT	3:32.15	3:22.92 AGC	4
	48.08	1:38.99 (50.91)	2:32.43 (53.44)	3:22.92 (50.49)		
4	Malinowski, Andrew	11	Laurel East Hartford YMCA-CT	3:32.53	3:28.91	3
	48.40	1:41.44 (53.04)	2:36.55 (55.11)	3:28.91 (52.36)		
5	Omar, Kareem	11	West Hartford Aquatic Team-CT	3:31.20	3:34.96	2
	49.96	1:45.74 (55.78)	2:42.12 (56.38)	3:34.96 (52.84)		
6	Garcia, Noah	12	Cheshire Y Sea Dog Swim Club-CT	3:58.46	3:52.79	1
	53.31	1:53.53 (1:00.22)	2:54.86 (1:01.33)	3:52.79 (57.93)		
7	Michaux, Ethan	12	Regional YMCA of Western Conne-CT	4:04.39	3:56.94	
	53.72	1:55.07 (1:01.35)	2:58.46 (1:03.39)	3:56.94 (58.48)		

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Name	Age	Team	Seed Time	Finals Time	Points
8 Garcia, Gabe	12	Cheshire Y Sea Dog Swim Club-CT	4:19.39	4:01.35	
56.54	1:59.55 (1:03.01)	3:01.63 (1:02.08)	4:01.35 (59.72)		

Boys 11-12 200 LC Meter Butterfly**3:17.99 11-12 AGC Age Group Cut**

Name	Age	Team	Seed Time	Finals Time	Points
1 Allegra, Simon	11	Farmington Valley YMCA Tsunami-CT	3:22.33	3:17.05 AGC	7
42.43	1:34.07 (51.64)	2:27.06 (52.99)	3:17.05 (49.99)		
2 Lyalko, Daniel	12	Regional YMCA of Western Conne-CT	2:59.23 Y	3:25.82	5
42.36	1:37.09 (54.73)	2:33.36 (56.27)	3:25.82 (52.46)		

Boys 11-12 400 LC Meter IM

Name	Age	Team	Seed Time	Finals Time	Points
1 Elder, Nate	12	Cheshire Y Sea Dog Swim Club-CT	6:17.58	6:00.35	7
37.70	1:27.39 (49.69)	2:13.96 (46.57)	3:00.09 (46.13)		
3:51.26 (51.17)	4:40.67 (49.41)	5:20.29 (39.62)	6:00.35 (40.06)		
2 Senecal, Carson	11	Windsor Water Rats Express-CT	6:30.25	6:14.46	5
40.10	1:27.79 (47.69)	2:16.74 (48.95)	3:05.20 (48.46)		
3:57.92 (52.72)	4:50.70 (52.78)	5:33.92 (43.22)	6:14.46 (40.54)		
3 Simmons, Benjamin	12	Ridgefield Aquatic Club-CT	5:43.78 Y	6:43.48	4
42.86	1:38.07 (55.21)	3:21.07 ()			
4:13.74 (52.67)	5:08.21 (54.47)	5:57.73 (49.52)	6:43.48 (45.75)		

Boys 13-14 1500 LC Meter Freestyle**19:48.39 13-14 AGC Age Group Cut**

Name	Age	Team	Seed Time	Finals Time	Points
1 Angarita, Massimiliano	14	Bulldog Swimming-CT	19:16.65 Y	19:22.36 AGC	7
34.84	1:12.72 (37.88)	1:51.35 (38.63)	2:29.90 (38.55)		
3:09.15 (39.25)	3:48.23 (39.08)	4:27.39 (39.16)	5:06.39 (39.00)		
5:45.32 (38.93)	6:24.46 (39.14)	7:03.63 (39.17)	7:42.38 (38.75)		
	9:00.45 ()	9:39.66 (39.21)	10:18.24 (38.58)		
10:57.02 (38.78)	11:35.88 (38.86)	12:15.00 (39.12)	12:53.75 (38.75)		
	14:11.41 ()	14:50.73 (39.32)	15:29.75 (39.02)		
16:09.39 (39.64)	16:48.34 (38.95)	17:27.54 (39.20)	18:06.47 (38.93)		
19:22.36 (1:15.89)					
2 Migiano, Ryan	13	Wilton Y Wahoos Swim Club-CT	21:39.10	19:45.32 AGC	5
35.24	1:14.78 (39.54)	1:55.11 (40.33)	2:35.40 (40.29)		
3:15.45 (40.05)	3:55.15 (39.70)	4:34.84 (39.69)	5:14.59 (39.75)		
5:54.02 (39.43)	6:33.60 (39.58)	7:13.32 (39.72)	7:53.27 (39.95)		
8:37.34 (44.07)	9:12.36 (35.02)	9:51.89 (39.53)	10:31.46 (39.57)		
11:11.10 (39.64)	11:51.10 (40.00)	12:31.29 (40.19)	13:11.56 (40.27)		
13:51.22 (39.66)	14:31.15 (39.93)	15:10.93 (39.78)	15:50.52 (39.59)		
16:30.97 (40.45)	17:11.07 (40.10)	17:51.09 (40.02)	18:30.88 (39.79)		
19:09.32 (38.44)	19:45.32 (36.00)				
3 Head, Mason	14	Windsor Water Rats Express-CT	20:47.02	20:01.66	4
35.04	1:13.90 (38.86)	1:54.51 (40.61)	2:34.96 (40.45)		
3:16.25 (41.29)	3:57.43 (41.18)	4:38.47 (41.04)	5:19.32 (40.85)		
6:00.93 (41.61)	6:41.97 (41.04)	7:23.15 (41.18)	8:04.48 (41.33)		
8:45.09 (40.61)	9:25.72 (40.63)	10:06.98 (41.26)	10:46.76 (39.78)		
11:27.11 (40.35)	12:07.14 (40.03)	12:47.85 (40.71)	13:27.27 (39.42)		
14:07.21 (39.94)	14:46.97 (39.76)	15:27.18 (40.21)	16:06.23 (39.05)		
16:45.96 (39.73)	17:25.84 (39.88)	18:05.31 (39.47)	18:44.27 (38.96)		
19:23.65 (39.38)	20:01.66 (38.01)				

CT CDOG Distance Regional Championships, Sanction #: L25-46**July 18, 2025 - Middletown, CT****Results****(Boys 13-14 1500 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Finals Time	Points
4	Vattuone, Renzo	13	Northwest CT YMCA Lasers-CT	20:34.14	20:13.45	3
	33.24	1:12.02 (38.78)	1:52.27 (40.25)	2:33.07 (40.80)		
	3:13.36 (40.29)	3:53.93 (40.57)	4:35.22 (41.29)	5:16.82 (41.60)		
	5:50.67 (33.85)	6:38.57 (47.90)	7:20.14 (41.57)	8:00.66 (40.52)		
	8:41.14 (40.48)	9:22.10 (40.96)	10:03.51 (41.41)	10:44.43 (40.92)		
	11:25.46 (41.03)	12:05.55 (40.09)	12:46.84 (41.29)	13:26.82 (39.98)		
	14:06.84 (40.02)	14:47.76 (40.92)	15:28.68 (40.92)	16:10.42 (41.74)		
	16:51.65 (41.23)	17:33.35 (41.70)	18:15.17 (41.82)	18:55.28 (40.11)		
	19:35.59 (40.31)	20:13.45 (37.86)				
5	Barnes, Emilio	13	Bridgeport Stratford YMCA Torp-CT	22:02.93	22:04.83	2
	32.79	1:24.20 (51.41)	2:08.81 (44.61)	2:54.75 (45.94)		
	3:38.56 (43.81)	4:23.46 (44.90)	5:08.26 (44.80)	5:53.20 (44.94)		
	6:37.70 (44.50)	7:22.14 (44.44)	8:06.71 (44.57)	8:51.65 (44.94)		
	9:36.39 (44.74)	10:20.62 (44.23)	11:04.61 (43.99)	11:48.97 (44.36)		
	12:34.05 (45.08)	13:18.91 (44.86)	14:03.80 (44.89)	14:48.33 (44.53)		
	15:33.34 (45.01)	16:17.71 (44.37)	17:02.76 (45.05)	17:46.88 (44.12)		
	18:31.00 (44.12)	19:15.08 (44.08)	20:00.50 (45.42)	20:43.18 (42.68)		
	21:25.70 (42.52)	22:04.83 (39.13)				

Boys 13-14 400 LC Meter IM**5:44.99 13-14 AGC Age Group Cut**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Dodani, Kaveen	13	Stamford Sailfish Aquatic Club-CT	5:41.09	5:25.94 AGC	7
	31.87	1:09.76 (37.89)	1:51.61 (41.85)	2:33.72 (42.11)		
	3:23.09 (49.37)	4:13.81 (50.72)	4:50.74 (36.93)	5:25.94 (35.20)		
2	Kaknevicus, Nicholas	13	Wilton Y Wahoos Swim Club-CT	5:29.41	5:33.15 AGC	5
	34.22	1:15.49 (41.27)	2:00.10 (44.61)	2:43.35 (43.25)		
	3:30.64 (47.29)	4:17.51 (46.87)	4:56.33 (38.82)	5:33.15 (36.82)		
3	Cappuccia Romero, Enzo	13	Bulldog Swimming-CT	5:48.90 Y	5:35.88 AGC	4
		1:17.06 ()	2:00.58 (43.52)	2:42.52 (41.94)		
	3:33.34 (50.82)	4:24.47 (51.13)	5:35.88 (1:11.41)			
4	Libertiny, Alyster	13	Wilton Y Wahoos Swim Club-CT	5:10.28 Y	5:39.92 AGC	3
	33.73	1:13.21 (39.48)	1:58.03 (44.82)	2:44.69 (46.66)		
	3:34.10 (49.41)	4:23.64 (49.54)	5:01.81 (38.17)	5:39.92 (38.11)		
5	Tomaselli, Paul	13	Weston Swimming Inc.-CT	5:48.22	5:44.09 AGC	2
	36.46	1:21.40 (44.94)	2:02.43 (41.03)	2:45.45 (43.02)		
	3:34.96 (49.51)	4:26.68 (51.72)	5:06.07 (39.39)	5:44.09 (38.02)		
6	Brown, Cooper	13	Farmington Valley YMCA Tsunami-CT	5:55.41	5:45.45	1
	34.05	1:17.62 (43.57)	2:03.25 (45.63)	2:47.48 (44.23)		
	3:39.39 (51.91)	4:31.45 (52.06)	5:08.53 (37.08)	5:45.45 (36.92)		
7	Brandom, Gregory	13	Cheshire Y Sea Dog Swim Club-CT	5:38.93 Y	5:45.82	
	35.97	1:19.05 (43.08)	2:05.18 (46.13)	2:49.48 (44.30)		
	3:38.01 (48.53)	4:27.65 (49.64)	5:07.44 (39.79)	5:45.82 (38.38)		
8	Head, Mason	14	Windsor Water Rats Express-CT	6:04.26	5:46.88	
	35.97	1:22.10 (46.13)	2:07.44 (45.34)	2:52.31 (44.87)		
	3:39.72 (47.41)	4:29.17 (49.45)	5:08.26 (39.09)	5:46.88 (38.62)		
9	Goodenough, Dominic	13	Cheshire Y Sea Dog Swim Club-CT	5:49.48	5:51.05	
		1:23.24 ()	2:05.02 (41.78)	2:53.39 (48.37)		
	3:41.56 (48.17)	4:30.57 (49.01)	5:11.80 (41.23)	5:51.05 (39.25)		
10	Ellard, Edward	14	Wilton Y Wahoos Swim Club-CT	6:00.47	5:54.48	
	38.29	1:25.61 (47.32)	2:12.49 (46.88)	2:59.67 (47.18)		
	3:47.60 (47.93)	4:36.99 (49.39)	5:16.03 (39.04)	5:54.48 (38.45)		

CT CDOG Distance Regional Championships, Sanction #: L25-46**July 18, 2025 - Middletown, CT****Results****(Boys 13-14 400 LC Meter IM)**

	Name	Age	Team	Seed Time	Finals Time	Points
11	Famiglietti, Declan	14	Regional YMCA of Western Conne-CT	5:12.60 Y	6:01.62	
	36.33	1:18.28 (41.95)	2:06.43 (48.15)	2:51.58 (45.15)		
	3:48.46 (56.88)	4:44.26 (55.80)	5:24.86 (40.60)	6:01.62 (36.76)		
12	Monckton, Joseph	14	Regional YMCA of Western Conne-CT	6:11.47	6:01.97	
	39.43	1:25.92 (46.49)	2:11.81 (45.89)	2:58.11 (46.30)		
	3:49.77 (51.66)	4:42.21 (52.44)	5:23.57 (41.36)	6:01.97 (38.40)		
13	Higgins, Jack	14	Amity Regional Aquatic Club-CT	5:10.99 Y	6:09.12	
		1:23.00 ()	2:09.22 (46.22)	3:00.04 (50.82)		
	3:54.12 (54.08)	4:46.83 (52.71)	5:29.23 (42.40)	6:09.12 (39.89)		
14	Pellegrino, Charlie	13	Soundview YMCA Stingrays-CT	5:33.91 Y	6:19.19	
	38.72	1:24.37 (45.65)	2:12.84 (48.47)	3:01.07 (48.23)		
	3:56.84 (55.77)	4:53.59 (56.75)	5:35.83 (42.24)	6:19.19 (43.36)		
15	Egan, Finn	13	New Canaan YMCA Caimans-CT	6:41.53	6:20.87	
	38.00	1:27.56 (49.56)	2:16.87 (49.31)	3:04.61 (47.74)		
	4:01.46 (56.85)	4:59.60 (58.14)	5:40.95 (41.35)	6:20.87 (39.92)		
16	Kosko, Dominic	13	Amity Regional Aquatic Club-CT	6:20.42	6:24.09	
	41.75	1:35.51 (53.76)	2:25.20 (49.69)	3:16.36 (51.16)		
	4:09.99 (53.63)	5:03.36 (53.37)	5:45.50 (42.14)	6:24.09 (38.59)		
17	Barnes, Emilio	13	Bridgeport Stratford YMCA Torp-CT	5:43.63 Y	6:28.20	
	42.89	1:33.43 (50.54)	2:22.78 (49.35)	3:10.84 (48.06)		
	4:08.37 (57.53)	5:05.38 (57.01)	5:46.54 (41.16)	6:28.20 (41.66)		

Men 15-18 1500 LC Meter Freestyle**18:26.99 15-18 SR Senior Cuts**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Merritt, Logan	17	Southington YMCA Rays-CT	18:39.03	18:11.37 SR	7
	31.66	1:06.51 (34.85)	1:42.10 (35.59)	2:17.87 (35.77)		
	2:53.53 (35.66)	3:29.40 (35.87)	4:05.66 (36.26)	4:41.84 (36.18)		
	5:18.27 (36.43)	5:54.49 (36.22)	6:31.20 (36.71)	7:07.55 (36.35)		
	7:44.26 (36.71)	8:20.62 (36.36)	8:57.76 (37.14)	9:34.51 (36.75)		
	10:11.49 (36.98)	10:48.70 (37.21)	11:25.68 (36.98)	12:02.76 (37.08)		
	12:40.07 (37.31)	13:17.16 (37.09)	13:54.32 (37.16)	14:31.37 (37.05)		
	15:08.51 (37.14)	15:45.48 (36.97)	16:23.04 (37.56)	16:59.72 (36.68)		
	17:36.46 (36.74)	18:11.37 (34.91)				
2	Fitzpatrick, Sean	15	Amity Regional Aquatic Club-CT	19:27.47	19:26.67	5
	33.59	1:11.04 (37.45)	1:50.35 (39.31)	2:28.72 (38.37)		
	3:07.67 (38.95)	3:46.49 (38.82)	4:25.69 (39.20)	5:05.24 (39.55)		
	5:44.67 (39.43)	6:24.08 (39.41)	7:02.18 (38.10)	7:40.95 (38.77)		
	8:20.51 (39.56)	9:00.20 (39.69)	9:39.72 (39.52)	10:19.15 (39.43)		
	10:58.64 (39.49)	11:38.57 (39.93)	12:18.55 (39.98)	12:58.37 (39.82)		
		14:17.58 ()		15:36.86 ()		
		16:54.08 ()		18:11.57 ()		
	19:26.67 (1:15.10)					
3	Brown, Nico	16	Greenwich Ywca Dolphins Swm Tm-CT	19:23.97 Y	19:35.83	4
	33.59	1:09.55 (35.96)	1:46.10 (36.55)	2:23.37 (37.27)		
	3:01.26 (37.89)	3:39.38 (38.12)	4:17.58 (38.20)	4:55.85 (38.27)		
	5:34.94 (39.09)	6:13.50 (38.56)	6:52.34 (38.84)	7:30.96 (38.62)		
	8:10.78 (39.82)	8:49.72 (38.94)	9:29.79 (40.07)	10:09.37 (39.58)		
	10:49.40 (40.03)	11:29.03 (39.63)	12:09.04 (40.01)	12:48.43 (39.39)		
	13:28.73 (40.30)	14:08.46 (39.73)	14:49.51 (41.05)	15:29.61 (40.10)		
	16:10.77 (41.16)	16:51.28 (40.51)	17:32.78 (41.50)	18:13.05 (40.27)		
	18:44.85 (31.80)	19:35.83 (50.98)				

CT CDOG Distance Regional Championships, Sanction #: L25-46**July 18, 2025 - Middletown, CT****Results****(Men 15-18 1500 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Finals Time	Points
4	Welsh, Connor	16	New Fairfield Aqua Flyers-CT	19:31.08	19:37.26	3
	33.51	1:10.77 (37.26)	1:50.49 (39.72)	2:30.11 (39.62)		
	3:09.91 (39.80)	3:49.88 (39.97)	4:30.21 (40.33)	5:09.92 (39.71)		
	5:50.08 (40.16)	6:30.10 (40.02)	7:09.93 (39.83)	7:50.45 (40.52)		
	8:30.40 (39.95)	9:10.10 (39.70)	9:50.29 (40.19)	10:29.69 (39.40)		
	11:08.27 (38.58)	11:48.58 (40.31)	12:27.90 (39.32)	13:07.83 (39.93)		
	13:47.23 (39.40)	14:27.42 (40.19)	15:06.91 (39.49)	15:46.33 (39.42)		
	16:25.89 (39.56)	17:05.72 (39.83)	17:45.18 (39.46)	18:25.09 (39.91)		
	19:02.31 (37.22)	19:37.26 (34.95)				
5	Head, Nathan	17	Windsor Water Rats Express-CT	19:58.77	19:50.20	2
	33.54	1:11.19 (37.65)	1:49.88 (38.69)	2:29.32 (39.44)		
	3:10.24 (40.92)	3:50.54 (40.30)	4:30.13 (39.59)	5:10.62 (40.49)		
	5:50.61 (39.99)	6:31.11 (40.50)	7:10.61 (39.50)	7:50.51 (39.90)		
	8:30.36 (39.85)	9:10.83 (40.47)	9:50.64 (39.81)	10:31.22 (40.58)		
	11:10.93 (39.71)	11:50.73 (39.80)	12:30.42 (39.69)	13:10.14 (39.72)		
	13:50.04 (39.90)	14:29.77 (39.73)	15:09.76 (39.99)	15:50.29 (40.53)		
	16:30.66 (40.37)	17:10.82 (40.16)	17:51.25 (40.43)	18:31.25 (40.00)		
	19:11.44 (40.19)	19:50.20 (38.76)				

Men 15-18 400 LC Meter IM**5:14.09 15-18 SR Senior Cuts**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Paige, Gavin	15	Regional YMCA of Western Conne-CT	4:59.20	5:05.90 SR	7
	30.64	1:07.40 (36.76)	1:47.89 (40.49)	2:27.56 (39.67)		
	3:10.72 (43.16)	3:55.53 (44.81)	4:31.73 (36.20)	5:05.90 (34.17)		
2	Kim, Joshua	15	Meriden, New Britain, Berlin Y-CT	5:10.26	5:10.36 SR	5
	31.51	1:07.22 (35.71)	1:51.71 (44.49)	2:33.05 (41.34)		
	3:16.06 (43.01)	3:59.83 (43.77)	4:35.23 (35.40)	5:10.36 (35.13)		
3	Zheng, Bryan	16	Regional YMCA of Western Conne-CT	5:34.22	5:14.65	4
	31.84	1:13.26 (41.42)	1:54.83 (41.57)	2:36.93 (42.10)		
	3:21.03 (44.10)	4:07.41 (46.38)	4:42.75 (35.34)	5:14.65 (31.90)		
4	Mascolo, Anthony	17	Southington YMCA Rays-CT	5:54.52	5:14.86	3
	29.90	1:06.82 (36.92)	1:49.17 (42.35)	2:31.19 (42.02)		
	3:18.38 (47.19)	4:05.86 (47.48)	4:40.24 (34.38)	5:14.86 (34.62)		
5	Delviscio, Simon	15	Cheshire Y Sea Dog Swim Club-CT	5:42.14	5:20.14	2
	32.88	1:11.24 (38.36)	1:57.00 (45.76)	2:38.74 (41.74)		
	3:24.29 (45.55)	4:07.79 (43.50)	4:46.00 (38.21)	5:20.14 (34.14)		
6	Narayanan, Omkar	18	Cheshire Y Sea Dog Swim Club-CT	5:31.90	5:23.49	1
		1:09.27 ()	1:51.00 (41.73)	2:33.71 (42.71)		
	3:21.95 (48.24)	4:10.93 (48.98)	4:45.76 (34.83)	5:23.49 (37.73)		
7	Peralta, Eithan	15	Regional YMCA of Western Conne-CT	5:40.22	5:24.98	
	33.08	1:11.54 (38.46)	1:56.46 (44.92)	2:38.47 (42.01)		
	3:26.73 (48.26)	4:14.89 (48.16)	4:51.33 (36.44)	5:24.98 (33.65)		
8	Dlugos, Steven	15	Southington YMCA Rays-CT	5:37.54	5:27.40	
		1:11.09 ()	1:56.87 (45.78)	2:36.89 (40.02)		
	3:29.67 (52.78)	4:12.06 (42.39)	4:50.98 (38.92)	5:27.40 (36.42)		
9	Forero, Sam	15	Farmington Valley YMCA Tsunami-CT	5:26.72	5:28.06	
	33.01	1:11.36 (38.35)	1:56.62 (45.26)	2:41.10 (44.48)		
	3:27.20 (46.10)	4:16.04 (48.84)	4:52.33 (36.29)	5:28.06 (35.73)		
10	Gadbut, Alex	15	Regional YMCA of Western Conne-CT	5:34.56	5:29.59	
		1:10.16 ()	1:55.45 (45.29)	2:34.62 (39.17)		
	3:22.54 (47.92)	4:14.63 (52.09)	4:50.67 (36.04)	5:29.59 (38.92)		

CT CDOG Distance Regional Championships, Sanction #: L25-46**July 18, 2025 - Middletown, CT****Results****(Men 15-18 400 LC Meter IM)**

	Name	Age	Team	Seed Time	Finals Time	Points
11	Kraese, Nicholas	16	Regional YMCA of Western Conne-CT	5:47.16	5:36.69	
	31.48	1:09.16 (37.68)	1:54.70 (45.54)	2:38.47 (43.77)		
	3:27.38 (48.91)	4:18.58 (51.20)	4:58.94 (40.36)	5:36.69 (37.75)		
12	Korkmaz, Tony	16	Glastonbury Swim Team-CT	5:44.27	5:39.59	
	33.70	1:14.20 (40.50)	1:59.02 (44.82)	2:42.88 (43.86)		
	3:31.72 (48.84)	4:20.16 (48.44)	5:00.21 (40.05)	5:39.59 (39.38)		
13	Ly, Jaxson	15	Southington YMCA Rays-CT	5:52.97	5:39.97	
	32.96	1:11.94 (38.98)	1:55.05 (43.11)	2:38.49 (43.44)		
	3:28.45 (49.96)	4:19.93 (51.48)	5:00.84 (40.91)	5:39.97 (39.13)		
14	Pappas, Phineas	17	Indian Valley Family YMCA Brea-CT	5:40.36	5:40.08	
		1:19.83 ()	2:01.00 (41.17)	2:47.22 (46.22)		
	3:30.00 (42.78)	4:23.84 (53.84)	5:00.99 (37.15)	5:40.08 (39.09)		
15	McCoy, Quinn	15	Ridgefield Aquatic Club-CT	5:04.10 Y	5:47.86	
	32.05	1:11.50 (39.45)	1:56.66 (45.16)	2:41.73 (45.07)		
	3:34.46 (52.73)	4:28.44 (53.98)	5:08.45 (40.01)	5:47.86 (39.41)		
16	Morris, Brady	15	Wilton Y Wahoos Swim Club-CT	5:39.84	5:49.74	
	36.29	1:23.18 (46.89)	2:06.95 (43.77)	2:51.79 (44.84)		
	3:40.41 (48.62)	4:32.13 (51.72)	5:10.89 (38.76)	5:49.74 (38.85)		
17	Norcott, Shaun	16	Laurel East Hartford YMCA-CT	5:53.75	5:54.04	
	32.88	1:13.84 (40.96)	2:00.07 (46.23)	2:45.15 (45.08)		
	3:39.48 (54.33)	4:35.09 (55.61)	5:15.53 (40.44)	5:54.04 (38.51)		
---	Janney, Kasen	15	Regional YMCA of Western Conne-CT	5:33.90	DQ	
	32.66	1:12.35 (39.69)	1:56.59 (44.24)	2:37.71 (41.12)		
	3:21.50 (43.79)	4:06.39 (44.89)	4:43.04 (36.65)	DQ (34.52)		