



**BULLDOG SWIMMING
LONG COURSE SEASON OPENER
APRIL 15-16, 2023**

Yale Practice Pool
70 Tower Parkway, New Haven, CT 06511

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #L23-2. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

	Name	Email	Phone
Meet Director:	Adriana Schack	adriana.marmolejo@olympian.org	(480) 307-4813
Meet Referee:	Walter Carroll	wandjcarroll@comcast.net	(203) 804-1135
Lead Admin Official:	Adriana Schack	adriana.marmolejo@olympian.org	(480) 307-4813
Entry Chair:	Adriana Schack	adriana.marmolejo@olympian.org	(480) 307-4813
Safety Chair:	Kyle Schack	kyleschack@gmail.com	
Officials Contact:	Walter Carroll	wandjcarroll@comcast.net	(203) 804-1135

MEET HOST: BULL

WEBSITE: <https://www.teamunify.com/team/ctbs/page/home>

POOL EMERGENCY NUMBER: 203-432-1444

COURSE: LCM.

SESSION TIMES: Subject to Change

Saturday and Sunday 8:00 AM warm up , 9:00 AM start

ENTRY OPENING DATE: Entries will be accepted no earlier than **April 5th at 7:00p.**

CONNECTICUT-ONLY DEADLINE: There are **no CT only deadlines** for April and May meets.

DEADLINES: Deadline is April 11, 2023. Date of entry is considered when the email was received by the entry chair.

PAYMENT INSTRUCTIONS: Please make checks payable to Bulldog Swimming
Mail to:

Adriana Schack
573 Hill Street
Hamden, CT, 06514
Payment must be received by **04/14/203**

NEW FOR LC 2023 SEASON ONLY (4/1-8/31): Teams that are charged pool rental for running a regularly scheduled non CSI Championship meets, can charge a per swimmer facility fee not to exceed \$10. This charge will NOT be subject to CSI surcharges.

ENTRY FEES: Electronic entries: \$14.00 for individual events. Per Swimmer Facility Fee: \$5.00. Manual entries: \$15.00 for individual events. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry.

NEW FOR 2022-23: The Meet or Entry Director **MUST** run a meet verification report and give said report to the Meet Referee. This is to ensure that no swimmer without their APT credentials or unregistered swimmers participate in a sanctioned USA/CT Swimming meet.

SANCTIONED OR APPROVED: Sanctioned

MEET DURATION: Full meet with time limits as defined by CT/USA Swimming.

MEET FORMAT: The meet will be swum as Timed-Final.

FACILITY: The Yale Practice Pool is a 5 -lane, 50-meter pool. Water depth at start end is: 12 ft. Water depth at turn end is: 5ft. The competition course has not been certified in accordance with 104.2.2C(4). The timing system includes a fully-automatic Colorado Time Systems electronic timing system with touchpads at the finish end of the pool. There are no touchpads at the turn end of the pool. There is no spectator seating .Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited. AED and first aid supplies are available.

WIFI ACCESS: Yale guest Wifi is available, connectivity is fair.

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect. The pool will close five minutes before the beginning of each session. Teams will be assigned warm-up lanes after all entries are received.

ENTRY LIMITATIONS: 5 events per day. Deck entries will be accepted.

SCRATCH PROCEDURES: Each session will be seeded by computer based on positive check-in at the beginning of each session. Coaches will receive a positive check-in sheet before each session that must be returned no later than 30 minutes after the start of warm up. Heat sheets will be posted around the pool deck and on Meet Mobile. Coaches will be able to pick up heat sheets for each event at the control office.

LIST ANY PROTOCOLS FOR FACILITY or WHAT TO BRING: swimmers can bring folding chairs to sit in the gym. There is no spectator seating.

SAFE SPORT POLICIES: There is no spectator seating, meet will be live streamed.

DISABLED ACCESS: Handicapped parking is available in the surrounding area to the facility, ramps and elevators are available. For more information and special arrangements please contact Adriana Marmolejo at adriana.marmolejo@olympian.org.

ELIGIBILITY: 1. All USA Swimming clubs and individuals. Athletes with Flex memberships must not have swum in more than one USA Swimming meet prior to this meet in order to be eligible.

For Sanctioned Meets: All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete [registration procedures](#). Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck. Clubs are reminded that participation of unregistered swimmers and/or coaches will result in a **\$100 fine** per instance, as described in CT Swimming meet policies:

<https://www.ctswim.org/Customer-Content/www/CMS/files/Membership/Registration-Policy-for-Athletes.pdf> and

https://www.ctswim.org/Customer-Content/www/CMS/files/policies_admin/RegistrationPolicyforMeetHosts.pdf

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water **without the use of the backstroke ledge**. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ADULT ATHLETES: All athletes who will be 18 years of age or older on any day of the meet must complete the mandatory Athlete Protection Training prior to competition. Failure to do so will result in the swimmer being scratched from the meet.

ADAPTED SWIMMING: Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to the [Connecticut Swimming office](#).

ENTRY TIMES: Submit entry times in: LCM.

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chairperson at adriana.marmolejo@olympian.org . Please check that your team name, address, and contact information are listed correctly in this file. For email entries, payment and hardcopy of the entry must be received by: April 14, 2023

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

All adult athletes, or parents of minor athletes, who enter without club affiliation will be required to attest to reading and understanding the [Minor Athlete Abuse Prevention Policy](#).

OUTREACH ENTRY FEE REIMBURSEMENT: Participating clubs will submit payment in full to the meet host for all Outreach athlete entry fees (splash fees). These fees will be reimbursed by CSI to the participating CSI club after completion of the meet. Scratches and 'No Swims' will not be reimbursed. For more information and to submit a reimbursement visit the [Outreach Athlete](#) page on ctswim.org.

CUT PROTOCOL:

If the session is oversubscribed the following protocol will be instituted IN THE ORDER PRESENTED to reduce the timeline to the required length or participation number:

1. Athletes aged 7 and Under will be cut from the meet.
2. Events 200 meters may be heat limited to the 10 heats of entries per gender in the order they were received.
3. The maximum number of events allowed per day may be reduced by one (1).
4. Visiting teams may be cut based on the date/time of the receipt of the final paid entry. If teams are cut, the host reserves the right to offer the available partial entry to the cut teams in the order that entries were received in order to fill the meet.

The host reserves the right to seek approval from Program Operations for additional changes, which may reasonably maximize participation opportunities.

Notification of any cuts or requests for changes must be made to Program Operations as soon as possible by the host. Attending teams will be notified no later than the Monday before the meet.

NOTE: If the host is required to institute the published cut protocol above. All accepted entries at the time that the cut protocol is instituted may be considered final by the host for the purposes of financial responsibility. (i.e. Teams submitting "placeholder" entries will be required to pay for the entries if the cut protocol is required).

RESERVE THE RIGHT TO MAKE CHANGES: In accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. The Meet Referee will seek Program Operations approval for all changes requiring approval. Clubs will be notified of changes no later than Monday before the meet.

RELAYS: No

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

SWIMWEAR: Per CT Swimming policy, swimmers 12 years old and younger are not permitted to wear "Tech Suits" at any CT sanctioned or approved meets. "Tech Suits" are defined as a suit that has Bonded Seams, Kinetic Tape, or Meshed Seams. Age is determined on the first date of the meet.

PHOTOGRAPHY AND VIDEO RECORDING:

Meet Management has the full authority to restrict any and all photography, audio and visual recording using cameras, video cameras, tablets, cell phones or other electronic devices at a meet.

Photography or video recording from the deck is prohibited by all individuals, other than participating Coaches, unless prior authorization from the Meet Referee or meet referee has been granted.

Under no circumstances is photography or video recording permitted by anyone in the area adjacent to or behind the starting blocks, including spectator stands at deck level, while they are in use for race starting purposes during competition and warm-ups. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Photography or video recording and the use of audio, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Additional "No Camera Zones" may be designated by Meet Management or the meet referee.

If individuals are properly credentialed, not obstructing movement on the deck and abiding by these rules, the following individuals may be allowed by Meet Management and the meet referee with prior authorization if they possess the following:

- Professional photographers with current, official media credentials that are promoting the sport of swimming
- Official team and professional meet photographers that are USA Swimming members, background checked, have signed off on MAAPP and completed Athlete Protection Training
- A participating athlete directly assisting a Coach, for instructional purposes, during an event using the Coach's electronic device

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

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- Professional photographers with current, official media credentials that are promoting the sport of swimming
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- A participating athlete directly assisting a Coach, for instructional purposes, during an event using the Coach's electronic device

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by USA Swimming Vice President of Program Operations.

RULES: Current USA Swimming rules will govern all competition.

TIME TRIALS: No

TIMERS, OFFICIALS OR WORK ASSIGNMENTS: TIMERS, OFFICIALS OR WORK

ASSIGNMENTS: We ask participating teams to help provide timers according to the size of their entry. The Meet Referee will get in touch with the visiting teams' officials to request their help. Participating clubs will be notified of work assignments by the Monday before the meet.

All volunteers will be required to attest to reading and understanding the [Minor Athlete Abuse Prevention Policy](#).

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

SCORING: The meet will not be scored.

AWARDS: Yes . Heat winner awards

CONCESSIONS: Yes

HOSPITALITY FOR COACHES AND OFFICIALS: Yes

MISCELLANEOUS:

PARKING: Metered parking and free parking in the surrounding areas is available.

DIRECTIONS:Practice Pool inside Payne Whitney Gymnasium at Yale University (3rd floor) 70 Tower Pkwy, New Haven, CT 06511.

LODGING: Please visit Yale [visitor center](#) for information on hotels around campus.

Bulldog Swimming Season Opener - 4/15/2023 to 4/16/2023
Session Report

Session: 1 SATURDAY

Day of Meet: 1 Starts at 09:00 AM Heat Interval: 20 Seconds / Back +15 Seconds

		Entries	Heats
Finals	1 Girls 200 Freestyle	0	0
Finals	2 Boys 200 Freestyle	0	0
Finals	3 Girls 100 Butterfly	0	0
Finals	4 Boys 100 Butterfly	0	0
Finals	5 Girls 50 Breaststroke	0	0
Finals	6 Boys 50 Breaststroke	0	0
Finals	7 Girls 100 Backstroke	0	0
Finals	8 Boys 100 Backstroke	0	0
Finals	9 Girls 50 Freestyle	0	0
Finals	10 Boys 50 Freestyle	0	0

Bulldog Swimming Season Opener - 4/15/2023 to 4/16/2023
Session Report

Session: 2 SUNDAY

Day of Meet: 2 Starts at 09:00 AM Heat Interval: 20 Seconds / Back +15 Seconds

			Entries	Heats
Finals	11	Girls 50 Butterfly	0	0
Finals	12	Boys 50 Butterfly	0	0
Finals	13	Girls 100 Breaststroke	0	0
Finals	14	Boys 100 Breaststroke	0	0
Finals	15	Girls 50 Backstroke	0	0
Finals	16	Boys 50 Backstroke	0	0
Finals	17	Girls 100 Freestyle	0	0
Finals	18	Boys 100 Freestyle	0	0
Finals	19	Girls 200 IM	0	0
Finals	20	Boys 200 IM	0	0