

Weston Swimming Spring RTC

April 30th - May 1st, 2021

Weston Middle School Pool, 135 School Rd Weston, CT 06833

[Weston Middle School](#)

This meet information is subject to change given the fluid nature of COVID-19. Be aware that CDC, State of CT, and local jurisdiction guidelines or public health actions may change quickly and without warning. Visit ctswim.org or the host website for any updates.

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #RTC21-49. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

COVID-19 Statement

In applying for this sanction, the Host, Weston Swimming, agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Connecticut Swimming, the State of Connecticut and, the Town of Weston/ Westport/Weston Health Department.

COVID-19 Assumption of Risk Disclaimer

We, Weston Swimming, have taken enhanced health and safety measures – for athletes, coaches, officials, volunteers, and meet management. You must follow all instructions while participating in/spectating at Weston Swimming Spring RTC Meet or on site at Weston Middle School pool. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By participating in/spectating at Weston Swimming Spring RTC Meet and being on site at Weston Middle School pool, you voluntarily assume all risks related to exposure to COVID-19.

COVID-19 Release

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND CONNECTICUT SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF

NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

WAIVER: All participants and spectators must sign the Waiver of Liability and Hold Harmless Agreement found on the last page of this meet announcement. Waivers are filled out electronically and should be completed by 10/29/20 8:00PM. The Link for waivers will be sent directly to all participants, officials, meet admin, and volunteers.

EVENTS

	Name	Email	Phone
Meet Director:	John Scaldini	john@westonswimming.org	203 610 2100
Meet Referee:	Dave Heller	hellerd@nationwide.com	203 509 7320
Lead Admin Official:	Emily Demace	emdemace@gmail.com	203 455 4633
Entry Chair:	John Scaldini	john@westonswimming.org	203 610 2100
Safety Chair:	John Scaldini	john@westonswimming.org	203 610 2100
Officials Contact:	John Scaldini	john@westonswimming.org	203 610 2100

MEET HOST: WEST

WEBSITE: westonswimming.org

POOL EMERGENCY NUMBER: 203.221.6360 x 3703

RETURN TO COMPETITION SANCTIONED OR APPROVED: Sanctioned

MEET TYPE: Tri-Meet. Open to Trumbull Pisces, RST Rapids, Weston Swimming

MEET DURATION: Full meet with time limits as defined by CT/USA Swimming.

MEET FORMAT: The meet will be swum as a Timed-Final

SCRATCH PROCEDURES: No scratches will be taken. The meet will be pre-seeded.

NO DECK ENTRIES WILL BE ALLOWED

BEFORE ENTERING FACILITY or WHAT TO BRING: Any person entering the pool facility must do a health screening including a temperature check (must be at or below 99.9 degrees) and a two part questionnaire asking about recent coughing or shortness of breath. While inside athletes must maintain at least 6 feet of social distance from other persons.

FACILITY RULES:

Athletes will enter through the side doors directly onto the pool deck at the shallow end. Athletes must exit through the deep end doors. While inside the facility all persons must wear a face mask. Masks will not be provided. Athletes must wear masks inside the facility and will be able to hang them on hooks while in the pool. Hand Sanitizer will be provided for anyone that would like some. Spectators will not be allowed in the facility. There will be a livestream/webcast for spectators to view the event. Athletes will wait in the spectator balcony in between warm up/events. Only parents assisting with the meet will be allowed in the spectator balcony to act as a "bull pen" for athletes.

Planned number of individuals on deck: 50

Planned number of individuals in spectating area: 100

FACILITY: The Weston Middle School pool is a 6 Lane 25-yard pool. Water depth at start end is: 12 ft. Water depth at turn end is: 3.5 ft. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.

TIMING SYSTEM: We will be using a Daktronics Omnisport 2000e Console Primary system and a single watch manual Tertiary system per USA Swimming Rulebook (102.24).

LOCKER ROOMS: Showers and locker rooms are limited to use of the restrooms only. Changing into or out of swimsuits is prohibited. Athletes must arrive at the facility in their suits.

SAFE SPORT POLICIES: Parents will be able to view the meet via livestream/webcast.

DISABLED ACCESS: There is a handicap accessible entrance to the facility that includes a ramp and entrance through the locker rooms. This entrance will be used only by adapted athletes and chaperones if necessary to enter the facility. All other participants will enter through the side doors directly onto the pool deck.

COURSE: SCY. Events # 5, 6, 15, and 16 will be held in a 4 Lane Course. All other events will be held in a 6 lane course.

SESSION TIMES: Subject to Change Type warm-up and start times for each session. Please confirm that this matches the start times in your Session Report.

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect.

Session 1: 4:00PM Warm Up, 5:30PM Start

Session 2: 7:00AM Warm Up, 8:30 AM Start

Session 3: 10:45AM Warm Up, 12:00PM Start

Session 4: 2:30PM Warm Up, 3:45PM Start

ELIGIBILITY: Open to current athlete members of USA Swimming from TP, RST and WEST. All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. List any restrictions, such as age, etc. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete [registration procedures](#). Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck. Clubs are reminded that participation of unregistered swimmers and/or coaches will result in a **\$100 fine** per instance, as described in CT Swimming [policy for clubs](#) and [policy for meet hosts](#).

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water **without the use of the backstroke ledge**. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ADULT ATHLETES: All athletes who will be 18 years of age or older on any day of the meet must complete the mandatory Athlete Protection Training prior to competition. Failure to do so will result in the swimmer being scratched from the meet.

ADAPTED SWIMMING: Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are

necessary, then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to the [Connecticut Swimming office](#).

EVENT INFORMATION: Events # 5, 6, 15, and 16 will be held in a 4 Lane Course.

ENTRY LIMITATIONS: 5 Individual Events, 2 for session 1 and 3 for Sessions 2 - 4.

ENTRY TIMES: Submit entry times in: SCY.

DEADLINES: Deadline is 4/30/21. Mail hardcopy and payment to the entry chairperson: Charlie Bailey 15 Hidden Hill Rd Weston Ct, 06883. All entries must be legible and must use full names and registration numbers from USA Swimming registration. Coaches will be notified by email that their entry has been received within 24 hours of its arrival.

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at john@westonswimming.org. Please check that your team name, address, and contact information are listed correctly in this file. Payment should be delivered no later than 10/29/20.

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

All adult athletes, or parents of minor athletes, who enter without club affiliation will be required to attest to reading and understanding the [Minor Athlete Abuse Prevention Policy](#).

ENTRY FEES: Athletes will be charged \$10 for entry into the meet. Fees will be charged to an athletes team account.

OUTREACH ENTRY FEE REIMBURSEMENT: Participating clubs will submit payment in full to the meet host for all Outreach athlete entry fees (splash fees). These fees will be reimbursed by CSI to the participating club after completion of the meet. Scratches and 'No Swims' will not be reimbursed. For more information and to submit a reimbursement visit the [Outreach Athlete](#) page on ctswim.org.

PAYMENT INSTRUCTIONS: Please make checks payable to Weston Swimming and mail to: Charlie Bailey 15 Hidden Hill Rd, Weston, CT, 06460. Payment must be received by 4/30/21.

CUT PROTOCOL:

If the session is oversubscribed the following protocol will be instituted IN THE ORDER PRESENTED to reduce the timeline to the required length or participation number:

1. 8&Unders will be cut.

The host reserves the right to seek approval from Program Operations for additional changes, which may reasonably maximize participation opportunities.

Notification of any cuts or requests for changes must be made to Program Operations as soon as possible by the host. Attending teams will be notified no later than the Monday before the meet.

NOTE: If the host is required to institute the published cut protocol above. All accepted entries at the time that the cut protocol is instituted may be considered final by the host for the purposes of financial responsibility. (i.e. Teams submitting "placeholder" entries will be required to pay for the entries if the cut protocol is required).

RESERVE THE RIGHT TO MAKE CHANGES: In accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. The Meet Referee will seek Program Operations approval for all changes requiring approval. Clubs will be notified of changes no later than Monday before the meet.

RELAYS: No.

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

SWIMWEAR: Per CT Swimming policy, swimmers 12 years old and younger are not permitted to wear "Tech Suits" at any CT sanctioned or approved meets. "Tech Suits" are defined as a suit that has Bonded Seams, Kinetic Tape, or Meshed Seams. Age is determined on the first date of the meet.

PHOTOGRAPHY AND VIDEO RECORDING:

Meet Management has the full authority to restrict any and all photography, audio and visual recording using cameras, video cameras, tablets, cell phones or other electronic devices at a meet.

Photography or video recording from the deck is prohibited by all individuals, other than participating Coaches, unless prior authorization from the Meet Referee or meet referee has been granted.

Under no circumstances is photography or video recording permitted by anyone in the area adjacent to or behind the starting blocks, including spectator stands at deck level, while they are in use for race starting purposes during competition and warm-ups. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Photography or video recording and the use of audio, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Additional "No Camera Zones" may be designated by Meet Management or the meet referee.

If individuals are properly credentialed, not obstructing movement on the deck and abiding by these rules, the following individuals may be allowed by Meet Management and the meet referee with prior authorization if they possess the following:

- Professional photographers with current, official media credentials that are promoting the sport of swimming
- Official team and professional meet photographers that are USA Swimming members, background checked, have signed off on MAAPP and completed Athlete Protection Training
- A participating athlete directly assisting a Coach, for instructional purposes, during an event using the Coach's electronic device

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by USA Swimming Vice President of Program Operations.

RULES: Current USA Swimming rules will govern all competition. Amended USA Swimming rules for

TIME TRIALS: No.

TIMERS, OFFICIALS OR WORK ASSIGNMENTS: Participating clubs will be notified of work assignments by the Monday before the meet.

All volunteers will be required to attest to reading and understanding the [Minor Athlete Abuse Prevention Policy](#).

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

SCORING: The meet will not be scored.

AWARDS: Heat Winners will be awarded Rubber Ducks

CONCESSIONS: No.

HOSPITALITY FOR COACHES AND OFFICIALS: Yes.

PARKING: Parking is at the Weston Middle School.

DIRECTIONS: Weston Middle School, 135 School Rd Weston CT, 06883. [Weston Middle School](#)

Weston Swimming Spring RTC 04/30/2021 - 05/01/2021

Session 1: 5:30PM (4/30/21)

- Ev # 1 GIRLS OPEN 200Y FREE
- Ev # 2 BOYS OPEN 200Y FREE
- Ev # 3 GIRLS OPEN 200Y BREAST
- Ev # 4 BOYS OPEN 200Y BREAST
- Ev # 5 GIRLS OPEN 200Y BACK
- Ev # 6 BOYS OPEN 200Y BACK
- Ev # 7 GIRLS OPEN 200Y FLY
- Ev # 8 BOYS OPEN 200Y FLY
- Ev # 9 GIRLS OPEN 200Y I.M.
- Ev # 10 BOYS OPEN 200Y I.M.

Session 2: 8:30AM (5/1/21)

- Ev # 11 GIRLS 13&OV 100Y FREE
- Ev # 12 BOYS 13&OV 100Y FREE
- Ev # 13 GIRLS 13&OV 100Y BREAST
- Ev # 14 BOYS 13&OV 100Y BREAST
- Ev # 15 GIRLS 13&OV 100Y BACK
- Ev # 16 BOYS 13&OV 100Y BACK
- Ev # 17 GIRLS 13&OV 100Y FLY
- Ev # 18 BOYS 13&OV 100Y FLY
- Ev # 19 GIRLS 13&OV 50Y FREE
- Ev # 20 BOYS 13&OV 50Y FREE

Session 3 12:00PM ((5/1/21))

- Ev # 21 GIRLS 11-14 100Y FREE
- Ev # 22 BOYS 11-14 100Y FREE
- Ev # 23 GIRLS 11-12 50Y FLY
- Ev # 24 BOYS 11-12 50Y FLY
- Ev # 25 GIRLS 11-14 100Y BREAST
- Ev # 26 BOYS 11-14 100Y BREAST
- Ev # 27 GIRLS 11-12 50Y BACK
- Ev # 28 BOYS 11-12 50Y BACK
- Ev # 29 GIRLS 11-14 100Y FLY
- Ev # 30 BOYS 11-14 100Y FLY
- Ev # 31 GIRLS 11-12 50Y BREAST
- Ev # 32 BOYS 11-12 50Y BREAST
- Ev # 33 GIRLS 11-13 100Y BACK
- Ev # 34 BOYS 11-13 100Y BACK
- Ev # 35 GIRLS 11-14 50Y FREE
- Ev # 36 BOYS 11-14 50Y FREE
- Ev # 37 GIRLS 11-12 100Y I.M.
- Ev # 38 BOYS 11-12 100Y I.M.

Session 4 (3:45PM) (5/1/21)

- Ev # 39 GIRLS 10&UN 50Y FREE
- Ev # 40 BOYS 10&UN 50Y FREE
- Ev # 41 GIRLS 8&UN 25Y FREE
- Ev # 42 BOYS 8&UN 25Y FREE
- Ev # 43 GIRLS 10&UN 50Y BREAST
- Ev # 44 BOYS 10&UN 50Y BREAST
- Ev # 45 GIRLS 8&UN 25Y BREAST
- Ev # 46 BOYS 8&UN 25Y BREAST
- Ev # 47 GIRLS 10&UN 50Y BACK
- Ev # 48 BOYS 10&UN 50Y BACK
- Ev # 49 GIRLS 8&UN 25Y BACK
- Ev # 50 BOYS 8&UN 25Y BACK
- Ev # 51 GIRLS 10&UN 50Y FLY
- Ev # 52 BOYS 10&UN 50Y FLY
- Ev # 53 GIRLS 8&UN 25Y FLY
- Ev # 54 BOYS 8&UN 25Y FLY
- Ev # 55 GIRLS 10&UN 100Y FREE
- Ev # 56 BOYS 10&UN 100Y FREE

30 Athletes, Coaches, and Officials can be on deck spaced 6 ft apart. There will be 1 timer per lane during Sessions 1-3. Session 4 will have 3 timers per lane.

Weston athletes will use the back ends of the locker room for a staging area. The floor is taped to mark proper spacing.

Trumbull and SMST athletes will be staged in the spectator balcony. The bleachers are marked for proper spacing. Both teams will have their own designated area to sit in.

There will not be any spectator access at the facility.

WESTON SWIMMING WAIVER - <https://forms.gle/hsERHBpyYcQmghTM7>