

October 2020 Return to Competition

Sailfish Back to the Pool Time Trial

Meet Type: Intrasquad

October, 3rd and 4th, 2020

Yerwood Center Pool, 90 Fairfield ave., Stamford, CT, zip 06902

[https://www.google.com/maps/place/Yerwood+Center+Inc/@41.0485151,-](https://www.google.com/maps/place/Yerwood+Center+Inc/@41.0485151,-73.5528404,17z/data=!3m1!4b1!4m5!3m4!1s0x89c2a1fd8340fe81:0x366d0f140d88621b!8m2!3d41.0485151!4d-73.5506464?hl=en)

[73.5528404,17z/data=!3m1!4b1!4m5!3m4!1s0x89c2a1fd8340fe81:0x366d0f140d88621b!8m2!3d41.0485151!4d-73.5506464?hl=en](https://www.google.com/maps/place/Yerwood+Center+Inc/@41.0485151,-73.5528404,17z/data=!3m1!4b1!4m5!3m4!1s0x89c2a1fd8340fe81:0x366d0f140d88621b!8m2!3d41.0485151!4d-73.5506464?hl=en)

This meet information is subject to change given the fluid nature of COVID-19. Be aware that CDC, State of CT, and local jurisdiction guidelines or public health actions may change quickly and without warning. Visit ctswim.org or the host website for any updates.

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #RTC20-11. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

COVID-19 Statement

In applying for this sanction, the Host, **Stamford Sailfish Aquatics Club**, agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Connecticut Swimming, the State of Connecticut and, the city of Stamford: <https://www.stamfordct.gov/covid19>

COVID-19 Assumption of Risk Disclaimer

We, **Stamford Sailfish Aquatics Club**, have taken enhanced health and safety measures – for athletes, coaches, officials, volunteers, and meet management. You must follow all instructions while participating in/spectating at Sailfish back to the pool Time Trial or on site at **Yerwood Center Pool**. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By participating in/spectating at Sailfish back to the pool Time Trial and being on site at **Yerwood Center Pool**, you voluntarily assume all risks related to exposure to COVID-19.

COVID-19 Release

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND CONNECTICUT SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR

CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

WAIVER: All participants and spectators must sign the Waiver of Liability and Hold Harmless Agreement found on the last page of this meet announcement. All participants will be expected to complete a waiver upon entry to the Yerwood Center Pool from the exterior pool door entrance on Fairfield ave.

EVENTS

	Name	Email	Phone
Meet Director:	Sandra-Jane Mancini	sjmancini@gmail.com	808.253.8887
Meet Referee:	Chrisite Anbar	canbar@optonline.net	203.246.9765
Lead Admin Official:	Sophia Paleologou	sophiap@accordia-group.com	914.473.0369
Entry Chair:	Connie Wu	weiw29@hotmail.com	917.519.7674
Safety Chair:	Connie Wu	weiw29@hotmail.com	917.519.7674
Officials Contact:	Sandra-Jane Mancini	sjmancini@gmail.com	808.253.8887

MEET HOST: SSAC

WEBSITE: <https://stamfordsailfish.com/>

POOL EMERGENCY NUMBER: 203-323-3547

RETURN TO COMPETITION SANCTIONED or APPROVED: Sanctioned

MEET TYPE: Closed, Intrasquad

MEET DURATION: Full meet with time limits as defined by CT/USA Swimming.

MEET FORMAT: The meet will be swum as a Timed-Final

SCRATCH PROCEDURES: No scratches will be taken. The meet will be pre-seeded.

NO DECK ENTRIES WILL BE ALLOWED

BEFORE ENTERING FACILITY or WHAT TO BRING: All swimmers will be required to be dropped off, remain on deck in designated spaces. Swimmers are encouraged to bring their own deck chairs. Swimmers will approach the blocks from lane 5 and they will leave the started end from lane 1.

Heat sheets will be given to swimmers at entry to pool before each session. Paper waiver will be signed and submitted before entry into the facility. Athletes must come with suit on and leave with suit on as locker rooms will be accessible for the bathroom only.

FACILITY RULES:

All people in the facility will be required to wear a mask at all times besides swimmers when getting in/out of the pool. X's are marked more than 6 feet apart along the pool deck to promote social distancing for seating. No Spectators will be allowed.

Session I, II, III, IV (each session)

Number of individuals on deck at one time: maximum 40

Timers: 10 (3 timers for each lane/1 backup timers) only 3 lanes utilized

Officials: 4

Coaches: 2

Lifeguard: 1

Swimmers: 20

Deck Monitor: 1

Number of individuals in spectating area:

Spectators: 0

Overall on deck and spectators

Total: under 40

FACILITY: The Yerwood Center Pool is a 5-lane, 25-yard pool. Water depth at start end is: 12 ft. Water depth at turn end is: 3 ft 9 in. The competition course has not been certified in accordance with 104.2.2C(4).

TIMING SYSTEM: Manual timing (102.17.3), there will be 3 timers per lane and 1 backup timer.

SAFE SPORT POLICIES: Parents will have the opportunity to view the meet by Zoom and we will provide the parents a link to access and view the meet 24 hours before the meet.

LOCKER ROOMS: Showers and locker rooms are limited to use of the restrooms only. Changing into or out of swimsuits is prohibited. Swimmers are to arrive at pool in full suit and must leave in full suit. No showers are allowed.

DISABLED ACCESS: Limited handicap parking is available on Fairfield ave. at the main entrance of the pool. Anyone needing access should contact the meet director for assistance before the meet.

COURSE: SCY

SESSION TIMES: Subject to Change

Saturday October 3rd, 2020

Session I – 7:30 AM WU 8:00 AM Start

Session II - 10:15 AM WU 11:00 AM Start

Sunday October 4th, 2020

Session III - 7:30 AM WU 8:00 AM Start

Session IV - 10:15 AM WU 11:00 AM Start

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect. There will be assigned lanes with no more than 4 swimmers per lane. The number of warmup sessions will be determined by the number of swimmers per lane.

ELIGIBILITY: Intrasquad meet; All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete [registration procedures](#). Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck. Clubs are reminded that participation of unregistered swimmers and/or coaches will result in a **\$100 fine** per instance, as described in CT Swimming [policy for clubs](#) and [policy for meet hosts](#).

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water **without the use of the backstroke ledge**. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ADULT ATHLETES: All athletes who will be 18 years of age or older on any day of the meet must complete the mandatory Athlete Protection Training prior to competition. Failure to do so will result in the swimmer being scratched from the meet.

ADAPTED SWIMMING: Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary, then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to the [Connecticut Swimming office](#).

EVENT INFORMATION: No spectators

ENTRY LIMITATIONS: There will be a maximum of two event per session and a maximum of 4 events total for the meet.

ENTRY TIMES: Submit entry times in: SCY

DEADLINES: Deadline is not applicable.

ELECTRONIC ENTRIES: Not applicable.

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

All adult athletes, or parents of minor athletes, who enter without club affiliation will be required to attest to reading and understanding the [Minor Athlete Abuse Prevention Policy](#).

ENTRY FEES: None

OUTREACH ENTRY FEE REIMBURSEMENT: Participating clubs will submit payment in full to the meet host for all Outreach athlete entry fees (splash fees). These fees will be reimbursed by CSI to

the participating club after completion of the meet. Scratches and 'No Swims' will not be reimbursed. For more information and to submit a reimbursement visit the [Outreach Athlete](#) page on ctswim.org.

PAYMENT INSTRUCTIONS: Not applicable.

CUT PROTOCOL:

If the session is oversubscribed the following protocol will be instituted IN THE ORDER PRESENTED to reduce the timeline to the required length or participation number:

1. Athletes aged 7 and Under will be cut from the meet. (Should not be used for 8/U meets)
2. All relays, if planned, will be eliminated.
3. The distance events (400 meters or yards or greater) may be heat limited to the first X heats of entries per gender in the order they were received.
4. The maximum number of events allowed per day may be reduced by one (1).

The host reserves the right to seek approval from Program Operations for additional changes, which may reasonably maximize participation opportunities.

Notification of any cuts or requests for changes must be made to Program Operations as soon as possible by the host. Attending teams will be notified no later than the Monday before the meet.

NOTE: If the host is required to institute the published cut protocol above. All accepted entries at the time that the cut protocol is instituted may be considered final by the host for the purposes of financial responsibility. (i.e. Teams submitting "placeholder" entries will be required to pay for the entries if the cut protocol is required).

RESERVE THE RIGHT TO MAKE CHANGES: In accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. The Meet Referee will seek Program Operations approval for all changes requiring approval. Clubs will be notified of changes no later than Monday before the meet.

RELAYS: No relays

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

SWIMWEAR: Per CT Swimming policy, swimmers 12 years old and younger are not permitted to wear "Tech Suits" at any CT sanctioned or approved meets. "Tech Suits" are defined as a suit that has Bonded Seams, Kinetic Tape, or Meshed Seams. Age is determined on the first date of the meet. See list from CTSwim.org

PHOTOGRAPHY AND VIDEO RECORDING:

Meet Management has the full authority to restrict any and all photography, audio and visual recording using cameras, video cameras, tablets, cell phones or other electronic devices at a meet.

Photography or video recording from the deck is prohibited by all individuals, other than participating Coaches, unless prior authorization from the Meet Referee or meet referee has been granted.

Under no circumstances is photography or video recording permitted by anyone in the area adjacent to or behind the starting blocks, including spectator stands at deck level, while they are in use for race starting purposes during competition and warm-ups. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Photography or video recording and the use of audio, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Additional "No Camera Zones" may be designated by Meet Management or the meet referee.

If individuals are properly credentialed, not obstructing movement on the deck and abiding by these rules, the following individuals may be allowed by Meet Management and the meet referee with prior authorization if they possess the following:

- Professional photographers with current, official media credentials that are promoting the sport of swimming
- Official team and professional meet photographers that are USA Swimming members, background checked, have signed off on MAAPP and completed Athlete Protection Training
- A participating athlete directly assisting a Coach, for instructional purposes, during an event using the Coach's electronic device

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by USA Swimming Vice President of Program Operations.

RULES: Current USA Swimming rules will govern all competition. Amended USA Swimming rules for

TIME TRIALS: Yes. Time trials may be offered at the discretion of the Meet Referee in accordance with CSI Policy if time allows. Time trials are limited to the events published in this meet announcement (age/distance/stroke). Time Trials will count toward the athlete's event limitations for the day and meet. If they are offered, only athletes properly entered in one or more events in the meet are eligible for time trials and must be properly entered in the Time Trial.

TIMERS, OFFICIALS OR WORK ASSIGNMENTS: Work assignments will be pre-assigned by the meet director, and all people coming on deck will be required to complete and sign a COVID-19 waiver before being allowed on deck.

All volunteers will be required to attest to reading and understanding the [Minor Athlete Abuse Prevention Policy](#).

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

SCORING: The meet will or will not be scored.

AWARDS: No.

CONCESSIONS: No.

HOSPITALITY FOR COACHES AND OFFICIALS: No.

PARKING: Parking in designated spots in parking lot in front and behind Yerwood Center Pool building.

DIRECTIONS: The Yerwood Center Pool is located at 90 Fairfield ave, Stamford, CT, 06902

[https://www.google.com/maps/place/Yerwood+Center+Inc/@41.0485151,-](https://www.google.com/maps/place/Yerwood+Center+Inc/@41.0485151,-73.5528404,17z/data=!3m1!4b1!4m5!3m4!1s0x89c2a1fd8340fe81:0x366d0f140d88621b!8m2!3d41.0485151!4d-73.5506464?hl=en)

[73.5528404,17z/data=!3m1!4b1!4m5!3m4!1s0x89c2a1fd8340fe81:0x366d0f140d88621b!8m2!3d41.0485151!4d-73.5506464?hl=en](https://www.google.com/maps/place/Yerwood+Center+Inc/@41.0485151,-73.5528404,17z/data=!3m1!4b1!4m5!3m4!1s0x89c2a1fd8340fe81:0x366d0f140d88621b!8m2!3d41.0485151!4d-73.5506464?hl=en)

Oct Time Trials - 10/3/2020 to 10/4/2020**Session Report**

Session: 1 Saturday 12/U

Day of Meet: 1 Starts at 08:00 AM Heat Interval: 2 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 9-12 200 Freestyle	0	0	08:00 AM	_____
Finals	2 Boys 9-12 200 Freestyle	0	0	08:00 AM	_____
Finals	3 Girls 9-12 50 Breaststroke	0	0	08:00 AM	_____
Finals	4 Boys 9-12 50 Breaststroke	0	0	08:00 AM	_____
Finals	5 Girls 9-12 100 Backstroke	0	0	08:00 AM	_____
Finals	6 Boys 9-12 100 Backstroke	0	0	08:00 AM	_____
Finals	7 Girls 9-12 50 Butterfly	0	0	08:00 AM	_____
Finals	8 Boys 9-12 50 Butterfly	0	0	08:00 AM	_____
Finals	9 Girls 9-12 100 Freestyle	0	0	08:00 AM	_____
Finals	10 Boys 9-12 100 Freestyle	0	0	08:00 AM	_____
	Finish Time			08:00 AM	_____

Session: 2 Saturday 13/O

Day of Meet: 1 Starts at 11:00 AM Heat Interval: 2 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	11 Mixed 400 IM	0	0	11:00 AM	_____
Finals	12 Girls 13 & Over 200 Freestyle	0	0	11:00 AM	_____
Finals	13 Boys 13 & Over 200 Freestyle	0	0	11:00 AM	_____
Finals	14 Girls 13 & Over 200 Breaststroke	0	0	11:00 AM	_____
Finals	15 Boys 13 & Over 200 Breaststroke	0	0	11:00 AM	_____
Finals	16 Girls 13 & Over 100 Backstroke	0	0	11:00 AM	_____
Finals	17 Boys 13 & Over 100 Backstroke	0	0	11:00 AM	_____
Finals	18 Girls 13 & Over 100 Butterfly	0	0	11:00 AM	_____
Finals	19 Boys 13 & Over 100 Butterfly	0	0	11:00 AM	_____
Finals	20 Girls 13 & Over 100 Freestyle	0	0	11:00 AM	_____
Finals	21 Boys 13 & Over 100 Freestyle	0	0	11:00 AM	_____
	Finish Time			11:00 AM	_____

Session: 3 Sunday 12/U

Day of Meet: 2 Starts at 08:00 AM Heat Interval: 2 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	22 Girls 9-12 50 Freestyle	0	0	08:00 AM	_____
Finals	23 Boys 9-12 50 Freestyle	0	0	08:00 AM	_____
Finals	24 Girls 9-12 200 IM	0	0	08:00 AM	_____
Finals	25 Boys 9-12 200 IM	0	0	08:00 AM	_____
Finals	26 Girls 9-12 100 Breaststroke	0	0	08:00 AM	_____
Finals	27 Boys 9-12 100 Breaststroke	0	0	08:00 AM	_____
Finals	28 Girls 9-12 50 Backstroke	0	0	08:00 AM	_____
Finals	29 Boys 9-12 50 Backstroke	0	0	08:00 AM	_____
Finals	30 Girls 9-12 100 Butterfly	0	0	08:00 AM	_____
Finals	31 Boys 9-12 100 Butterfly	0	0	08:00 AM	_____
	Finish Time			08:00 AM	_____

Oct Time Trials - 10/3/2020 to 10/4/2020**Session Report**

Session: 4 Sunday 13/0

Day of Meet: 2 Starts at 11:00 AM Heat Interval: 2 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	32 Mixed 500 Freestyle	0	0	11:00 AM	_____
Finals	33 Girls 13 & Over 50 Freestyle	0	0	11:00 AM	_____
Finals	34 Boys 13 & Over 50 Freestyle	0	0	11:00 AM	_____
Finals	35 Girls 13 & Over 200 IM	0	0	11:00 AM	_____
Finals	36 Boys 13 & Over 200 IM	0	0	11:00 AM	_____
Finals	37 Girls 13 & Over 100 Breaststroke	0	0	11:00 AM	_____
Finals	38 Boys 13 & Over 100 Breaststroke	0	0	11:00 AM	_____
Finals	39 Girls 13 & Over 200 Backstroke	0	0	11:00 AM	_____
Finals	40 Boys 13 & Over 200 Backstroke	0	0	11:00 AM	_____
Finals	41 Girls 13 & Over 200 Butterfly	0	0	11:00 AM	_____
Finals	42 Boys 13 & Over 200 Butterfly	0	0	11:00 AM	_____
	Finish Time			11:00 AM	_____

Operating procedures

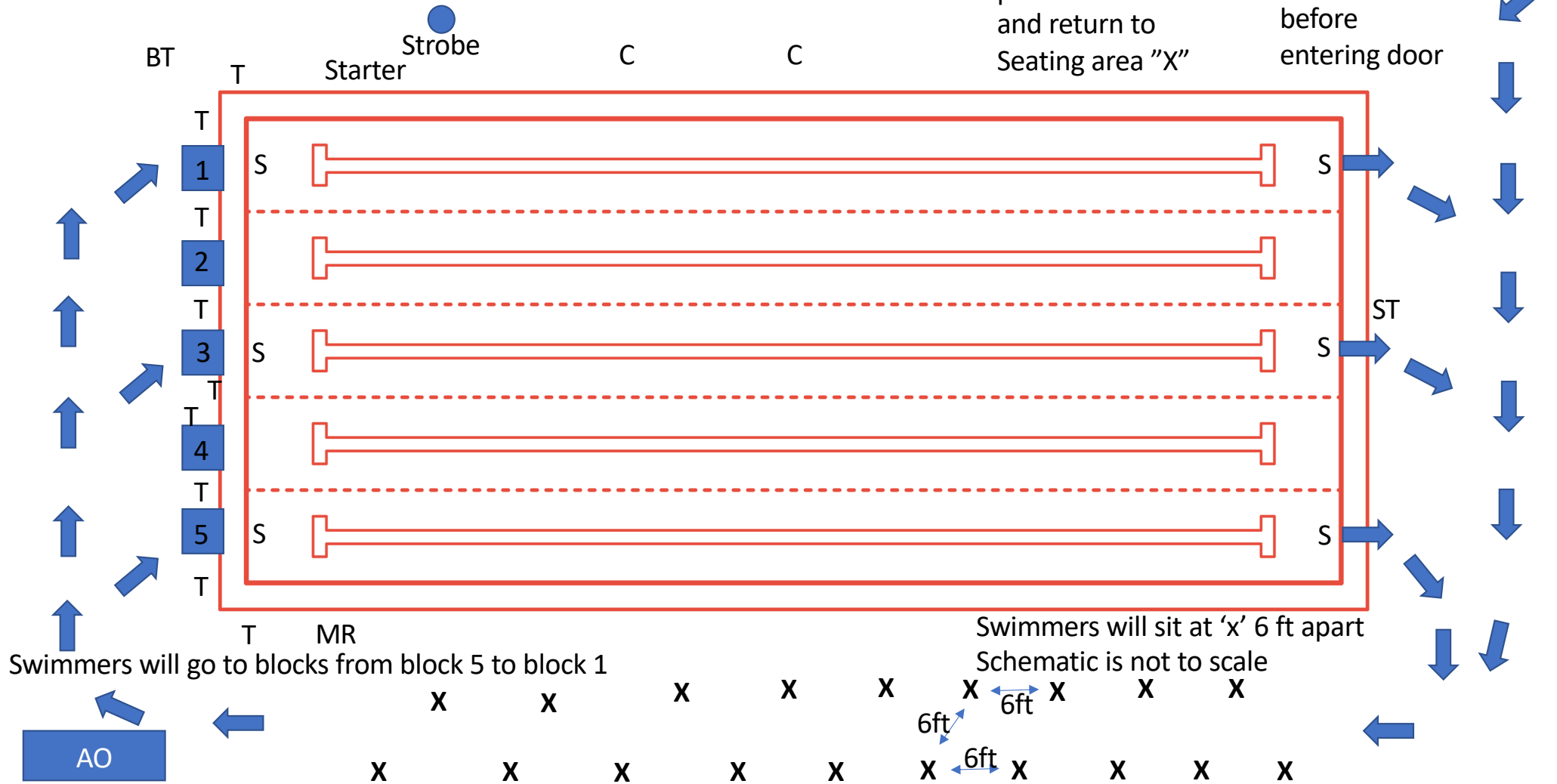
1. SSAC will check every participant's temperature and ask them about Covid-19 exposure and symptom related questions.
2. SSAC has guidelines for entry and exit that all team members are already familiar with.
3. Swimmers will be seated in a socially distant fashion where and X will designate where they can place their deck chair and swimmers will not be allowed to leave the deck for the session.
4. Swimmers will approach the starting end of the pool from Lane 5 and leave the starting end from Lane 1.
5. When swimmers finish their event at the start, swimmers will swim a warm down lap to exit the other side of the pool.
6. Parents will view the meet via secure Zoom link.
7. There will be only 3 lanes that will have swimmers (this is a 5 lane pool).
8. We are offering this intrasquad time trial for 42 members of the Senior Team. We expect to have over 20 spots of designated seating area on deck at one time.
9. Timers will wipe down blocks after every heat enters the water.
10. Locker rooms will not be available for changing or showering. They will only be available for bathroom use.
11. Deck monitor will be assigned to make sure everyone on deck is respecting the social distancing guidelines and that all people on deck are wearing their masks.

Once timers have stopped their watch
They will move back to clear swimmer

Swimmer will exit
pool at turn end
and return to
Seating area "X"

Temperature
check is
before
entering door

Door



WAIVER OF LIABILITY AND HOLD HARMLESS AGREEMENT

In consideration for receiving permission to BE ON PREMISES to either accompany my child or he or she conduct business, voluntarily participate in recreational events, attend practice or participate in training or compete at any Stamford Sailfish Aquatic Club (SSAC) related activity (hereinafter the "Activity" or "Activities"), I, on behalf of myself and any minor child/children for whom I have the capacity to contract, hereby acknowledge and agree to the following:

1. I understand the hazards of the novel coronavirus ("COVID-19") and am familiar with the Centers for Disease Control and Prevention ("CDC") guidelines regarding COVID-19. I acknowledge and understand that the circumstances regarding COVID-19 are changing from day to day and that, accordingly, the CDC guidelines are regularly modified and updated, and I accept full responsibility for familiarizing myself with the most recent updates.
2. Notwithstanding the risks associated with COVID-19, which I readily acknowledge, I hereby willingly choose to participate in Activities.
3. I acknowledge and fully assume the risk of illness or death related to COVID-19 arising from my being on the premises and participating in the Activities and hereby RELEASE, WAIVE, DISCHARGE, AND COVENANT NOT SUE (on behalf of myself and any minor child/children for whom I have the capacity to contract) Stamford Sailfish Aquatic Club (SSAC) and its owners, officers, directors, agents, employees, and assigns (the "RELEASEES") from any liability related to COVID-19 which might occur as a result of my being on the premises and participating in the Activities.
4. I shall indemnify, defend, and hold harmless the RELEASEES from and against any and all claims, demands, suits, judgments, losses or expenses of any nature whatsoever (including, without limitation, attorneys' fees, costs and disbursements, whether of in-house or outside counsel and whether or not an action is brought, on appeal or otherwise), arising from or out of, or relating to, directly or indirectly, the infection of COVID-19 or any other illness or injury.
5. It is my express intent that this Waiver and Hold Harmless Agreement shall bind any assigns and representatives, and shall be deemed as a RELEASE, WAIVER, DISCHARGE, AND COVENANT NOT TO SUE the above-named RELEASEES. This Agreement and the provisions contained herein shall be construed, interpreted, and controlled according to the laws of the State of Connecticut. I HEREBY KNOWINGLY AND VOLUNTARILY WAIVE ANY RIGHT TO A JURY TRIAL OF ANY DISPUTE ARISING IN CONNECTION WITH THIS AGREEMENT. I ACKNOWLEDGE THAT THIS WAIVER WAS EXPRESSLY NEGOTIATED AND IS A MATERIAL INDUCEMENT OF THE PERMISSION GRANTED BY RELEASEES TO BE ON PREMISES AND PARTICIPATE IN THE ACTIVITIES.

BY SIGNING THIS AGREEMENT, I ACKNOWLEDGE AND REPRESENT THAT I have read the foregoing Waiver of Liability and Hold Harmless Agreement, understand it and sign it voluntarily as my own free act and deed; no oral representations, statements, or inducements, apart from the foregoing written agreement, have been made; I am at least eighteen (18) years of age and fully competent; and I execute the Agreement for full, adequate, and complete consideration fully intending to be bound by same.

IN WITNESS WHEREOF, I have signed this Waiver and Agreement under seal on this ____ day of October 2020.

SIGNATURE: _____
 NAME: _____
 ADDRESS: _____
 NAMES OF MINOR CHILDREN: _____