

2021 Return to Competition

The Sharks Swim Games

Intra-squad Meet

March 12-14, 2021

[Mandell JCC Zachs Campus](#)
[335 Bloomfield Ave](#)
[West Hartford, CT 06117](#)

The Sharks Swim Games meet information is subject to change given the fluid nature of COVID-19. Be aware that CDC, State of CT, and local jurisdiction guidelines or public health actions may change quickly and without warning. Visit ctswim.org or the host website for any updates.

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #RTC21-21. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

COVID-19 Statement

In applying for this sanction, the Host, Mandell JCC Sharks, agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Connecticut Swimming, the State of Connecticut and the [West Hartford/Bloomfield Department of Public Health](#).

COVID-19 Assumption of Risk Disclaimer

We, Mandell JCC Sharks, have taken enhanced health and safety measures – for athletes, coaches, officials, volunteers, and meet management. You must follow all instructions while participating in/spectating at The Sharks Swim Games or on site at Mandell JCC. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By participating in/spectating at The Sharks Swim Games and being on site at Mandell JCC, you voluntarily assume all risks related to exposure to COVID-19.

COVID-19 Release

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND CONNECTICUT SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING

BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

WAIVER: As members of the Mandell JCC Sharks Swim Team, all swimmers and their family members had to sign a “Covid-19 waiver” in order to be allowed access to the facility and participation in any Mandell JCC programs.. If you are unsure on whether you have completed a waiver, please complete, sign and send the attached waiver to kmabrouk@mandelljcc.org

EVENTS

	Name	Email	Phone
Meet Director:	Karim Mabrouk	kmabrouk@mandelljcc.org	914-433-1473
Meet Referee:	David Heller	hellerd@nationwide.com	203-509-7320
Lead Admin Official:	Maryanne Seguro	Maryanne.seguro@gmail.com	860-593-1886
Entry Chair:	Karim Mabrouk	kmabrouk@mandelljcc.org	914-433-1473
Safety Chair:	Karim Mabrouk	kmabrouk@mandelljcc.org	914-433-1473
Officials Contact:	David Heller	hellerd@nationwide.com	203-509-7320

MEET HOST: MJCC

WEBSITE: [Mandell JCC Sharks](#)

POOL EMERGENCY NUMBER: 914-433-1473

RETURN TO COMPETITION SANCTIONED OR APPROVED: Sanctioned

MEET TYPE: Closed

MEET DURATION: Full meet with time limits as defined by CT/USA Swimming.

MEET FORMAT: The meet will be swum as Timed Final with all events being mixed gender.

SCRATCH PROCEDURES: No scratches will be taken. The meet will be pre-seeded.

NO DECK ENTRIES WILL BE ALLOWED

BEFORE ENTERING FACILITY or WHAT TO BRING: Swimmers should arrive in their swim suits and must wear a mask at all times when not swimming. Swimmers should be dropped off at the Statue Garden entrance/exit, where their temperature will be verified, along with an acknowledgment of the standard Covid-19 related questions. Once inside the facility, swimmers will proceed to their designated staging area. Swimmers will be ushered to the staging area by a coach or a parent volunteer marshal. Swimmers are to remain in their assigned seating spot for the entirety of the meet.

FACILITY RULES:

No spectators will be allowed in the facility. The meet is held during the after-hours of the Mandell JCC regular schedule, and entry to the facility is reserved for swimmers, and meet personnel only. Movement around the pool deck will follow a counter-clockwise direction, with swimmers turning right upon entrance on the pool deck to find their staging area at the far end of the pool. When it is a swimmer’s turn to swim, they will proceed

in counter-clock wise direction, approaching the blocks from lane 1, and leaving the blocks area from the lane 6 side of the pool.

FACILITY: The Hollander Aquatic Center at the Mandell JCC water depth at start end is 5ft. Water depth at turn end is: 4ft. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. The number of persons on deck at any given time will be under 25% of the max facility capacity:

Approximate number of swimmers per session: 25 – 45

Number of Coaches per session: 6

Number of Officials per session: 4

Number of meet Personnel per session: 8-12

TIMING SYSTEM: Colorado Timing System, in compliance with USA Swimming Rulebook

LOCKER ROOMS: Showers and locker rooms are limited to use of the restrooms only. Changing into or out of swimsuits is prohibited.

SAFE SPORT POLICIES: There will be no spectators on deck or in the entire facility. The meet will be live streamed via Zoom. A secure password protected link will be sent to families of participating swimmers before the meet.

DISABLED ACCESS: Handicap parking is available in the main parking lot of the Mandell JCC. All areas of the Mandell JCC are handicap accessible. However, spectators are not allowed in the facility during the meet.

COURSE: SCY

SESSION TIMES: Subject to Change

Friday Session: Warmup 5:30pm; Start 6:30pm

Saturday & Sunday 10&U: Warmup 3:15pm ; Start 3:45pm

Saturday & Sunday 11-12: Warmup 5:00 ; Start 5:30

Saturday & Sunday 13&O Warmup 6:50pm ; Start 7:30pm

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect. Swimmers must enter the pool feet first. Swimmers will be limited to 4 per lane. **Swimmers will warm-up only in their practice cohorts, as required by the State of Connecticut.** Warm-up procedures will be published and distributed before meet.

ELIGIBILITY: Intrasquad meet with registered an eligible 2021 swimmers only.

All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete [registration procedures](#). Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck. Clubs are reminded that participation of unregistered swimmers and/or coaches will result in a **\$100 fine** per instance, as described in CT Swimming [policy for clubs](#) and [policy for meet hosts](#).

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water **without the use of the backstroke ledge**. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ADULT ATHLETES: All athletes who will be 18 years of age or older on any day of the meet must complete the mandatory Athlete Protection Training prior to competition. Failure to do so will result in the swimmer being scratched from the meet.

ADAPTED SWIMMING: Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary, then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to the [Connecticut Swimming office](#).

EVENT INFORMATION: The meet timeline is subject to change. Final meet timeline will be determined once entries are processed, and all athletes and meet personnel will be notified in advance.

ENTRY LIMITATIONS: Swimmers are limited to a total of 7 entries for the meet, with a limit of no more than 3 events per day.

ENTRY TIMES: Submit entry times in: SCY

DEADLINES: Deadline is March 5th, 2021 at 9:00pm to Karim Mabrouk at kmabrouk@mandelljcc.org. All entries must be legible and must use full names and registration numbers from USA Swimming registration. Swimmers will receive a psyche sheet no later than March 10th, 2021 at 11:59pm to confirm entry.

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at kmabrouk@mandelljcc.org. Please check that your team name, address, and contact information are listed correctly in this file. There are no entry fees for this meet.

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

All adult athletes, or parents of minor athletes, who enter without club affiliation will be required to attest to reading and understanding the [Minor Athlete Abuse Prevention Policy](#).

ENTRY FEES: There are no entry fees for this closed intra squad team meet.

OUTREACH ENTRY FEE REIMBURSEMENT: Participating clubs will submit payment in full to the meet host for all Outreach athlete entry fees (splash fees). These fees will be reimbursed by CSI to the participating club after completion of the meet. Scratches and 'No Swims' will not be reimbursed. For more information and to submit a reimbursement visit the [Outreach Athlete](#) page on ctswim.org.

PAYMENT INSTRUCTIONS: No payment required.

CUT PROTOCOL:

If the session is oversubscribed the following protocol will be instituted IN THE ORDER PRESENTED to reduce the timeline to the required length or participation number:

- 1- Relay events will be eliminated
- 2- Events 200 yards or more will be limited to the top 3 heats (18 swimmers)
- 3- Events 200 yards or more will be limited to the top 2 heats (12 swimmers)
- 4- Events 200 yards or over will be limited to the top heat (6 swimmers)

The host reserves the right to seek approval from Program Operations for additional changes, which may reasonably maximize participation opportunities.

Notification of any cuts or requests for changes must be made to Program Operations as soon as possible by the host. Attending teams will be notified no later than the Monday before the meet.

RESERVE THE RIGHT TO MAKE CHANGES: In accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. The Meet Referee will seek Program Operations approval for all changes requiring approval. Clubs will be notified of changes no later than Monday before the meet.

RELAYS: Yes. All relay swimmers must be officially entered in the meet.

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

SWIMWEAR: Per CT Swimming policy, swimmers 12 years old and younger are not permitted to wear "Tech Suits" at any CT sanctioned or approved meets. "Tech Suits" are defined as a suit that has Bonded Seams, Kinetic Tape, or Meshed Seams. Age is determined on the first date of the meet.

PHOTOGRAPHY AND VIDEO RECORDING:

Meet Management has the full authority to restrict any and all photography, audio and visual recording using cameras, video cameras, tablets, cell phones or other electronic devices at a meet.

Photography or video recording from the deck is prohibited by all individuals, other than participating Coaches, unless prior authorization from the Meet Referee or meet referee has been granted.

Under no circumstances is photography or video recording permitted by anyone in the area adjacent to or behind the starting blocks, including spectator stands at deck level, while they are in use for race starting purposes during competition and warm-ups. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Photography or video recording and the use of audio, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Additional "No Camera Zones" may be designated by Meet Management or the meet referee.

If individuals are properly credentialed, not obstructing movement on the deck and abiding by these rules, the following individuals may be allowed by Meet Management and the meet referee with prior authorization if they possess the following:

- Professional photographers with current, official media credentials that are promoting the sport of swimming
- Official team and professional meet photographers that are USA Swimming members, background checked, have signed off on MAAPP and completed Athlete Protection Training
- A participating athlete directly assisting a Coach, for instructional purposes, during an event using the Coach's electronic device

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by USA Swimming Vice President of Program Operations.

RULES: Current USA Swimming rules will govern all competition.

TIME TRIALS: Yes. Time trials may be offered at the discretion of the Meet Referee in accordance with CSI Policy if time allows. Time trials are limited to the events published in this meet announcement (age/distance/stroke). Time Trials will count toward the athlete's event limitations for the day and meet. If they are offered, only athletes properly entered in one or more events in the meet are eligible for time trials and must be properly entered in the Time Trial. The deadline for Time Trial entries is 30 minutes prior to the end of the published session on the distributed timeline.

TIMERS, OFFICIALS OR WORK ASSIGNMENTS Key officials (Referee, starter, turn, AO) have been secured in advance. Timers will be arranged in advance by the meet director. Timing assignments will be communicated directly with the volunteers by no later than March 10th, 2021 at 11:59pm.

All volunteers will be required to attest to reading and understanding the [Minor Athlete Abuse Prevention Policy](#).

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

SCORING: The meet [will not be scored](#).

AWARDS: [Yes. Winner of each heat will receive a fun award.](#)

CONCESSIONS: [No.](#)

HOSPITALITY FOR COACHES AND OFFICIALS: [No.](#)

PARKING: [Park anywhere in the main lot or other adjacent lots. Pick up and drop off can be done at the statue garden in the main parking lot.](#)

DIRECTIONS: [Mandell JCC is located at 335 Bloomfield Ave in West Hartford CT. Click below](#)
[Mandell JCC Zachs Campus](#)
[335 Bloomfield Ave](#)
[West Hartford, CT 06117](#)



Mandell JCC Adult & Minor Participant Waiver & Release of Liability and Indemnity Agreement

PLEASE READ CAREFULLY. THIS DOCUMENT AFFECTS YOUR LEGAL RIGHTS AND IS LEGALLY BINDING. BY SIGNING THIS AGREEMENT, YOU ARE RELEASING MANDELL JEWISH COMMUNITY CENTER (“JCC”) FROM ALL LIABILITY AND FOREVER GIVING UP ANY CLAIMS THEREFOR.

COVID-19 (“C19”) is a worldwide pandemic with potentially lethal consequence that requires every person to be more responsible than in the past.

In consideration of the Mandell JCC (the “JCC”) permitting me and/or one or more minors for whom I/we am responsible (the “Minors”) to participate in any day camps, early childhood development centers, sports, and/or use the gymnasium, exercise equipment, swimming pool, tennis courts and other facilities, services, and amenities at any of the JCC’s locations (individually and collectively the “Facilities”) owned or operated by the JCC, on behalf of myself and the Minor(s) I/we hereby agree as follows:

Use of Facilities. I/we acknowledge that the Minors and/or I/we will use the Facilities and agree that we will comply (and cause each Minor to comply) with all governmental laws, regulations, rules, and orders and all other rules adopted by the JCC that apply to the use of the Facilities, including those that involve or relate to COVID-19, such as physical distancing, handwashing, and wearing masks.

Assumption of Risk. I/we acknowledge and agree that my and/or Minors’ use of JCC Facilities and our participation in JCC programs and activities (“Programs”) come with inherent risks including, but not limited to: (1) moderate and severe personal injury, (2) property damage, (3) disability, (4) death, and (5) sickness or disease. I/we and/or the Minors voluntarily accept and assume full responsibility for these risks as well as any and all other risks arising out of the use of Facilities and participation in Programs. I/we and/or the Minors acknowledge that we have full knowledge of the nature and extent of all such risks.

Waiver, Release, Indemnification & Covenant Not to Sue. In consideration of the use of Facilities and participation in Programs, I/we and/or the Minors agree that the JCC and its officers, directors, agents, employees, volunteers, insurers and representatives (collectively, “Releasees”) shall not be liable for any personal injury, property damage, disability, death, sickness or disease sustained or incurred by myself, my family members, dependents, or guests, including all minors for whom they or I/we am responsible, however occurring in connection with Facilities or Programs and even if caused by the negligence of Releasees.

On behalf of myself, my heirs, any and all of my legal successors and representatives, as well as my family members, dependents, or guests, including all minors for whom they or I/we am responsible, (collectively, “Releasers”), I **HEREBY RELEASE AND COVENANT NOT TO SUE** Releasees from, and **HEREBY WAIVE**, any causes of action,

claims, suits, liabilities, demands, and costs of any nature whatsoever including, but in no way limited to, claims of negligence, which the Releasors may have, now or in the future, against Releasees on account of personal injury, property damage, disability, death, sickness, diseases or accident of any kind, arising out of or in any way related to the use of Facilities or participation in Programs, whether that participation is supervised or unsupervised, however the injury or damage occurs and even if caused by the negligence of Releasees.

In further consideration of the use of Facilities and participation in Programs, the Releasors agree to **INDEMNIFY AND HOLD HARMLESS** Releasees from any and all causes of action, claims, suits, liabilities, demands, and costs of any nature whatsoever, including claims of negligence, arising out of or in any way related to the use of Facilities and participation in Programs by the Releasors.

General. I/we acknowledge that the Coronavirus/COVID-19 is an extremely contagious virus that spreads easily through person-to-person contact and that COVID-19 can lead to severe illness, personal injury, permanent disability, and death. I understand that participating in JCC Programs or using the Facilities could increase the risk of contracting COVID-19.

I/we represent that I/we have full right, power, capacity, and authority to sign this Waiver and Release and to bind myself and any Minors to its terms. This COVID-19 Waiver and Release is in addition to all other Agreements between the JCC and me. This Waiver and Release shall be enforced according to and governed by Connecticut law without reference or regard to any conflict of laws rules or law. If enforcement is necessary, the prevailing party shall be awarded its attorneys' fees and expenses. Jurisdiction and venue for any legal action arising out of this Waiver and Release shall lie exclusively in Hartford County, Connecticut.

I CAREFULLY READ, CLEARLY UNDERSTAND, AND VOLUNTARILY SIGNED THIS COVID-19 WAIVER AND RELEASE.

Participant Signature #1

Minor #1

Participant Name #1

Minor #2

Participant Signature #2

Minor #3

Participant Name #2

Minor #4

Email

Date

The Sharks Swim Games - 3/12/2021 to 3/14/2021**Session Report**

Session: 1 Friday Session

Day of Meet: 1 Starts at 06:30 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Mixed 500 Freestyle Break: 5 Minutes:	0	0	06:30 PM	_____
Finals	2 Mixed 12 & Under 200 Backstroke	0	0	06:35 PM	_____
Finals	3 Mixed 12 & Under 200 Butterfly	0	0	06:35 PM	_____
Finals	4 Mixed 12 & Under 200 Breaststroke Finish Time	0	0	06:35 PM 06:35 PM	_____ _____

Session: 2 Saturday 10&U

Day of Meet: 2 Starts at 03:45 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	5 Mixed 10 & Under 200 Freestyle Break: 2 Minutes:	0	0	03:45 PM	_____
Finals	6 Mixed 10 & Under 50 Breaststroke Break: 2 Minutes:	0	0	03:47 PM	_____
Finals	7 Mixed 10 & Under 100 Freestyle Break: 2 Minutes:	0	0	03:49 PM	_____
Finals	8 Mixed 10 & Under 50 Backstroke Break: 2 Minutes:	0	0	03:51 PM	_____
Finals	9 Mixed 10 & Under 100 Butterfly Break: 2 Minutes:	0	0	03:53 PM	_____
Finals	10 Mixed 10 & Under 100 IM Finish Time	0	0	03:55 PM 03:55 PM	_____ _____

Session: 3 Saturday 11-12

Day of Meet: 2 Starts at 05:30 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	11 Mixed 11-12 200 Freestyle Break: 3 Minutes:	0	0	05:30 PM	_____
Finals	12 Mixed 11-12 50 Breaststroke	0	0	05:33 PM	_____
Finals	13 Mixed 11-12 100 Freestyle Break: 3 Minutes:	0	0	05:33 PM	_____
Finals	14 Mixed 11-12 50 Backstroke	0	0	05:36 PM	_____
Finals	15 Mixed 11-12 100 Butterfly Break: 3 Minutes:	0	0	05:36 PM	_____
Finals	16 Mixed 11-12 200 IM Finish Time	0	0	05:39 PM 05:39 PM	_____ _____

The Sharks Swim Games - 3/12/2021 to 3/14/2021**Session Report**

Session: 4 Saturday 13&O

Day of Meet: 2 Starts at 07:30 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	17 Mixed 13 & Over 200 Freestyle	0	0	07:30 PM	_____
Finals	18 Mixed 13 & Over 100 Butterfly	0	0	07:30 PM	_____
	Break: 5 Minutes:				
Finals	19 Mixed 13 & Over 50 Freestyle	0	0	07:35 PM	_____
Finals	20 Mixed 13 & Over 100 Backstroke	0	0	07:35 PM	_____
	Break: 5 Minutes:				
Finals	21 Mixed 13 & Over 200 Breaststroke	0	0	07:40 PM	_____
	Finish Time			07:40 PM	_____

Session: 5 Sunday 10&U

Day of Meet: 3 Starts at 03:45 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	22 Mixed 10 & Under 100 Freestyle	0	0	03:45 PM	_____
	Break: 2 Minutes:				
Finals	23 Mixed 10 & Under 100 Breaststroke	0	0	03:47 PM	_____
	Break: 2 Minutes:				
Finals	24 Mixed 10 & Under 50 Freestyle	0	0	03:49 PM	_____
	Break: 2 Minutes:				
Finals	25 Mixed 10 & Under 100 Backstroke	0	0	03:51 PM	_____
	Break: 2 Minutes:				
Finals	26 Mixed 10 & Under 50 Butterfly	0	0	03:53 PM	_____
	Finish Time			03:53 PM	_____

Session: 6 Sunday 11-12

Day of Meet: 3 Starts at 05:30 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	27 Mixed 11-12 100 Freestyle	0	0	05:30 PM	_____
	Break: 3 Minutes:				
Finals	28 Mixed 11-12 100 Breaststroke	0	0	05:33 PM	_____
Finals	29 Mixed 11-12 50 Freestyle	0	0	05:33 PM	_____
	Break: 3 Minutes:				
Finals	30 Mixed 11-12 100 Backstroke	0	0	05:36 PM	_____
Finals	31 Mixed 11-12 50 Butterfly	0	0	05:36 PM	_____
	Break: 3 Minutes:				
Finals	32 Mixed 11-12 200 IM	0	0	05:39 PM	_____
	Finish Time			05:39 PM	_____

The Sharks Swim Games - 3/12/2021 to 3/14/2021**Session Report**

Session: 7 Sunday 13&O

Day of Meet: 3 Starts at 07:30 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	33 Mixed 13 & Over 200 Backstroke	0	0	07:30 PM	_____
Finals	34 Mixed 13 & Over 100 Freestyle	0	0	07:30 PM	_____
	Break: 5 Minutes:				
Finals	35 Mixed 13 & Over 100 Breaststroke	0	0	07:35 PM	_____
Finals	36 Mixed 13 & Over 200 Butterfly	0	0	07:35 PM	_____
	Break: 5 Minutes:				
Finals	37 Mixed 13 & Over 200 IM	0	0	07:40 PM	_____
	Finish Time			07:40 PM	_____

FACILITY: [The Hollander Aquatic Center at the Mandell JCC](#) water depth at start end is 5ft.
Water depth at turn end is: 4ft. **Select One:** The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. The number of persons on deck at any given time will be under 25% of the max facility capacity:
Approximate number of swimmers per session: 25 – 45
Number of Coaches per session: 6
Number of Officials per session: 4
Number of meet Personnel per session: 8-12

No SPECTATOR SEATING!!!

Mandell JCC Sharks Swim Games Ingress & Egress Plan

BEFORE ENTERING FACILITY or WHAT TO BRING: Swimmers should arrive in their swim suits and must wear a mask at all times when not swimming. Swimmers should be dropped off at the Statue Garden entrance, where their temperature will be verified, along with an acknowledgment of the standard Covid-19 related questions. Once inside the facility, swimmers will proceed to their designated staging area, moving in a counter-clockwise direction. Swimmers will be ushered to the staging area by a coach or a parent volunteer marshal. Swimmers are to remain in their assigned seating spot for the entirety of the meet.

FACILITY RULES:

No spectators will be allowed in the facility. The meet is held during the after-hours of the Mandell JCC regular schedule, and entry to the facility is reserved for swimmers, and meet personnel only. Movement around the pool deck will follow a counter-clockwise direction, with swimmers turning right upon entrance on the pool deck to find their staging area at the far end of the pool. When it is a swimmer's turn to swim, they will proceed in counter-clock wise direction, approaching the blocks from lane 1, and leaving the blocks area from the lane 6 side of the pool. To exit the pool deck, swimmers will proceed to the exit door near the staging area.

