

# 2019 WRAT 10/Under SC Meet

**June 6, 2019**

14 Allen Raymond Lane

Strittmatter Family Aquatic Center

Westport Weston Family Y, Westport, CT

Click [here](#) for map

Held under sanction of USA Swimming and Connecticut Swimming #L19-21. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

## EVENTS

	<b>Name</b>	<b>Email</b>	<b>Phone</b>
<b>Meet Director:</b>	Rob Urban	<a href="mailto:rurban@westporty.org">rurban@westporty.org</a>	
<b>Meet Referee:</b>	Lorraine Kennedy	<a href="mailto:rjklsk@optonline.net">rjklsk@optonline.net</a>	
<b>Lead Admin Official:</b>	Adrienne Williams	<a href="mailto:awilliams@westporty.org">awilliams@westporty.org</a>	
<b>Entry Chair:</b>	Rob Urban	<a href="mailto:rurban@westporty.org">rurban@westporty.org</a>	
<b>Safety Chair:</b>	Kristen Finnegan	<a href="mailto:kfinnegan@westporty.org">kfinnegan@westporty.org</a>	
<b>Officials Contact:</b>	Lorraine Kennedy	<a href="mailto:rjklsk@optonline.net">rjklsk@optonline.net</a>	

**MEET HOST:** WRAT

**WEBSITE:** <http://www.westporty.org/wrats/>

**POOL EMERGENCY NUMBER:** (203) 226-8981

**MEET TYPE:** Sanctioned

**MEET CLASSIFICATION:** This meet is open to all USA Swimming athlete and clubs.

**MEET FORMAT:** The meet will be swum as timed finals.

**MEET DURATION:** Full meet with time limits as defined by CT/USA Swimming.

**SCRATCH PROCEDURES:** Coaches packets will contain scratch sheets for each session and a time line for when scratches are due. *Failure to turn in scratch sheet upon final request will result in the swimmers being scratched.* Please refer to USA Swimming Rulebook 102.3 for general meet guidelines.

**FACILITY:** The Strittmatter Family Aquatic Center houses a 10 lane x 25 yard competition pool. Water depth at start end is: 9'. Water depth at turn end is: 4'. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. Colorado Timing System will be used with full display color board. Off deck spectator seating is available. NO personal folding chairs will be allowed on deck or spectator area.

- Changing in or out of swimsuits other than in the locker rooms or other designated area is prohibited.

**DISABLED ACCESS:** Handicap parking is available near the front of the facility. Handicap accessibility is available into the spectator area. An elevator is conveniently located just off the lobby to access the youth locker rooms on the lower level. Contact 203-226-8981 x110 for further information. If special assistance is required by athletes, coaches or spectators, please contact the Meet Director.

**COURSE:** SCY

**SESSION TIMES: SESSION 1**

**Thursday, June 6, 2019**

4:30 PM Warm-up

5:30 PM Start

**WARM-UPS:** CT Swimming Warm-Up Procedures will be in effect Warm-up assignments will be determined once entries have been received. Subject to Change.

**ELIGIBILITY:** All athletes must be current athlete members of USA Swimming and 10 years or younger. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is not registered, will be scratched from the meet until registration is completed. See CT Swimming athlete [registration procedures](#). Registrations will not be processed at the meet. All coaches must present valid USA Swimming coach credentials to the Meet Director prior to the commencement of any sanctioned swim meet. Clubs are reminded that participation of unregistered swimmers and/or coaches will result in a **\$100 fine** per instance, as described in CT Swimming meet policies:

<https://www.ctswim.org/Customer-Content/www/CMS/files/Membership/Registration-Policy-for-Athletes.pdf>  
and

[https://www.ctswim.org/Customer-Content/www/CMS/files/policies\\_admin/RegistrationPolicyforMeetHosts.pdf](https://www.ctswim.org/Customer-Content/www/CMS/files/policies_admin/RegistrationPolicyforMeetHosts.pdf)

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**ADAPTED SWIMMING:** Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to the [Connecticut Swimming office](#).

**ENTRY OPENING DATE:** Entries will be accepted no earlier than 8:00 pm on Tuesday, April 16, 2019

**ENTRY LIMITATIONS:** Swimmers may enter three individual events and one relay. There are no qualifying times for this meet.

**ENTRY TIMES:** Submit entry times in SCY. In order to run a more efficient meet, please estimate times in events that swimmers have not previously raced in competition. Relays must be entered with seed times which cannot be changed. No Times are discouraged.

**DEADLINES:** Entry deadline is Saturday, May 25, 2019. Connecticut teams will be given first priority over out of state teams. Mail hardcopy and payment (checks payable to Water Rat Parents Club) to the entry chairperson:

Please mail to: Water Rat Swim Team  
Westport Weston Family Y  
14 Allen Raymond Lane  
Westport, CT 06880

All entries must be typed or printed legibly, and must use full names and registration numbers from USA Swimming registration. Entries will be handled on a first come first served basis. The date the entry is received

shall be determined by email date and time. Meet Management reserves the right to limit heats, adjust warm-up and/or start times or make other changes to ensure a quality meet. All changes are subject to approval by CT Swimming Program Operations. Teams whose entries cannot be accepted will be notified as soon as the meet is full, but not later than May 28, 2019. If cuts or changes are made, the contact person listed on the entry will be notified.

**CONNECTICUT-ONLY DEADLINE:** CT deadline is May 23, 2019. CT teams will have priority, after which entries from out of state teams will be accepted, in the order received, until the meet is full. The date the entry is received shall be determined by email date and time.

**ELECTRONIC ENTRIES:** Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair Rob Urban - [rurban@westporty.org](mailto:rurban@westporty.org) Please check that your team name, address, and contact information are listed correctly in this file. All entries must include swimmers full name and USA Swimming registration number. Electronic entries must be received by 9:00 PM on Saturday, May 25, 2019. Payment must be received by Monday June 3, 2019. Checks should be made payable to Water Rat Parent Club.

**ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION:** Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

**ENTRY FEES:** \$8.00 for individual events and \$12.00 for relays. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry.

**PAYMENT INSTRUCTIONS:** Please make checks payable to Water Rat Parent Club and mail to:

Please mail to: Water Rat Swim Team  
Westport Weston Family Y  
59 Post Road East  
Westport, CT 06881

Payment must be received by Monday, June 3, 2019.

**CUT PROTOCOL:**

If the session is oversubscribed the following protocol will be instituted IN THE ORDER PRESENTED to reduce the timeline to the required length or participation number:

1. All relays, if planned, will be eliminated.
3. Visiting teams may be cut based on the date/time of the receipt of the final paid entry. If teams are cut, the host reserves the right to offer the available partial entry to the cut teams in the order that entries were received in order to fill the meet.

The host reserves the right to seek approval from Program Operations for additional changes, which may reasonably maximize participation opportunities.

Notification of any cuts or requests for changes must be made to Program Operations as soon as possible by the host. Attending teams will be notified no later than the Monday before the meet.

Entries will be handled on a first come first served basis. Teams whose entries cannot be accepted will be notified as soon as the meet is full, but not later than June 1, 2017. If cuts or changes are made, the contact person listed on the entry will be notified. The meet will be limited to a maximum of 170 swimmers.

**RESERVE THE RIGHT TO MAKE CHANGES:** In accordance with CSI Policies, the Meet Referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. The Meet Referee will Program Operations approval for all changes requiring approval. Clubs will be notified of the changes no later than Monday before the meet.

**RELAYS:** Relays may be limited to ensure fair and efficient running of the meet. Clubs will be notified of cuts no later than Monday before the meet. All relay swimmers must be officially entered in the meet.

**SAFETY:**

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell, is not permitted in changing areas, rest rooms or locker rooms.

**PHOTOGRAPHY AND VIDEO RECORDING:**

Meet Management has the full authority to restrict any and all photography and visual recording at the meet. Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) from the deck is prohibited by all individuals other than participating Coach and Athlete Members unless prior authorization from the Meet Referee or his/her designee has been granted. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Additionally, the following "Non-Camera Zones" shall be enforced:

- Photography or video recording and the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) is not permitted in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups.
- Additional "Non-Camera Zones" may be designated by Meet Management.

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

**DRONES:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Program & Events Committee Chair or designee.

**RULES:** Current USA Swimming rules will govern all competition

**TIME TRIALS:** NO

**TIMERS, OFFICIALS OR WORK ASSIGNMENTS:** We will need help officiating and timing. We would greatly appreciate any teams with officials to please help whenever possible throughout the course of the meet. Please submit names with entry form or contact Rob Urban at [rurban@westportny.org](mailto:rurban@westportny.org) . Teams will be required to supply timers and will be notified the week of the meet.

**DECK ACCESS:** Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

**SCORING:** The meet will not be scored.

**AWARDS:** Ribbons for 1<sup>st</sup> through 6<sup>th</sup> place for individual events and 1<sup>st</sup> through 3<sup>rd</sup> place for relays. Heat winner awards will also be presented at the meet.

**CONCESSIONS:** Concessions will be available.

**HOSPITALITY FOR COACHES AND OFFICIALS:** Hospitality will be available for coaches and officials.

**PARKING:** Please note that swim meet participants that arrive to the Y will be directed to park at the Red Barn parking lot on Wilton Road – part of the Y grounds. A shuttle bus will be available to and from the parking lot and Y front door.

**DIRECTIONS:**

**Merritt Parkway (Rte. 15):** Take Exit 42. Turn right (from North) or Turn left (from South) and follow straight to Westport. Upon reaching downtown area, bear left onto Elm St. Municipal Parking is on both sides of Elm St. Y entrance is on right through parking lot. Observe restrictions.

**I-95:** Take exit 17. Left off exit. Continue north on Rt. 33 to Rt. 1 (Post Rd.). Take right onto Rt 1, go over bridge and take left at second light onto Main St. Take first right onto Elm St. Family Y is on right, parking is on left. Please observe parking restrictions.

**2019 Water Rat 10 & Under Meet - 6/6/2019****Session Report**

Session: 1 WRAT 10 &amp; Under Meet

Day of Meet: 1 Starts at 05:30 PM Heat Interval: 20 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>
Finals	1 Girls 9-10 100 IM	0	0	05:30 PM _____
Finals	2 Boys 9-10 100 IM	0	0	05:30 PM _____
Finals	3 Girls 8 & Under 100 IM	0	0	05:30 PM _____
Finals	4 Boys 8 & Under 100 IM	0	0	05:30 PM _____
Finals	5 Girls 10 & Under 50 Freestyle	0	0	05:30 PM _____
Finals	6 Boys 10 & Under 50 Freestyle	0	0	05:30 PM _____
Finals	7 Girls 7 & Under 25 Freestyle	0	0	05:30 PM _____
Finals	8 Boys 7 & Under 25 Freestyle	0	0	05:30 PM _____
Finals	9 Girls 8 Year Olds 25 Freestyle	0	0	05:30 PM _____
Finals	10 Boys 8 Year Olds 25 Freestyle	0	0	05:30 PM _____
Finals	11 Girls 10 & Under 50 Breaststroke	0	0	05:30 PM _____
Finals	12 Boys 10 & Under 50 Breaststroke	0	0	05:30 PM _____
Finals	13 Girls 7 & Under 25 Breaststroke	0	0	05:30 PM _____
Finals	14 Boys 7 & Under 25 Breaststroke	0	0	05:30 PM _____
Finals	15 Girls 8 Year Olds 25 Breaststroke	0	0	05:30 PM _____
Finals	16 Boys 8 Year Olds 25 Breaststroke	0	0	05:30 PM _____
Finals	17 Girls 10 & Under 50 Butterfly	0	0	05:30 PM _____
Finals	18 Boys 10 & Under 50 Butterfly	0	0	05:30 PM _____
Finals	19 Girls 7 & Under 25 Butterfly	0	0	05:30 PM _____
Finals	20 Boys 7 & Under 25 Butterfly	0	0	05:30 PM _____
Finals	21 Girls 8 Year Olds 25 Butterfly	0	0	05:30 PM _____
Finals	22 Boys 8 Year Olds 25 Butterfly	0	0	05:30 PM _____
Finals	23 Girls 10 & Under 50 Backstroke	0	0	05:30 PM _____
Finals	24 Boys 10 & Under 50 Backstroke	0	0	05:30 PM _____
Finals	25 Girls 7 & Under 25 Backstroke	0	0	05:30 PM _____
Finals	26 Boys 7 & Under 25 Backstroke	0	0	05:30 PM _____
Finals	27 Girls 8 Year Olds 25 Backstroke	0	0	05:30 PM _____
Finals	28 Boys 8 Year Olds 25 Backstroke	0	0	05:30 PM _____
Finals	29 Girls 10 & Under 100 Freestyle Relay	0	0	05:30 PM _____
Finals	30 Boys 10 & Under 100 Freestyle Relay	0	0	05:30 PM _____
	Finish Time			05:30 PM _____