# Greenwich YMCA Marlins June Off Calendar Invitational June 21-23, 2019

Wren-Weisenburger Pool, 50 East Putnam Avenue, Greenwich, CT 06830 <a href="https://goo.gl/DKcTmc">https://goo.gl/DKcTmc</a>

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #OCL19-2. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

#### **EVENTS**

	Name	Email	Phone
<b>Meet Director:</b>	Yolanda Jahan	yoli.jahan1@gmail.com	2032786712
Meet Referee:	Rick Lewis	lewisshark@aol.com	
Lead Admin Official:	Sophia Todorovic	sophiap@accordia-group.com	9144730369
Entry Chair:	Aaron Montgomery	amontgomery@gwymca.org	9143193811
Safety Chair:	Harry Shontz	hshontz@gwymca.org	9147140933
Officials Contact:	Yolanda Jahan	yoli.jahan1@gmail.com	2032786712

**MEET HOST: GRYM** 

WEBSITE: https://www.greenwichmarlins.org

**POOL EMERGENCY NUMBER: 203-869-1630** 

**SANCTIONED OR APPROVED:** Sanctioned, Off-Calendar. **NOTE:** This meet will not count toward the regularly scheduled sanctioned meet eligibility requirement for CSI championships (Regional Championships and Age Group Championship). This meet will not count toward the eligibility requirement of Connecticut Swimming Scholar Athlete, Athlete Travel Assistance, or other CSI recognition programs with meet eligibility requirements. This meet will not count toward the regularly scheduled sanctioned meet eligibility requirement for CT Zone Team selection.

**MEET DURATION:** Full meet with time limits as defined by CT/USA Swimming

**MEET FORMAT:** The meet will be swum as Timed-Finals on Friday evening, Saturday and Sunday afternoons. All Friday distance events will be run fastest to slowest, and alternating women/men heats. Swimmers are responsible for their own timers and counters for Friday evening events. The 12&Under 400 Free will be run fastest to slowest and alternate girls / boys.

**SCRATCH PROCEDURES:** Coaches will receive a scratch sheet for each session, listing all of their swimmers and events for that session. Coaches must indicate all scratches on these sheets and turn them in to the computer table no later than 30 minutes after the start of warm up

**FACILITY:** The YMCA of Greenwich Pool at the YMCA of Greenwich is an 8-lane, 50-meter pool. Water depth at start end is: 13 Feet. Water depth at turn end is: 4 Feet 7. The competition course has not been certified in accordance with 104.2.2C (4). There is a Colorado Timing System with a large LED scoreboard. There are a few temporary small bleachers for spectator seating as well as seating in the gym which is just off the pool deck. NO seat-saving will be tolerated. Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited

**DISABLED ACCESS:** Limited handicapped parking is available. The main entrance on Mason Street has a

handicap accessible entrance and an elevator for transport to the pool level. Locker rooms and spectator areas are accessible once inside. Anyone needing access should contact the Meet Director for assistance before the meet.

**COURSE:** LCM

## **SESSION TIMES: Subject to Change**

Friday Afternoon Warm-up: 4:00 pm Start: 5:00 pm

Saturday and Sunday 13/O Morning Session Warm-up: 7:00 am Start: 8:30 am Saturday and Sunday 12/U Afternoon Session Warm-up: 12:30 pm Start: 2:00pm

\*Warm-up and start times for the Sessions are subject to change depending on the size of

the meet. Teams will be notified of any changes by June 14, 2019

**WARM-UPS:** CT Swimming Warm-Up Procedures will be in effect. 8 lanes will be used for warm up. Warm up will be divided into 2 or 3 general warm up sessions based on number of teams attending. Specific warm up will follow the general warm up sessions.

**ELIGIBILITY:** All USA Swimming clubs and individuals

All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed See CT Swimming athlete registration procedures. Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck Clubs are reminded that participation of unregistered swimmers and/or coaches will result in a \$100 fine per instance, as described in CT Swimming meet policies:

 $\underline{https://www.ctswim.org/Customer-Content/www/CMS/files/Membership/Registration-Policy-for-Athletes.pdf} \ and \ \underline{https://www.ctswim.org/Customer-Content/www/CMS/files/Membership/Registration-Policy-for-Athletes.pdf} \ \underline{https://www.ctswim.org/Customer-Content/www.dtswim.org/Customer-Content/www.dtswim.org/Customer-Content/www.dtswim.org/Customer-Content/www.dtswim.org/Customer-Content/www.dtswim.org/Customer-Content/www.dtswim.org/Cu$ 

https://www.ctswim.org/Customer-

Content/www/CMS/files/policies admin/RegistrationPolicyforMeetHosts.pdf

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water **without the use of the backstroke ledge.** When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**ADAPTED SWIMMING:** Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability <u>prior</u> to competition. Adapted athletes may direct questions to the <u>Connecticut Swimming office</u>.

**EVENT INFORMATION:** Deck Entries will be accepted if time allows.

ENTRY OPENING DATE: Entries will be accepted no <u>earlier</u> than 8:00 pm on April 16, 2019 for CT Teams and April 23 for non-CT Teams.

**ENTRY LIMITATIONS:** Swimmers may enter a maximum of 3 individual events per day on Saturday & Sunday, 1 event maximum on Friday.

**ENTRY TIMES:** Submit entry times in: LCM. NTs will not be accepted.

**DEADLINES:** Deadline is June 7, 2019. Mail hardcopy and payment to the entry chairperson: Aaron Montgomery, 50 E. Putnam Ave., Greenwich, CT 06830.

All entries must be typed or printed legibly, and must use full names and registration numbers from USA Swimming registration. Entry into the meet will be determined by the email date of entry.

**ELECTRONIC ENTRIES:** Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at amontgomery@gwymca.org. Please check that your team name, address, and contact information are listed correctly in this file. Payment is expected by the first day of the meet.

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

**ENTRY FEES:** Electronic entries: \$9.00 for individual events, \$9.00 for distance event. Manual entries: \$18.00 for individual events, \$18.00 for distance events. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry

**PAYMENT INSTRUCTIONS**: Please make checks payable to YMCA of Greenwich and mail to: Aaron Montgomery, 50 E Putnam Ave., Greenwich, CT 06830

Payment must be received by 6/14/19.

#### **CUT PROTOCOL:**

If the session is oversubscribed the following protocol will be instituted IN THE ORDER PRESENTED to reduce the timeline to the required length or participation number:

- 1. Athletes aged 7 and Under will be cut from the meet.
- 2. The distance events (400 IM, 400FR, and 1500 free) may be heat limited to the first 4 heats of entries per gender in the order they were received. The 1500 may be reduced to 2 heats per gender in the order they were received.
- 3. The maximum number of events allowed per day may be reduced by one (1).
- 4. Visiting teams may be cut based on the date/time of the receipt of the final paid entry. If teams are cut, the host reserves the right to offer the available partial entry to the cut teams in the order that entries were received in order to fill the meet.

The host reserves the right to seek approval from Program Operations for additional changes, which may reasonably maximize participation opportunities.

Notification of any cuts or requests for changes must be made to Program Operations as soon as possible by the host. Attending teams will be notified no later than the Monday before the meet.

NOTE: If the host is required to institute the published cut protocol above. All accepted entries at the time that the cut protocol is instituted may be considered final by the host for the purposes of financial responsibility. (i.e. Teams submitting "placeholder" entries will be required to pay for the entries if the cut protocol is required).

**RESERVE THE RIGHT TO MAKE CHANGES:** In accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. The Meet Referee will seek Program Operations approval for all changes requiring approval. Clubs will be notified of changes no later than Monday before the meet.

**RELAYS:** No

#### **SAFETY:**

- 1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
- 2. No shaving is permitted at the competition site.
- 3. No glass containers are permitted within the facility.
- 4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
- 5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

#### PHOTOGRAPHY AND VIDEO RECORDING:

Meet Management has the full authority to restrict any and all photography and visual recording at the meet. Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) from the deck is prohibited by all individuals other than participating Coach and Athlete Members unless prior authorization from the Meet Referee or his/her designee has been granted. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Additionally, the following "Non-Camera Zones" shall be enforced:

- Photography or video recording and the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) is not permitted in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups.
- Additional "Non-Camera Zones" may be designated by Meet Management.

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

**DRONES**: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Program & Events Committee Chair or designee.

**RULES:** Current USA Swimming rules, including the <u>Minor Athlete Abuse Prevention Policy</u>, will govern all competition.

**TIME TRIALS:** No

**TIMERS, OFFICIALS OR WORK ASSIGNMENTS:** Officials: A meet of this size and caliber requires many workers to make it run efficiently. The Marlins welcome anyone qualified who would like to assist with officiating during this meet. Please contact Yolanda Jahan if you have any officials that will be able to help. When contacting about officials, please include name, phone number and level of official and team affiliation.

Timing assignments will be assigned by the meet director based on the size of each team's entry. Swimmers are responsible for their own timers and counters for Friday evening events.

**DECK ACCESS:** Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

**SCORING:** The meet will not be scored.

**AWARDS:** No

**CONCESSIONS:** Yes. Garlick and Herbs will be providing food for the duration of the meet.

### **HOSPITALITY FOR COACHES AND OFFICIALS:** Yes

**PARKING:** We encourage all parents to car pool as much as possible. There will be parking at the following locations:

- Lower Mason Street Parking lot (across from the bank).
- Chase Bank Parking lot on Saturdays and Sundays only.
- Municipal parking behind the First Presbyterian Church located at the top of Greenwich Ave. on Lafayette Place.

**DIRECTIONS:** The Greenwich YMCA is located at 50 E. Putnam Avenue (aka Post Rd, US 1).

From I-95, exit 4. From I-95 North – turn left, from I-95 South – turn right onto Indian Field Rd.; continue approx. 1 mile to traffic light at E. Putnam Ave. intersection; turn left onto E. Putnam Ave., go through 6 traffic lights (approx. 1-1/10 mile).

From Merritt Parkway exit 31- North Street.

From Northbound Merritt- bear left exit to stop sign and turn left onto North Street.

From Southbound Merritt- turn right at end of exit ramp onto North Street (southbound).

Proceed approx. 4 miles to end of North Street, at Maple Ave. Turn left onto Maple Ave. following signs to Greenwich Business District. At traffic light, bear right onto E. Putnam Ave. Go through 2 lights and arrive at YMCA.

## CT 2019GRYM June Invite - 6/21/2019 to 6/23/2019 Session Report

Session: 1 Friday PM

Day of Meet: 1 Starts at 05:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 13 & Over 400 Freestyle	0	0	05:00 PM	
Finals	2 Boys 13 & Over 400 Freestyle	0	0	05:00 PM	
Finals	3 Girls 13 & Over 400 IM	0	0	05:00 PM	
Finals	4 Boys 13 & Over 400 IM	0	0	05:00 PM	
Finals	5 Girls 13 & Over 1500 Freestyle	0	0	05:00 PM	
Finals	6 Boys 13 & Over 1500 Freestyle	0	0	05:00 PM	
	Finish Time			05:00 PM	

Session: 2 Saturday AM

Day of Meet: 2 Starts at 08:30 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	7 Girls 13 & Over 200 Freestyle	0	0	08:30 AM	
Finals	8 Boys 13 & Over 200 Freestyle	0	0	08:30 AM	
Finals	9 Girls 13 & Over 100 Breaststroke	0	0	08:30 AM	
Finals	10 Boys 13 & Over 100 Breaststroke	0	0	08:30 AM	
Finals	11 Girls 13 & Over 200 Butterfly	0	0	08:30 AM	
Finals	12 Boys 13 & Over 200 Butterfly	0	0	08:30 AM	
Finals	13 Girls 13 & Over 50 Freestyle	0	0	08:30 AM	
Finals	14 Boys 13 & Over 50 Freestyle	0	0	08:30 AM	
Finals	15 Girls 13 & Over 100 Backstroke	0	0	08:30 AM	
Finals	16 Boys 13 & Over 100 Backstroke	0	0	08:30 AM	
	Finish Time			08:30 AM	

## CT 2019GRYM June Invite - 6/21/2019 to 6/23/2019 Session Report

Session: 3 Saturday PM
Day of Meet: 2 Starts at 02:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at	
Finals	17	Girls 10 & Under 50 Butterfly	0	0	02:00 PM	
Finals	18	Boys 10 & Under 50 Butterfly	0	0	02:00 PM	
Finals	19	Girls 11-12 50 Butterfly	0	0	02:00 PM	
Finals	20	Boys 11-12 50 Butterfly	0	0	02:00 PM	
Finals	21	Girls 10 & Under 50 Breaststroke	0	0	02:00 PM	
Finals	22	Boys 10 & Under 50 Breaststroke	0	0	02:00 PM	
Finals	23	Girls 11-12 50 Breaststroke	0	0	02:00 PM	
Finals	24	Boys 11-12 50 Breaststroke	0	0	02:00 PM	
Finals	25	Girls 10 & Under 100 Freestyle	0	0	02:00 PM	
Finals	26	Boys 10 & Under 100 Freestyle	0	0	02:00 PM	
Finals	27	Girls 11-12 100 Freestyle	0	0	02:00 PM	
Finals	28	Boys 11-12 100 Freestyle	0	0	02:00 PM	
Finals	29	Girls 10 & Under 100 Backstroke	0	0	02:00 PM	
Finals	30	Boys 10 & Under 100 Backstroke	0	0	02:00 PM	
Finals	31	Girls 11-12 100 Backstroke	0	0	02:00 PM	
Finals	32	Boys 11-12 100 Backstroke	0	0	02:00 PM	
Finals	33	Girls 12 & Under 400 Freestyle	0	0	02:00 PM	
Finals	34	Boys 12 & Under 400 Freestyle	0	0	02:00 PM	
		Finish Time			02:00 PM	

Session: 4 Sunday AM
Day of Meet: 3 Starts at 08:30 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	35 Girls 13 & Over 200 IM	0	0	08:30 AM	
Finals	36 Boys 13 & Over 200 IM	0	0	08:30 AM	
Finals	37 Girls 13 & Over 100 Butterfly	0	0	08:30 AM	
Finals	38 Boys 13 & Over 100 Butterfly	0	0	08:30 AM	
Finals	39 Girls 13 & Over 200 Breaststroke	0	0	08:30 AM	
Finals	40 Boys 13 & Over 200 Breaststroke	0	0	08:30 AM	
Finals	41 Girls 13 & Over 100 Freestyle	0	0	08:30 AM	
Finals	42 Boys 13 & Over 100 Freestyle	0	0	08:30 AM	
Finals	43 Girls 13 & Over 200 Backstroke	0	0	08:30 AM	
Finals	44 Boys 13 & Over 200 Backstroke	0	0	08:30 AM	
	Finish Time			08:30 AM	

# CT 2019GRYM June Invite - 6/21/2019 to 6/23/2019 Session Report

Session: 5 Sunday PM

Day of Meet: 3 Starts at 02:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	45 Girls 10 & Under 200 Freestyle	0	0	02:00 PM	
Finals	46 Boys 10 & Under 200 Freestyle	0	0	02:00 PM	
Finals	47 Girls 11-12 200 Freestyle	0	0	02:00 PM	
Finals	48 Boys 11-12 200 Freestyle	0	0	02:00 PM	
Finals	49 Girls 10 & Under 100 Butterfly	0	0	02:00 PM	
Finals	50 Boys 10 & Under 100 Butterfly	0	0	02:00 PM	
Finals	51 Girls 11-12 100 Butterfly	0	0	02:00 PM	
Finals	52 Boys 11-12 100 Butterfly	0	0	02:00 PM	
Finals	53 Girls 10 & Under 50 Freestyle	0	0	02:00 PM	
Finals	54 Boys 10 & Under 50 Freestyle	0	0	02:00 PM	
Finals	55 Girls 11-12 50 Freestyle	0	0	02:00 PM	
Finals	56 Boys 11-12 50 Freestyle	0	0	02:00 PM	
Finals	57 Girls 10 & Under 50 Backstroke	0	0	02:00 PM	
Finals	58 Boys 10 & Under 50 Backstroke	0	0	02:00 PM	
Finals	59 Girls 11-12 50 Backstroke	0	0	02:00 PM	
Finals	60 Boys 11-12 50 Backstroke	0	0	02:00 PM	
Finals	61 Girls 10 & Under 100 Breaststroke	0	0	02:00 PM	
Finals	62 Boys 10 & Under 100 Breaststroke	0	0	02:00 PM	
Finals	63 Girls 11-12 100 Breaststroke	0	0	02:00 PM	
Finals	64 Boys 11-12 100 Breaststroke	0	0	02:00 PM	
Finals	65 Girls 12 & Under 200 IM	0	0	02:00 PM	
Finals	66 Boys 12 & Under 200 IM	0	0	02:00 PM	
	Finish Time			02:00 PM	