

# 2017 SHOPRITE NUTMEG STATE GAMES

## YOUTH SWIM MEET

### OFF-CALENDAR APPROVED MEET

### Sunday, August 6, 2017

Central Connecticut State University, Jack Suydam Natatorium in Kaiser Hall  
1615 Stanley St, New Britain, CT 06053  
Mapping Software: <https://goo.gl/1yTyst>

This event is held under sanction of USA Swimming and Connecticut Swimming, Inc. #LAO17-2. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. It is the responsibility of each participant to have a designated USA certified coach and non-registered USA members should seek out support from their recreational coach to help guide them.

*CSI "Off-Calendar Meet" limitations with regard to CSI competition and programs: This off-calendar approved meet will not count toward the regularly scheduled sanctioned meet eligibility requirement for CSI championships (Regional Championships and Age Group Championship). This meet will not count toward the eligibility requirement of Connecticut Swimming Scholar Athlete, Athlete Travel Assistance, or other CSI recognition programs with meet eligibility requirements. This meet will not count toward the regularly scheduled sanctioned meet eligibility requirement for CT Zone Team selection. If this off-calendar meet is an approved meet, then times attained at this meet cannot be used for Short Course Zone Team qualification and selection.*

## EVENTS

	Name	Email	Phone
Meet Director:	Juan Dominguez	juanitodom@hotmail.com	(860) 916-8780
Assistant - Medals, Volunteers	Charlie Dennis	123dive@snet.net	(860) 833-4214
Meet Referee:	Julie Kirk	jkirk10@comcast.net	(860) 916-2803
Entry Chair:	Juan Dominguez	juanitodom@hotmail.com	(860) 916-8780
Safety Chair:	Juan Dominguez	juanitodom@hotmail.com	(860) 916-8780
Officials Contact:	Julie Kirk	jkirk10@comcast.net	(860) 916-2803

WEBSITE: <http://nutmegstategames.org/individual-sports/swimming/>

POOL EMERGENCY NUMBER: (860) 832-3073

MEET TYPE: Off-Calendar Sanctioned

MEET CLASSIFICATION: This meet is open to all Connecticut athletes. **Out of state participation** is allowed if an athlete meets the following criteria:

- If the athlete's state does not offer a state games program
- OR
- If the athlete's state games program does not offer a swim meet

**MEET FORMAT:** The meet will be swum as a Timed-Final.

- Participants must submit entry times on the registration form. Heats will be seeded by entry times.
- Heat and lane assignments for entries submitted without seeding times will be determined by draw.
- No on deck entries, no event changes will be permitted after registration deadline.
- The Nutmeg State Games will NOT be offering relays for the swim meet.

**SCRATCH PROCEDURES:** All scratch sheets are due to the pool office no later than 20 minutes after the start of warm-up.

**FACILITY:** The Jack Suydam Natatorium is located at Kaiser Hall Annex, New Britain, CT. The venue has a six lanes and 25-yard pool. Water depth at start end is: 12 Feet and water depth at turn end is: 4 Feet. The competition course has been certified in accordance with 104.2.2C (4). The copy of such certification is on file with USA Swimming. There is a Colorado Timing System, six Lane LCD scoreboards, and an ample deck and has the capacity to seat up to 1,200 spectators.

*Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.*

**DISABLED ACCESS:** Handicapped Parking is located immediately outside facility entrance. Handicap access to the pool deck and locker rooms is via elevator located in the main lobby and to the spectator area on the lobby level. Locker rooms and spectator areas are all handicap accessible. Please contact the Meet Director if you need special assistance: *Juan Dominguez* - [juanitodom@hotmail.com](mailto:juanitodom@hotmail.com) - (860) 916-8780

**COURSE:** SCY

**SESSION TIMES:** *Subject to Change*

Warm-ups (all ages): 8:30 AM – 9:50 AM

Starting Time: 10:00 AM (all events will be timed finals)

*\* The Meet Director Reserves the right to make changes based on meet entry.*

**WARM-UPS:** CT Swimming Warm-Up Procedures will be in effect.

**ELIGIBILITY:** Age on the first day of the meet shall determine the swimmer's age and age group for the meet (Sunday, August 7<sup>th</sup>). In addition to the Individual Sport Registration Form and Individual Sport Fee participants are requested to include PROOF OF AGE. Proof of age includes a copy (please do not send originals) of one of the following: valid driver's license, copy of a birth certificate or a copy of a passport.

**ADAPTED SWIMMING:** Any athlete with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to Juan Dominguez, Meet Director.

**EVENT INFORMATION:** No on deck entries and no event changes will be permitted after registration deadline. The Nutmeg State Games will *NOT* be offering relays for the swim meet.

**ENTRY OPENING DATE:** Entries will be accepted no earlier than Thursday, April 13, 2017.

**ENTRY LIMITATIONS:** Participants will not be allowed to compete in more than five (5) events.

**ENTRY TIMES:** Submit entry times in: SCY. If there are no official times for an athlete, please submit estimated times. No Times (NT) will not be accepted.

**DEADLINES:** Entry Deadline: is **Friday, July 21st**

- Mail hardcopy registration form and payment to the:  
*Connecticut Sports Management Group, Inc. 975 Middle St. Unit. G Middletown, CT 06457*
- Or register online at: <http://nutmegstategames.org/individual-sports/swimming/>

All entries must be legible and must use full names and registration numbers from USA Swimming or CT Swimming registration. No onsite Registration will be allowed. We will notify a participant of his or her status by a confirmation email once the registration goes through.

**ENTRY FEES:** Electronic entries for all events: \$33.00 will allow participants to compete in up to two (2) events. Each additional event will cost \$5.00. Participants will not be allowed to compete in more than five (5) events. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry. Payment for entries is due by the entry deadline July 22nd.

**PAYMENT INSTRUCTIONS:**

- Checks payable to: Connecticut Sports Management Group, Inc.
- Mail to: 975 Middle St. Unit. G, Middletown, CT 06457
- ***Payment must be received by Friday, July 22nd***

**CUT PROTOCOL:** If the session is oversubscribed the following protocol will be instituted IN THE ORDER PRESENTED to reduce the timeline to the required length or participation number:

1. Participants will be selected on a first come, first served basis.
2. Participants not selected because of receipt after the registration deadline (July 21st) will receive a full refund as soon as verification is possible.

Attending teams will be notified no later than the Monday before the meet.

**RESERVE THE RIGHT TO MAKE CHANGES:** With prior approval from Program Operations and in accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. Clubs will be notified of changes no later than Monday before the meet.

**RELAYS:** No Relays will be offered at this meet.

**SAFETY:**

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

**PHOTOGRAPHY AND VIDEO RECORDING:**

Meet Management has the full authority to restrict any and all photography and visual recording at the meet. Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) from the deck is prohibited by all individuals other than participating Coach and Athlete Members unless prior authorization from the Meet Referee or his/her designee has been granted. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Additionally, the following "Non-Camera Zones" shall be enforced:

- Photography or video recording and the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) is not permitted in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups.
- Additional "Non-Camera Zones" may be designated by Meet Management.

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

**DRONES:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the USA Swimming Vice President of Program Operations.

**RULES:** Current USA Swimming rules will govern all competition.

**ATHLETE'S CODE OF CONDUCT:** All athletes and coaches who registered with the Nutmeg State Games must review the Athlete's Code of Conduct found at:

<https://www.nutmegstategames.org/images/docs/athleticodeofconduct.pdf>

**TIME TRIALS:** No time trials will be offered at this meet.

**TIMERS, OFFICIALS OR WORK ASSIGNMENTS:** Work assignments will be based on the size of the meet. Participating clubs will be notified of work assignments by the Monday before the meet.

**DECK ACCESS:** Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

**SCORING:** The meet will not be scored for teams.

**AWARDS:** Gold, Silver and Bronze medals will be awarded to the top three finishers in each individual event.

**CONCESSIONS:** No

**HOSPITALITY FOR COACHES AND OFFICIALS:** Yes

**PARKING:** Please use the Copernicus Parking Garage adjacent to the facility. All vehicles parked in reserved or unmarked parking spots will be subject to ticketing and/or towing at the owners expense.

**DIRECTIONS:** The Jack Suydam Natatorium is located in Kaiser Hall at Central Connecticut State University located at 1615 Stanley St, New Britain, CT 06053.

- Please visit <http://nutmegstategames.org/individual-sports/swimming/> OR click [here](#) for directions.

**LODGING:** To view the rates of participating hotels that the Nutmeg State Games exclusively offer, please [click here](#) or visit <http://nutmegstategames.org/hotels>

Session: 1 Sunday Morning

Day of Meet: 1 Starts at 10:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

<u>Round</u>	<u>Event</u>
Finals	1 8 & Under Girls 50 Backstroke
Finals	2 8 & Under Boys 50 Backstroke
Finals	3 9-10 Girls 50 Backstroke
Finals	4 9-10 Boys 50 Backstroke
Finals	5 11-12 Girls 50 Backstroke
Finals	6 11-12 Boys 50 Backstroke
Finals	7 13-14 Girls 100 Backstroke
Finals	8 13-14 Boys 100 Backstroke
Finals	9 15 & Over Girls 100 Backstroke
Finals	10 15 & Over Boys 100 Backstroke
Finals	11 8 & Under Girls 50 Butterfly
Finals	12 8 & Under Boys 50 Butterfly
Finals	13 9-10 Girls 50 Butterfly
Finals	14 9-10 Boys 50 Butterfly
Finals	15 11-12 Girls 50 Butterfly
Finals	16 11-12 Boys 50 Butterfly
Finals	17 13-14 Girls 100 Butterfly
Finals	18 13-14 Boys 100 Butterfly
Finals	19 15 & Over Girls 100 Butterfly
Finals	20 15 & Over Boys 100 Butterfly
Finals	21 8 & Under Girls 100 IM
Finals	22 8 & Under Boys 100 IM
Finals	23 9-10 Girls 100 IM
Finals	24 9-10 Boys 100 IM
Finals	25 11-12 Girls 100 IM
Finals	26 11-12 Boys 100 IM
Finals	27 13-14 Girls 200 IM
Finals	28 13-14 Boys 200 IM
Finals	29 15 & Over Girls 200 IM
Finals	30 15 & Over Boys 200 IM
Finals	31 8 & Under Girls 50 Freestyle
Finals	32 8 & Under Boys 50 Freestyle
Finals	33 9-10 Girls 50 Freestyle
Finals	34 9-10 Boys 50 Freestyle
Finals	35 11-12 Girls 50 Freestyle
Finals	36 11-12 Boys 50 Freestyle
Finals	37 13-14 Girls 50 Freestyle
Finals	38 13-14 Boys 50 Freestyle
Finals	39 15 & Over Girls 50 Freestyle
Finals	40 15 & Over Boys 50 Freestyle
Finals	41 13-14 Girls 500 Freestyle
Finals	42 13-14 Boys 500 Freestyle
Finals	43 15 & Over Girls 500 Freestyle
Finals	44 15 & Over Boys 500 Freestyle
Finals	45 8 & Under Girls 50 Breaststroke
Finals	46 8 & Under Boys 50 Breaststroke
Finals	47 9-10 Girls 50 Breaststroke
Finals	48 9-10 Boys 50 Breaststroke
Finals	49 11-12 Girls 50 Breaststroke

Finals	50	11-12 Boys 50 Breaststroke
Finals	51	13-14 Girls 100 Breaststroke
Finals	52	13-14 Boys 100 Breaststroke
Finals	53	15 & Over Girls 100 Breaststroke
Finals	54	15 & Over Boys 100 Breaststroke
Finals	55	8 & Under Girls 100 Freestyle
Finals	56	8 & Under Boys 100 Freestyle
Finals	57	9-10 Girls 100 Freestyle
Finals	58	9-10 Boys 100 Freestyle
Finals	59	11-12 Girls 100 Freestyle
Finals	60	11-12 Boys 100 Freestyle
Finals	61	13-14 Girls 100 Freestyle
Finals	62	13-14 Boys 100 Freestyle
Finals	63	15 & Over Girls 100 Freestyle
Finals	64	15 & Over Boys 100 Freestyle