

# 2016 Wilton Y Wahoos Summer Qualifier

May 13-15, 2016

Wilton Family YMCA

404 Danbury Rd.

Wilton, CT. 06897

<http://maps.google.com/maps?hl=en&tab=wl>

Held under sanction of USA Swimming and Connecticut Swimming #L16-6. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by any reason of injuries to anyone during the conduct of the event.

## EVENTS

	<b>Name</b>	<b>Email</b>	<b>Phone</b>
Meet Director:	JoAnn McCaffrey	<a href="mailto:jmccaffrey@riverbrookymca.org">jmccaffrey@riverbrookymca.org</a>	914-391-5841
Meet Referee:	Jim Lewis	<a href="mailto:jslewis@genre.com">jslewis@genre.com</a>	203-921-9430
Entry Chair:	Jo Ann McCaffrey	<a href="mailto:jmccaffrey@riverbrookymca.org">jmccaffrey@riverbrookymca.org</a>	914-391-5841
Safety Chair:	Heather Sung	<a href="mailto:sungfrederickson@yahoo.com">sungfrederickson@yahoo.com</a>	
Officials Contact:	Jim Lewis	<a href="mailto:jslewis@genre.com">jslewis@genre.com</a>	203-921-9430

**WEBSITE:** <http://www.wywahoos.org>

**POOL EMERGENCY NUMBER:** 203-762-8384

**MEET TYPE:** Sanctioned

**MEET CLASSIFICATION:** This meet is open to all USA Swimming athletes and clubs.

**MEET FORMAT:** The meet will be swum as timed-finals format. The meet referee reserves the right to make any adjustments to the provisions of the meet announcement necessary to ensure the fair and efficient running of the meet. Friday events (400 IM, 800 Free and 12/Under 400 Free) EXCEPT for the 50 Freestyle will be swum fastest to slowest alternating girls and boys. Saturday 13/O 400 Free will be swum fastest to slowest alternating girls and boys; these swimmers must provide their own timers. Swimmers must provide their own counters and timers for all distance **Freestyle** events, but not the 400 IM which is included in Session 2.

**SCRATCH PROCEDURES:** Coaches will receive a scratch sheet for each session of the meet in their information packet, listing all of their swimmers and events for that session. Coaches must indicate all scratches or none on these sheets and turn them in to the computer table within **15 minutes after** the beginning of warm-ups. Teams failing to comply with scratch procedures will be barred from swimming in that session.

**FACILITY:** Wilton Family YMCA, 404 Danbury Rd., Wilton, CT. The Wilton YMCA pool is a 6 lane by 50 meter facility with a dividing bulkhead and Daktronic electronic timing. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. The pool is 50 meters x 15 yards with a north end pool depth of 6 ½ ft and south end pool depth of 4 ft. Some bleacher seating is provided for spectators and athletes. No deck chairs are permitted on the pool deck or in the

hallways of the Wilton Family YMCA per Fire Marshall regulations. When available the YMCA gym will be an option for athlete/spectator seating. Chairs are permitted in the gym.

Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

**DISABLED ACCESS:** Wilton Family YMCA is Handicapped-accessible. Pool deck and spectator area are accessible through men's and women's locker rooms and are also handicapped-accessible.

**COURSE:** LCM.

**SESSION TIMES:**

**Friday:**

Afternoon Session 12 /U	Warm-up: 1:30PM	Start: 2:30PM
Evening Session 13/O	Warm-up: 4:30PM	Start: 5:30PM

**Saturday:**

13/O Morning Session	Warm-up: 6:30AM	Start: 8:00AM
13/O 400 Free Afternoon**	Warm up: 12:00 PM	Start: 1:00 PM
12/U Afternoon Sessions	Warm-up: 3:00PM	Start: 4:00 PM

**Sunday:**

13/O Morning Session	Warm up: 6:30 AM	Start: 8:00 AM
12/U Afternoon Session	Warm up: 1:00 PM	Start: 2:00 PM

*\*Warm-up and start times for the Sessions are subject to change depending of the size of the meet. Teams will be notified of any changes by Monday May 9, 2016, or as soon as possible thereafter.*  
**\*\* SATURDAY 13/O 400 FREE MUST PROVIDE THEIR OWN TIMERS!!**

**WARM-UPS:** CT Swimming Warm-Up Procedures will be in effect. 6 Lanes will be used for warm ups with sufficient sessions to accommodate swimmers. There will be a specific session for sprints and pace. The meet director has the right to expand or decrease warm up format dependent upon the number of swimmers.

**ELIGIBILITY:** All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete [registration procedures](#). Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

**ADAPTED SWIMMING:** Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to [Mark Kinne](#), Adapted Athlete Committee Chair.

**EVENT INFORMATION:** All events will be swum as timed finals and will be deck seeded according to the swimmers' LCM times. Deck entries **WILL NOT BE ALLOWED**.

**ENTRY LIMITATIONS:** 13 & over swimmers may enter up to two individual events on Friday, 12 & under 1 event. **13/Os** may enter **3** individual events each on Saturday and Sunday. 13/O may add the 400 Free on Saturday for a total of 4 events on SATURDAY. **12/Us** can swim **4** individual events each on Saturday and Sunday. (If the 12 & under sessions are oversubscribed, coaches will be notified to drop the 4<sup>th</sup> event )

***The 800 free will be limited to 4 heats each event. Psych sheets for the 800 free will be posted on [www.wywohoo.org](http://www.wywohoo.org) by May 10th.*** Total number of swimmers in the meet will be limited to 550 swimmers to maintain the integrity of the meet.

**ENTRY TIMES:** Submit entry times in LCM.

**DEADLINES:** **Entry deadline is April 22, 2016.** Mail hardcopy and payment to Jo Ann McCaffrey: Wilton Y Wahoos, 404 Danbury Rd., Wilton, CT 06897. All entries must be legible, and must use full names and registration numbers from USA Swimming registration. ***Any entry received after the above dates will be returned.*** **The final deadline for the meet is Friday April 22, 2016.** Formal team entry date is determined by the date of the email entry receipt. Teams whose entries cannot be accepted will be notified as soon as the meet is full, but no later than Wednesday May 4th, 2016.

**ELECTRONIC ENTRIES:** Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at [jmccaffrey@riverbrookymca.org](mailto:jmccaffrey@riverbrookymca.org). Please check that your team name, address, and contact information are listed correctly in this file.

**ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION:** Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

**ENTRY FEES:** Electronic entries: \$8.00 for individual events & \$8.00 for distance event. Manual entries: \$12.00 for individual events & \$12.00 for distance events. No refunds will be given for entries that are accepted or for entries that are rejected due to improper entry.

**PAYMENT INSTRUCTIONS:** Please make checks payable to Wilton Y Wahoos and mail to: Wilton Y Wahoos, 404 Danbury Rd., Wilton, CT 06897. Payment must be received by Monday May 9, 2016.

**CUT PROTOCOL:** If a session is oversubscribed the following protocol will be instituted **IN THE ORDER PRESENTED** to reduce the timeline to the required length or participation number.

1. The maximum number of events per day may be reduced by (1)

Visiting teams may be cut based on the date/time of the receipt of the final paid entry. If teams are cut, the host reserves the right to offer the available partial entry to the cut teams in the order they were received.

The host reserves the right to seek approval from Program Operations for additional changes, which may reasonably maximize participation opportunities.

Notification of any cuts or requests for changes must be made to Program Operations as soon as possible by the host. Attending teams will be notified no later than the Monday before the meet.

**RESERVE THE RIGHT TO MAKE CHANGES:** In accordance with CSI policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. The Meet Referee will seek Program Operations approval for all changes requiring approval. Clubs will be notified of changes no later than Monday before the meet.

**RELAYS:** No

**SAFETY:**

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.

**PHOTOGRAPHY OR VIDEO RECORDING:**

Meet Management has the full authority to restrict any and all photography and visual recording at the meet. Photography or video recording (using cameras, iPads, cell phones, etc.) from the deck is prohibited by all individuals other than participating Coach or Athlete Members unless prior authorization from the Meet Referee or his/her designee has been granted. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on the block for purpose of the start of a heat.

Additionally, the following “Non-Camera Zones” shall be enforced:

- Photography or video recording and the use of audio or visual recording devices, including cell phone, is not permitted in changing areas, restrooms, or locker rooms.
- Photography or video recording (using cameras, iPads, cell phones, etc) is not permitted in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for “race starting purposes” during the competition and warm ups.
- Additional “Non-Camera Zones” may be designated by Meet Management.

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of the Meet Management.

**RULES:** Current USA Swimming rules will govern all competition.

**TIME TRIALS:** No Time Trials will be offered.

**TIMERS, OFFICIALS OR WORK ASSIGNMENTS:** **Officials:** A meet of this size and caliber requires many workers to make it run efficiently. The Wahoos welcome any one who would like to assist with officiating during this meet. Please contact Jim Lewis (contact information listed above) if you have any officials that will be able to help, or include name, phone number and level of official with entry. **Timers:** If necessary, *the host team will require timers from teams in proportion to the size of their entries.* Team assignments will be emailed to your team contact on the Monday before the meet. Swimmers must provide timers and counters for the distance events. Counters and timers will be needed for the 800 Free. Timers will be needed for the Saturday session of the 13 /O 400 freestyle.

**DECK ACCESS:** Spectators are permitted to sit on the bleachers on the building side of the pool. **No Deck chairs will be permitted.** Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the other areas of the pool deck.

**SCORING:** The meet will not be scored.

**AWARDS:**

12/U events- Awards will be given for the top 6 finishers in each individual event.

13/O events no awards will be given.

**All teams are to pick up awards at the conclusion of the meet. Awards will not be mailed out..**

**CONCESSIONS:** Yes

**HOSPITALITY FOR COACHES AND OFFICIALS:** Yes

**PARKING:** There is limited parking at the Wilton Family YMCA. .Additional parking is available across the street at Wilton High School

**DIRECTIONS:**

**From New York:** Take the Merritt Parkway to Exit 39B Follow the Route 7 North freeway to its end and turn right at the light. Turn left onto Rt. 7 North. Go 4.4 miles and turn right into the Y parking lot. The Wilton Family Y is on the right, and the Wilton High School is on the left.

**From New Haven:** Take the Merritt Parkway to exit 41(Rt 33). At the end of the ramp, turn left (north) onto Rt 33. Go North along Rt.33 for 2.5 miles. Rt 33 merges with Rt. 7. Stay on Rt. 7 for 2.6 miles to the Y. The Wilton Y is on the right and the Wilton High School is on the left.

**From I 95:** Take exit 15 to Rt. 7 North. Follow Rt 7 freeway to the end and turn right at the light. At the end of the road turn left onto old Rt. 7 North. Proceed to the Wilton Y as above.

**\*\*\*IF YOUR TEAM IS TRAVELLING BY BUS, PLEASE CONTACT THE MEET DIRECTOR TO MAKE ARRANGEMENTS FOR DROPPING OFF AND PICKING UP SWIMMERS DUE TO THE LIMITED PARKING LOT ACCESS.**

Swimmers and their families are guests of the Wilton Family Y and must follow the rule **that no children under 12 years should be anywhere in the building unsupervised by an adult.**

**2016 Wilton Wahoos Summer Qualifier - 5/13/2016 to 5/15/2016****Session Report**

Session: 1 Friday 12 &amp; under

Day of Meet: 1 Starts at 02:30 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 12 & Under 400 Freestyle	0	0	02:30 PM	_____
Finals	2 Boys 12 & Under 400 Freestyle	0	0	02:30 PM	_____
	Finish Time			02:30 PM	_____

Session: 2 Friday 13 &amp; over

Day of Meet: 1 Starts at 05:30 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	3 Girls 13 & Over 400 IM	0	0	05:30 PM	_____
Finals	4 Boys 13 & Over 400 IM	0	0	05:30 PM	_____
Finals	5 Girls 13 & Over 50 Freestyle	0	0	05:30 PM	_____
Finals	6 Boys 13 & Over 50 Freestyle	0	0	05:30 PM	_____
Finals	7 Girls 13 & Over 800 Freestyle	0	0	05:30 PM	_____
Finals	8 Boys 13 & Over 800 Freestyle	0	0	05:30 PM	_____
	Finish Time			05:30 PM	_____

Session: 3 Sat 13 &amp; over

Day of Meet: 2 Starts at 08:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	9 Girls 13-14 200 Butterfly	0	0	08:00 AM	_____
Finals	10 Boys 13-14 200 Butterfly	0	0	08:00 AM	_____
Finals	11 Girls 15 & Over 200 Butterfly	0	0	08:00 AM	_____
Finals	12 Boys 15 & Over 200 Butterfly	0	0	08:00 AM	_____
Finals	13 Girls 13-14 100 Freestyle	0	0	08:00 AM	_____
Finals	14 Boys 13-14 100 Freestyle	0	0	08:00 AM	_____
Finals	15 Girls 15 & Over 100 Freestyle	0	0	08:00 AM	_____
Finals	16 Boys 15 & Over 100 Freestyle	0	0	08:00 AM	_____
Finals	17 Girls 13-14 200 Breaststroke	0	0	08:00 AM	_____
Finals	18 Boys 13-14 200 Breaststroke	0	0	08:00 AM	_____
Finals	19 Girls 15 & Over 200 Breaststroke	0	0	08:00 AM	_____
Finals	20 Boys 15 & Over 200 Breaststroke	0	0	08:00 AM	_____
Finals	21 Girls 13-14 100 Backstroke	0	0	08:00 AM	_____
Finals	22 Boys 13-14 100 Backstroke	0	0	08:00 AM	_____
Finals	23 Girls 15 & Over 100 Backstroke	0	0	08:00 AM	_____
Finals	24 Boys 15 & Over 100 Backstroke	0	0	08:00 AM	_____
	Finish Time			08:00 AM	_____

**2016 Wilton Wahoos Summer Qualifier - 5/13/2016 to 5/15/2016****Session Report**

Session: 4 Sat 13 &amp; over

Day of Meet: 2 Starts at 01:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	25 Girls 13 & Over 400 Freestyle	0	0	01:00 PM	_____
Finals	26 Boys 13 & Over 400 Freestyle	0	0	01:00 PM	_____
	Finish Time			01:00 PM	_____

Session: 5 Sat 12 &amp; under

Day of Meet: 2 Starts at 04:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	27 Girls 10 & Under 50 Breaststroke	0	0	04:00 PM	_____
Finals	28 Boys 10 & Under 50 Breaststroke	0	0	04:00 PM	_____
Finals	29 Girls 11-12 50 Breaststroke	0	0	04:00 PM	_____
Finals	30 Boys 11-12 50 Breaststroke	0	0	04:00 PM	_____
Finals	31 Girls 10 & Under 100 Freestyle	0	0	04:00 PM	_____
Finals	32 Boys 10 & Under 100 Freestyle	0	0	04:00 PM	_____
Finals	33 Girls 11-12 100 Freestyle	0	0	04:00 PM	_____
Finals	34 Boys 11-12 100 Freestyle	0	0	04:00 PM	_____
Finals	35 Girls 10 & Under 50 Butterfly	0	0	04:00 PM	_____
Finals	36 Boys 10 & Under 50 Butterfly	0	0	04:00 PM	_____
Finals	37 Girls 11-12 50 Butterfly	0	0	04:00 PM	_____
Finals	38 Boys 11-12 50 Butterfly	0	0	04:00 PM	_____
Finals	39 Girls 10 & Under 100 Backstroke	0	0	04:00 PM	_____
Finals	40 Boys 10 & Under 100 Backstroke	0	0	04:00 PM	_____
Finals	41 Girls 11-12 100 Backstroke	0	0	04:00 PM	_____
Finals	42 Boys 11-12 100 Backstroke	0	0	04:00 PM	_____
Finals	43 Girls 10 & Under 200 IM	0	0	04:00 PM	_____
Finals	44 Boys 10 & Under 200 IM	0	0	04:00 PM	_____
Finals	45 Girls 11-12 200 IM	0	0	04:00 PM	_____
Finals	46 Boys 11-12 200 IM	0	0	04:00 PM	_____
	Finish Time			04:00 PM	_____

**2016 Wilton Wahoos Summer Qualifier - 5/13/2016 to 5/15/2016**  
**Session Report**

Session: 6 Sun 13 & over

Day of Meet: 3 Starts at 08:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	47 Girls 13-14 200 Freestyle	0	0	08:00 AM	_____
Finals	48 Boys 13-14 200 Freestyle	0	0	08:00 AM	_____
Finals	49 Girls 15 & Over 200 Freestyle	0	0	08:00 AM	_____
Finals	50 Boys 15 & Over 200 Freestyle	0	0	08:00 AM	_____
Finals	51 Girls 13-14 100 Butterfly	0	0	08:00 AM	_____
Finals	52 Boys 13-14 100 Butterfly	0	0	08:00 AM	_____
Finals	53 Girls 15 & Over 100 Butterfly	0	0	08:00 AM	_____
Finals	54 Boys 15 & Over 100 Butterfly	0	0	08:00 AM	_____
Finals	55 Girls 13-14 200 Backstroke	0	0	08:00 AM	_____
Finals	56 Boys 13-14 200 Backstroke	0	0	08:00 AM	_____
Finals	57 Girls 15 & Over 200 Backstroke	0	0	08:00 AM	_____
Finals	58 Boys 15 & Over 200 Backstroke	0	0	08:00 AM	_____
Finals	59 Girls 13-14 100 Breaststroke	0	0	08:00 AM	_____
Finals	60 Boys 13-14 100 Breaststroke	0	0	08:00 AM	_____
Finals	61 Girls 15 & Over 100 Breaststroke	0	0	08:00 AM	_____
Finals	62 Boys 15 & Over 100 Breaststroke	0	0	08:00 AM	_____
Finals	63 Girls 13-14 200 IM	0	0	08:00 AM	_____
Finals	64 Boys 13-14 200 IM	0	0	08:00 AM	_____
Finals	65 Girls 15 & Over 200 IM	0	0	08:00 AM	_____
Finals	66 Boys 15 & Over 200 IM	0	0	08:00 AM	_____
	Finish Time			08:00 AM	_____



**2016 Wilton Wahoos Summer Qualifier - 5/13/2016 to 5/15/2016**

**Session Report**

Session: 7 Sun 12 & under

Day of Meet: 3 Starts at 02:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	67 Girls 10 & Under 200 Freestyle	0	0	02:00 PM	_____
Finals	68 Boys 10 & Under 200 Freestyle	0	0	02:00 PM	_____
Finals	69 Girls 11-12 200 Freestyle	0	0	02:00 PM	_____
Finals	70 Boys 11-12 200 Freestyle	0	0	02:00 PM	_____
Finals	71 Girls 10 & Under 100 Butterfly	0	0	02:00 PM	_____
Finals	72 Boys 10 & Under 100 Butterfly	0	0	02:00 PM	_____
Finals	73 Girls 11-12 100 Butterfly	0	0	02:00 PM	_____
Finals	74 Boys 11-12 100 Butterfly	0	0	02:00 PM	_____
Finals	75 Girls 10 & Under 50 Backstroke	0	0	02:00 PM	_____
Finals	76 Boys 10 & Under 50 Backstroke	0	0	02:00 PM	_____
Finals	77 Girls 11-12 50 Backstroke	0	0	02:00 PM	_____
Finals	78 Boys 11-12 50 Backstroke	0	0	02:00 PM	_____
Finals	79 Girls 10 & Under 100 Breaststroke	0	0	02:00 PM	_____
Finals	80 Boys 10 & Under 100 Breaststroke	0	0	02:00 PM	_____
Finals	81 Girls 11-12 100 Breaststroke	0	0	02:00 PM	_____
Finals	82 Boys 11-12 100 Breaststroke	0	0	02:00 PM	_____
Finals	83 Girls 10 & Under 50 Freestyle	0	0	02:00 PM	_____
Finals	84 Boys 10 & Under 50 Freestyle	0	0	02:00 PM	_____
Finals	85 Girls 11-12 50 Freestyle	0	0	02:00 PM	_____
Finals	86 Boys 11-12 50 Freestyle	0	0	02:00 PM	_____
	Finish Time			02:00 PM	_____