

Last Chance Qualifier

July 16-17, 2016

10 Huckleberry Hill Rd, Brookfield, CT 06804.

<https://goo.gl/maps/enzLp>

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #L16-39. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

EVENTS

	Name	Email	Phone
Meet Director:	Gordon Brown	gbrown@regionalymca.org	203-775-4444 ext 129
Meet Referee:	Phillip James	Phillip.m.james@gmail.com	
Entry Chair:	Gordon Brown	gbrown@regionalymca.org	203-775-4444 ext 129
Safety Chair:	Laurie Houseknecht	lhouseknecht@regionalymca.org	203-775-4444 ext 133
Officials Contact:	Phillip James	Phillip.m.james@gmail.com	

WEBSITE: www.makoswim.org

POOL EMERGENCY NUMBER: 203-775-1113

MEET TYPE: Sanctioned

MEET CLASSIFICATION: This meet is open to all USA Swimming athletes and clubs.

MEET FORMAT: The meet will be swum as Timed-Final. The 13 and Over 400M Freestyle will be swum fastest to slowest and alternate girls and boys. Swimmers need to provide their own timer for the 400M freestyle. A ten minute general warm up prior to the 400M freestyle event will be available.

SCRATCH PROCEDURES: Coaches will receive a scratch sheet for each session of the meet in their meet packets listing all of their swimmers and events for each session. Scratch sheets will be due to the computer table 30 minutes after the start of warm ups; these must be returned even if a team has no scratches.

FACILITY: The Greenknoll Aquatics Center is a 6 lane, 50 meter pool. Water depth at start end is: 6ft. Water depth at turn end is: 3.5ft. The competition course has not been certified in accordance with 104.2.2C(4). Colorado timing system with 6 lane display and touch pads at start and turn ends. Team seating is on the east side of the pool near the pond and spectator seating is available under tents on west side. Visiting teams are encouraged to bring tent structures to provide shade and cover for athletes. Athletes should bring deck chairs.

Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

DISABLED ACCESS: Accessible. Fully ADA Compliant. Any individuals requiring handicapped parking please email Laurie Houseknecht at lhouseknecht@regionalymca.org in advance to make arrangements.

COURSE: LCM

SESSION TIMES: Subject to Change

Session 1&3: Saturday/Sunday 11-12 & 13/O Girls

Warm-up: 8:30am

Start: 10:00am

Session 2&4: Saturday/Sunday 9-10 & 13/O Boys

Warm-up: 2:00pm

Start: 3:30pm

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect. Warm-up sessions on Saturday and Sunday will be assigned as three 25-minute team sessions with a 15-minute specific session or four 20-minute team sessions with a 10-minute specific session depending on the number of athletes. Warm-up assignments will be distributed on the Monday prior to the start of the meet. All six lanes will be used for warm up.

ELIGIBILITY: All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete [registration procedures](#). Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

ADAPTED SWIMMING: Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to [Mark Kinne](#), Adapted Athlete Committee Chair.

EVENT INFORMATION: No deck entries will be allowed.

ENTRY LIMITATIONS: Swimmers are limited to four events per day.

ENTRY TIMES: Submit entry times in: LCM. Swimmers may not enter events in which they have achieved CT Senior Open qualifying times. Maximum times standards are listed at the end of this meet announcement. NT entries will not be accepted.

DEADLINES: Deadline is July 1, 2016. Email a pdf file of entry report to the entry chair: Gordon Brown, gbrown@regionalmca.org. Payment, or a copy of an official check request must be postmarked or time stamped within two business days of the entry submission. See payment instructions. Entries will be accepted on a first come, first served basis, in the order in which they are received, space permitting. Formal entry is determined by the date of email receipt as long as entry fee or check request is postmarked/ time stamped within two business days. Failure to send the payment or proof that payment will be made (check request) will cause entry to lose priority and formal entry will be based on the date that payment is actually received. Hardcopies of the entry can be mailed to the entry chair: Gordon Brown, 2 Huckleberry Hill Rd, Brookfield, CT 06804. All hardcopies must be legible and must use full names and registration numbers from USA Swimming registration.

CONNECTICUT-ONLY DEADLINE: May 8, 2016. CT clubs meeting this deadline will be entered before out of state clubs. Out of state entries received before the CT only deadline will be marked as received on May 9, 2016.

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at gbrown@regionalmca.org. Please check that your team name, address, and contact information are listed correctly in this file. Payment, or a copy of an official check request must be postmarked or time stamped within two business days of the entry submission. Entries will be accepted on a first come, first served basis, in the order in which they are received, space permitting. Formal entry is determined by the date of email receipt as long as entry fee or check request is postmarked/ time stamped within two business days. Failure to send the payment or proof that payment will be made (check request) will cause entry to lose priority and formal entry will be based on the date that payment is actually received.

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member

coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

ENTRY FEES: Electronic entries: \$8.00 for individual events. Manual entries: \$10.00 for individual events. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry

PAYMENT INSTRUCTIONS: Please make checks payable to the Regional YMCA of Western CT and mail to: Gordon Brown, 2 Huckleberry Hill Rd, Brookfield, CT, 06804. Payment must be received by 06/01/16.

CUT PROTOCOL: If the session is oversubscribed the following protocol will be instituted **IN THE ORDER PRESENTED** to reduce the timeline to the required length or participation number:

1. Athletes aged 7 and Under will be cut from the meet.
2. Swimmers entries will be limited to three events - Teams will be asked to identify which event to cut.
3. The 400M Freestyles may be heat limited to the top 4 heats of entries per gender.
4. Additional fine-tuning may be achieved by combining lightly enrolled events to mixed gender for the purpose of reducing heats.
5. Visiting teams may be cut based on the date/time of the receipt of the final paid entry. If teams are cut, the host reserves the right to offer the available partial entry to the cut teams in the order that entries were received in order to fill the meet.

The host reserves the right to seek approval from Program Operations for additional changes, which may reasonably maximize participation opportunities.

Notification of any cuts or requests for changes must be made to Program Operations as soon as possible by the host. Attending teams will be notified no later than the Monday before the meet.

NOTE: If the host is required to institute the published cut protocol above. All accepted entries at the time that the cut protocol is instituted may be considered final by the host for the purposes of financial responsibility. (i.e. Teams submitting "placeholder" entries will be required to pay for the entries if the cut protocol is required).

RESERVE THE RIGHT TO MAKE CHANGES: With prior approval from Program Operations and in accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. Clubs will be notified of changes no later than Monday before the meet.

RELAYS: No

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.

5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

PHOTOGRAPHY AND VIDEO RECORDING:

Meet Management has the full authority to restrict any and all photography and visual recording at the meet. Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) from the deck is prohibited by all individuals other than participating Coach and Athlete Members unless prior authorization from the Meet Referee or his/her designee has been granted. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Additionally, the following “Non-Camera Zones” shall be enforced:

- Photography or video recording and the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) is not permitted in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for “race starting purposes” during competition and warm-ups.
- Additional "Non-Camera Zones" may be designated by Meet Management.

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

RULES: Current USA Swimming rules will govern all competition.

TIME TRIALS: No

TIMERS, OFFICIALS OR WORK ASSIGNMENTS: All teams will be required to supply timers in proportion to the size of their entry. Watches to be provided by meet host. Participating clubs must be notified of work assignments by the Monday before the meet.

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted in team areas on the pool deck.

SCORING: The meet will not be scored.

AWARDS: No.

CONCESSIONS: Yes.

HOSPITALITY FOR COACHES AND OFFICIALS: Yes.

MISCELLANEOUS: The meet is hosted by The Regional YMCA of Western CT Mako Swim Club. The Greenknoll Aquatic Center is an outdoor HEATED 50 meter x 6 lane pool located on the YMCA’s Camp Greenknoll, adjacent to and just west of the Regional YMCA of Western CT’s Greenknoll Branch building. Shade is limited. Visiting teams should bring tents and chairs for their athletes.

PARKING: The Greenknoll Aquatic Center at Camp Greenknoll is at 10 Huckleberry Hill Road. Parking is Available on the camp grounds in specified areas. Once the camp ground areas are full overflow parking will be available at the back of the Greenknoll YMCA, located at 2 Huckleberry Hill Rd. Parking instructions may be updated before the meet, in which case all attending teams will be advised.

DIRECTIONS: The Greenknoll Aquatic Center at Camp Greenknoll is at 10 Huckleberry Hill Road, Brookfield, CT 06804. <https://goo.gl/maps/enzLp>

Maximum Time Standards
(Swimmers entry times must be SLOWER to compete)

Women	Event	Men
29.29	50 Freestyle	26.79
1:03.59	100 Freestyle	58.09
2:17.99	200 Freestyle	2:06.59
4:53.59	400 Freestyle	4:35.99
1:13.59	100 Backstroke	1:08.99
2:37.99	200 Backstroke	2:29.59
1:24.99	100 Breaststroke	1:19.99
3:02.39	200 Breaststroke	2:52.99
1:12.49	100 Butterfly	1:04.99
2:45.99	200 Butterfly	2:29.59
2:37.99	200 IM	2:26.79

Last Chance Qualifier 16 - 7/16/2016 to 7/17/2016
Session Report

Session: 1 Saturday AM 11-12 + 13&O Girls

Day of Meet: 1 Starts at 10:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Maximum Standards	Starts at
Finals	1 Girls 11-12 200 Breaststroke	0	0	3:02.40	10:00 AM _____
Finals	2 Boys 11-12 200 Breaststroke	0	0	2:53.00	10:00 AM _____
Finals	3 Girls 13 & Over 200 Breaststroke	0	0	3:02.40	10:00 AM _____
Finals	4 Girls 11-12 50 Backstroke	0	0		10:00 AM _____
Finals	5 Boys 11-12 50 Backstroke	0	0		10:00 AM _____
Finals	6 Girls 13 & Over 200 Backstroke	0	0	2:38.00	10:00 AM _____
Finals	7 Girls 11-12 100 Freestyle	0	0	1:03.60	10:00 AM _____
Finals	8 Boys 11-12 100 Freestyle	0	0	58.10	10:00 AM _____
Finals	9 Girls 13 & Over 100 Freestyle	0	0	1:03.60	10:00 AM _____
Finals	10 Girls 11-12 200 Butterfly	0	0	2:46.00	10:00 AM _____
Finals	11 Boys 11-12 200 Butterfly	0	0	2:29.60	10:00 AM _____
Finals	12 Girls 13 & Over 200 Butterfly	0	0	2:46.00	10:00 AM _____
Finals	13 Girls 11-12 200 Backstroke	0	0	2:38.00	10:00 AM _____
Finals	14 Boys 11-12 200 Backstroke	0	0	2:29.60	10:00 AM _____
Finals	15 Girls 13 & Over 400 Freestyle	0	0	4:53.60	10:00 AM _____
	Finish Time				10:00 AM _____

Session: 2 Saturday PM 10&U + 13&O Boys

Day of Meet: 1 Starts at 03:30 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Meet Qualifying	Starts at
Finals	16 Boys 13 & Over 200 Breaststroke	0	0	2:53.00	03:30 PM _____
Finals	17 Girls 10 & Under 50 Breaststroke	0	0		03:30 PM _____
Finals	18 Boys 10 & Under 50 Breaststroke	0	0		03:30 PM _____
Finals	19 Boys 13 & Over 200 Backstroke	0	0	2:29.60	03:30 PM _____
Finals	20 Girls 10 & Under 100 Backstroke	0	0	1:16.60	03:30 PM _____
Finals	21 Boys 10 & Under 100 Backstroke	0	0	1:09.00	03:30 PM _____
Finals	22 Boys 13 & Over 100 Freestyle	0	0	58.10	03:30 PM _____
Finals	23 Girls 10 & Under 100 Freestyle	0	0	1:03.60	03:30 PM _____
Finals	24 Boys 10 & Under 100 Freestyle	0	0	58.10	03:30 PM _____
Finals	25 Boys 13 & Over 200 Butterfly	0	0	2:29.60	03:30 PM _____
Finals	26 Girls 10 & Under 50 Butterfly	0	0		03:30 PM _____
Finals	27 Boys 10 & Under 50 Butterfly	0	0		03:30 PM _____
Finals	28 Boys 13 & Over 400 Freestyle	0	0	4:36.00	03:30 PM _____
	Finish Time				03:30 PM _____

Last Chance Qualifier 16 - 7/16/2016 to 7/17/2016
Session Report

Session: 3 Sunday AM 11-12 + 13&O Girls

Day of Meet: 2 Starts at 10:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Meet Qualifying	Starts at
Finals	29 Girls 13 & Over 200 Freestyle	0	0	2:18.00	10:00 AM _____
Finals	30 Girls 11-12 200 IM	0	0	2:38.00	10:00 AM _____
Finals	31 Boys 11-12 200 IM	0	0	2:26.80	10:00 AM _____
Finals	32 Girls 13 & Over 50 Freestyle	0	0	29.30	10:00 AM _____
Finals	33 Girls 11-12 100 Breaststroke	0	0	1:25.00	10:00 AM _____
Finals	34 Boys 11-12 100 Breaststroke	0	0	1:20.00	10:00 AM _____
Finals	35 Girls 13 & Over 200 IM	0	0	2:38.00	10:00 AM _____
Finals	36 Girls 11-12 100 Backstroke	0	0	1:13.60	10:00 AM _____
Finals	37 Boys 11-12 100 Backstroke	0	0	1:09.00	10:00 AM _____
Finals	38 Girls 13 & Over 100 Breaststroke	0	0	1:25.00	10:00 AM _____
Finals	39 Girls 11-12 50 Freestyle	0	0	29.30	10:00 AM _____
Finals	40 Boys 11-12 50 Freestyle	0	0	26.80	10:00 AM _____
Finals	41 Girls 13 & Over 100 Backstroke	0	0	1:16.60	10:00 AM _____
Finals	42 Girls 11-12 100 Butterfly	0	0	1:12.50	10:00 AM _____
Finals	43 Boys 11-12 100 Butterfly	0	0	1:05.00	10:00 AM _____
Finals	44 Girls 13 & Over 100 Butterfly	0	0	1:12.50	10:00 AM _____
	Finish Time				10:00 AM _____

Session: 4 Sunday PM 10&U + 13&O Boys

Day of Meet: 2 Starts at 03:30 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Meet Qualifying	Starts at
Finals	45 Boys 13 & Over 200 Freestyle	0	0	2:06.60	03:30 PM _____
Finals	46 Girls 10 & Under 200 IM	0	0	2:38.00	03:30 PM _____
Finals	47 Boys 10 & Under 200 IM	0	0	2:26.80	03:30 PM _____
Finals	48 Boys 13 & Over 50 Freestyle	0	0	26.80	03:30 PM _____
Finals	49 Girls 10 & Under 100 Breaststroke	0	0	1:25.00	03:30 PM _____
Finals	50 Boys 10 & Under 100 Breaststroke	0	0	1:20.00	03:30 PM _____
Finals	51 Boys 13 & Over 200 IM	0	0	2:26.80	03:30 PM _____
Finals	52 Girls 10 & Under 50 Backstroke	0	0		03:30 PM _____
Finals	53 Boys 10 & Under 50 Backstroke	0	0		03:30 PM _____
Finals	54 Boys 13 & Over 100 Breaststroke	0	0	1:20.00	03:30 PM _____
Finals	55 Girls 10 & Under 50 Freestyle	0	0	29.30	03:30 PM _____
Finals	56 Boys 10 & Under 50 Freestyle	0	0	26.80	03:30 PM _____
Finals	57 Boys 13 & Over 100 Backstroke	0	0	1:09.00	03:30 PM _____
Finals	58 Girls 10 & Under 100 Butterfly	0	0	1:12.50	03:30 PM _____
Finals	59 Boys 10 & Under 100 Butterfly	0	0	1:05.00	03:30 PM _____
Finals	60 Boys 13 & Over 100 Butterfly	0	0	1:05.00	03:30 PM _____
	Finish Time				03:30 PM _____