

Middle School Madness
Hosted by Regional YMCA of Western Connecticut
June 10 – 12, 2016

10 Huckleberry Hill Rd, Brookfield, CT 06804.

<https://goo.gl/maps/enzLp>

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #L16-19.

In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

EVENTS

	Name	Email	Phone
Meet Director:	Gordon Brown	gbrown@regionalmca.org	203-775-4444 ext 122
Meet Referee:	Phillip James	phillip.m.james@gmail.com	
Entry Chair:	Gordon Brown	gbrown@regionalmca.org	203-775-4444 ext 129
Safety Chair:	Laurie Houseknecht	lhouseknecht@regionalmca.org	203-775-4444 ext 133
Officials Contact:	Phillip James	phillip.m.james@gmail.com	

WEBSITE: www.makoswim.org

POOL EMERGENCY NUMBER: 203-775-1113

MEET TYPE: Sanctioned

MEET CLASSIFICATION: This meet is open to all USA Swimming athletes and clubs

MEET FORMAT: With the exception of the 400M and 800M Freestyles and the 400M IM (see DISTANCE EVENTS), all individual events for swimmers in the 11-12 and 13-14 age groups will be conducted as preliminaries and finals, swum slowest to fastest with the fastest twelve swimmers returning for consolation and championship final heats in the evening session. In the event that there are less than twelve swimmers entered in an event there will be no consolation final heat in the evening session for that specific event.

SCRATCH PROCEDURES: Coaches will receive a scratch sheet for each preliminary and timed final session of the meet in their meet packets listing all of their swimmers and events for each session. Scratch sheets will be due to the computer table 30 minutes after the start of warm ups; these must be returned even if a team has no scratches.

Positive check in is not required for the 800M Freestyle. Scratch sheets will be used but must be submitted to the computer table 20 minutes after the start of warm up for the distance events. Team scratch sheets that are not returned will be considered a scratch from the event and the swimmer(s) from that team will not be seeded in the events.

Failure to Compete in Finals: Any swimmer qualifying for any heat of finals who fails to compete and who has not been scratched will be barred from all further competition in the meet. A declared false start or deliberate delay of meet is not permitted and will be regarded as a failure to compete. **Exceptions for Failure to Compete in Finals:** No penalty shall apply for failure to compete in finals if: 1. The Referee is notified in the event of injury or illness and accepts the proof thereof. 2. A swimmer qualifying for a final heat based on the results of preliminaries notifies the announcer within 30 minutes after the announcement of qualifiers that he may not intend to compete and confirms his final intentions within 30 minutes following his last individual preliminary event. 3. It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.

Seeding: Seeding and lane assignments shall be in accordance with USA Swimming Rule 102.5, except as noted below. Order of heats shall be slowest to fastest, except as noted below. In order to determine seeding (i.e. the “psych sheet”), all conforming times (LCM) shall be arranged from fastest to slowest. Swimmers whose entry times are identical shall be seeded by draw. Finals for the 11-12 and 13-14 age groups will be swum in B/A finals order.

Distance Events: The 400M and 800M Freestyles and the 400M IM will be swum as timed finals, fastest to slowest and alternating girls and boys. Swimmers need to provide their own timers for all distance events and provide their own counter in addition for the 800M Freestyle. The 800M Freestyle is an 11&over event that will not be scored. Genders may be heat combined to alleviate the timeline of the sessions for all distance events.

FACILITY: The Greenknoll Aquatics Center is a 6 lane, 50 meter pool. Water depth at start end is: 6ft. Water depth at turn end is: 3.5ft. The competition course has not been certified in accordance with 104.2.2C(4). Colorado timing system with 6 lane display and touch pads at start and turn ends. Team seating is on the east side of the pool near the pond and spectator seating is available under tents on west side. Visiting teams are encouraged to bring tent structures to provide shade and cover for athletes. Athletes should bring deck chairs.

Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

DISABLED ACCESS: Accessible. Fully ADA Compliant. Any individuals requiring handicapped parking please email Laurie Houseknecht at lhouseknecht@regionalymca.org in advance to make arrangements.

COURSE: LCM.

SESSION TIMES: Subject to Change

Session 1:	Friday Distance:	warm-up: 4:30pm	start: 5:30pm
Session 2:	Saturday Prelims:	warm-up: 7:30am	start: 9:00am
Session 4:	Sunday Prelims:	warm-up: 8:30am	start: 10:00am
Session 5:	Sunday Distance:	warm-up: 2:00pm	start: 2:30pm
Session 3 & 6:	Saturday/Sunday Finals:	warm-up: 5:00pm	start: 6:00pm

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect. All distance and final warm up sessions will be general warm-up with an allotted time for pace and one way sprints. Preliminary warm-up sessions will be assigned as three 25-minute team sessions with a 15-minute specific session or four 20-minute team sessions with a 10-minute specific session depending on the number of athletes. Warm-up assignments will be distributed on the Monday prior to the start of the meet. All six lanes will be used for warm up.

ELIGIBILITY: All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer’s age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete [registration procedures](#). Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

ADAPTED SWIMMING: Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to [Mark Kinne](#), Adapted Athlete Committee Chair.

EVENT INFORMATION: No deck entries will be allowed.

ENTRY LIMITATIONS: Swimmers may participate in seven events total for the meet. Swimmers are limited to one event on Friday evening and 3 events per day on Saturday and Sunday. The Sunday distance event will count towards the Sunday event total. **DO NOT OVER ENTER SWIMMERS.**

ENTRY TIMES: Submit entry times in: LCM. There are no time standards; however NT entries will not be accepted.

DEADLINES: Entry deadline is Friday, May 27th, 2016. Email a pdf file of entry report to the entry chair: Gordon Brown, gbrown@regionalymca.org. Payment, or a copy of an official check request must be postmarked or time stamped within two business days of the entry submission. See payment instructions. Entries will be accepted on a first come, first served basis, in the order in which they are received, space permitting. Formal entry is determined by the date of email receipt as long as entry fee or check request is postmarked/ time stamped within two business days. Failure to send the payment or proof that payment will be made (check request) will cause entry to lose priority and formal entry will be based on the date that payment is actually received. Hardcopies of the entry can be mailed to the entry chair: Gordon Brown, 2 Huckleberry Hill Rd, Brookfield, CT 06804. All hardcopies must be legible and must use full names and registration numbers from USA Swimming registration.

CONNECTICUT-ONLY DEADLINE: CT deadline is May 1st, 2016. CT clubs meeting this deadline will be entered before out of state clubs. Only CT Teams will be entered on a first come, first served basis, in order as received, space permitting prior to this deadline. Any non-CT registered team entries received prior to this deadline will be considered to have been received on May 2nd, 2015.

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair gbrown@regionalymca.org. Please check that your team name, address, and contact information are listed correctly in this file. Payment, or a copy of an official check request must be postmarked or time stamped within two business days of the entry submission. Entries will be accepted on a first come, first served basis, in the order in which they are received, space permitting. Formal entry is determined by the date of email receipt as long as entry fee or check request is postmarked/ time stamped within two business days. Failure to send the payment or proof that payment will be made (check request) will cause entry to lose priority and formal entry will be based on the date that payment is actually received.

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

ENTRY FEES: Electronic entries: \$8.00 for Timed/Finals individual events, \$8.00 for Prelim/Finals individual events. Manual entries: \$10.00 for individual events. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry.

PAYMENT INSTRUCTIONS: Please make checks payable to the Regional YMCA of Western CT and mail to: Gordon Brown, 2 Huckleberry Hill Rd, Brookfield, CT 06804. Payment must be received by 06/03/16.

CUT PROTOCOL: If the session is oversubscribed the following protocol will be instituted IN THE ORDER PRESENTED to reduce the timeline to the required length or participation number:

1. The distance events (400 meters or yards or greater) may be heat limited to the top 4 heats of entries per gender.
2. The maximum number of events allowed per day may be reduced by one (1).

3. Visiting teams may be cut based on the date/time of the receipt of the final paid entry. If teams are cut, the host reserves the right to offer the available partial entry to the cut teams in the order that entries were received in order to fill the meet.

The host reserves the right to seek approval from Program Operations for additional changes, which may reasonably maximize participation opportunities.

Notification of any cuts or requests for changes must be made to Program Operations as soon as possible by the host. Attending teams will be notified no later than the Monday before the meet.

NOTE: If the host is required to institute the published cut protocol above. All accepted entries at the time that the cut protocol is instituted may be considered final by the host for the purposes of financial responsibility. (i.e. Teams submitting "placeholder" entries will be required to pay for the entries if the cut protocol is required).

RESERVE THE RIGHT TO MAKE CHANGES: In accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. The Meet Referee will seek Program Operations approval for all changes requiring approval. Clubs will be notified of changes no later than Monday before the meet.

RELAYS: There will be no relays at this event.

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

PHOTOGRAPHY AND VIDEO RECORDING:

Meet Management has the full authority to restrict any and all photography and visual recording at the meet. Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) from the deck is prohibited by all individuals other than participating Coach and Athlete Members unless prior authorization from the Meet Referee or his/her designee has been granted. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Additionally, the following "Non-Camera Zones" shall be enforced:

- Photography or video recording and the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) is not permitted in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups.
- Additional "Non-Camera Zones" may be designated by Meet Management.

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

RULES: Current USA Swimming rules will govern all competition.

TIME TRIALS: No

TIMERS, OFFICIALS OR WORK ASSIGNMENTS: All teams will be required to supply timers in proportion to the size of their entry. Watches to be provided by meet host. Swimmers competing in the 400 IM, 400M Freestyle, and the 800M Freestyle will need to provide their own timers. Participating clubs will be notified of work assignments by the Monday before the meet.

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted in team areas on the pool deck.

SCORING: The meet will be scored. Places 1-12 will be scored using the following point system:

Place	1	2	3	4	5	6	7	8	9	10	11	12
Points	16	13	12	11	10	9	7	5	4	3	2	1

AWARDS: Yes. Ribbons will be awarded to the top 12 finishers for each 11-12 and 13-14 events. Individual awards will be presented for 1st through 3rd place at finals following each event. Event winners for the 11-12 and 13-14 age group events will receive a T-shirt (a swimmer that wins multiple events will only receive one t-shirt). The 800M Freestyle event is not scored and awards will not be presented for the event. Teams are responsible to pick up their awards at the conclusion of the meet. Awards will only be mailed at the expense of the visiting club.

CONCESSIONS: Yes

HOSPITALITY FOR COACHES AND OFFICIALS: Yes

MISCELLANEOUS: The meet is hosted by The Regional YMCA of Western CT Mako Swim Team. The Greenknoll Aquatic Center is an outdoor HEATED 50 meter x 6 lane pool located on the YMCA's Camp Greenknoll, adjacent to and just west of the Regional YMCA of Western CT's Greenknoll Branch building. Shade is limited. Visiting teams should bring tents and chairs for their athletes.

PARKING: The Greenknoll Aquatic Center at Camp Greenknoll is at 10 Huckleberry Hill Road. Parking is Available on the camp grounds in specified areas. Once the camp ground areas are full overflow parking will be available at the back of the Greenknoll YMCA, located at 2 Huckleberry Hill Rd. Parking instructions may be updated before the meet, in which case all attending teams will be advised.

DIRECTIONS: The Greenknoll Aquatic Center at Camp Greenknoll is at 10 Huckleberry Hill Road, Brookfield, CT 06804. <https://goo.gl/maps/enzLp>

2016 Middle School Madness - 6/10/2016 to 6/12/2016**Session Report**

Session: 1 Friday Evening

Day of Meet: 1 Starts at 05:30 PM Heat Interval: 10 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	1 Girls 11-12 400 IM	0	0	05:30 PM _____
Finals	2 Boys 11-12 400 IM	0	0	05:30 PM _____
Finals	3 Girls 13-14 400 IM	0	0	05:30 PM _____
Finals	4 Boys 13-14 400 IM	0	0	05:30 PM _____
Finals	5 Girls 11-12 400 Freestyle	0	0	05:30 PM _____
Finals	6 Boys 11-12 400 Freestyle	0	0	05:30 PM _____
Finals	7 Girls 13-14 400 Freestyle	0	0	05:30 PM _____
Finals	8 Boys 13-14 400 Freestyle	0	0	05:30 PM _____
	Finish Time			05:30 PM _____

Session: 2 Saturday Prelims

Day of Meet: 2 Starts at 09:00 AM Heat Interval: 10 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Prelims	9 Girls 11-12 200 Freestyle	0	0	09:00 AM _____
Prelims	10 Boys 11-12 200 Freestyle	0	0	09:00 AM _____
Prelims	11 Girls 13-14 200 Freestyle	0	0	09:00 AM _____
Prelims	12 Boys 13-14 200 Freestyle	0	0	09:00 AM _____
Prelims	13 Girls 11-12 100 Butterfly	0	0	09:00 AM _____
Prelims	14 Boys 11-12 100 Butterfly	0	0	09:00 AM _____
Prelims	15 Girls 13-14 100 Butterfly	0	0	09:00 AM _____
Prelims	16 Boys 13-14 100 Butterfly	0	0	09:00 AM _____
Prelims	17 Girls 11-12 50 Breaststroke	0	0	09:00 AM _____
Prelims	18 Boys 11-12 50 Breaststroke	0	0	09:00 AM _____
Prelims	19 Girls 13-14 200 Breaststroke	0	0	09:00 AM _____
Prelims	20 Boys 13-14 200 Breaststroke	0	0	09:00 AM _____
Prelims	21 Girls 11-12 100 Backstroke	0	0	09:00 AM _____
Prelims	22 Boys 11-12 100 Backstroke	0	0	09:00 AM _____
Prelims	23 Girls 13-14 100 Backstroke	0	0	09:00 AM _____
Prelims	24 Boys 13-14 100 Backstroke	0	0	09:00 AM _____
Prelims	25 Girls 11-12 50 Freestyle	0	0	09:00 AM _____
Prelims	26 Boys 11-12 50 Freestyle	0	0	09:00 AM _____
Prelims	27 Girls 13-14 50 Freestyle	0	0	09:00 AM _____
Prelims	28 Boys 13-14 50 Freestyle	0	0	09:00 AM _____
	Finish Time			09:00 AM _____

2016 Middle School Madness - 6/10/2016 to 6/12/2016**Session Report**

Session: 3 Saturday Finals

Day of Meet: 2 Starts at 06:00 PM Heat Interval: 60 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	9 Girls 11-12 200 Freestyle	0	2u	06:00 PM _____
Finals	10 Boys 11-12 200 Freestyle	0	2u	06:09 PM _____
Finals	11 Girls 13-14 200 Freestyle	0	2u	06:18 PM _____
Finals	12 Boys 13-14 200 Freestyle	0	2u	06:26 PM _____
Finals	13 Girls 11-12 100 Butterfly	0	2u	06:34 PM _____
Finals	14 Boys 11-12 100 Butterfly	0	2u	06:39 PM _____
Finals	15 Girls 13-14 100 Butterfly	0	2u	06:45 PM _____
Finals	16 Boys 13-14 100 Butterfly	0	2u	06:50 PM _____
Finals	17 Girls 11-12 50 Breaststroke	0	2u	06:55 PM _____
Finals	18 Boys 11-12 50 Breaststroke	0	2u	06:59 PM _____
Finals	19 Girls 13-14 200 Breaststroke	0	2u	07:02 PM _____
Finals	20 Boys 13-14 200 Breaststroke	0	2u	07:12 PM _____
Finals	21 Girls 11-12 100 Backstroke	0	2u	07:21 PM _____
Finals	22 Boys 11-12 100 Backstroke	0	2u	07:27 PM _____
Finals	23 Girls 13-14 100 Backstroke	0	2u	07:33 PM _____
Finals	24 Boys 13-14 100 Backstroke	0	2u	07:39 PM _____
Finals	25 Girls 11-12 50 Freestyle	0	2u	07:44 PM _____
Finals	26 Boys 11-12 50 Freestyle	0	2u	07:48 PM _____
Finals	27 Girls 13-14 50 Freestyle	0	2u	07:52 PM _____
Finals	28 Boys 13-14 50 Freestyle	0	2u	07:55 PM _____
	Entry / Heat Totals:	0	40	
	Finish Time			07:59 PM _____

2016 Middle School Madness - 6/10/2016 to 6/12/2016**Session Report**

Session: 4 Sunday Prelims

Day of Meet: 3 Starts at 10:00 AM Heat Interval: 10 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Prelims	29 Girls 11-12 200 IM	0	0	10:00 AM _____
Prelims	30 Boys 11-12 200 IM	0	0	10:00 AM _____
Prelims	31 Girls 13-14 200 IM	0	0	10:00 AM _____
Prelims	32 Boys 13-14 200 IM	0	0	10:00 AM _____
Prelims	33 Girls 11-12 50 Butterfly	0	0	10:00 AM _____
Prelims	34 Boys 11-12 50 Butterfly	0	0	10:00 AM _____
Prelims	35 Girls 13-14 200 Butterfly	0	0	10:00 AM _____
Prelims	36 Boys 13-14 200 Butterfly	0	0	10:00 AM _____
Prelims	37 Girls 11-12 100 Breaststroke	0	0	10:00 AM _____
Prelims	38 Boys 11-12 100 Breaststroke	0	0	10:00 AM _____
Prelims	39 Girls 13-14 100 Breaststroke	0	0	10:00 AM _____
Prelims	40 Boys 13-14 100 Breaststroke	0	0	10:00 AM _____
Prelims	41 Girls 11-12 50 Backstroke	0	0	10:00 AM _____
Prelims	42 Boys 11-12 50 Backstroke	0	0	10:00 AM _____
Prelims	43 Girls 13-14 200 Backstroke	0	0	10:00 AM _____
Prelims	44 Boys 13-14 200 Backstroke	0	0	10:00 AM _____
Prelims	45 Girls 11-12 100 Freestyle	0	0	10:00 AM _____
Prelims	46 Boys 11-12 100 Freestyle	0	0	10:00 AM _____
Prelims	47 Girls 13-14 100 Freestyle	0	0	10:00 AM _____
Prelims	48 Boys 13-14 100 Freestyle	0	0	10:00 AM _____
	Finish Time			10:00 AM _____

Session: 5 Sunday Distance

Day of Meet: 3 Starts at 02:30 PM Heat Interval: 10 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	49 Girls 11 & Over 800 Freestyle	0	0	02:30 PM _____
Finals	50 Boys 11 & Over 800 Freestyle	0	0	02:30 PM _____
	Finish Time			02:30 PM _____

2016 Middle School Madness - 6/10/2016 to 6/12/2016**Session Report**

Session: 6 Sunday Finals

Day of Meet: 3 Starts at 06:00 PM Heat Interval: 60 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	29 Girls 11-12 200 IM	0	2u	06:00 PM _____
Finals	30 Boys 11-12 200 IM	0	2u	06:10 PM _____
Finals	31 Girls 13-14 200 IM	0	2u	06:19 PM _____
Finals	32 Boys 13-14 200 IM	0	2u	06:28 PM _____
Finals	33 Girls 11-12 50 Butterfly	0	2u	06:36 PM _____
Finals	34 Boys 11-12 50 Butterfly	0	2u	06:40 PM _____
Finals	35 Girls 13-14 200 Butterfly	0	1u	06:44 PM _____
Finals	36 Boys 13-14 200 Butterfly	0	1u	06:48 PM _____
Finals	37 Girls 11-12 100 Breaststroke	0	2u	06:52 PM _____
Finals	38 Boys 11-12 100 Breaststroke	0	2u	06:58 PM _____
Finals	39 Girls 13-14 100 Breaststroke	0	2u	07:03 PM _____
Finals	40 Boys 13-14 100 Breaststroke	0	2u	07:09 PM _____
Finals	41 Girls 11-12 50 Backstroke	0	2u	07:14 PM _____
Finals	42 Boys 11-12 50 Backstroke	0	2u	07:18 PM _____
Finals	43 Girls 13-14 200 Backstroke	0	2u	07:22 PM _____
Finals	44 Boys 13-14 200 Backstroke	0	2u	07:32 PM _____
Finals	45 Girls 11-12 100 Freestyle	0	2u	07:41 PM _____
Finals	46 Boys 11-12 100 Freestyle	0	2u	07:46 PM _____
Finals	47 Girls 13-14 100 Freestyle	0	2u	07:51 PM _____
Finals	48 Boys 13-14 100 Freestyle	0	2u	07:56 PM _____
	Entry / Heat Totals:	0	38	
	Finish Time			08:01 PM _____