

# GRYM May Long Course Invitational

**May 14-15, 2016**

YMCA of Greenwich Pool, 50 E. Putnam Ave., Greenwich, CT 06830

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #L16-8. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

## EVENTS

	<b>Name</b>	<b>Email</b>	<b>Phone</b>
Meet Director:	Kevin Stone	<a href="mailto:kstone@gwymca.org">kstone@gwymca.org</a>	203-869-1630 x 528
Meet Referee:	Dennis Rodney	<a href="mailto:dlrmdi@msn.com">dlrmdi@msn.com</a>	(203) 733-4604
Entry Chair:	Kevin Stone	<a href="mailto:kstone@gwymca.org">kstone@gwymca.org</a>	203-869-1630 x 528
Safety Chair:	Heather Flaherty	<a href="mailto:hflahe@optimum.net">hflahe@optimum.net</a>	
Officials Contact:	Dennis Rodney	<a href="mailto:dlrmdi@msn.com">dlrmdi@msn.com</a>	(203) 733-4604

**WEBSITE:** [www.greenwichmarlins.org](http://www.greenwichmarlins.org)

**POOL EMERGENCY NUMBER:** 203-869-1630 x 500

**MEET TYPE:** Sanctioned

**MEET CLASSIFICATION:** This meet is open to all USA Swimming athletes and clubs.

**MEET FORMAT:** The meet will be swum as timed final. The SENIOR 400IM, SENIOR 400Free and 12u 400Free will run fastest to slowest AND alternate Girls / Boys heats.

**SCRATCH PROCEDURES:** Coaches will receive a scratch sheet for each session, listing all of their swimmers and events for that session. Coaches must indicate all scratches on these sheets and turn them in to the computer table no later than **30 minutes** after the start of warm up. **NO DECK ENTRIES WILL BE ACCEPTED.**

**FACILITY:** The YMCA of Greenwich Pool at the YMCA of Greenwich is an 8-lane, 50 meter pool. Water depth at start end is: 13 Feet. Water depth at turn end is: 4 Feet. The competition course has not been certified in accordance with 104.2.2C (4). There is a state of the art Colorado Timing System with a large LED scoreboard. There are a few temporary small bleachers for spectator seating. NO seat-saving will be tolerated.

Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

**DISABLED ACCESS:** Handicap parking is located in the Mason Street lot and will lead to elevator access to the pool on the first floor. Anyone needing access should contact the Meet Director or YMCA Front Desk Staff for assistance before the meet.

**COURSE:** LCM.

**SESSION TIMES:** Subject to Change!

**Saturday & Sunday Morning: 7:00am warm up, 8:30am start**

**Saturday & Sunday Afternoon: 12:30pm warm up, 2:00pm start**

**WARM-UPS:** CT Swimming Warm-Up Procedures will be in effect. We will use 8 lanes for warm up. We intend to have three 25 minute assigned warm up sessions, followed by a 15 min sprint/pace/open warm up session.

**ELIGIBILITY:** All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete [registration procedures](#). Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

**ADAPTED SWIMMING:** Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to [Mark Kinne](#), Adapted Athlete Committee Chair.

**EVENT INFORMATION:** No Deck Entries will be accepted.

**ENTRY LIMITATIONS:** 3 events per day

**ENTRY TIMES:** Submit entry times in: LCM.

**DEADLINES:** Deadline is April 27, 2016. Mail hardcopy and payment to the entry chairperson: Kevin Stone, 50 E Putnam Ave, Greenwich, CT 06830. All entries must be legible and must use full names and registration numbers from USA Swimming registration. Entries will be determined by date and time of email received by entry chair.

**ELECTRONIC ENTRIES:** Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at [kstone@gwymca.org](mailto:kstone@gwymca.org). Please check that your team name, address, and contact information are listed correctly in this file. Payment is expected by the entry deadline, April 27, 2016. Teams will be responsible for no less than the fees associated with their original entry.

**ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION:** Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

**ENTRY FEES:** Electronic entries: \$7.50 for all individual events. Manual entries: \$10.00 for all individual events. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry.

**PAYMENT INSTRUCTIONS:** Please make checks payable to YMCA of Greenwich and mail to: Kevin Stone 50 E Putnam Ave, Greenwich, CT 06830. Payment must be received by April 27, 2016.

## **CUT PROTOCOL:**

If the session is oversubscribed the following protocol will be instituted IN THE ORDER PRESENTED to reduce the timeline to the required length or participation number:

1. The distance events (400 meters) may be heat limited to the first 4 heats of entries per gender in the order they were received.
2. Visiting teams may be cut based on the date/time of the receipt of the final paid entry. If teams are cut, the host reserves the right to offer the available partial entry to the cut teams in the order that entries were received in order to fill the meet.

The host reserves the right to seek approval from Program Operations for additional changes, which may reasonably maximize participation opportunities.

Notification of any cuts or requests for changes must be made to Program Operations as soon as possible by the host. Attending teams will be notified no later than the Monday before the meet.

NOTE: If the host is required to institute the published cut protocol above. All accepted entries at the time that the cut protocol is instituted may be considered final by the host for the purposes of financial responsibility. (i.e. Teams submitting "placeholder" entries will be required to pay for the entries if the cut protocol is required).

**RESERVE THE RIGHT TO MAKE CHANGES:** In accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. The Meet Referee will seek Program Operations approval for all changes requiring approval. Clubs will be notified of changes no later than Monday before the meet.

**RELAYS:** No

## **SAFETY:**

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

## **PHOTOGRAPHY AND VIDEO RECORDING:**

Meet Management has the full authority to restrict any and all photography and visual recording at the meet. Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) from the deck is prohibited by all individuals other than participating Coach and Athlete Members unless prior authorization from the Meet Referee or his/her designee has been granted. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Additionally, the following "Non-Camera Zones" shall be enforced:

- Photography or video recording and the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

- Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) is not permitted in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups.
- Additional "Non-Camera Zones" may be designated by Meet Management.

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

**RULES:** Current USA Swimming rules will govern all competition.

**TIME TRIALS:** No

**TIMERS, OFFICIALS OR WORK ASSIGNMENTS:**

Officials: A meet of this size and caliber requires many workers to make it run efficiently. The Marlins welcome anyone qualified who would like to assist with officiating during this meet. Please contact Dennis Rodney ([dlrmdi@msn.com](mailto:dlrmdi@msn.com)) if you have any officials that will be able to help. When contacting about officials, please include name, phone number and level of official and team affiliation.

Timers: The host team will require timers from teams in proportion to the size of their entries. Participating clubs will be notified of work assignments by the Monday before the meet. **All swimmers in the 400 Freestyles and 400 IMs must provide their own timer.**

**DECK ACCESS:** Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

**SCORING:** The meet will not be scored.

**AWARDS:** No.

**CONCESSIONS:** Yes

**HOSPITALITY FOR COACHES AND OFFICIALS:** Yes.

**PARKING:** Parking at the YMCA is limited to YMCA members only, but there is ample parking in the immediate area. Coaches of visiting teams will receive a detailed map of available parking areas.

**DIRECTIONS:**

The YMCA of Greenwich is located at 50 E Putnam Ave, Greenwich, CT 06830.

<http://www.greenwichymca.org/aboutus/directions/>

**2016 GRYM May LC Invitational - 5/14/2016 to 5/15/2016****Session Report**

Session: 1 Saturday - Morning

Day of Meet: 1 Starts at 08:30 AM Heat Interval: 20 Seconds / Back +15 Seconds

			<b>Entries</b>	<b>Heats</b>
Finals	1	Girls 200 Freestyle	0	0
Finals	2	Boys 200 Freestyle	0	0
Finals	3	Girls 100 Breaststroke	0	0
Finals	4	Boys 100 Breaststroke	0	0
Finals	5	Girls 200 Butterfly	0	0
Finals	6	Boys 200 Butterfly	0	0
Finals	7	Girls 50 Freestyle	0	0
Finals	8	Boys 50 Freestyle	0	0
Finals	9	Girls 100 Backstroke	0	0
Finals	10	Boys 100 Backstroke	0	0
Finals	11	Girls 400 IM	0	0
Finals	12	Boys 400 IM	0	0

Session: 2 Saturday - Afternoon

Day of Meet: 1 Starts at 02:00 PM Heat Interval: 20 Seconds / Back +15 Seconds

			<b>Entries</b>	<b>Heats</b>
Finals	13	Girls 10 & Under 50 Butterfly	0	0
Finals	14	Boys 10 & Under 50 Butterfly	0	0
Finals	15	Girls 11-12 50 Butterfly	0	0
Finals	16	Boys 11-12 50 Butterfly	0	0
Finals	17	Girls 10 & Under 50 Breaststroke	0	0
Finals	18	Boys 10 & Under 50 Breaststroke	0	0
Finals	19	Girls 11-12 50 Breaststroke	0	0
Finals	20	Boys 11-12 50 Breaststroke	0	0
Finals	21	Girls 10 & Under 100 Freestyle	0	0
Finals	22	Boys 10 & Under 100 Freestyle	0	0
Finals	23	Girls 11-12 100 Freestyle	0	0
Finals	24	Boys 11-12 100 Freestyle	0	0
Finals	25	Girls 10 & Under 100 Backstroke	0	0
Finals	26	Boys 10 & Under 100 Backstroke	0	0
Finals	27	Girls 11-12 100 Backstroke	0	0
Finals	28	Boys 11-12 100 Backstroke	0	0
Finals	29	Girls 12 & Under 400 Freestyle	0	0
Finals	30	Boys 12 & Under 400 Freestyle	0	0

**2016 GRYM May LC Invitational - 5/14/2016 to 5/15/2016****Session Report**

Session: 3 Sunday - Morning

Day of Meet: 2 Starts at 08:30 AM Heat Interval: 20 Seconds / Back +15 Seconds

			<b>Entries</b>	<b>Heats</b>
Finals	31	Girls 200 IM	0	0
Finals	32	Boys 200 IM	0	0
Finals	33	Girls 100 Butterfly	0	0
Finals	34	Boys 100 Butterfly	0	0
Finals	35	Girls 200 Breaststroke	0	0
Finals	36	Boys 200 Breaststroke	0	0
Finals	37	Girls 100 Freestyle	0	0
Finals	38	Boys 100 Freestyle	0	0
Finals	39	Girls 200 Backstroke	0	0
Finals	40	Boys 200 Backstroke	0	0
Finals	41	Girls 400 Freestyle	0	0
Finals	42	Boys 400 Freestyle	0	0

Session: 4 Sunday - Afternoon

Day of Meet: 2 Starts at 02:00 PM Heat Interval: 20 Seconds / Back +15 Seconds

			<b>Entries</b>	<b>Heats</b>
Finals	43	Girls 10 & Under 200 Freestyle	0	0
Finals	44	Boys 10 & Under 200 Freestyle	0	0
Finals	45	Girls 11-12 200 Freestyle	0	0
Finals	46	Boys 11-12 200 Freestyle	0	0
Finals	47	Girls 10 & Under 100 Butterfly	0	0
Finals	48	Boys 10 & Under 100 Butterfly	0	0
Finals	49	Girls 11-12 100 Butterfly	0	0
Finals	50	Boys 11-12 100 Butterfly	0	0
Finals	51	Girls 10 & Under 50 Freestyle	0	0
Finals	52	Boys 10 & Under 50 Freestyle	0	0
Finals	53	Girls 11-12 50 Freestyle	0	0
Finals	54	Boys 11-12 50 Freestyle	0	0
Finals	55	Girls 10 & Under 50 Backstroke	0	0
Finals	56	Boys 10 & Under 50 Backstroke	0	0
Finals	57	Girls 11-12 50 Backstroke	0	0
Finals	58	Boys 11-12 50 Backstroke	0	0
Finals	59	Girls 10 & Under 100 Breaststroke	0	0
Finals	60	Boys 10 & Under 100 Breaststroke	0	0
Finals	61	Girls 11-12 100 Breaststroke	0	0
Finals	62	Boys 11-12 100 Breaststroke	0	0
Finals	63	Girls 12 & Under 200 IM	0	0
Finals	64	Boys 12 & Under 200 IM	0	0