

Chelsea Piers Aquatic Club
Spring LCM Quadrathon
Wednesday, June 29, 2016

Chelsea Piers CT, 1 Blachley Road, Stamford CT 06902

Google Map - <http://goo.gl/maps/rikJ4>

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #L16-31. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

EVENTS

	Name	Email	Phone
Meet Director:	Kathy Salvo	salvok@chelseapiersct.com	203-249-1470
Meet Referee:	William Buttenwieser	wbutten@optonline.net	914-879-5045
Entry Chair:	Pat Ford Griffis	pat.f.griffis@gmail.com	203-861-1579
Safety Chair:	James Barone	Baronj@chelseapiersct.com	203-989-1300
Officials Contact:	William Buttenwieser	wbutten@optonline.net	914-879-5045

WEBSITE: <http://www.ChelseaPiersCT.com>

POOL EMERGENCY NUMBER: 203-989-1300

MEET TYPE: Sanctioned

MEET CLASSIFICATION: This meet is open to all USA Swimming athletes and clubs.

MEET FORMAT: The meet will be swum as Timed-Final. Flyover starts will be used in all sessions.

SCRATCH PROCEDURES: Coaches will receive a scratch sheet at the beginning of each session. Coaches must indicate all scratches on these sheets and submit their scratch sheets to the computer table at least **45** minutes before races start. If any team does not comply with these procedures, at the Referee's discretion the **penalty** for that team is to be scratched from the session.

FACILITY: The Chelsea Piers Competition Pool is an 8-lane, 50-meter course plus two outer lanes. Only **6 lanes** may be used for the racing course. The host club reserves the right to exercise the option to increase or decrease the number of competition lanes, at the Referee's discretion, based on the estimated timeline and any facility requirements.

At the Referee's discretion, **warm-up/warm-down** may be allowed in some or all outer lanes. CP-CT members may be allowed to swim in outer lanes providing at least one empty lane is between any such outer lane and the racing course lanes.

Water depth at start end is: **7** feet. Water depth at turn end is: **7** feet.
The competition course has not been certified in accordance with 104.2.2C(4).

Chelsea Piers uses a Daktronic timing system with a multilane LCD scoreboard.

Spectator seating will be available on the mezzanine. Bleachers are available on deck for team seating; deck chairs will not be allowed to be brought on deck.

Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

DISABLED ACCESS: Chelsea Piers Connecticut is fully accessible to all, able-bodied and challenged. The spectator area is easily accessible via elevator, and all bathrooms have reserved stalls in them. Reserved parking is directly in front of the facility. Please contact the Safety Chair for more information and special arrangements.

COURSE: LCM.

SESSION TIMES: Subject to Change - Any adjustments to session times will be notified by Monday before meet.

Warm up 4:00 pm

Meet starts 5:00 pm

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect.

The sessions may use **2 tiers of warm-ups**, using up to **10 lanes**, with lanes assigned by team at the discretion of the meet director. At the conclusion of the warm-up tiers there will be a **single, additional warm-up period combined** for all teams with outside lanes being pace lanes and inner lanes designated as one-way sprints with starts from the blocks.

The meet director reserves the right to condense or expand this warm-up format dependent upon meet subscription and facility requirements.

Warm-up/warm-down lanes for 13 and Overs only, may also be available in the two outer lanes at the discretion of the Referee. No Diving will be allowed in these lanes. Swimmers must enter these lanes from the far end of the pool only. Other restrictions may be applied at the discretion of the Referee.

ELIGIBILITY: All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete [registration procedures](#). Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

ADAPTED SWIMMING: Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to [Mark Kinne](#), Adapted Athlete Committee Chair.

EVENT INFORMATION: Deck Entries will not be accepted.

No entries will be changed on deck unless proof of ill-health or injury is accepted by the Meet Referee.

Please note carefully: No updated team entry files will be accepted from existing entered teams after **Tuesday, June 21st** (This means no added swimmers, no added events, no swaps into longer events, no entry-time updates).

'One-off' change situations may be considered only if the time-line permits but no later than **Friday, June 24th**.

Note that any changes for individual swimmers' entries after the Financially Responsible Date will incur additional costs. Fees for any scratches after this FR date are due and payable and once paid will not be returned.

ENTRY LIMITATIONS: Athletes may swim all 4 individual events in a single session.

ENTRY TIMES: Submit entry times in LCM. No Times (NT) will not be accepted. If there are no official times for an athlete, estimated entry times must be submitted. Converted times from other courses are permissible.

DEADLINES: Entry deadline is **Thursday, June 16th, 2016**, at which time the entering team is considered to be **Financially Responsible** for the fees for the events then entered.

NOTE. All accepted entries at the time that the Cut Protocol is applied may be considered final by the host for the purposes of Financial Responsibility. (i.e. Teams submitting "placeholder" entries will be required to pay for all the entries if the Cut Protocol is required.)

Mail hardcopy entry to the entry chairperson: Pat Ford Griffis, 16 Annjim Drive, Greenwich, CT 06830
All entries must be typed or printed legibly, and must use full names and registration numbers from USA Swimming registration.

CONNECTICUT-ONLY DEADLINE: CT deadline is **April 22, 2016**. CT clubs meeting this CT-Only Deadline will be entered before out of state clubs.

Date of Entry will be determined by date of receipt of emailed entry file attachment in sd3 or cl2 file format. Date of receipt of mailed or emailed entries needing **manual input** will be treated the same as electronic files, **providing** that the entry is for less than three athletes; otherwise the entry will be considered as received 3 days later than postmark or email receipt.

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at pat.f.griffis@gmail.com. Please check that your team name, address, and contact information are listed correctly in this file.

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall:

- 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance.
- 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

ENTRY FEES: Electronic entries: \$10.00 for individual events. Manual entries: \$15.00 for individual events, No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry.

PAYMENT INSTRUCTIONS: Please make checks payable to Chelsea Piers Connecticut and mail to: Chelsea Piers CT, c/o Jamie Barone, 1 Blachley Road, Stamford, CT 06902
Payment must be received by **June 20, 2016**

CUT PROTOCOL:

The host facility has decided to limit the planned length of the session to 3 hours (after scratches).

If the session is oversubscribed the following protocol will be instituted **IN THE ORDER PRESENTED** to reduce the timeline to the required length or participation number:

1. The maximum number of events allowed per day may be reduced by one (1).
2. All events may be heat limited to balance the session appropriately.
3. Visiting teams may be cut based on the date/time of the receipt of the final paid entry. If teams are cut, the host reserves the right to offer the available partial entry to the cut teams in the order that entries were received in order to fill the meet.

The host reserves the right to seek approval from Program Operations for additional changes, which may reasonably maximize participation opportunities.

Notification of any cuts or requests for changes must be made to Program Operations as soon as possible by the host. Attending teams will be notified no later than the Monday before the meet.

NOTE. All accepted entries at the time that the Cut Protocol is applied may be considered final by the host for the purposes of Financial Responsibility. (i.e. Teams submitting "placeholder" entries will be required to pay for all the entries if the Cut Protocol is required.)

RESERVE THE RIGHT TO MAKE CHANGES: In accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. The Meet Referee will seek Program Operations approval for all changes requiring approval. Clubs will be notified of changes no later than Monday before the meet.

RELAYS: No.

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

PHOTOGRAPHY AND VIDEO RECORDING:

Meet Management has the full authority to restrict any and all photography and visual recording at the meet. Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) from the deck is prohibited by all individuals other than participating Coach and Athlete Members unless prior authorization from the Meet Referee or his/her designee has been granted. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Additionally, the following "Non-Camera Zones" shall be enforced:

- Photography or video recording and the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) is not permitted in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups.
- Additional "Non-Camera Zones" may be designated by Meet Management.

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

RULES: Current USA Swimming rules will govern all competition.

TIME TRIALS: No

TIMERS, OFFICIALS OR WORK ASSIGNMENTS: Any volunteer officials should contact Bill Bittenwieser, wbutten@optonline.net.

Timers will be Required for all Sessions from all participating clubs. Participating clubs must be notified of work assignments by the Monday before the meet.

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

SCORING: The meet will not be scored.

AWARDS: No

CONCESSIONS: Yes

HOSPITALITY FOR COACHES AND OFFICIALS: No

PARKING: There is parking located on site at Chelsea Piers Connecticut.

DIRECTIONS:

Northbound 95: Take exit 9. Make a left at the end of the ramp. Make a left on to Rt.1. Make a left onto Blachley Road. The facility is at the end of the street.

Southbound 95: Take exit 9. Make a right at the end of the ramp. Make a left onto Blachley Road. The facility is at the end of the street.

LODGING:

The Sheraton Stamford Hotel is 1 mile from Chelsea Piers CT, take exit 8 from I-95.

Address: 700 East Main St, Stamford, CT 06901

Phone: (203) 358-8400 • Fax: (203) 358-8872

Please mention Chelsea Piers if making a reservation.

CPAC June 100's - 6/29/2016
Session Report

Session: 1 100's Wed Evg

Day of Meet: 1 Starts at 05:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Meet Qualifying	Starts at
Finals	1 Girls 9 & Over 100 Butterfly	0	0		05:00 PM _____
Finals	2 Boys 9 & Over 100 Butterfly	0	0		05:00 PM _____
Finals	3 Girls 9 & Over 100 Backstroke	0	0		05:00 PM _____
Finals	4 Boys 9 & Over 100 Backstroke	0	0		05:00 PM _____
Finals	5 Girls 9 & Over 100 Breaststroke	0	0		05:00 PM _____
Finals	6 Boys 9 & Over 100 Breaststroke	0	0		05:00 PM _____
Finals	7 Girls 9 & Over 100 Freestyle	0	0		05:00 PM _____
Finals	8 Boys 9 & Over 100 Freestyle	0	0		05:00 PM _____
	Finish Time				05:00 PM _____