

**2015 9th Annual ZEUS 10 and Under Meet Mayor's Cup Invitational
June 5, 2015**

Norwalk High School
23 Calvin Murphy Drive
Norwalk, CT 06851

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #L15-18. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

EVENTS

	Name	Email	Phone
Meet Director:	Omar Cruz	Omar.cruz@zeusswimteam.org	203-838-5836
Meet Referee:	Michael Mendribil	michael@mendribil.com	203-838-5836
Entry Chair:	Eric Baritz	Byte1inc@optonline.net	203-838-5836
Safety Chair:	Dennis Flores	Dennis.flores@zeusswimteam.org	203-838-5836
Officials Contact:	Michele Muller	sailonimage@gmail.com	

WEBSITE: zeusswimteam.org

POOL EMERGENCY NUMBER: 203-515-8055

MEET TYPE: Sanctioned

MEET CLASSIFICATION: This meet is open to all USA Swimming athletes and clubs.

MEET FORMAT: The meet will be swum as Timed-Final. The meet session will be less than 3 hours. Colorado timing will be used for events 50 yards and longer. Manual timing will be used for all 25 yd. events.

SCRATCH PROCEDURES: Scratches are due 20 minutes before the start of the session.

FACILITY: The Norwalk High School Pool is a 6 -lane, 25-yard pool. Colorado Timing System computer, touch pads and six-lane score board assure a quality timing system display of events. The competition course has not been certified in accordance with 104.2.2C (4). Water depth at start end is: 12 feet. Water depth at turn end is: 4.5 feet. There are spectator bleachers available

Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

DISABLED ACCESS: Handicap accessibility throughout the facility..

COURSE: SCY

SESSION TIMES: Subject to Change Warm-up 5:00p.m. 5:45p.m. Start

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect.

Warm-up #1 5:00-5:15p.m. Warm-up #2 5:15-5:30p.m. Warm-up # 5:30-5:40p.m. Sprints
All 6 lanes will be used for warm-up

ELIGIBILITY: All athletes must be current athlete members of USA Swimming and no older than ten years of age. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete [registration procedures](#). Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

ADAPTED SWIMMING: Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to [Mark Kinne](#), Adapted Athlete Committee Chair.

ENTRY LIMITATIONS: Maximum of 5 events plus relays

ENTRY TIMES: Submit entry times in SCY. No Times are discouraged

DEADLINES: Entry deadline is Wednesday May 20, 2015. Mail hardcopy and payment to the entry chairperson by the above date: ZEUS Swimming 501 Westport Avenue, #272 Norwalk, CT 06854 All entries must be typed or printed legibly, and must use full names and registration numbers from USA Swimming registration. Entries are official upon receipt of the check.

CONNECTICUT-ONLY DEADLINE: May 20, 2015. Entries will be considered received when the entry file is received (email or mail). CT clubs meeting this deadline will be entered before out of state clubs.

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at byte1inc@optonline.net. Please check that your team name, address, and contact information are listed correctly in this file. When payment is received the entry is considered officially in the meet.

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

ENTRY FEES: Electronic entries: \$6.00 for individual events and \$12.00 for relays. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry

PAYMENT INSTRUCTIONS: Please make checks payable to: NAC Mail to: ZEUS Swimming c/o Eric Baritz 501 Westport Avenue, #272 Norwalk, CT 06854 Payment must be received by 5/22/2015

CUT PROTOCOL: Should the meet be oversubscribed the cut protocol is as follows:

- Events will be cut from 5 to 4 events
- Events will be cut from 4 to 3 events
- Relays will be eliminated
- Club entries will be cut in reverse order of their receipt
- ZEUS Swimmers will not be cut to ensure the running of the meet.

RESERVE THE RIGHT TO MAKE CHANGES: With prior approval from Program Operations and in accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. Clubs will be notified of changes no later than Monday before the meet.

RELAYS: Yes. All relay swimmers must be officially entered in the meet.

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

PHOTOGRAPHY AND VIDEO RECORDING:

Meet Management has the full authority to restrict any and all photography and visual recording at the meet. Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) from the deck is prohibited by all individuals other than participating Coach and Athlete Members unless prior authorization from the Meet Referee or his/her designee has been granted. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Additionally, the following "Non-Camera Zones" shall be enforced:

- Photography or video recording and the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) is not permitted in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups.
- Additional "Non-Camera Zones" may be designated by Meet Management.

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

RULES: Current USA Swimming rules will govern all competition.

TIME TRIALS: Yes. Time trials may be offered at the discretion of the Meet Referee in accordance with CSI Policy if time allows. Time trials are limited to the events published in this meet announcement (age/distance/stroke). Time Trials will count toward the athlete's event limitations for the day and meet. If they are offered, only athletes properly entered in one or more events in the meet are eligible for time trials and must be properly entered in the Time Trial. The deadline for Time Trial entries is 6:00pm for the afternoon sessions. The fee for Time Trial entries are \$6.00 for individual events and \$12.00 for relays.

TIMERS, OFFICIALS OR WORK ASSIGNMENTS: Volunteers will be based on the number of swimmers in the meet. Participating clubs must be notified of work assignments by the Monday before the meet.

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

SCORING: The meet will be scored. Scoring will be the standard First through sixteenth place.

AWARDS: Ribbons will be awarded to the top 6 finishers in all individual events, and top 3 finishers in each relay event. Teams are responsible for picking up their own awards.

CONCESSIONS: Yes.

HOSPITALITY FOR COACHES AND OFFICIALS: Yes.

PARKING: Ample parking

DIRECTIONS: The Norwalk High School pool is on County Street in Norwalk, CT. Take I – 95 to Exit 16, East Avenue. Go West on East Avenue for 2 lights. Make a right on Sunset Hill Avenue. Go all the way to end (Sunset Hill becomes Tierney Street). At stop sign (Strawberry Hill Avenue) make a left. Take Strawberry to County Street. Make right on County Street. Driveway to High School is on your right. Go all the way to top of driveway and look for a spot. Entrance to pool is first door on the right, PAT SPINOLA

2015 9th Annual ZEUS Mayor's Cup - 6/5/2015**Session Report**

Session: 1 Friday night session

Day of Meet: 1 Starts at 05:45 PM Heat Interval: 20 Seconds / Back +20 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 8 & Under 100 Medley Relay	0	0	05:45 PM	_____
Finals	2 Boys 8 & Under 100 Medley Relay	0	0	05:45 PM	_____
Finals	3 Girls 10 & Under 100 Freestyle	0	0	05:45 PM	_____
Finals	4 Boys 10 & Under 100 Freestyle	0	0	05:45 PM	_____
Finals	5 Girls 8 & Under 25 Freestyle	0	0	05:45 PM	_____
Finals	6 Boys 8 & Under 25 Freestyle	0	0	05:45 PM	_____
Finals	7 Girls 8 & Under 25 Breaststroke	0	0	05:45 PM	_____
Finals	8 Boys 8 & Under 25 Breaststroke	0	0	05:45 PM	_____
Finals	9 Girls 10 & Under 50 Freestyle	0	0	05:45 PM	_____
Finals	10 Boys 10 & Under 50 Freestyle	0	0	05:45 PM	_____
Finals	11 Girls 10 & Under 50 Breaststroke	0	0	05:45 PM	_____
Finals	12 Boys 10 & Under 50 Breaststroke	0	0	05:45 PM	_____
Finals	13 Girls 8 & Under 25 Backstroke	0	0	05:45 PM	_____
Finals	14 Boys 8 & Under 25 Backstroke	0	0	05:45 PM	_____
Finals	15 Girls 8 & Under 25 Butterfly	0	0	05:45 PM	_____
Finals	16 Boys 8 & Under 25 Butterfly	0	0	05:45 PM	_____
Finals	17 Girls 10 & Under 50 Backstroke	0	0	05:45 PM	_____
Finals	18 Boys 10 & Under 50 Backstroke	0	0	05:45 PM	_____
Finals	19 Girls 10 & Under 50 Butterfly	0	0	05:45 PM	_____
Finals	20 Boys 10 & Under 50 Butterfly	0	0	05:45 PM	_____
Finals	21 Girls 8 & Under 100 Freestyle Relay	0	0	05:45 PM	_____
Finals	22 Boys 8 & Under 100 Freestyle Relay	0	0	05:45 PM	_____
Finals	23 Girls 10 & Under 200 Freestyle Relay	0	0	05:45 PM	_____
Finals	24 Boys 10 & Under 200 Freestyle Relay	0	0	05:45 PM	_____
	Finish Time			05:45 PM	_____