



## Greenwich YMCA Marlins 2015 May Invitational May 16-17, 2015

YMCA of Greenwich Pool, 50 E. Putnam Ave., Greenwich, CT 06830

Held under sanction of USA Swimming and Connecticut Swimming, Inc. # L15-11. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

### EVENTS

	Name	Email	Phone
Meet Director	Alex Todorovic	<a href="mailto:Alex_todorovic@yahoo.com">Alex_todorovic@yahoo.com</a>	(917) 640-1243
Meet Referee:	Dennis Rodney	<a href="mailto:dlrmdi@msn.com">dlrmdi@msn.com</a>	(203) 733-4604
Administrative Official:	Sophia Paleologou	<a href="mailto:sophiap@accordia-group.com">sophiap@accordia-group.com</a>	(914) 473-0369
Entry Chair:	Kevin Stone	<a href="mailto:kstone@gwymca.org">kstone@gwymca.org</a>	(203) 869-1630 ext 528
Safety Chair:	Alex Todorovic	<a href="mailto:Alex_todorovic@yahoo.com">Alex_todorovic@yahoo.com</a>	(917) 640-1243
Officials Contact	Dennis Rodney	<a href="mailto:dlrmdi@msn.com">dlrmdi@msn.com</a>	(203) 733-4604

WEBSITE: [www.greenwichmarlins.org](http://www.greenwichmarlins.org)

POOL EMERGENCY NUMBER: 203-869-1630

MEET TYPE: Sanctioned

MEET CLASSIFICATION: This meet is open to all USA Swimming athletes and clubs.

MEET FORMAT: The meet will be swum as Timed-Final. Events 13 (men's 1500) and 44 (women's 800) will be limited to 4 heats. These events will be seeded fastest to slowest. The limited heats will be filled on 1<sup>st</sup> come 1<sup>st</sup> served, based on entries received. Swimmers in these events must provide their own timer.

SCRATCH PROCEDURES: Coaches will receive a scratch sheet for each session, listing all of their swimmers and events for that session. Coaches must indicate all scratches on these sheets and turn them in to the computer table no later than **30 minutes** after the start of warm up.

FACILITY: The YMCA of Greenwich Pool at the YMCA of Greenwich is an 8-lane, 50 meter pool. Water depth at start end is: 13 Feet. Water depth at turn end is: 4 Feet. The competition course has not been certified in accordance with 104.2.2C (4). There is a state of the art Colorado Timing System with a large LED scoreboard. There are a few temporary small bleachers for spectator seating as well as seating in the gym which is just off

the pool deck. NO seat-saving will be tolerated. Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

**DISABLED ACCESS:** Limited handicapped parking is available. There is a handicap accessible entrance located on the side of the pool closest to the Whole Foods Shopping Plaza. Pool, locker rooms and spectator areas are accessible once inside. Anyone needing access should contact the Meet Director for assistance before the meet.

**COURSE:** LCM.

**SESSION TIMES:** Saturday & Sunday Morning – 7:00am warm up, 8:30am start  
Saturday & Sunday Afternoon – 1:00pm warm up, 2:00pm start

**Warm up & Start times are subject to change. Participating teams will be notified of any changes no later than the Monday before the meet.**

**WARM-UPS:** CT Swimming Warm-Up Procedures will be in effect. 8 lanes will be used for warm up. Warm up will be divided into 2 or 3 general warm up sessions based on number of teams attending. Specific warm up will follow the general warm up sessions.

**ELIGIBILITY:** All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete [registration procedures](#). Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

**ADAPTED SWIMMING:** Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to [Mark Kinne](#), Adapted Athlete Committee Chair.

**EVENT INFORMATION:** **Deck entries will not be accepted.** New swimmers will not be added, entered swimmers will not be allowed to change events once the final entry file is received.

**ENTRY LIMITATIONS:** Swimmers may enter a maximum of 3 events per day.

**ENTRY TIMES:** Submit entry times in LCM. Entries with NT will not be accepted.

**DEADLINES:** Deadline is April 22, 2015. Mail hardcopy and payment to the entry chairperson: Kevin Stone, 50 E. Putnam Ave., Greenwich, CT 06830. All entries must be typed or printed legibly, and must use full names and registration numbers from USA Swimming registration. Entry into the meet will be determined by the email date of entry or receipt of hard copy entry, whichever comes first.

**ELECTRONIC ENTRIES:** Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at [kstone@gwymca.org](mailto:kstone@gwymca.org). Please check that your team name, address, and contact information are listed correctly in this file. Payment is expected by Monday, May 11, 2015.

**ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION:** Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck.

Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

**ENTRY FEES:** Electronic entries: \$7.50 for all individual events. Manual entries: \$15.00 for individual events. No refunds will be given for entries that are accepted.

**PAYMENT INSTRUCTIONS:** Please make checks payable to YMCA of Greenwich and mail to: Kevin Stone, 50 E. Putnam Ave, Greenwich, CT 06830. Payment must be received by 5/11/2015.

**CUT PROTOCOL:** Entries will be accepted on a first come first serve basis for each session until the timeline for each session fills. Session times will not exceed 4 hours. Clubs will be notified of cuts no later than Monday before the meet.

**RESERVE THE RIGHT TO MAKE CHANGES:** With prior approval from Program Operations and in accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. Clubs will be notified of changes no later than Monday before the meet.

**RELAYS:** No relays in this meet.

**SAFETY:**

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

**PHOTOGRAPHY AND VIDEO RECORDING:**

Meet Management has the full authority to restrict any and all photography and visual recording at the meet. Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) from the deck is prohibited by all individuals other than participating Coach and Athlete Members unless prior authorization from the Meet Referee or his/her designee has been granted. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Additionally, the following "Non-Camera Zones" shall be enforced:

- Photography or video recording and the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) is not permitted in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups.
- Additional "Non-Camera Zones" may be designated by Meet Management.

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

**RULES:** Current USA Swimming rules will govern all competition.

**TIME TRIALS:** No time trials will be offered.

**TIMERS, OFFICIALS OR WORK ASSIGNMENTS:**

Officials: A meet of this size and caliber requires many workers to make it run efficiently. The Marlins welcome anyone qualified who would like to assist with officiating during this meet. Please contact Dennis Rodney if you have any officials that will be able to help. When contacting Dennis about officials, please include name, contact information, level of official and team affiliation.

Timers: The host team will require timers from teams in proportion to the size of their entries. Participating clubs will be notified of work assignments by the Monday before the meet. **All swimmers in the 1500 Freestyle and 800 Freestyle must provide their own timer.**

**DECK ACCESS:** Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

**SCORING:** The meet will not be scored.

**AWARDS:** No awards will be given.

**CONCESSIONS:** Yes.

**HOSPITALITY FOR COACHES AND OFFICIALS:** Yes.

**PARKING:** We encourage all parents to car pool as much as possible. There will be parking at the following locations:

- Lower Mason Street Parking lot (across from the bank).
- Chase Bank Parking lot on Saturdays and Sundays only.
- Municipal parking behind the First Presbyterian Church located at the top of Greenwich Ave. on Lafayette Pl.
- Free street parking is available on Sundays.

**DIRECTIONS:** The Greenwich YMCA is located at 50 E. Putnam Avenue (aka Post Rd, US 1).

- From I-95, exit 4. From I-95 North – turn left, from I-95 South – turn right onto Indian Field Rd.; continue approx. 1 mile to traffic light at E. Putnam Ave. intersection; turn left onto E. Putnam Ave., go through 6 traffic lights (approx. 1-1/10 mile).

From Merritt Parkway exit 31, North Street.

From Northbound Merritt- bear left exit to stop sign and turn left onto North Street.

From Southbound Merritt- turn right at end of exit ramp onto North Street (southbound).

Proceed approx. 4 miles to end of North Street, at Maple Ave. Turn left onto Maple Ave. following signs to Greenwich Business District. At traffic light, bear right onto E. Putnam Ave. Go through 2 lights and arrive at YMCA.

**LODGING:** Hilton Stamford Hotel, located ten minutes from the YMCA of Greenwich. We are offering the discounted sleeping room rate of \$99.00 per room per night for all team members that will be attending the YMCA of Greenwich event. For further information, please contact James Dondero, Sales Manager at 203-351-1860 or you may email him: james.dondero@hilton.com

**2015 GRYM May LC Invitational - 5/16/2015 to 5/17/2015****Session Report**

Session: 1 Saturday - Morning

Day of Meet: 1 Starts at 08:30 AM Heat Interval: 20 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>
Finals	1 Girls 200 Freestyle	0	0	08:30 AM _____
Finals	2 Boys 200 Freestyle	0	0	08:30 AM _____
Finals	3 Girls 100 Breaststroke	0	0	08:30 AM _____
Finals	4 Boys 100 Breaststroke	0	0	08:30 AM _____
Finals	5 Girls 200 Butterfly	0	0	08:30 AM _____
Finals	6 Boys 200 Butterfly	0	0	08:30 AM _____
Finals	7 Girls 50 Freestyle	0	0	08:30 AM _____
Finals	8 Boys 50 Freestyle	0	0	08:30 AM _____
Finals	9 Girls 100 Backstroke	0	0	08:30 AM _____
Finals	10 Boys 100 Backstroke	0	0	08:30 AM _____
Finals	11 Girls 400 IM	0	0	08:30 AM _____
Finals	12 Boys 400 IM	0	0	08:30 AM _____
Finals	13 Boys 1500 Freestyle	0	0	08:30 AM _____
	Finish Time			08:30 AM _____

Session: 2 Saturday - Afternoon

Day of Meet: 1 Starts at 02:00 PM Heat Interval: 20 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>
Finals	14 Girls 10 & Under 50 Butterfly	0	0	02:00 PM _____
Finals	15 Boys 10 & Under 50 Butterfly	0	0	02:00 PM _____
Finals	16 Girls 11-12 50 Butterfly	0	0	02:00 PM _____
Finals	17 Boys 11-12 50 Butterfly	0	0	02:00 PM _____
Finals	18 Girls 10 & Under 50 Breaststroke	0	0	02:00 PM _____
Finals	19 Boys 10 & Under 50 Breaststroke	0	0	02:00 PM _____
Finals	20 Girls 11-12 50 Breaststroke	0	0	02:00 PM _____
Finals	21 Boys 11-12 50 Breaststroke	0	0	02:00 PM _____
Finals	22 Girls 10 & Under 100 Freestyle	0	0	02:00 PM _____
Finals	23 Boys 10 & Under 100 Freestyle	0	0	02:00 PM _____
Finals	24 Girls 11-12 100 Freestyle	0	0	02:00 PM _____
Finals	25 Boys 11-12 100 Freestyle	0	0	02:00 PM _____
Finals	26 Girls 10 & Under 100 Backstroke	0	0	02:00 PM _____
Finals	27 Boys 10 & Under 100 Backstroke	0	0	02:00 PM _____
Finals	28 Girls 11-12 100 Backstroke	0	0	02:00 PM _____
Finals	29 Boys 11-12 100 Backstroke	0	0	02:00 PM _____
Finals	30 Girls 12 & Under 400 Freestyle	0	0	02:00 PM _____
Finals	31 Boys 12 & Under 400 Freestyle	0	0	02:00 PM _____
	Finish Time			02:00 PM _____

**2015 GRYM May LC Invitational - 5/16/2015 to 5/17/2015****Session Report**

Session: 3 Sunday - Morning

Day of Meet: 2 Starts at 08:30 AM Heat Interval: 20 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>
Finals	32 Girls 200 IM	0	0	08:30 AM
Finals	33 Boys 200 IM	0	0	08:30 AM
Finals	34 Girls 100 Butterfly	0	0	08:30 AM
Finals	35 Boys 100 Butterfly	0	0	08:30 AM
Finals	36 Girls 200 Breaststroke	0	0	08:30 AM
Finals	37 Boys 200 Breaststroke	0	0	08:30 AM
Finals	38 Girls 100 Freestyle	0	0	08:30 AM
Finals	39 Boys 100 Freestyle	0	0	08:30 AM
Finals	40 Girls 200 Backstroke	0	0	08:30 AM
Finals	41 Boys 200 Backstroke	0	0	08:30 AM
Finals	42 Girls 400 Freestyle	0	0	08:30 AM
Finals	43 Boys 400 Freestyle	0	0	08:30 AM
Finals	44 Girls 800 Freestyle	0	0	08:30 AM
	Finish Time			08:30 AM

Session: 4 Sunday - Afternoon

Day of Meet: 2 Starts at 02:00 PM Heat Interval: 20 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>
Finals	45 Girls 10 & Under 200 Freestyle	0	0	02:00 PM
Finals	46 Boys 10 & Under 200 Freestyle	0	0	02:00 PM
Finals	47 Girls 11-12 200 Freestyle	0	0	02:00 PM
Finals	48 Boys 11-12 200 Freestyle	0	0	02:00 PM
Finals	49 Girls 10 & Under 100 Butterfly	0	0	02:00 PM
Finals	50 Boys 10 & Under 100 Butterfly	0	0	02:00 PM
Finals	51 Girls 11-12 100 Butterfly	0	0	02:00 PM
Finals	52 Boys 11-12 100 Butterfly	0	0	02:00 PM
Finals	53 Girls 10 & Under 50 Freestyle	0	0	02:00 PM
Finals	54 Boys 10 & Under 50 Freestyle	0	0	02:00 PM
Finals	55 Girls 11-12 50 Freestyle	0	0	02:00 PM
Finals	56 Boys 11-12 50 Freestyle	0	0	02:00 PM
Finals	57 Girls 10 & Under 50 Backstroke	0	0	02:00 PM
Finals	58 Boys 10 & Under 50 Backstroke	0	0	02:00 PM
Finals	59 Girls 11-12 50 Backstroke	0	0	02:00 PM
Finals	60 Boys 11-12 50 Backstroke	0	0	02:00 PM
Finals	61 Girls 10 & Under 100 Breaststroke	0	0	02:00 PM
Finals	62 Boys 10 & Under 100 Breaststroke	0	0	02:00 PM
Finals	63 Girls 11-12 100 Breaststroke	0	0	02:00 PM
Finals	64 Boys 11-12 100 Breaststroke	0	0	02:00 PM
Finals	65 Girls 10 & Under 200 IM	0	0	02:00 PM
Finals	66 Boys 10 & Under 200 IM	0	0	02:00 PM
Finals	67 Girls 11-12 200 IM	0	0	02:00 PM
Finals	68 Boys 11-12 200 IM	0	0	02:00 PM
	Finish Time			02:00 PM