

# CDOG June Invite

## Invitational

**June 27-28, 2015**

Freeman Athletic Center

Wesleyan University

161 Cross Street

Middletown, CT 06457

Mapping Software:<http://goo.gl/maps/7hoX>

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #L15-37. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

### EVENTS

	<b>Name</b>	<b>Email</b>	<b>Phone</b>
<b>Meet Director:</b>	Sean Farrell	<a href="mailto:sfarrell@scnymca.org">sfarrell@scnymca.org</a>	203-272-3150 x513
<b>Meet Referee:</b>	Jim Robison	<a href="mailto:robisons@snet.net">robisons@snet.net</a>	203-506-6764
<b>Entry Chair:</b>	Cassie Maliar	<a href="mailto:cassiemaliar@gmail.com">cassiemaliar@gmail.com</a>	860-919-6380
<b>Safety Chair:</b>	Dan Mascolo	<a href="mailto:dmascolo@scnymca.org">dmascolo@scnymca.org</a>	203-272-3150 x512

**WEBSITE:** [www.seadogswim.org](http://www.seadogswim.org)

**POOL EMERGENCY NUMBER: Facility Monitor: 860-685-2690**

**Pool: 860-685-2915**

**MEET TYPE:** Sanctioned

**MEET CLASSIFICATION:** This meet is open to all USA Swimming athletes and clubs.

**MEET FORMAT:** The meet will be swum as Timed-Final. Events will be run fastest to slowest, alternating heats of girls and boys.

**SCRATCH PROCEDURES:** All teams will be provided with a scratch sheet which must be turned in 15 minutes after the start of the 1<sup>st</sup> Warm-Up Session. After 15 minutes the Meet Director will make an announcement addressing which teams have not turned in their scratch sheets as a final warning. Any team who does not turn in their scratch sheet by the allotted time will be scratched from the meet.

**FACILITY:**The Freeman Athletic Center Pool is an 8 Lane 50 meter venue with a Colorado Timing System; limited spectator seating; limited refreshments. Water depth at start end is: 14ft. Water depth at turn end is: 5ft. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. No access to faculty locker rooms. **Personal chairs or like furniture are prohibited inside the facility. Deck Capacity is 350 people.** Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

Wesleyan has strict policies regarding the use of the Freeman Athletic Center including limits on both deck and spectator area occupancy as well as limitations on the use and placement of chairs in the lobby. It is imperative that all individuals attending the meet be aware of and adhere to the rules and procedures outlined below.

**PLEASE READ THOROUGHLY AND CAREFULLY.**

### **Spectator Seating and Waiting areas**



**ELIGIBILITY:** All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete [registration procedures](#). Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

**ADAPTED SWIMMING:** Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to [Mark Kinne](#), Adapted Athlete Committee Chair.

**ENTRY LIMITATIONS:** 3 events/day

**ENTRY TIMES:** Submit entry times in: LCM. If there are no official times for an athlete, please submit estimated times. No Times (NT) will not be accepted.

**DEADLINES:** Deadline is Tuesday, June 9, 2015. All entries must be legible and must use full names and registration numbers from USA Swimming registration. Entries will be accepted on a first come-first served basis. Date of receipt is based on Electronic Copy of the entry.

**CONNECTICUT-ONLY DEADLINE:** CT deadline is Tuesday, June 2, 2015. Entries will be accepted on a first come-first served basis. Date of receipt is based on Electronic Copy of the entry. CT clubs meeting this deadline will be entered before out of state clubs.

**ELECTRONIC ENTRIES:** Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at [cassiemaliar@gmail.com](mailto:cassiemaliar@gmail.com). Please check that your team name, address, and contact information are listed correctly in this file.

**ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION:** Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

**ENTRY FEES:** Electronic entries: \$8.00/event; Manual entries: \$10.00/ events, No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry

**PAYMENT INSTRUCTIONS:** Please make checks payable to "STPA" and put "June Invite" on the memo line. Checks should be mail to:  
STPA/Sea Dog Swim Club  
PO Box 271  
Cheshire, CT 06410  
Payment must be received by Friday, June 12, 2015

**CUT PROTOCOL:** Due to Wesleyan deck capacity rules, a session will be closed after 310 swimmers have been entered, or if the timeline reaches four (4) hours. Clubs will be notified of changes no later than Monday before the meet.

**RESERVE THE RIGHT TO MAKE CHANGES:** With prior approval from Program Operations and in accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. Clubs will be notified of changes no later than Monday before the meet.

**RELAYS:** No

**SAFETY:**

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

**PHOTOGRAPHY AND VIDEO RECORDING:**

Meet Management has the full authority to restrict any and all photography and visual recording at the meet. Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) from the deck is prohibited by all individuals other than participating Coach and Athlete Members unless prior authorization from the Meet Referee or his/her designee has been granted. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Additionally, the following "Non-Camera Zones" shall be enforced:

- Photography or video recording and the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) is not permitted in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups.
- Additional "Non-Camera Zones" may be designated by Meet Management.

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

**RULES:** Current USA Swimming rules will govern all competition.

**TIME TRIALS:** No

**TIMERS, OFFICIALS OR WORK ASSIGNMENTS:** Teams will be assigned work assignments in proportion to the size of their entry. Teams will be notified of their work assignments the week of the meet.

**DECK ACCESS:** Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

**SCORING:** The meet will not be scored.

**AWARDS:**No

**CONCESSIONS:**Yes

**HOSPITALITY FOR COACHES AND OFFICIALS:** Yes

**MISCELLANEOUS:**LOBBY POLICY: The main lobby of Freeman Athletic Center is to remain open and clear at all times. No chairs will be allowed. No chairs will be allowed in front of the observation window in the lobby. The area leading to the back Fieldhouse and the hockey rink area will be available for parent chairs. The hockey rink spectator area will also be available for swimmers and families

**PARKING:**No parking will be permitted on the street directly in front of the Athletic Center or on any practice field. Wesleyan will tow illegally parked cars. Please plan to park in the lot next to the tennis courts on Vine Street.

**DIRECTIONS:**

From North: Take I-91S to Exit 22 S (left exit). Travel South on Rt. 9 to Middletown. At 2<sup>nd</sup> light take right onto Rt. 66 W. At junction of 66 and Rt. 3, turn left onto Vine Street and right onto Cross Street. The pool will be immediately on your left.

From South: Take I-95 N or the Merritt Parkway to I-91 N to Rt. 66 E. At junction of Rt. 66 and Rt. 3. Turn right onto Vine Street, then right onto Cross Street. The pool will be immediately on your left.

**CDOG LC Qualifier - 6/27/2015 to 6/28/2015****Session Report**

Session: 1 CDOG 11-12

Day of Meet: 1 Starts at 07:30 AM Heat Interval: 15 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	1 Girls 11-12 200 Backstroke	0	0	07:30 AM	_____
Finals	2 Boys 11-12 200 Backstroke	0	0	07:30 AM	_____
Finals	3 Girls 11-12 100 Freestyle	0	0	07:30 AM	_____
Finals	4 Boys 11-12 100 Freestyle	0	0	07:30 AM	_____
Finals	5 Girls 11-12 200 Butterfly	0	0	07:30 AM	_____
Finals	6 Boys 11-12 200 Butterfly	0	0	07:30 AM	_____
Finals	8 Boys 11-12 100 Breaststroke	0	0	07:30 AM	_____
Finals	7 Girls 11-12 100 Breaststroke	0	0	07:30 AM	_____
Finals	9 Girls 11-12 50 Butterfly	0	0	07:30 AM	_____
Finals	10 Boys 11-12 50 Butterfly	0	0	07:30 AM	_____
Finals	11 Girls 11-12 50 Backstroke	0	0	07:30 AM	_____
Finals	12 Boys 11-12 50 Backstroke	0	0	07:30 AM	_____
Finals	13 Girls 11-12 200 IM	0	0	07:30 AM	_____
Finals	14 Boys 11-12 200 IM	0	0	07:30 AM	_____
	Finish Time			07:30 AM	_____

**CDOG LC Qualifier - 6/27/2015 to 6/28/2015****Session Report**

Session: 2 CDOG 10 &amp; Under

Day of Meet: 1 Starts at 11:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	15 Girls 10 & Under 100 Freestyle	0	0	11:00 AM	_____
Finals	16 Boys 10 & Under 100 Freestyle	0	0	11:00 AM	_____
Finals	17 Girls 10 & Under 100 Breaststroke	0	0	11:00 AM	_____
Finals	18 Boys 10 & Under 100 Breaststroke	0	0	11:00 AM	_____
Finals	19 Girls 10 & Under 50 Butterfly	0	0	11:00 AM	_____
Finals	20 Boys 10 & Under 50 Butterfly	0	0	11:00 AM	_____
Finals	21 Girls 10 & Under 50 Backstroke	0	0	11:00 AM	_____
Finals	22 Boys 10 & Under 50 Backstroke	0	0	11:00 AM	_____
Finals	23 Girls 10 & Under 200 IM	0	0	11:00 AM	_____
Finals	24 Boys 10 & Under 200 IM	0	0	11:00 AM	_____
	Finish Time			11:00 AM	_____

**CDOG LC Qualifier - 6/27/2015 to 6/28/2015****Session Report**

Session: 3 CDOG 13 &amp; Over

Day of Meet: 1 Starts at 02:45 PM Heat Interval: 15 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	25 Girls 13-14 200 Butterfly	0	0	02:45 PM	_____
Finals	26 Boys 13-14 200 Butterfly	0	0	02:45 PM	_____
Finals	27 Girls 15 & Over 200 Butterfly	0	0	02:45 PM	_____
Finals	28 Boys 15 & Over 200 Butterfly	0	0	02:45 PM	_____
Finals	29 Girls 13-14 100 Freestyle	0	0	02:45 PM	_____
Finals	30 Boys 13-14 100 Freestyle	0	0	02:45 PM	_____
Finals	31 Girls 15 & Over 100 Freestyle	0	0	02:45 PM	_____
Finals	32 Boys 15 & Over 100 Freestyle	0	0	02:45 PM	_____
Finals	33 Girls 13-14 100 Breaststroke	0	0	02:45 PM	_____
Finals	34 Boys 13-14 100 Breaststroke	0	0	02:45 PM	_____
Finals	35 Girls 15 & Over 100 Breaststroke	0	0	02:45 PM	_____
Finals	36 Boys 15 & Over 100 Breaststroke	0	0	02:45 PM	_____
Finals	37 Girls 13-14 200 Backstroke	0	0	02:45 PM	_____
Finals	38 Boys 13-14 200 Backstroke	0	0	02:45 PM	_____
Finals	39 Girls 15 & Over 200 Backstroke	0	0	02:45 PM	_____
Finals	40 Boys 15 & Over 200 Backstroke	0	0	02:45 PM	_____
Finals	41 Girls 13-14 200 IM	0	0	02:45 PM	_____
Finals	42 Boys 13-14 200 IM	0	0	02:45 PM	_____
Finals	43 Girls 15 & Over 200 IM	0	0	02:45 PM	_____
Finals	44 Boys 15 & Over 200 IM	0	0	02:45 PM	_____
	Finish Time			02:45 PM	_____



**CDOG LC Qualifier - 6/27/2015 to 6/28/2015****Session Report**

Session: 4 CDOG 11-12

Day of Meet: 2 Starts at 07:30 AM Heat Interval: 15 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	45 Girls 11-12 200 Breaststroke	0	0	07:30 AM	_____
Finals	46 Boys 11-12 200 Breaststroke	0	0	07:30 AM	_____
Finals	47 Girls 11-12 100 Backstroke	0	0	07:30 AM	_____
Finals	48 Boys 11-12 100 Backstroke	0	0	07:30 AM	_____
Finals	49 Girls 11-12 50 Freestyle	0	0	07:30 AM	_____
Finals	50 Boys 11-12 50 Freestyle	0	0	07:30 AM	_____
Finals	51 Girls 11-12 100 Butterfly	0	0	07:30 AM	_____
Finals	52 Boys 11-12 100 Butterfly	0	0	07:30 AM	_____
Finals	53 Girls 11-12 200 Freestyle	0	0	07:30 AM	_____
Finals	54 Boys 11-12 200 Freestyle	0	0	07:30 AM	_____
Finals	55 Girls 11-12 50 Breaststroke	0	0	07:30 AM	_____
Finals	56 Boys 11-12 50 Breaststroke	0	0	07:30 AM	_____
Finals	57 Mixed 11-12 400 IM	0	0	07:30 AM	_____
	Finish Time			07:30 AM	_____

**CDOG LC Qualifier - 6/27/2015 to 6/28/2015****Session Report**

Session: 5 CDOG 10 &amp; Under

Day of Meet: 2 Starts at 11:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	58 Girls 10 & Under 100 Backstroke	0	0	11:00 AM	_____
Finals	59 Boys 10 & Under 100 Backstroke	0	0	11:00 AM	_____
Finals	60 Girls 10 & Under 50 Freestyle	0	0	11:00 AM	_____
Finals	61 Boys 10 & Under 50 Freestyle	0	0	11:00 AM	_____
Finals	62 Girls 10 & Under 100 Butterfly	0	0	11:00 AM	_____
Finals	63 Boys 10 & Under 100 Butterfly	0	0	11:00 AM	_____
Finals	64 Girls 10 & Under 200 Freestyle	0	0	11:00 AM	_____
Finals	65 Boys 10 & Under 200 Freestyle	0	0	11:00 AM	_____
Finals	66 Girls 10 & Under 50 Breaststroke	0	0	11:00 AM	_____
Finals	67 Boys 10 & Under 50 Breaststroke	0	0	11:00 AM	_____
	Finish Time			11:00 AM	_____

**CDOG LC Qualifier - 6/27/2015 to 6/28/2015****Session Report**

Session: 6 CDOG 13 &amp; Over

Day of Meet: 2 Starts at 02:45 PM Heat Interval: 15 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	68 Girls 13-14 100 Butterfly	0	0	02:45 PM	_____
Finals	69 Boys 13-14 100 Butterfly	0	0	02:45 PM	_____
Finals	70 Girls 15 & Over 100 Butterfly	0	0	02:45 PM	_____
Finals	71 Boys 15 & Over 100 Butterfly	0	0	02:45 PM	_____
Finals	72 Girls 13-14 200 Freestyle	0	0	02:45 PM	_____
Finals	73 Boys 13-14 200 Freestyle	0	0	02:45 PM	_____
Finals	74 Girls 15 & Over 200 Freestyle	0	0	02:45 PM	_____
Finals	75 Boys 15 & Over 200 Freestyle	0	0	02:45 PM	_____
Finals	76 Girls 13-14 200 Breaststroke	0	0	02:45 PM	_____
Finals	77 Boys 13-14 200 Breaststroke	0	0	02:45 PM	_____
Finals	78 Girls 15 & Over 200 Breaststroke	0	0	02:45 PM	_____
Finals	79 Boys 15 & Over 200 Breaststroke	0	0	02:45 PM	_____
Finals	80 Girls 13-14 100 Backstroke	0	0	02:45 PM	_____
Finals	81 Boys 13-14 100 Backstroke	0	0	02:45 PM	_____
Finals	82 Girls 15 & Over 100 Backstroke	0	0	02:45 PM	_____
Finals	83 Boys 15 & Over 100 Backstroke	0	0	02:45 PM	_____
Finals	84 Girls 13-14 50 Freestyle	0	0	02:45 PM	_____
Finals	85 Boys 13-14 50 Freestyle	0	0	02:45 PM	_____
Finals	86 Girls 15 & Over 50 Freestyle	0	0	02:45 PM	_____
Finals	87 Boys 15 & Over 50 Freestyle	0	0	02:45 PM	_____
	Finish Time			02:45 PM	_____