

# Swim Seventy Invitational

May 29, 2015  
Swim Seventy  
8 Willard Road  
Norwalk, CT 06850

Held under approval of USA Swimming and Connecticut Swimming, Inc., #A15-3. In granting this approval it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

**Please Note:** This approved meet will not count toward the regularly scheduled sanctioned meet eligibility requirement for CSI championships (Regional Championships and Age Group Championship). This meet does not count toward the eligibility requirement of Connecticut Swimming Scholar Athlete, Athlete Travel Assistance, or other CSI recognition programs with meet eligibility requirements. This meet will not count toward the regularly scheduled sanctioned meet eligibility requirement for CT Zone Team selection. Times attained at this meet cannot be used for Short Course Zone Team qualification and selection.

## EVENTS

	<b>Name</b>	<b>Email</b>	<b>Phone</b>
<b>Meet Director:</b>	Mark Sedlak	marksedlak@swimseventy.com	
<b>Meet Referee:</b>	Suzannah Rogers	<u>Srogers68@optonline.net</u>	203-571-8526
<b>Administrative Official:</b>	Deb Ehret	DebEhret@me.com	
<b>Entry Chair:</b>	Mark Sedlak	marksedlak@swimseventy.com	
<b>Safety Chair:</b>	Betsy Matheney		
<b>Officials Contact:</b>	Suzannah Rogers	<u>Srogers68@optonline.net</u>	203-571-8526

**HOST WEBSITE:** [www.swimseventy.com](http://www.swimseventy.com)

**POOL EMERGENCY NUMBER:** 203-202-8081

**MEET TYPE:** Closed Off Calendar Approved Meet.

**MEET CLASSIFICATION:** This meet is a dual meet between NCY and S70 swimmers.

**MEET FORMAT:** The meet will be swum timed-finals. All events will be swum fast-to-slow

**SCRATCH PROCEDURES:** Scratch sheets must be turned in at least 20 minutes before the meet begins.

**FACILITY:** The Swim Seventy Pool is a 6 -lane, 50 meter pool. Water depth at start end is: 7 feet. Water depth at turn end is: 4 feet, 3 inches. The competition course has not been certified in accordance with 104.2.2C (4).

**DISABLED ACCESS:** Pool and bleachers are all accessible. Contact the meet director, referee, or a custodian if assistance is required.

**COURSE:** LCM

**SESSION TIMES:** Warmup begins at: 3:30 pm. The meet will begin at 4:20 pm

**WARM-UPS:** CT Swimming Warm-Up Procedures will be in effect. All swimmers will warmup in one session using six lanes.

**ELIGIBILITY:** All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete [registration procedures](#). Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

**ADAPTED SWIMMING:** Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to [Mark Kinne](#), Adapted Athlete Committee Chair.

**ENTRY LIMITATIONS:** Swimmers may enter a maximum of 2 events.

**ENTRY TIMES:** Submit entry times in: LCM. If there are no official times for an athlete, please submit estimated times. No Times (NT) will not be accepted.

**DEADLINES:** Entry deadline is May 28, 2015.

**ELECTRONIC ENTRIES:** Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at [marksedlak@swimseventy.com](mailto:marksedlak@swimseventy.com). Please check that your team name, address, and contact information are listed correctly in this file. Payment is due by May 28<sup>th</sup>, 2015

**ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION:** Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) Be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

**ENTRY FEES:** Electronic entries: There is no charge for individual events, Manual entries: there is no charge individual events. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry.

**PAYMENT INSTRUCTIONS:** There is no charge for entries

**CUT PROTOCOL:** The meet will be limited to 3 hours. Teams will be entered on a first come first served basis. Clubs will be notified of cuts no later than Monday before the meet.

**RESERVE THE RIGHT TO MAKE CHANGES:** With prior approval from Program Operations and in accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. Clubs will be notified of changes no later than Monday before the meet.

**RELAYS:** There will be no relays

**SAFETY:** Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

**PHOTOGRAPHY AND VIDEO RECORDING:**

Meet Management has the full authority to restrict any and all photography and visual recording at the meet. Photography or video recording (using cameras, video cameras, iPads, cell phones, etc.) from the deck is prohibited by all individuals other than participating Coach and Athlete Members unless prior authorization from the Meet Referee or his/her designee has been granted. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Additionally, the following "Non-Camera Zones" shall be enforced:

- Photography or video recording and the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Photography or video recording (using cameras, video cameras, iPads, cell phones, etc.) is not permitted in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups.
- Additional "Non-Camera Zones" may be designated by Meet Management.

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

**RULES:** Current USA Swimming rules will govern all competition. Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

**TIME TRIALS:** No time trials will be offered.

**TIMERS, OFFICIALS, OR WORK ASSIGNMENTS:** All swimmers must supply their own timer and where appropriate a lap counter.

**DECK ACCESS:** Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

**SCORING:** The meet will not be scored.

**AWARDS:** None

**CONCESSIONS:** No.

**HOSPITALITY FOR COACHES AND OFFICIALS:** No.

**MISCELLANEOUS:** All swimmers need to supply their own timer and where appropriate lap counter

**PARKING:** You must park in a legal parking space...

**DIRECTIONS:** The pool is located at 8 Willard Rd, Norwalk, CT 06850

Willard Road is located off the Post Road between exits 16 and 17 of I95. Willard Rd is situated next to CVS Pharmacy.

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## 5/29/2015 Session Report

Session: 1

Day of Meet: 1 Starts at 4:15 pm Heat Interval: 60 Seconds / Back +15 Seconds

<u>Round</u>	<u>Event</u>	<u>Entries</u>	<u>Heats</u>	<u>Starts at</u>	
Finals	1 Girls 200M Breaststroke	0	0	04:20 PM	_____
Finals	2 Boys 200M Breaststroke	0	0	04:20 PM	_____
Finals	3 Girls 12 & Under 400M Freestyle	0	0	04:20 PM	_____
Finals	4 Boys 12 & Under 400M Freestyle	0	0	04:20 PM	_____
Finals	5 Girls 200M Backstroke	0	0	04:20 PM	_____
Finals	6 Boys 200M Backstroke	0	0	04:20 PM	_____
Finals	7 Girls 13 & Over 400M Freestyle	0	0	04:20 PM	_____
Finals	8 Boys 13 & Over 400M Freestyle	0	0	04:20 PM	_____
Finals	9 Girls 200M Butterfly	0	0	04:20 PM	_____
Finals	10 Boys 200M Butterfly	0	0	04:20 PM	_____
Finals	11 Mixed 13 & Over 800M Freestyle	0	0	04:20 PM	_____
Finals	12 Mixed 400M IM	0	0	04:20 PM	_____
	Finish Time				