

2014 Wilton Y Wahoos Summer Qualifier

May 9-11, 2014

Wilton Family YMCA

404 Danbury Rd.

Wilton, CT. 06897

<http://maps.google.com/maps?hl=en&tab=wl>

Held under sanction of USA Swimming and Connecticut Swimming #L14-7.

In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by any reason of injuries to anyone during the conduct of the event.

EVENTS

IMPORTABLE MEET EVENTS

	Name	Email	Phone
Meet Director:	Debbie Lafond	lafonds@optonline.net	203-563-0587
Meet Referee:	Margy Sargent	mhsarge@att.net	203-445-1756
Administrative Referee	Suzanne Cheruk	cheruk@optonline.net	203-667-5980
Entry Chair:	Jo Ann McCaffrey	jmccaffrey@wiltonymca.org	914-391-5841
Safety Chair:	Irene DiGuglielmo		
Officials Contact:	Margy Sargent	mhsarge@att.net	203-445-1756

WEBSITE: <http://wywahoos.org>

POOL EMERGENCY NUMBER: 203-762-8384

MEET TYPE: Sanctioned

MEET CLASSIFICATION: This meet is open to all USA Swimming athletes and clubs.

MEET FORMAT: The meet will be swum as timed-finals format. The meet referee reserves the right to make any adjustments to the provisions of the meet announcement necessary to ensure the fair and efficient running of the meet. Friday events (400 IM, 800 Free and 12/Under 400 Free) EXCEPT for the 50 Freestyle will be swum fastest to slowest alternating girls and boys. Swimmers must provide their own counters and timers for the distance **Freestyle** events, but not the 400 IM which is included in Session 1.

SCRATCH PROCEDURES: Coaches will receive a scratch sheet for each session of the meet in their information packet, listing all of their swimmers and events for that session. Coaches must indicate all scratches or none on these sheets and turn them in to the computer table within **20 minutes after** the beginning of warm-ups. Teams failing to comply with scratch procedures will be barred from swimming in that session.

FACILITY: Wilton Family YMCA, 404 Danbury Rd., Wilton, CT. The Wilton YMCA pool is a 6 lane by 50 meter facility with a dividing bulkhead and Daktronic electronic timing. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. The pool is 50 meters x 15 yards with a north end pool depth of 6 ½ ft and south end pool depth of 4 ft. Some bleacher seating is provided for spectators and athletes. No deck chairs are permitted on the pool deck or in the

hallways of the Wilton Family YMCA per Fire Marshall regulations. When available the YMCA gym will be an option for athlete/spectator seating. Chairs are permitted in the gym.

Changing in and out of swimsuits other than in locker rooms or other designated areas is prohibited.

Swimmers and their families are guests of the Wilton Family Y and must follow the rule **that no children under 12 years should be anywhere in the building unsupervised by an adult.**

DISABLED ACCESS: Wilton Family YMCA is Handicapped-accessible. Pool deck and spectator area are accessible through men's and women's locker rooms and are also handicapped-accessible.

COURSE: LCM.

SESSION TIMES:

Friday:

Afternoon Session	Warm-up: 1:00PM	Start: 2:00PM
Evening Session	Warm-up: 4:15PM	Start: 5:15PM

Saturday and Sunday:

13/O Morning Sessions	Warm-up: 6:30AM	Start: 8:00AM
10/U Afternoon Sessions	Warm-up: 1:00PM	Start 2:00 PM
11/12 Evening Sessions	Warm-up: 4:30PM	Start: 5:30PM

**Warm-up and start times for the Sessions are subject to change depending of the size of the meet.*

**The meet management may need to add a Thursday evening session for overflow of the Friday session. Teams will be notified of any changes by Monday May 5, 2014, or as soon as possible thereafter.*

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect. 6 Lanes will be used for warm ups with sufficient sessions to accommodate swimmers. There will be a specific session for sprints and pace. The meet director has the right to expand or decrease warm up format dependent upon the number of swimmers.

ELIGIBILITY: All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete [registration procedures](#). Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

ADAPTED SWIMMING: Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to [Mark Kinne](#), Adapted Athlete Committee Chair.

EVENT INFORMATION: All events will be swum as timed finals and will be deck seeded according to the swimmers' LCM times. Deck entries **WILL NOT BE ALLOWED.**

ENTRY LIMITATIONS: 13 & over swimmers may enter up to two individual events on Friday, 12 & under 1 event. **13/Os** may enter **3** individual events each on Saturday and Sunday. **12/Us** can swim **4** individual events each on Saturday and Sunday. (If the 12 & under sessions are oversubscribed, coaches will be notified to drop the 4th event). *The 800 free will be limited to 4 heats each event. Psyche sheets for the 800 free will be posted*

on www.wywahoos.org by May 5th. Total number of swimmers in the meet will be limited to 550 swimmers to maintain the integrity of the meet.

ENTRY TIMES: Submit entry times in LCM.

DEADLINES: Entry deadline is April 25th, 2014. Mail hardcopy and payment to the entry chairperson: Wilton Y Wahoos, 404 Danbury Rd., Wilton, CT 06897. All entries must be typed or printed legibly, and must use full names and registration numbers from USA Swimming registration. *Any entry received after the above dates will be returned.* **The final deadline for the meet is Friday April 25th, 2014.** Formal team entry date is determined by the date of the email entry receipt. Teams whose entries cannot be accepted will be notified as soon as the meet is full, but no later than Wednesday April 29, 2014.

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at jmccaffrey@wiltonymca.org. Please check that your team name, address, and contact information are listed correctly in this file.

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

ENTRY FEES: Electronic entries: \$7.00 for individual events & \$7.00 for distance event. Manual entries: \$9.00 for individual events & \$9.00 for distance events. No refunds will be given for entries that are accepted or for entries that are rejected due to improper entry

PAYMENT INSTRUCTIONS: Please make checks payable to Wilton Y Wahoos and mail to: Wilton Y Wahoos, 404 Danbury Rd., Wilton, CT 06897. Payment must be received by Monday May 5, 2014..

CUT PROTOCOL: Entries will be accepted on a first come basis. Teams whose entries cannot be accepted will be notified as soon as the meet is full, (550 swimmers) but no later than Wednesday April 29, 2014. Teams will be notified of any changes as soon as possible after the entry deadline but no later than Monday May 5, 2014.

RESERVE THE RIGHT TO MAKE CHANGES: The meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet, with prior approval from Program Operations. Clubs will be notified of changes no later than Monday before the meet.

RELAYS: No

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes.
There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.

4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.

PHOTOGRAPHY OR VIDEO RECORDING:

Meet Management has the full authority to restrict any and all photography and visual recording at the meet. Photography or video recording (using cameras, iPads, cell phones, etc.) from the deck is prohibited by all individuals other than participating Coach or Athlete Members unless prior authorization from the Meet Referee or his/her designee has been granted. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on the block for purpose of the start of a heat.

Additionally, the following “Non-Camera Zones” shall be enforced:

- Photography or video recording and the use of audio or visual recording devices, including cell phone, is not permitted in changing areas, restrooms, or locker rooms.
- Photography or video recording (using cameras, iPads, cell phones, etc) is not permitted in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for “race starting purposes” during the competition and warm ups.
- Additional “Non-Camera Zones” may be designated by Meet Management.

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of the Meet Management.

RULES: Current USA Swimming rules will govern all competition.

TIME TRIALS: No Time Trials will be offered.

TIMERS, OFFICIALS OR WORK ASSIGNMENTS: **Officials:** A meet of this size and caliber requires many workers to make it run efficiently. The Wahos welcome any one who would like to assist with officiating during this meet. Please contact Margy Sargent (contact information listed above) if you have any officials that will be able to help, or include name, phone number and level of official with entry. **Timers:** If necessary, *the host team will require timers from teams in proportion to the size of their entries.* Team assignments will be emailed to your team contact on the Monday before the meet. Swimmers must provide their own counters and timers for the distance **Freestyle** events, but not the 400 IM which is included in Session 1.

DECK ACCESS: Spectators are permitted to sit on the bleachers on the building side of the pool. **No Deck chairs will be permitted.** Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the other areas of the pool deck.

SCORING: The meet will not be scored.

AWARDS:

12/U events- Awards will be given for the top 6 finishers in each individual event.

13/O events no awards will be given.

All teams are to pick up awards at the conclusion of the meet. Awards will not be mailed out.

CONCESSIONS: Yes

HOSPITALITY FOR COACHES AND OFFICIALS: Yes

PARKING: There is limited parking at the Wilton Family YMCA. .

DIRECTIONS:

From New York: Take the Merritt Parkway to Exit 39B Follow the Route 7 North freeway to its end and turn right at the light. Turn left onto Rt. 7 North. Go 4.4 miles and turn right into the Y parking lot. The Wilton Family Y is on the right, and the Wilton High School is on the left.

From New Haven: Take the Merritt Parkway to exit 41(Rt 33). At the end of the ramp, turn left (north) onto Rt 33. Go North along Rt.33 for 2.5 miles. Rt 33 merges with Rt. 7. Stay on Rt. 7 for 2.6 miles to the Y. The Wilton Y is on the right and the Wilton High School is on the left.

From I 95: Take exit 15 to Rt. 7 North. Follow Rt 7 freeway to the end and turn right at the light. At the end of the road turn left onto old Rt. 7 North. Proceed to the Wilton Y as above.

LODGING: Wahoo Sponsors

Courtyard by Marriott in Norwalk, CT
Norwalk Inn & Conference Center
474 Main Avenue
99 East Avenue
Norwalk, CT 06851-1037
Norwalk, CT 06851
(203) 849-9111
Phone 203-838-2000
www.norwalkhilton.com
www.norwalkinn.com

La Quinta Inns & Suites

116 Newtown Road
Danbury, CT 06810
203-798-1542
203-794-1542 (fax)

Special rate of \$ 94.00 refer to email discount for Wahoos

2014 Wahoo Summer Qualifier - 5/9/2014 to 5/11/2014**Session Report**

Session: 1 Friday Afternoon

Day of Meet: 1 Starts at 02:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 13 & Over 400 IM	0	0	02:00 PM	_____
Finals	2 Boys 13 & Over 400 IM	0	0	02:00 PM	_____
Finals	3 Girls 13 & Over 50 Freestyle	0	0	02:00 PM	_____
Finals	4 Boys 13 & Over 50 Freestyle	0	0	02:00 PM	_____
	Finish Time			02:00 PM	_____

Session: 2 Friday Evening

Day of Meet: 1 Starts at 05:15 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	5 Girls 13 & Over 800 Freestyle	0	0	05:15 PM	_____
Finals	6 Boys 13 & Over 800 Freestyle	0	0	05:15 PM	_____
Finals	7 Girls 12 & Under 400 Freestyle	0	0	05:15 PM	_____
Finals	8 Boys 12 & Under 400 Freestyle	0	0	05:15 PM	_____
	Finish Time			05:15 PM	_____

Session: 3 Saturday AM

Day of Meet: 2 Starts at 08:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	9 Girls 13-14 200 Butterfly	0	0	08:00 AM	_____
Finals	10 Boys 13-14 200 Butterfly	0	0	08:00 AM	_____
Finals	11 Girls 15 & Over 200 Butterfly	0	0	08:00 AM	_____
Finals	12 Boys 15 & Over 200 Butterfly	0	0	08:00 AM	_____
Finals	13 Girls 13-14 100 Freestyle	0	0	08:00 AM	_____
Finals	14 Boys 13-14 100 Freestyle	0	0	08:00 AM	_____
Finals	15 Girls 15 & Over 100 Freestyle	0	0	08:00 AM	_____
Finals	16 Boys 15 & Over 100 Freestyle	0	0	08:00 AM	_____
Finals	17 Girls 13-14 200 Breaststroke	0	0	08:00 AM	_____
Finals	18 Boys 13-14 200 Breaststroke	0	0	08:00 AM	_____
Finals	19 Girls 15 & Over 200 Breaststroke	0	0	08:00 AM	_____
Finals	20 Boys 15 & Over 200 Breaststroke	0	0	08:00 AM	_____
Finals	21 Girls 13-14 100 Backstroke	0	0	08:00 AM	_____
Finals	22 Boys 13-14 100 Backstroke	0	0	08:00 AM	_____
Finals	23 Girls 15 & Over 100 Backstroke	0	0	08:00 AM	_____
Finals	24 Boys 15 & Over 100 Backstroke	0	0	08:00 AM	_____
	Break: 10 Minutes:				
Finals	25 Girls 13 & Over 400 Freestyle	0	0	08:10 AM	_____
Finals	26 Boys 13 & Over 400 Freestyle	0	0	08:10 AM	_____
	Finish Time			08:10 AM	_____

2014 Wahoo Summer Qualifier - 5/9/2014 to 5/11/2014**Session Report**

Session: 4 Saturday Afternoon

Day of Meet: 2 Starts at 02:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	27 Girls 10 & Under 50 Breaststroke	0	0	02:00 PM	_____
Finals	28 Boys 10 & Under 50 Breaststroke	0	0	02:00 PM	_____
Finals	29 Girls 10 & Under 100 Freestyle	0	0	02:00 PM	_____
Finals	30 Boys 10 & Under 100 Freestyle	0	0	02:00 PM	_____
Finals	31 Girls 10 & Under 50 Butterfly	0	0	02:00 PM	_____
Finals	32 Boys 10 & Under 50 Butterfly	0	0	02:00 PM	_____
Finals	33 Girls 10 & Under 100 Backstroke	0	0	02:00 PM	_____
Finals	34 Boys 10 & Under 100 Backstroke	0	0	02:00 PM	_____
Finals	35 Girls 10 & Under 200 IM	0	0	02:00 PM	_____
Finals	36 Boys 10 & Under 200 IM	0	0	02:00 PM	_____
	Finish Time			02:00 PM	_____

Session: 5 Saturday Evening

Day of Meet: 2 Starts at 05:30 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	37 Girls 11-12 50 Breaststroke	0	0	05:30 PM	_____
Finals	38 Boys 11-12 50 Breaststroke	0	0	05:30 PM	_____
Finals	39 Girls 11-12 100 Freestyle	0	0	05:30 PM	_____
Finals	40 Boys 11-12 100 Freestyle	0	0	05:30 PM	_____
Finals	41 Girls 11-12 50 Butterfly	0	0	05:30 PM	_____
Finals	42 Boys 11-12 50 Butterfly	0	0	05:30 PM	_____
Finals	43 Girls 11-12 100 Backstroke	0	0	05:30 PM	_____
Finals	44 Boys 11-12 100 Backstroke	0	0	05:30 PM	_____
Finals	45 Girls 11-12 200 IM	0	0	05:30 PM	_____
Finals	46 Boys 11-12 200 IM	0	0	05:30 PM	_____
	Finish Time			05:30 PM	_____

2014 Wahoo Summer Qulifier - 5/9/2014 to 5/11/2014**Session Report**

Session: 6 Sunday AM

Day of Meet: 3 Starts at 08:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	47 Girls 13-14 200 Freestyle	0	0	08:00 AM	_____
Finals	48 Boys 13-14 200 Freestyle	0	0	08:00 AM	_____
Finals	49 Girls 15 & Over 200 Freestyle	0	0	08:00 AM	_____
Finals	50 Boys 15 & Over 200 Freestyle	0	0	08:00 AM	_____
Finals	51 Girls 13-14 100 Butterfly	0	0	08:00 AM	_____
Finals	52 Boys 13-14 100 Butterfly	0	0	08:00 AM	_____
Finals	53 Girls 15 & Over 100 Butterfly	0	0	08:00 AM	_____
Finals	54 Boys 15 & Over 100 Butterfly	0	0	08:00 AM	_____
Finals	55 Girls 13-14 200 Backstroke	0	0	08:00 AM	_____
Finals	56 Boys 13-14 200 Backstroke	0	0	08:00 AM	_____
Finals	57 Girls 15 & Over 200 Backstroke	0	0	08:00 AM	_____
Finals	58 Boys 15 & Over 200 Backstroke	0	0	08:00 AM	_____
Finals	59 Girls 13-14 100 Breaststroke	0	0	08:00 AM	_____
Finals	60 Boys 13-14 100 Breaststroke	0	0	08:00 AM	_____
Finals	61 Girls 15 & Over 100 Breaststroke	0	0	08:00 AM	_____
Finals	62 Boys 15 & Over 100 Breaststroke	0	0	08:00 AM	_____
Finals	63 Girls 13-14 200 IM	0	0	08:00 AM	_____
Finals	64 Boys 13-14 200 IM	0	0	08:00 AM	_____
Finals	65 Girls 15 & Over 200 IM	0	0	08:00 AM	_____
Finals	66 Boys 15 & Over 200 IM	0	0	08:00 AM	_____
	Finish Time			08:00 AM	_____

Session: 7 Sunday Afternoon

Day of Meet: 3 Starts at 02:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	67 Boys 10 & Under 200 Freestyle	0	0	02:00 PM	_____
Finals	68 Girls 10 & Under 200 Freestyle	0	0	02:00 PM	_____
Finals	69 Boys 10 & Under 100 Butterfly	0	0	02:00 PM	_____
Finals	70 Girls 10 & Under 100 Butterfly	0	0	02:00 PM	_____
Finals	71 Boys 10 & Under 50 Backstroke	0	0	02:00 PM	_____
Finals	72 Girls 10 & Under 50 Backstroke	0	0	02:00 PM	_____
Finals	73 Boys 10 & Under 100 Breaststroke	0	0	02:00 PM	_____
Finals	74 Girls 10 & Under 100 Breaststroke	0	0	02:00 PM	_____
Finals	75 Boys 10 & Under 50 Freestyle	0	0	02:00 PM	_____
Finals	76 Girls 10 & Under 50 Freestyle	0	0	02:00 PM	_____
	Finish Time			02:00 PM	_____

2014 Wahoo Summer Qulifier - 5/9/2014 to 5/11/2014**Session Report**

Session: 8 Sunday Evening

Day of Meet: 3 Starts at 05:30 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	77 Boys 11-12 200 Freestyle	0	0	05:30 PM	_____
Finals	78 Girls 11-12 200 Freestyle	0	0	05:30 PM	_____
Finals	79 Boys 11-12 100 Butterfly	0	0	05:30 PM	_____
Finals	80 Girls 11-12 100 Butterfly	0	0	05:30 PM	_____
Finals	81 Boys 11-12 50 Backstroke	0	0	05:30 PM	_____
Finals	82 Girls 11-12 50 Backstroke	0	0	05:30 PM	_____
Finals	83 Boys 11-12 100 Breaststroke	0	0	05:30 PM	_____
Finals	84 Girls 11-12 100 Breaststroke	0	0	05:30 PM	_____
Finals	85 Boys 11-12 200 IM	0	0	05:30 PM	_____
Finals	86 Girls 11-12 200 IM	0	0	05:30 PM	_____
	Finish Time			05:30 PM	_____