

2014 WRAT 10/Under SC Meet

June 19, 2014

59 Post Road East

Stauffer Pool, Westport Weston Family Y, Westport, CT

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #L14-30. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

EVENTS

IMPORTABLE MEET EVENTS

	Name	Email	Phone
Meet Director:	Mark Sedlak	msedlak@westporty.org	(203) 226-8981 Ext.
Meet Referee:	Suzannah Rogers	srogers66@optonline.net	
Entry Chair:	Mark Sedlak	msedlak@westporty.org	(203) 226-8981 Ext.
Safety Chair:	Frisk Driscoll	fxdriscoll@yahoo.com	
Officials Contact:	Suzannah Rogers	srogers66@optonline.net	

WEBSITE: <http://www.westporty.org/wrats/>

POOL EMERGENCY NUMBER: (203) 226-8981

MEET CLASSIFICATION: This meet is open to all USA Swimming athlete and clubs.

MEET FORMAT: The meet will be swum as timed finals.

SCRATCH PROCEDURES: Coaches packets will contain scratch sheets for each session and a time line for when scratches are due. *Failure to turn in scratch sheet upon final request will result in the swimmers being scratched.* Please refer to USA Swimming Rulebook 102.3 for general meet guidelines.

FACILITY: The Westport Weston Family Y Stauffer Pool is a 6-lane, 25-yard pool with a depth of 13 feet at the start end. Colorado Timing System with Mercury 6 display. Spectator seating is limited in bleachers running along the length of the pool. There are also bleachers over-looking the start end of the pool. A designated area for swimmers will be cordoned off if necessary. The competition course has not been certified in accordance with 104.2.2C(4).

- Changing in or out of swimsuits other than in the locker rooms or other designated are is prohibited.

DISABLED ACCESS: Handicapped parking is located in front of the Family Y on Church Lane, and also behind the Family Y, immediately outside the rear entrance. Access is available to the pool deck via a ramp through the locker rooms. The spectator level is also accessible from an outside rear entrance or via an elevator. Contact 203-226-8981 x110 for further information. If special assistance is required by athletes, coaches or spectators, please contact the Meet Director.

COURSE: SCY

SESSION TIMES: SESSION 1

Thursday, June 19, 2014

4:00 PM Warm-up

5:00 PM Start

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect. Warm-up will have three 15 minute warm-up sessions – assigning teams to a specific session - followed by one-way sprints in all lanes.

ELIGIBILITY: All athletes must be current athlete members of USA Swimming and 9 years or younger. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete [registration procedures](#). Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

ADAPTED SWIMMING: Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to [Mark Kinne](#), Adapted Athlete Committee Chair.

ENTRY LIMITATIONS: Swimmers may enter three individual events and one relay. There are no qualifying times for this meet.

ENTRY TIMES: Submit entry times in SCY. In order to run a more efficient meet, please estimate times in events that swimmers have not previously raced in competition. Relays must be entered with seed times which cannot be changed. No Times are discouraged.

DEADLINES: Entry deadline is June 10, 2014. Connecticut teams will be given first priority over out of state teams. Mail hardcopy and payment (checks payable to Water Rat Parents Club) to the entry chairperson:

Please mail to: Water Rat Swim Team
Westport Weston Family Y
59 Post Road East
Westport, CT 06880

All entries must be typed or printed legibly, and must use full names and registration numbers from USA Swimming registration. Entries will be handled on a first come first served basis. The date the entry is received shall be determined by email date and time. Meet Management reserves the right to limit heats, adjust warm-up and/or start times or make other changes to ensure a quality meet. All changes are subject to approval by CT Swimming Program Operations. Teams whose entries cannot be accepted will be notified as soon as the meet is full, but not later than June 14, 2014. If cuts or changes are made, the contact person listed on the entry will be notified.

CONNECTICUT-ONLY DEADLINE: CT deadline is June 6, 2014. CT teams will have priority, after which entries from out of state teams will be accepted, in the order received, until the meet is full. The date the entry is received shall be determined by email date and time.

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair Mark Sedlak at msedlak@westport.org. Please check that your team name, address, and contact information are listed correctly in this file. All entries must include swimmers full name and USA Swimming registration number. Electronic entries must be received by 6:00 PM on Tuesday, June 10, 2014. Payment must be received by Monday June 16, 2014. Checks should be made payable to Water Rat Parent Club.

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member

coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

ENTRY FEES: \$6.00 for individual events and \$10.00 for relays. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry.

PAYMENT INSTRUCTIONS: Please make checks payable to Water Rat Parent Club and mail to:

Please mail to: Water Rat Swim Team
Westport Weston Family Y
59 Post Road East
Westport, CT 06881

Payment must be received by Monday, June 16, 2014.

CUT PROTOCOL: Entries will be handled on a first come first served basis. Teams whose entries cannot be accepted will be notified as soon as the meet is full, but not later than June 14, 2014. If cuts or changes are made, the contact person listed on the entry will be notified.

RESERVE THE RIGHT TO MAKE CHANGES: The meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet, with prior approval from Program Operations. Clubs will be notified of cuts no later than Monday before the meet.

RELAYS: Relays may be limited to ensure fair and efficient running of the meet. Clubs will be notified of cuts no later than Monday before the meet. All relay swimmers must be officially entered in the meet.

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. No electronic devices with cameras are permitted in the locker rooms.

RULES: Current USA Swimming rules will govern all competition.

PHOTOGRAPHY AND VIDEO RECORDING:

Meet Management has the full authority to restrict any and all photography and visual recording at the meet. Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) from the deck is prohibited by all individuals other than participating Coach and Athlete Members unless prior authorization from the Meet Referee or his/her designee has been granted. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Additionally, the following “Non-Camera Zones” shall be enforced:

- Photography or video recording and the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) is not permitted in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for “race starting purposes” during competition and warm-ups.
- Additional "Non-Camera Zones" may be designated by Meet Management.

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

TIME TRIALS: NO

TIMERS, OFFICIALS OR WORK ASSIGNMENTS: We will need help officiating and timing. We would greatly appreciate any teams with officials to please help whenever possible throughout the course of the meet. Please submit names with entry form or contact Ellen Johnston at (203) 226-8981 ext. 110 or email at EllenJ1@aol.com. Teams will be required to supply timers and will be notified the week of the meet.

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

SCORING: The meet will not be scored.

AWARDS: Ribbons for 1st through 6th place for individual events and 1st through 3rd place for relays. Heat winner awards will also be presented at the meet.

CONCESSIONS: Concessions will be available.

HOSPITALITY FOR COACHES AND OFFICIALS: Hospitality will be available for coaches and officials.

PARKING: Parking is available in the municipal lot on Elm St., behind the Family Y. Please observe parking restrictions.

DIRECTIONS:

Merritt Parkway (Rte. 15): Take Exit 42. Turn right (from North) or Turn left (from South) and follow straight to Westport. Upon reaching downtown area, bear left onto Elm St. Municipal Parking is on both sides of Elm St. Y entrance is on right through parking lot. Observe restrictions.

I-95: Take exit 17. Left off exit. Continue north on Rt. 33 to Rt. 1 (Post Rd.). Take right onto Rt 1, go over bridge and take left at second light onto Main St. Take first right onto Elm St. Family Y is on right, parking is on left. Please observe parking restrictions.

2014 Water Rat 10 & Under Meet - 6/19/2014**Session Report**

Session: 1 Meet Start

Day of Meet: 1 Starts at 05:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	1 Girls 10 & Under 100 IM	0	0	05:00 PM _____
Finals	2 Boys 10 & Under 100 IM	0	0	05:00 PM _____
Finals	3 Girls 9-10 200 IM	0	0	05:00 PM _____
Finals	4 Boys 9-10 200 IM	0	0	05:00 PM _____
Finals	5 Girls 6 & Under 25 Freestyle	0	0	05:00 PM _____
Finals	6 Boys 6 & Under 25 Freestyle	0	0	05:00 PM _____
Finals	7 Girls 7 Year Olds 25 Freestyle	0	0	05:00 PM _____
Finals	8 Boys 7 Year Olds 25 Freestyle	0	0	05:00 PM _____
Finals	9 Girls 8 Year Olds 25 Freestyle	0	0	05:00 PM _____
Finals	10 Boys 8 Year Olds 25 Freestyle	0	0	05:00 PM _____
Finals	11 Girls 10 & Under 50 Freestyle	0	0	05:00 PM _____
Finals	12 Boys 10 & Under 50 Freestyle	0	0	05:00 PM _____
Finals	13 Girls 8 & Under 25 Breaststroke	0	0	05:00 PM _____
Finals	14 Boys 8 & Under 25 Breaststroke	0	0	05:00 PM _____
Finals	15 Girls 10 & Under 50 Breaststroke	0	0	05:00 PM _____
Finals	16 Boys 10 & Under 50 Breaststroke	0	0	05:00 PM _____
Finals	17 Girls 8 & Under 25 Butterfly	0	0	05:00 PM _____
Finals	18 Boys 8 & Under 25 Butterfly	0	0	05:00 PM _____
Finals	19 Girls 10 & Under 50 Butterfly	0	0	05:00 PM _____
Finals	20 Boys 10 & Under 50 Butterfly	0	0	05:00 PM _____
Finals	21 Girls 6 & Under 25 Backstroke	0	0	05:00 PM _____
Finals	22 Boys 6 & Under 25 Backstroke	0	0	05:00 PM _____
Finals	23 Girls 7 Year Olds 25 Backstroke	0	0	05:00 PM _____
Finals	24 Boys 7 Year Olds 25 Backstroke	0	0	05:00 PM _____
Finals	25 Girls 8 Year Olds 25 Backstroke	0	0	05:00 PM _____
Finals	26 Boys 8 Year Olds 25 Backstroke	0	0	05:00 PM _____
Finals	27 Girls 10 & Under 50 Backstroke	0	0	05:00 PM _____
Finals	28 Boys 10 & Under 50 Backstroke	0	0	05:00 PM _____
Finals	29 Girls 8 & Under 100 Freestyle Relay	0	0	05:00 PM _____
Finals	30 Boys 8 & Under 100 Freestyle Relay	0	0	05:00 PM _____
Finals	31 Girls 10 & Under 200 Freestyle Relay	0	0	05:00 PM _____
Finals	32 Boys 10 & Under 200 Freestyle Relay	0	0	05:00 PM _____
	Finish Time			05:00 PM _____