

SWIM FAST INVITATIONAL
June 13-15, 2014
Wesleyan University
161 Cross Street, Middletown, CT 06457
Mapping Software: <http://goo.gl/maps/7hoX>

Held under sanction of USA Swimming and Connecticut Swimming #L14-29

In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

EVENTS

IMPORTABLE MEET EVENTS

	Name	Email	Phone
Meet Director:	Justo Karell	Sharksswimming500@gmail.com	203-461-9158
Meet Referee:	Rick Lewis, Jeff Gray	lewisshark@aol.com	203-912-9385
Entry Chair:	Rick Lewis	lewisshark@aol.com	203-912-9385
Safety Chair:	Rick Lewis	lewisshark@aol.com	203-912-9385
Officials Contact:	Rick Lewis	lewisshark@aol.com	203-912-9385

WEBSITE: www.sharksswimming.com.

POOL EMERGENCY NUMBER: 860-685-2960 Facility Monitor. 860-685-2915 Pool Deck

MEET TYPE: Sanctioned

MEET CLASSIFICATION: This meet is open to all USA Swimming athletes and clubs.

MEET FORMAT: The meet will be swum as a Timed Final.

SCRATCH PROCEDURES: Scratches are due at least 30 minutes before the beginning of the session. If not turned in on time the meet management reserves the right to scratch the entire team.

FACILITY: The Wesleyan University is an 8 lane, 50 meter pool. Water depth at start end is: 14 feet. Water depth at turn end is: 4 feet. The competition course has not been certified in accordance with 104.2.2C(4). We will be using Colorado electronic timing. There is seating for 289 spectators. Spectators can not set up their own furniture (chairs) in the hallway or in front of the glass windows to the pool. Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited. Use of the faculty locker rooms is also prohibited.

DISABLED ACCESS: The facility is fully accessible to the handicapped. If you need assistance please the meet director.

COURSE: LCM.

SESSION TIMES: Subject to Change

Session 1: Friday	Warm up - 4:00 pm	Start - 5:00 pm
Session 2: Saturday (13/over)	Warm up - 7:00 am	Start - 7:45 am
Session 3: Saturday (11/12)	Warm up - 10:45 am	Start - 11:30 am
Session 4: Saturday (10/u)	Warm up - 2:30 pm	Start - 3:15 pm

SESSION TIMES, continued:

Session 5: Sunday (13/over)

Warm up – 7:00 am

Start – 7:45 am

Session 6: Sunday (11/12)

Warm up – 10:45 am

Start – 11:30 am

Session 7: Sunday (10/u)

Warm up – 2:30 pm

Start – 3:15 pm

Subject to Change

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect. The warm up will be in one flight of 30 minutes. The lane assignments for warm up will be emailed to club contacts by the Wed. before the meet.

ELIGIBILITY: All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete [registration procedures](#). Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

ADAPTED SWIMMING: Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to [Mark Kinne](#), Adapted Athlete Committee Chair.

EVENT INFORMATION: All swimmers in the 400 free, 400 IM, and 800 free must supply their own timer and counter (for the 800 free). These events will also be run fastest to slowest and will alternate girl/boy where appropriate. If the senior sessions on Sat or Sun are longer than 3 hours the 400 free on that day may be limited to 5 heats. If any session is longer than 3 hours, swimmers may be limited to 3 events.

ENTRY LIMITATIONS: Swimmers may enter up to 3 events on Friday and up to 4 events on Sat. and Sun. Each session is limited to a maximum of 200 swimmers.

ENTRY TIMES: Submit entry times in: LCM. Please estimate times. NTs will not be accepted.

DEADLINES: Deadline is May 25, 2014. There will be a CT. Swimming Deadline of May 13. On May 14 any out of state entries will be entered in the order in which they were received if space remains available. Mail hardcopy and payment to the entry chairperson: Rick Lewis 212 Palmer Hill Rd.; Old Greenwich, CT. 06870. All entries must be legible and must use full names and registration numbers from USA Swimming registration. Entries are determined by when the file is received (e-mail or mail).

CONNECTICUT-ONLY DEADLINE: May 13, 2014. CT clubs meeting this deadline will be entered in order of receipt before out of state clubs. On May 14, 2014 any out of state team will be entered if space permits. If the meet is over subscribed teams will be notified by May 19, 2014.

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at lewisshark@aol.com. Please check that your team name, address, and contact information are listed correctly in this file. Payment is due by June 5, 2014. If payment is not received by that time, the entries may be scratched.

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being

proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

ENTRY FEES: Swimmers will be charged \$20 for entering the Friday night session and \$25 for each session they enter on Saturday and Sunday. They can swim as many events in that session as they wish up to the daily limit. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry.

PAYMENT INSTRUCTIONS: Please make checks payable to Sharks and mail to: Rick Lewis 212 Palmer Hill Rd.; Old Greenwich, CT 06870. Payment must be received by 06/01/14.

CUT PROTOCOL: Cuts will be made based on a first come first served basis. Clubs will be notified of any changes ASAP but in any case no later than Monday before the meet.

RESERVE THE RIGHT TO MAKE CHANGES: The meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet, with prior approval from Program Operations. Clubs will be notified of changes no later than Monday before the meet.

RELAYS: No

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. No electronic audio or visual recording devices, including cell phones, are permitted in changing areas, rest rooms, or locker rooms.
6. No personal furniture (chairs) are allowed on deck or in the lobby/hallway upstairs).

PHOTOGRAPHY AND VIDEO RECORDING:

Meet Management has the full authority to restrict any and all photography and visual recording at the meet. Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) from the deck is prohibited by all individuals other than participating Coach and Athlete Members unless prior authorization from the Meet Referee or his/her designee has been granted. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Additionally, the following "Non-Camera Zones" shall be enforced:

- Photography or video recording and the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) is not permitted in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups.
- Additional "Non-Camera Zones" may be designated by Meet Management.

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

RULES: Current USA Swimming rules will govern all competition.

TIME TRIALS: No.

TIMERS, OFFICIALS OR WORK ASSIGNMENTS: All teams must supply volunteer workers in proportion to their meet entries. Officials willing to work should contact the meet referee listed above. Any officials signing up by Thurs. May 30 will be considered toward your teams work assignment. Because of limits on how many people can be on the pool deck, the number of officials may be limited.

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

SCORING: The meet will not be scored.

AWARDS: No

CONCESSIONS: May be provided by Wesleyan University

HOSPITALITY FOR COACHES AND OFFICIALS: Yes

PARKING: Is available in the area surrounding the pool.

DIRECTIONS: Use mapping software above.

Sharks Invitational - 6/13/2014 to 6/15/2014**Session Report**

Session: 1 Friday

Day of Meet: 1 Starts at 05:00 PM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 12 & Under 50 Breaststroke	0	0	05:00 PM	_____
Finals	2 Boys 12 & Under 50 Breaststroke	0	0	05:00 PM	_____
Finals	3 Girls 12 & Under 50 Butterfly	0	0	05:00 PM	_____
Finals	4 Boys 12 & Under 50 Butterfly	0	0	05:00 PM	_____
	Break: 10 Minutes				
Finals	5 Girls 400 IM	0	0	05:10 PM	_____
Finals	6 Boys 400 IM	0	0	05:10 PM	_____
Finals	7 Girls 12 & Under 400 Freestyle	0	0	05:10 PM	_____
Finals	8 Boys 12 & Under 400 Freestyle	0	0	05:10 PM	_____
Finals	9 Girls 800 Freestyle	0	0	05:10 PM	_____
Finals	10 Boys 800 Freestyle	0	0	05:10 PM	_____
	Finish Time			05:10 PM	_____

Session: 2 Saturday - Seniors

Day of Meet: 2 Starts at 07:45 AM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	11 Girls 50 Freestyle	0	0	07:45 AM	_____
Finals	12 Boys 50 Freestyle	0	0	07:45 AM	_____
	Break: 10 Minutes				
Finals	13 Girls 200 Freestyle	0	0	07:55 AM	_____
Finals	14 Boys 200 Freestyle	0	0	07:55 AM	_____
Finals	15 Girls 100 Breaststroke	0	0	07:55 AM	_____
Finals	16 Boys 100 Breaststroke	0	0	07:55 AM	_____
Finals	17 Girls 200 Backstroke	0	0	07:55 AM	_____
Finals	18 Boys 200 Backstroke	0	0	07:55 AM	_____
Finals	19 Girls 100 Butterfly	0	0	07:55 AM	_____
Finals	20 Boys 100 Butterfly	0	0	07:55 AM	_____
Finals	21 Girls 400 Freestyle	0	0	07:55 AM	_____
	Finish Time			07:55 AM	_____

Sharks Invitational - 6/13/2014 to 6/15/2014
Session Report

Session: 3 Saturday - 11/12

Day of Meet: 2 Starts at 11:30 AM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	22 Girls 11-12 50 Freestyle	0	0	11:30 AM _____
Finals	23 Boys 11-12 50 Freestyle	0	0	11:30 AM _____
Finals	24 Girls 11-12 50 Backstroke	0	0	11:30 AM _____
Finals	25 Boys 11-12 50 Backstroke	0	0	11:30 AM _____
	Break: 10 Minutes			
Finals	26 Girls 11-12 200 Breaststroke	0	0	11:40 AM _____
Finals	27 Boys 11-12 200 Breaststroke	0	0	11:40 AM _____
Finals	28 Girls 11-12 100 Butterfly	0	0	11:40 AM _____
Finals	29 Boys 11-12 100 Butterfly	0	0	11:40 AM _____
Finals	30 Girls 11-12 200 Backstroke	0	0	11:40 AM _____
Finals	31 Boys 11-12 200 Backstroke	0	0	11:40 AM _____
Finals	32 Girls 11-12 200 Freestyle	0	0	11:40 AM _____
Finals	33 Boys 11-12 200 Freestyle	0	0	11:40 AM _____
	Finish Time			11:40 AM _____

Session: 4 Saturday - 10/under

Day of Meet: 2 Starts at 03:15 PM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	34 Girls 10 & Under 50 Freestyle	0	0	03:15 PM _____
Finals	35 Boys 10 & Under 50 Freestyle	0	0	03:15 PM _____
Finals	36 Girls 10 & Under 50 Backstroke	0	0	03:15 PM _____
Finals	37 Boys 10 & Under 50 Backstroke	0	0	03:15 PM _____
	Break: 10 Minutes			
Finals	38 Girls 10 & Under 200 Breaststroke	0	0	03:25 PM _____
Finals	39 Boys 10 & Under 200 Breaststroke	0	0	03:25 PM _____
Finals	40 Girls 10 & Under 100 Butterfly	0	0	03:25 PM _____
Finals	41 Boys 10 & Under 100 Butterfly	0	0	03:25 PM _____
Finals	42 Girls 10 & Under 200 Backstroke	0	0	03:25 PM _____
Finals	43 Boys 10 & Under 200 Backstroke	0	0	03:25 PM _____
Finals	44 Girls 10 & Under 200 Freestyle	0	0	03:25 PM _____
Finals	45 Boys 10 & Under 200 Freestyle	0	0	03:25 PM _____
	Finish Time			03:25 PM _____

Sharks Invitational - 6/13/2014 to 6/15/2014**Session Report**

Session: 5 Sunday - Seniors

Day of Meet: 3 Starts at 07:45 AM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	46 Girls 200 IM	0	0	07:45 AM _____
Finals	47 Boys 200 IM	0	0	07:45 AM _____
Finals	48 Girls 100 Freestyle	0	0	07:45 AM _____
Finals	49 Boys 100 Freestyle	0	0	07:45 AM _____
Finals	50 Girls 200 Breaststroke	0	0	07:45 AM _____
Finals	51 Boys 200 Breaststroke	0	0	07:45 AM _____
Finals	52 Girls 100 Backstroke	0	0	07:45 AM _____
Finals	53 Boys 100 Backstroke	0	0	07:45 AM _____
Finals	54 Girls 200 Butterfly	0	0	07:45 AM _____
Finals	55 Boys 200 Butterfly	0	0	07:45 AM _____
Finals	56 Boys 400 Freestyle	0	0	07:45 AM _____
	Finish Time			07:45 AM _____

Session: 6 Sunday - 11/12

Day of Meet: 3 Starts at 11:30 AM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	57 Girls 11-12 200 IM	0	0	11:30 AM _____
Finals	58 Boys 11-12 200 IM	0	0	11:30 AM _____
Finals	59 Girls 11-12 100 Backstroke	0	0	11:30 AM _____
Finals	60 Boys 11-12 100 Backstroke	0	0	11:30 AM _____
Finals	61 Girls 11-12 200 Butterfly	0	0	11:30 AM _____
Finals	62 Boys 11-12 200 Butterfly	0	0	11:30 AM _____
Finals	63 Girls 11-12 100 Breaststroke	0	0	11:30 AM _____
Finals	64 Boys 11-12 100 Breaststroke	0	0	11:30 AM _____
Finals	65 Girls 11-12 100 Freestyle	0	0	11:30 AM _____
Finals	66 Boys 11-12 100 Freestyle	0	0	11:30 AM _____
	Finish Time			11:30 AM _____

Session: 7 Sunday - 10/under

Day of Meet: 3 Starts at 03:15 PM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	67 Girls 10 & Under 200 IM	0	0	03:15 PM _____
Finals	68 Boys 10 & Under 200 IM	0	0	03:15 PM _____
Finals	69 Girls 10 & Under 100 Backstroke	0	0	03:15 PM _____
Finals	70 Boys 10 & Under 100 Backstroke	0	0	03:15 PM _____
Finals	71 Girls 10 & Under 200 Butterfly	0	0	03:15 PM _____
Finals	72 Boys 10 & Under 200 Butterfly	0	0	03:15 PM _____
Finals	73 Girls 10 & Under 100 Breaststroke	0	0	03:15 PM _____
Finals	74 Boys 10 & Under 100 Breaststroke	0	0	03:15 PM _____
Finals	75 Girls 10 & Under 100 Freestyle	0	0	03:15 PM _____
Finals	76 Boys 10 & Under 100 Freestyle	0	0	03:15 PM _____
	Finish Time			03:15 PM _____