

# The 12<sup>th</sup> Annual Kamana-Wanna Swim Invitational

## July 5-6, 2014

Odessa Terry Pool, Hockanum Park  
310 High Street, East Hartford CT, 06108

<https://goo.gl/maps/0Q27r>

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #L14-45. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

### EVENTS

### IMPORTABLE MEET EVENTS

	<b>Name</b>	<b>Email</b>	<b>Phone</b>
<b>Meet Director:</b>	Joann Bresnahan	<a href="mailto:lehyswim2@gmail.com">lehyswim2@gmail.com</a>	860-402-5797
<b>Meet Referee:</b>	Julie Kirk	<a href="mailto:Jkirk01@sbcglobal.net">Jkirk01@sbcglobal.net</a>	860-872-8652
<b>Entry Chair:</b>	Janet Dziatko	<a href="mailto:jrdziatko@sbcglobal.net">jrdziatko@sbcglobal.net</a>	860-573-0104
<b>Safety Chair:</b>	Matt Koizol		
<b>Officials Contact:</b>	Julie Kirk	<a href="mailto:Jkirk01@sbcglobal.net">Jkirk01@sbcglobal.net</a>	860-872-8652

**WEBSITE:** <http://ghymca.org>

**POOL EMERGENCY NUMBER:** 860-291-7442

**MEET TYPE:** Sanctioned

**MEET CLASSIFICATION:** This meet is open to all USA Swimming athletes and clubs.

**MEET FORMAT:** The meet will be swum as Timed-Final. Please note the cut off times for the 400m Freestyle and the 400m Individual Medley events.

**SCRATCH PROCEDURES:** Scratch sheets will be provided in the coaches packets. These sheets must be returned 20 minutes after warm-up begins with scratched swimmers clearly identified. Please be sure the bull pen is able to read the event and name of swimmer being scratched.

**FACILITY:** The Odessa Terry Pool is an 8 lane, 50 meter pool. Water depth at start end is: 12 feet. Water depth at turn end is: 3.75 feet. The competition course has not been certified in accordance with 104.2.2C(4). Colorado Timing System with touch pads for 100 meter, or more, will be used. A 2 button electronic timing will be used for the 50 meter events. Seating for spectators is outside the fence. Bring your own chairs. No spectators, unless they are actively working at the meet, will be allowed inside the fence during the meet.

Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

**DISABLED ACCESS:** The facility is handicapped accessible. For more information call Joann Bresnahan at (860) 402-5797.

**COURSE:** LCM.

**SESSION TIMES:** Subject to Change Morning Session Only. All swimmers 7:00 am warm-up, 8:10 am start.

**WARM-UPS:** CT Swimming Warm-Up Procedures will be in effect. All sessions will use 2 tiers of warm-ups, using 8 lanes, with lanes assigned by team. At the conclusion of those 2 warm-up tiers there will be an additional warm-up period for all teams with lanes 1 and 2 being pace lanes, lanes 3-7 designated as one-way sprints with starts from the blocks and lane 8 being circle lane. The meet director reserves the right to condense or expand this warm-up format dependent upon meet subscription.

**ELIGIBILITY:** All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete [registration procedures](#). Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

**ADAPTED SWIMMING:** Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to [Mark Kinne](#), Adapted Athlete Committee Chair.

**EVENT INFORMATION:** The meet theme is Hawaiian. Special Awards will be given to the swimmers whose attire best represents the theme. A special prize will also be awarded to the team that has the best decorated tent! Prizes will be awarded at the conclusion of Saturday's session. All attending are asked to participate. Our Meet Manager will be on the lookout for the best attire, be creative and have some fun!

**ENTRY LIMITATIONS:** Swimmers may enter up to three (3) scheduled individual events and up to one (1) time trial event (if time allows) per day. In the event of oversubscription 8 and under swimmers will be cut. The 400 IM and the 400 freestyle events will be limited to no more than 4 heats per event. The sponsor reserves the right to make adjustments based on the time study and other factors. Teams will be notified of the changes no later than Monday June 30, 2024.

**ENTRY TIMES:** Submit entry times in: LCM. Cut off times for the 400 IM and the 400 freestyle as stated in the event file will be strictly adhered to. No times (NT) are discouraged.

**DEADLINES:** Deadline is June 10, 2014. Mail hardcopy and payment to the entry chairperson: Janet Dziatko, 2 Summer Lane, Marlborough, CT 06447. All entries must be legible and must use full names and registration numbers from USA Swimming registration. Entries via e-mail are encouraged but final date of entry is not posted until payment is received.

**CONNECTICUT-ONLY DEADLINE:** CT deadline is June 3, 2014. Entries via e-mail are encouraged but final date of entry is not posted until payment is received. CT clubs meeting this deadline will be entered before out of state clubs.

**ELECTRONIC ENTRIES:** Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at [jrdziatko@sbcglobal.net](mailto:jrdziatko@sbcglobal.net). Please check that your team name, address, and contact information are listed correctly in this file. Payment is due by June 10, 2014. Your team is not officially enters into the meet until payment has been received. Please send payments to the entry chair listed immediately after sending electronic entry to ensure entry into the meet.

**ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION:** Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member

coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) Be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

**ENTRY FEES:** Electronic entries: \$7.00 for individual events, \$7.50 for distance event. Manual entries: \$10.00 for individual events, \$11.00 for distance events. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry

**PAYMENT INSTRUCTIONS:** Please make checks payable to Laurel East Hartford YMCA and mail to: Janet Dziatko, 2 Summer Lane, Marlborough, CT 06447. Payment must be received by 06/10/14.

**CUT PROTOCOL:** Entry will be on a first come, first served basis. In the event of over subscription 8 and under swimmers will be cut. 400 m Freestyle and 400m Individual Medley will be limited to 4 heats each. Clubs will be notified of changes no later than Monday before the meet.

**RESERVE THE RIGHT TO MAKE CHANGES:** The meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet, with prior approval from Program Operations. Clubs will be notified of changes no later than Monday before the meet.

**RELAYS:** No

**SAFETY:**

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

**PHOTOGRAPHY AND VIDEO RECORDING:**

Meet Management has the full authority to restrict any and all photography and visual recording at the meet. Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) from the deck is prohibited by all individuals other than participating Coach and Athlete Members unless prior authorization from the Meet Referee or his/her designee has been granted. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Additionally, the following "Non-Camera Zones" shall be enforced:

- Photography or video recording and the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) is not permitted in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups.
- Additional "Non-Camera Zones" may be designated by Meet Management.

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

**RULES:** Current USA Swimming rules will govern all competition.

**TIME TRIALS:** Yes. Time trials will be offered at the discretion of the meet referee if time allows. Time trials are \$7.00 for individual events. Time trial events count toward the total number of event limitations per session. Time Trial events are limited to those events published in this meet announcement. Requests for time trials must be handed to the meet manager before 9:00 am. Time trial requests will be offered on a first come, first serve basis and will be limited to one (1) event per swimmer per day.

**TIMERS, OFFICIALS OR WORK ASSIGNMENTS:** Swim teams will be required to supply timers based on their entry for Saturday and Sunday sessions. Participating clubs must be notified of work assignments by the Monday before the meet.

**DECK ACCESS:** Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

**SCORING:** The meet will not be scored.

**AWARDS:** Ribbons will be awarded to the top 8 finishers in each individual event. Heat winners will receive an award. Coaches must pick up awards at the end of the meet Sunday, they will not be mailed.

**CONCESSIONS:** Yes.

**HOSPITALITY FOR COACHES AND OFFICIALS:** Yes.

**PARKING:** NO STREET PARKING IS ALLOWED. Parking on the grassy areas is prohibited. If the pool parking lot is full, park in the school lot adjacent to the pool. Illegally parked cars will be ticketed and towed. This is strictly enforced.

**DIRECTIONS:** The Odessa Terry Pool is located at 310 High Street, East Hartford, CT. I-91 North; Take Exit 25 (route3). Take first exit after the bridge (Glastonbury). Turn left at the first traffic light. Turn left onto Main Street (north) continue north on Main past large shopping center to first light. Turn left onto Broad Street. Broad becomes High Street at Naubac Avenue. Continue 300 yards, Pool is on the right.

From Route 2 West, take Hebron Avenue exit. At exit proceed to Main Street (Glastonbury). Turn right onto Main Street (north) and follow directions above.

I-84 East or West, take EXIT TO CT Route 2 East to East Hartford. Take High Street exit. At the bottom of the ramp, turn right. Proceed onto High Street for 300 yards, the Pool is on the left.

**12th Annual Kamana Wanna Swim Invitational - 7/5/2014 to 7/6/2014****Session Report**

Session: 1 Saturday AM

Day of Meet: 1 Starts at 08:10 AM Heat Interval: 15 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	1 Girls 12 & Under 400 Freestyle	0	0	08:10 AM	_____
Finals	2 Boys 12 & Under 400 Freestyle	0	0	08:10 AM	_____
Finals	3 Girls 13 & Over 400 Freestyle	0	0	08:10 AM	_____
Finals	4 Boys 13 & Over 400 Freestyle	0	0	08:10 AM	_____
Finals	5 Girls 12 & Under 50 Breaststroke	0	0	08:10 AM	_____
Finals	6 Boys 12 & Under 50 Breaststroke	0	0	08:10 AM	_____
Finals	7 Girls 13 & Over 100 Breaststroke	0	0	08:10 AM	_____
Finals	8 Boys 13 & Over 100 Breaststroke	0	0	08:10 AM	_____
Finals	9 Girls 12 & Under 100 Backstroke	0	0	08:10 AM	_____
Finals	10 Boys 12 & Under 100 Backstroke	0	0	08:10 AM	_____
Finals	11 Girls 13 & Over 200 Backstroke	0	0	08:10 AM	_____
Finals	12 Boys 13 & Over 200 Backstroke	0	0	08:10 AM	_____
Finals	13 Girls 12 & Under 100 Freestyle	0	0	08:10 AM	_____
Finals	14 Boys 12 & Under 100 Freestyle	0	0	08:10 AM	_____
Finals	15 Girls 13 & Over 100 Freestyle	0	0	08:10 AM	_____
Finals	16 Boys 13 & Over 100 Freestyle	0	0	08:10 AM	_____
Finals	17 Girls 12 & Under 50 Butterfly	0	0	08:10 AM	_____
Finals	18 Boys 12 & Under 50 Butterfly	0	0	08:10 AM	_____
Finals	19 Girls 13 & Over 100 Butterfly	0	0	08:10 AM	_____
Finals	20 Boys 13 & Over 100 Butterfly	0	0	08:10 AM	_____
Finals	21 Girls 12 & Under 200 IM	0	0	08:10 AM	_____
Finals	22 Boys 12 & Under 200 IM	0	0	08:10 AM	_____
Finals	23 Girls 13 & Over 200 IM	0	0	08:10 AM	_____
Finals	24 Boys 13 & Over 200 IM	0	0	08:10 AM	_____
	Finish Time			08:10 AM	_____

**12th Annual Kamana Wanna Swim Invitational - 7/5/2014 to 7/6/2014****Session Report**

Session: 2 Sunday AM

Day of Meet: 2 Starts at 08:10 AM Heat Interval: 15 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	25 Girls 13 & Over 400 IM	0	0	08:10 AM	_____
Finals	26 Boys 13 & Over 400 IM	0	0	08:10 AM	_____
Finals	27 Girls 12 & Under 50 Backstroke	0	0	08:10 AM	_____
Finals	28 Boys 12 & Under 50 Backstroke	0	0	08:10 AM	_____
Finals	29 Girls 13 & Over 100 Backstroke	0	0	08:10 AM	_____
Finals	30 Boys 13 & Over 100 Backstroke	0	0	08:10 AM	_____
Finals	31 Girls 12 & Under 200 Freestyle	0	0	08:10 AM	_____
Finals	32 Boys 12 & Under 200 Freestyle	0	0	08:10 AM	_____
Finals	33 Girls 13 & Over 200 Freestyle	0	0	08:10 AM	_____
Finals	34 Boys 13 & Over 200 Freestyle	0	0	08:10 AM	_____
Finals	35 Girls 12 & Under 100 Breaststroke	0	0	08:10 AM	_____
Finals	36 Boys 12 & Under 100 Breaststroke	0	0	08:10 AM	_____
Finals	37 Girls 13 & Over 200 Breaststroke	0	0	08:10 AM	_____
Finals	38 Boys 13 & Over 200 Breaststroke	0	0	08:10 AM	_____
Finals	39 Girls 12 & Under 50 Freestyle	0	0	08:10 AM	_____
Finals	40 Boys 12 & Under 50 Freestyle	0	0	08:10 AM	_____
Finals	41 Girls 13 & Over 50 Freestyle	0	0	08:10 AM	_____
Finals	42 Boys 13 & Over 50 Freestyle	0	0	08:10 AM	_____
Finals	43 Girls 12 & Under 100 Butterfly	0	0	08:10 AM	_____
Finals	44 Boys 12 & Under 100 Butterfly	0	0	08:10 AM	_____
Finals	45 Girls 13 & Over 200 Butterfly	0	0	08:10 AM	_____
Finals	46 Boys 13 & Over 200 Butterfly	0	0	08:10 AM	_____
	Finish Time			08:10 AM	_____