

CONNECTICUT SWIMMING, INC.
LONG COURSE
CONNECTICUT AGE GROUP SWIMMING
CHAMPIONSHIP
July 24-27, 2014

EVENTS

IMPORTABLE MEET EVENTS

Held under the sanction of USA Swimming, Inc. #L14-50 Sanctioned and sponsored by USA Swimming and Connecticut Swimming, Inc. In granting this sanction, it is understood and agreed that CT Swimming and USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

The Long Course Connecticut Age Group Swimming Championship will be held at Wesleyan University's Freeman Athletic Center in Middletown, CT and Cheshire Community Pool in Cheshire, CT. This meet is open to all Connecticut Swimming registered clubs and swimmers who meet the eligibility criteria and time standards (included). The meet will be run in accordance with USA Swimming rules unless otherwise noted

MEET DIRECTOR: Dave Reilly 203-848-0307 dmr123@sbcglobal.net

MEET REFEREE: Dennis Rodney 203-733-4604 dlrmdi@msn.com

MEET ENTRY INFO: Nan Cooper 860-657-1164 office@ctswim.org

SAFETY CHAIR: Ed Heath

WEBSITE ctswim.org

VENUE INFORMATION

WESLEYAN UNIVERSITY

Thursday Evening, 13/14 & 15/18 Preliminary
Sessions and all Final Sessions

CHESHIRE COMMUNITY POOL

Friday, Saturday and Sunday 10/U Timed Final Sessions
& 11/12 Preliminary Sessions

EMERGENCY PHONE:

Facility Monitor: 860-685-2690
Pool: 860-685-2915

EMERGENCY PHONE:

203-271-3208

FACILITY: Wesleyan University's Freeman Athletic Center Pool. One 50-meter 8-lane course; Colorado Timing System; limited spectator seating; refreshments. The competition course has been certified in accordance with 104.2.2C(4). This certification is on file with USA Swimming. Water depth at start end is 14 feet; turn end is 5 feet. No locks may be left on Wesleyan lockers. No shaving

FACILITY: Cheshire Community Outdoor Pool. One 50-meter 8-lane outdoor course; electronic timing system; spectator seating on bleachers; refreshments. The competition course has not been certified in accordance with 104.2.2C(4). Water depth at start end is: 6ft-12ft. Water depth at turn end is: 4ft. Shade is very limited. Clubs should plan to bring day-use shelters or other appropriate sun shelters. No shaving on premises is

on premises is permitted. No access to faculty locker rooms. Changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited. **Personal chairs or like furniture are prohibited inside the facility.** In the case of a physical disability, please contact office@ctswim.org for instructions. No electronic audio or visual recording devices, including cell phones, are permitted in changing areas, rest rooms, locker rooms, or pool deck. **Deck capacity is 350 people.**

SPECTATOR POLICY

Wesleyan and CSI reserve the right to remove any spectator from the stands and/or the facility.

PRELIMS: The spectator area has a seating capacity of 340. This will be strictly enforced. The aisles must be clear at all times. No personal chairs are allowed. The back aisle must be clear at all times. There is no standing. There is no saving seats.

FINALS: The 340 capacity, no chairs, clear aisles, and will be strictly enforced. Wrist bands will be distributed to participating teams based on number of swimmers in finals. Spectators are to receive bands from their teams. Only spectators WEARING 1 wrist band will be allowed access to the spectator area. Spectators with multiple wrist bands to save seats or any other reason will not be given entrance. It is up to each team community to share these bands so all have an opportunity to see their swimmers compete.

LOBBY POLICY: The main lobby of Freeman Athletic Center is to remain open and clear at all times. No chairs will be allowed. No chairs will be allowed in front of the observation window in the lobby. The area leading to the back Fieldhouse and the hockey rink area will be available for parent chairs. The hockey rink spectator area will also be available for swimmers and families.

DISABLED/ELDERLY ACCESS: Limited handicapped parking available behind the Freeman Athletic Center. Disabled access is through front entrance only. Elevator in front lobby goes down to locker rooms and pool deck. Spectator area is to the left of front lobby. If special assistance is required by athletes, coaches or spectators, please contact the Meet Director.

permitted. No electronic audio or visual recording devices, including cell phones, are permitted in changing areas, rest rooms, locker rooms, or pool deck. Changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

DISABLED/ELDERLY ACCESS: This facility is entirely accessible. Those unable to use the bleachers may bring a suitable chair. Deck space will be set aside for wheelchairs. Shade is very limited and may not be available. If special assistance is required by athletes, coaches or spectators, please contact the Meet Director.

DIRECTIONS: 161 Cross Street, Middletown, CT
 Mapping Software: <http://goo.gl/maps/7hoX>
From North: Take I-91 S to Exit 22 S (left exit).
 Travel South on Rt. 9 to Middletown. At 2nd light
 take right onto Rt. 66 W. At junction of Rt. 66 and
 Rt. 3, turn left onto Vine Street and right onto Cross
 Street- pool will be immediately on your left. **From**
South: Take I-95 N or the Merritt Parkway to I-91
 N to Rt. 66 E. At junction of Rt. 66 and Rt. 3, turn
 right onto Vine Street, then right onto Cross Street-
 pool will be immediately on your left.

WESLEYAN LAWN POLICY: Clubs may, with
 certain limitations and with the approval of the
 Meet Director, use the lawn adjacent to the pool
 and ice rink buildings as a rest and gathering area.
 Please consult the [CSI Lawn Policy for Meets Held
 at Wesleyan University](#), which is available on
 ctswim.org. Violations of the policy will subject
 offending clubs to fines as described therein.

The grass area east of the natatorium along Warren
 St is not available for tents due to construction.

PARKING: No parking will be permitted on the
 street directly in front of the Athletic Center or on
 any practice field. Wesleyan will tow illegally
 parked cars. **No parking on grass areas or athletic
 fields. Owners of vehicles on grass or fields causing
 turf or other damage will be liable for the cost of
 repair.**

DIRECTIONS: 520 S. Main St. Cheshire, CT
 Mapping Software: <http://goo.gl/maps/bg4q>
Route 691 exit 3. **Going east**, take right at exit light onto
 Route 10 South. **Going west**, take left at exit light onto
 Route 10 South. Drive approximately 3.6 miles to
 intersection of Route 68/70 West. Continue straight another
 .8 miles on Route 10 South. Cheshire High School will be
 on the right. Pool is in Bartlem Park across from the high
 school. **I-84 East** Exit 26. Follow signs for Route 70 East
 towards Cheshire. Drive for approximately 2.3 miles to
 intersection of 68 West. Stay on Route 68/70 East and drive
 another 1.4 miles to the intersection of Route 10 South.
 Take right at light onto Route 10 South -- which for .2
 miles is also Route 68/70 East. Continue on Route 10 South
 for another .8 miles. Cheshire High School will be on the
 right. Pool is in Bartlem Park across from the high school.
Interstate-91 exit 15. **Going north**, take left at exit light
 onto Route 68 West. **Going south**, take right at exit light
 onto Route 68 West. Drive about 6 miles on Route 68. At
 the intersection of Route 70 West, take a left on Route 70
 West. Drive for approximately 1.2 miles and take a left at
 light onto Route 10 South. Pool is about .8 miles south on
 Route 10. Cheshire High School will be on the right. Pool
 is in Bartlem Park across from the high school.

PARKING: Parking will be only available at Cheshire
 High School across from the pool. Any cars parked
 illegally or on the grass will be ticketed and/or towed.

SCHEDULE:

	<u>Location</u>	<u>Ages</u>	<u>Warm-Up</u>	<u>Start</u>
Thursday Evening	Wesleyan	13/14 & 15/18	3:30 p.m.	4:15 p.m.
Thursday Evening	Wesleyan	12/U & relays	6:00 p.m.*	6:30 p.m.*
Fri. and Sun. Prelims 1 st session**	Wesleyan	13/14	7:15 a.m.	8:00 a.m.
Fri. and Sun. Prelims 2 nd session**	Wesleyan	15-18	10:00 a.m.	10:45 a.m.
Sat. Prelims 1 st session**	Wesleyan	15-18	7:15 a.m.	8:00 a.m.
Sat. Prelims 2 nd session**	Wesleyan	13-14	10:00 a.m.	10:45 a.m.
Fri-Sat-Sun Prelims & Timed Finals	Cheshire	10/U, 11/12	7:00 a.m.	8:00 a.m.
Fri-Sat-Sun Finals	Wesleyan	11/12, 13/14 & 15/18	4:30 p.m.	5:30 p.m.

* NOTE WELL: The 12/U Thursday Evening session times are approximate and will be updated on the
 CSI website by approximately 10:00 p.m. on Wednesday, July 24, 2013.

**Times may change dependent upon size of meet entry. To maintain allowable occupancy numbers,
 2nd session athletes may not enter the deck before the published time.

PHOTOGRAPHY AND VIDEO RECORDING: Meet Management has the full authority to restrict
 ANY AND ALL photography and visual recording at the meet. Photography or video recording

(using cameras, video cameras, iPads, cell phones, etc) from the deck is prohibited by all individuals other than participating Coach and Athlete Members unless prior authorization from the Meet Referee or his/her designee has been granted. **Flash photography is prohibited during the start of any heat,** including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Additionally, the following “Non-Camera Zones” shall be enforced:

- Photography or video recording and the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) is not permitted in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for “race starting purposes” during competition and warm-ups.
- Additional "Non-Camera Zones" may be designated by Meet Management.

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management

GENERAL MEET INFORMATION

RULES: Current USA Swimming Rules will govern this meet. The swimmer’s age as of July 24, 2013 governs age group participation for the entire meet.

ELIGIBILITY CRITERIA: Clubs and all athletes must be 2014 *CSI-registered members* of USA Swimming. Registration will not be processed at the meet.

1. Athletes must have swum in at least one regularly scheduled CSI-sanctioned meet in the 2014 Long Course schedule;
2. Have been properly entered prior to the appropriate deadline contained in either the ENTRY DEADLINE, CORRECTION, or LATE QUALIFIERS sections below, and;
3. To be eligible to compete in individual events, each swimmer **MUST** have achieved the qualifying time for each individual event entered since April 1, 2013. Swimmers may qualify with times from 25 yard (SCY), 25 meter (SCM) or 50 meter (LCM) courses.

ADAPTED SWIMMING: Any CSI-registered swimmer with a disability as defined by USA Swimming Rules and Regulations should refer to the CSI Adapted Swimming Policy available on ctswim.org and contact Adapted Swimming Chair [Mark Kinne](#) for time standards and other information. Coaches or athletes must notify the referee of any disability prior to competition.

OUTREACH POLICY: CSI has adopted an outreach policy to enable Outreach athletes to enter this championship meet with their entry fees waived. See the OUTREACH ATHLETES section for more info.

DECK ACCESS, PRELIMS: Swimmers on deck must be supervised by a USA Swimming registered coach. All coaches must present a valid USA Swimming coach Card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck. Coaches not affiliated with a CSI registered club may be on deck only for those sessions in which they are coaching associated unattached swimmers. Only swimmers entered in this meet shall be allowed in the pool during warm-ups/warm-downs. Children not participating in the meet must be supervised at all times by an adult and are not allowed on the pool deck for any reason. The Meet Director and Referee reserve the right to limit such deck access in the event of overcrowding, inappropriate behavior or for any other reason. CSI Rules of Conduct will be strictly enforced.

DECK ACCESS, FINALS: Coaches will need to be in possession of a deck credential, worn in full view, to gain access to the pool deck. Credentials will be distributed to teams based on their size of entry for

finals. The number of credentials available will be limited for the purpose of keeping deck population at or below the deck occupancy limit of 350, which includes all swimmers, coaches and meet volunteers. Only swimmers competing in finals will be granted access to the pool deck. Depending on numbers of swimmers, an off deck bullpen will be used, with the number of heats required to report to the bullpen dependent upon each evening's swimmer numbers.

COACHES' MEETING: A brief coaches' meeting will be held on Friday morning at a time designated by the meet referee and as necessary on Saturday and Sunday. Please consult your packet for meeting time.

ENTRIES

- Swimmers may enter any individual event for which they qualify, but may only compete in six (6) individual events for the meet and a maximum of three (3) individual events per day.
- **In the 12/Under portion of the meet, clubs may enter one relay-only swimmer per age group per gender (i.e. 10/U Girls, 10/U Boys, 11/12 Girls, 11/12 Boys, etc.). In the 13/Over portion of the meet, relay only swimmers are not allowed. Swimmers entered in relay events **only** must be listed on the meet entry with their USA Swimming numbers and ages.**
- Each club may enter up to three relay teams per relay event, except for the 800M Freestyle Relay where each club may enter only one relay team per 800M relay event. "No-times" for relay events are strongly discouraged. Please estimate or use a composite.
- Unattached swimmers (UN) must be indicated on the entry. Coaches wishing to change the attachment status of swimmers during the meet should bring such requests, which must be consistent with USA Swimming rules, to the Administrative Referee.
- A swimmer entered into this meet with a non-conforming time may **NOT** update that time with a LCM time achieved after the meet entry deadline of July 15, 2014.

PROOF OF ENTRY TIMES: All entry times must be pre-proven. The results of any USA Swimming sanctioned, approved, or observed meet or a meet attested by a USA Referee or CIAC/ Independent Referee will be acceptable as proof of time. Eligible times not verified in Connecticut FAST may be proven by using the Connecticut FAST custom times tool available to CSI clubs or, in the case of unattached entries, by sending an email to the entry chair, which includes the meet name, date, location, referee attestation, and pertinent page(s) of the results. Failure to pre-prove an entry time will prevent the swimmer from being entered in that event. **Proof of time is the responsibility of each coach.** In accordance with CSI policy, (Integrity Statement 1/25/94), the Club from which a swimmer's time cannot be proven, shall be fined the sum of \$100.00 per event. The \$100.00 fine must be paid by October 1, 2014, to the Connecticut Swimming office.

ENTRY DEADLINE: Entries must be received by **9:00 p.m. Tuesday, July 15, 2014.**

ENTRY SUBMISSION: CSI-member USA Swimming clubs will enter using Connecticut FAST Online Entries and enter an adapted athlete by contacting office@ctswim.org. CSI-member unattached athletes, not affiliated with a CSI club, should email an entry file (*.sd3 or *.cl2) and proof of time to office@ctswim.org. If meet entry software is not available, email office@ctswim.org the athlete name, USA ID, age, event number, event name, time, and proof of time. See Proof of Entry Times section for acceptable proof. Manually typed entries are subject to extra fees and all times done in courses other than a 50-meter course must be marked on the entry form by writing SCM or SCY at the entry time. All computer entry files should be coded to indicate the course in which the time was achieved.

FEES: Splash Fee: \$7.00 per individual event, \$12.00 per relay, and \$7.00 per time trials. A \$2.00 per swimmer entry fee applies to relay-only swimmers. If no electronic entry is provided, there is an additional \$7.00 manual entry fee per swimmer.

PAYMENT: The payment deadline for entries is Wednesday, July 16, 2014. Payment may be made online at <https://shop.ctswim.org> or by check payable to Connecticut Swimming. Checks must be postmarked by Wednesday, July 16, 2014 and mailed to the address below. Splash fees for late qualifiers and correction fees are due on Tuesday, July 22, 2014 by check (postmarked) or credit card. CSI reserves the right to remove unpaid entries from the meet.

28 Farms Village Rd.
Wethersfield, CT 06109

OUTREACH ATHLETES: Entry fees for CSI registered Outreach Athletes are waived. When submitting the meet entry, the entering club must request, in writing, that the individual entry fees be waived for the Outreach athlete(s) listed on the club's entry. The Entry Chair shall confirm the Outreach status of the athlete(s) using USA Swimming's national registration database. If confirmed, all individual event entry fees shall be waived for that Outreach Athlete(s).

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall:

1. Be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a member coach prior to the meet. Athletes unaccompanied by a member coach will not be permitted on deck. Please contact the Meet Director for assistance. and
2. Be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted the Meet Director with the entry.

LATE QUALIFIERS: Any entered club that has a swimmer achieve an initial qualifying time during the period of **July 16-July 20, 2014** must enter, no later than 9 PM, Monday, July 21, 2014, using FAST Online Entries. After this deadline, no late qualifier entries will be accepted. Exceptions to this deadline will not be entertained. **No improvements in seed time will be accepted.** Splash fees for late qualifiers are due on Tuesday, July 22, 2014 by check (postmarked) or credit card. CSI reserves the right to remove the unpaid entries from the meet.

CORRECTIONS: Meet entry corrections will be accepted by the meet entry chair until 9 PM, Monday, July 21, 2014. Email corrections to the Entry Chair office@ctswim.org. After this deadline, no corrections will be accepted. Exceptions to this deadline will not be entertained. Under no circumstances will corrections (other than changes of attachment status) be accepted after this time. **Corrections are not the same as exchanging one event for another (swapping out). Corrections are adding events that were, for whatever reason, not included in the original entry. No improvements in seed time will be accepted.** For **each** correction, including but not limited to event, age group, proof of time, clubs will be assessed \$7.00 in addition to the published splash fee (see examples below).

- If John Doe is omitted from a club's entry in six (6) events, his club will be charged \$42.00 in addition to the cost of his entry. Total for John Doe \$84.00.
- If John Doe is entered in the 100 backstroke, but should have been entered in the 100 breaststroke, the fee is \$7.00
- If a relay team is added, the charge will be \$20.00 plus splash fee. Total for additional relay \$32.00.

If any entry times must be corrected, the fee will be \$7.00 per correction. In accordance with CSI rules, proof of time is required and this procedure shall **not** be used to improve seed times. Prior to correcting entry times, the original proof of time will be checked to ensure the correction is not an improvement in seed time. Splash fees for correction fees are due on Tuesday, July 22, 2014 by check (postmarked) or credit card. CSI reserves the right to remove the unpaid entries from the meet.

WARM-UP, SCRATCH, & POSITIVE CHECK-IN PROCEDURES

CHECK-IN/WARM-UP: All clubs must warm-up under the supervision of a coach or marshal. Swimmers without a coach in attendance must report to the office and have a supervisor assigned. Lane assignments for general warm-up will be provided in the coaches' packets and are subject to the discretion of the Meet Referee. No diving will be permitted, except in the assigned lanes during one-way Sprints. Pace lanes will be available during sessions. Due to limited warm-up space, **only swimmers entered in individual events or expected to swim relays in each session may enter the pool in that session's warm-up period.**

SCRATCH PROCEDURES:

- **Scratches for Thursday Evening's events are due at the computer table no later than 45 minutes before the start of either session. Scratches that are emailed on Wednesday to the CSI office will be accepted up to 8:00 P.M. Wednesday, July 23, 2014. Emailed scratches will not be taken after this deadline.** No telephone scratches. Late scratches may be accepted at the discretion of the Referee if submitted to the Referee with explanation in writing prior to the beginning of warm-ups.
- Positive check-in is required by 5:00 p.m. on Saturday, July 26, 2014 for the 800M freestyle events scheduled to be conducted on Sunday, July 27, 2014. Failure to positively check-in by the stated time will result in the swimmer not being seeded into the event.
 - Any swimmer who does not scratch the event by the scratch deadline on Sunday (and did not positively check in) will be seeded at "NT".
 - If you positively check-in and do not scratch, you will be seeded with your entry time and may swim.
 - If you positively check in and scratch, you will not be seeded in the event and will not swim.
- Except as otherwise provided in this Announcement scratch sheets must be turned into the computer table by the following deadlines: **For Thursday Evening session, scratches are due no later than 3:30 pm. 13/14 session, and no later than 5:45 p.m. for the 12/U and Relay session. For the morning sessions, Wesleyan, scratches for the first session are due no later than 7:20, and scratches are due for the second session no later than 10:05. In the event the second session is delayed, scratches will be due 40 minutes prior to that session's adjusted start time.** Cheshire 12/U scratches are due no later than **7:20** am. No exceptions. If a scratch sheet is not received by the deadline, all swimmers on that scratch sheet will be considered NOT scratched and will be seeded in their entered events, except that any over-entered swimmers will be scratched from their last event(s) other than the 800M freestyle until they are in compliance with entry rules.
- Upon official announcement of the qualifiers from the preliminary heats of an event, scratch sheets for finals will be posted at the Administrative Referee's table. Swimmers will have 30 minutes to scratch or "declare an intention to scratch" from the finals for the event.

FAILURE TO COMPETE – PENALTIES for 11/O ATHLETES

- 11/O swimmers who are not scratched and who fail to compete in preliminary or timed final heats will be barred from their next individual event. Please note that a medical scratch approved by the referee, counts as an event and is regarded as a DQ, with no penalty imposed.
- Additionally, a swimmer qualifying for a consolation or championship final who fails to compete and who has not scratched, will be barred from further competition in the meet. A swimmer who fails to appear for a final heat on the last day of the meet shall be fined \$50.00 for each event not swum. Fines must be paid before October 1, 2014. A swimmer shall not be permitted to participate in any further meets sanctioned by CSI until all fines are paid.
- *No Penalty shall apply for Failure to Compete in finals if:*
 1. The Referee is notified in the event of injury or illness and accepts the proof.

2. A swimmer qualifying for a final heat based on the results of preliminaries notifies the Administrative Referee within 30 minutes after the announcement of qualifiers that he may not intend to compete and confirms his final intentions within 30 minutes following his last individual preliminary event.
3. The Referee determines that failure to compete was caused by circumstances beyond the control of the swimmer.

CONDUCT OF COMPETITION

SEEDING: Except with respect to the 800M and 1500M freestyles and the 400M freestyle for 11/12s, qualifying times shall be seeded as follows: All conforming times (LCM) shall be arranged from fastest to slowest; then non-conforming long course meter times (SCM) will be arranged fastest to slowest; followed by non-conforming short course meter times (SCY) arranged fastest to slowest.

INDIVIDUAL EVENTS

- All 10 & under events and all relays will be timed finals.
- With the exception of the 11/12 400M Freestyle (see DISTANCE EVENTS), all 11/12 individual events will be conducted as trials and finals, with the fastest sixteen swimmers returning for consolation and championship final heats in the evening session.
- With the exception of the 13/14 and 15/18 400M, 800M and 1500M Freestyles and the 400 IM (see DISTANCE EVENTS), all 13/14 and 15/18 individual events will be conducted as trials and finals, with the fastest sixteen swimmers returning for consolation and championship final heats in the evening session.

DISTANCE EVENTS

- The 13/14 and 15/18 800M & 1500M Freestyles have distinct qualifying times, but the events shall be seeded as single women's and men's events. Awards and scoring shall be determined in 13/14 and 15/18 categories. Except for those swimming on Sunday evening, swimmers must supply their own timers.
- The 13/14 and 15/18 400M Freestyle and 400M Individual Medley events will be conducted as trials and finals, with the fastest eight swimmers returning for championship final heats in the evening session. Scoring will be for the top sixteen places. **Note:** Scratching from finals results in no points earned, regardless of place in preliminaries.
- The 12/U 400M Freestyle and the 13/18 800M and 1500M Freestyle events shall be conducted on a **timed final** basis, swum fastest to slowest, alternating girls and boys. In the 800M, the fastest seeded heat of women and men shall be conducted as the first event of finals on Sunday evening. Swimmers must supply their own lap counters, if desired. Except for those swimming Sunday evening finals, swimmers must supply their own timers. The meet program is not the final determinant of seeding. Late entries, corrections or scratches may impact which swimmers will swim in the evening. Seeding will be posted as soon as possible after the scratch deadline.

RELAYS

All relays will be swum during preliminaries (Timed Finals for 10/U) on a timed final basis. Relay cards will be given to club coaches, who must list the relay team swimmers' names in order of swim. Failure to do so will prevent the relay team from competing. Upon reporting to the starting block prior to the relay heat in which the team is entered, the completed relay card shall be given to the head timer. No further changes will be permitted. Incomplete or inaccurate relay cards will result in disqualification if discovered after the swim. Attention: all teams entered in Thursday's 800M Free Relay event: Clubs may enter one relay team per each event number (9, 10, 11, and 12) for the 800M Freestyle Relay. Each team must provide 1 lane timer for each relay entry. Timers should be ready and in place prior to the conclusion of the previous heat.

TIME TRIALS: On a time available basis, time trials may be conducted on **Friday and Saturday only** for swimmers who have qualified and entered an individual event in the meet. Time trials will be held following the preliminary sessions if the scheduled events are concluded within 3 1/2 hours of the scheduled start time of the session. Swimmers are limited to two (2) individual time trials during the course of the meet. Time trials are counted as individual events for the purpose of determining the maximum number of individual events a swimmer may swim each day or over the course of the meet. Time trials will not be offered for either the 800M or the 1500M Freestyle events or on Sunday. Time trial entry fee is \$7.00/ individual event and \$12.00/ relay event. Time trial swimmers must provide their own timers. Time trial requests must be submitted to the Administrative Referee no later than 10 a.m. each day for swimmers 13/18 and 10 a.m. for swimmers 12/U. Time trials shall be swum in the order listed in the meet program as follows. Day 1: That day's events followed by the remaining events in the meet. Day 2: That day's events followed by the events of the remaining day(s) in the meet, followed by the events of the previous day.

CONDUCT OF COMPETITION, BREAKS

Breaks of five (5) minutes in length will be observed between the end of the individual preliminary events and the beginning of the relay events in each 12/Under preliminary session. **Breaks may or may not be inserted into the Wesleyan prelims, dependent upon size of meet entry and timeline pressures.** The addition of any unpublished breaks in the competition schedule is at the discretion of the Meet Referee. Coaches and swimmers should note that entering and swimming "back to back" events, under normal circumstances of meet operation does not warrant an unscheduled break. Three (3) to five (5) heats should be anticipated in each preliminary event and relays. **Coaches should keep in mind the Wesleyan prelims, now split into 2 sessions, will offer less rest between events than in past competitions.**

AWARDS & SCORING:

- Events will be scored to 16 places. For individual events, medals will be awarded through 8th place with ribbons awarded from 9th through 16th place. For relay events, medals will be awarded through 3rd place.
- Individuals and relay teams winning first place will also receive Age Group Champion awards. High point trophies will be awarded to the individual female and male swimmers and to the women's, men's and combined teams who score the most points in the 10 & under, 11/12, 13/14 & 15/18 categories. Additionally, "Distance" high point trophies will be awarded to the female and male swimmers who score the most points in the following categories:

10/U - 200Free, 400Free, and 200 IM

11/12 - 200 Free, 400 Free, and 200 IM

13/14 - 400 Free, 800 Free, 1500 Free, and 400 IM

15/18 - 400 Free, 800 Free, 1500 Free, and 400 IM

- **All clubs must make arrangements to collect their awards prior to leaving the building on Sunday night.** CSI will not be able to provide storage or shipment of awards.

- **Scoring Table:**

Individual Events: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1

Relays: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2

WORK ASSIGNMENTS

Club entry in this meet constitutes acceptance of club responsibility to provide workers as assigned by the Meet Director. All clubs are required to provide workers (e.g. safety coordinators, timers, runners, marshals, officials, etc.) in proportion to the size of their entry. Each club's work assignments will be posted on ctswim.org as soon as possible after the entry deadline. Clubs who would like to volunteer for specific jobs (computer, announcer, hospitality, office, awards, etc) should contact the Meet Director **by July 14, 2014.**

Work assignments for finals will be posted as soon as possible following the closing of finals scratches. Assignments will be based on the number of swimmers each club has entered in final and consolation final heats. Workers should appear and sign in at the pool deck office prior to the beginning of warm-ups and remain through the conclusion of finals.

Qualified Officials interested in officiating should submit an [AGC Application to Officiate](#) no later than **July 14, 2014**. Meeting this deadline will ensure these assignments are counted in your club's work assignment.

Work assignments are, unless otherwise stated in the Volunteer Assignment Schedule posted on [www.ctswim.org](#), for the duration of the session, **including relay events**, and it is the responsibility of the club to provide back-up if for any reason a worker is unable to complete the work assignment. Job descriptions will be posted on the CSI website. Unless otherwise stated in the Volunteer Assignment Schedule, workers must appear and sign in at the pool deck office prior to the second session of warm-ups. Connecticut Swimming, Inc. will fine any club that fails to provide its workers or whose workers do not work for the entire session. Fines must be paid before October 1, 2014, or offending clubs jeopardize their right to participate in future CSI-sponsored events.

Failure to supply worker	\$100 per worker per session
Leaving assignment early	\$60 per worker per session
Arriving late for assignment	\$60 per worker per session

Each club shall submit the name and telephone number of a club liaison responsible for that club's work assignments. If no representative is shown, the club coach shall be responsible for performing the function of the liaison.

NATIONAL OFFICIALS CERTIFICATION MEET: This meet is designated as a National Officials Qualifying Meet (OQM). Evaluators will be in attendance for certification and re-certification evaluations at all N2 & N3 levels, except Administrative Referee. Officials wishing to be evaluated should so indicate on the [Application to Officiate](#). N2 evaluations must be done over 3 sessions in the position at the meet. N3 evaluations are done over 4 sessions in the position. Recertification evaluations must each be done over two sessions. All officials seeking evaluations must work a total of at least 4 sessions at the meet. One position for an official may be evaluated in each session, although officials in a "rotation" may work in other positions in an evaluation session. For specific requirements, refer to the USA Swimming website under Member Resources -- Officials -- Testing & Certification -- National Certification Program. For further information contact [Nancy Wargo](#), Officials Chair.

LODGING:

Crowne Plaza Cromwell
100 Berlin Road, Cromwell
Linda Fish 800-635-2000
\$99 rate by July 14

Ask for CT Swimming room block

Marriott Courtyard
4 Sebethe Dr, Cromwell
860-635-1001

Inn at Middletown
70 Main Street Middletown
860-854-6300

Comfort Inn
Route 372, Cromwell
860-635-4100

Ramada Plaza Hotel
275 Research Pkwy, Meriden
203-238-2380

Hampton Inn
20 Waterchase Dr, Rocky Hill
860-563-7877

Super 8 Motel
1 Industrial Dr, Cromwell
800-843-1991

Hawthorne Inn
2387 Wilbur Cross Pkwy, Berlin
860-828-4181

2014 LONG COURSE CONNECTICUT AGE GROUP SWIMMING CHAMPIONSHIP

ORDER OF EVENTS

July 24-27, 2014

THURSDAY JULY 24, 2014 WESLEYAN UNIVERSITY

<u>GIRLS</u>					<u>BOYS</u>				
<u>NO.</u>	<u>SCY</u>	<u>SCM</u>	<u>LCM</u>	<u>EVENT</u>	<u>SCY</u>	<u>SCM</u>	<u>LCM</u>	<u>NO.</u>	
<u>1</u>	19:07.49	19:42.99	20:06.99	13/14 1500M/1650Y Free	18:59.99	18:51.99	19:15.99	<u>2</u>	
3	18:45.99	19:16.99	19:40.99	15/18 1500M/1650Y Free	18:24.99	17:56.99	18:20.99	4	
30 minute warm-up									
5	6:57.49	6:05.74	6:11.99	10/U 400M/500Y Free	7:04.24	6:23.49	6:29.99	6	
7	5:58.49	5:16.49	5:22.74	11/12 400M/500Y Free	6:00.99	5:25.49	5:31.99	8	
9	----	----	----	13/14 800M Free Relay	----	----	----	10	
11	----	----	----	15/18 800M Free Relay	----	----	----	12	

FRIDAY MORNING JULY 25, 2014 WESLEYAN UNIVERSITY

13	-----	-----	-----	13/14 200M Med Relay	-----	-----	-----	14
15	-----	-----	-----	15/18 200M Med Relay	-----	-----	-----	16
17	2:20.99	2:36.49	2:44.49	13/14 200M IM	2:15.99	2:30.99	2:36.99	18
19	2:14.49	2:29.24	2:39.24	15/18 200M IM	2:05.99	2:19.99	2:28.49	20
21	26.59	29.49	30.32	13/14 50M Free	25.09	27.99	28.99	22
23	25.24	27.99	29.34	15/18 50M Free	23.24	25.74	26.74	24
25	2:41.89	2:59.74	3:09.99	13/14 200M Breast	2:36.49	2:53.74	3:03.99	26
27	2:33.74	2:50.74	3:03.49	15/18 200M Breast	2:19.49	2:34.99	2:52.74	28
29	5:33.99	4:54.99	5:02.24	13/14 400M/500Y Free	5:26.99	4:49.74	4:55.99	30
31	5:14.49	4:47.49	4:53.74	15/18 400M/500Y Free	5:07.74	4:34.74	4:41.24	32
33	----	----	----	13/14 200M Free Relay	----	----	----	34
35	----	----	----	15/18 200M Free Relay	----	----	----	36

FRIDAY MORNING JULY 25, 2013 CHESHIRE COMMUNITY POOL

37	2:35.49	2:52.99	2:55.99	10/U 200M Free	2:33.24	2:49.99	2:57.49	38
39	2:13.24	2:27.99	2:32.24	11/12 200M Free	2:15.49	2:30.49	2:34.74	40
41	1:26.24	1:35.74	1:40.24	10/U 100M Butterfly	1:26.24	1:35.74	1:43.49	42
43	1:11.59	1:19.49	1:20.24	11/12 100M Butterfly	1:12.24	1:20.24	1:24.49	44
45	2:32.99	2:49.99	2:56.74	11/12 200M Back	2:32.74	2:49.49	2:58.99	46
47	42.49	47.24	48.24	10/U 50M Breast	42.99	47.74	50.49	48
49	37.24	41.49	42.74	11/12 50M Breast	37.49	41.74	43.74	50
51	----	----	----	10/U 400M Free Relay	----	----	----	52
53	----	----	----	11/12 400M Free Relay	----	----	----	54

2014 LONG COURSE CONNECTICUT AGE GROUP SWIMMING CHAMPIONSHIP

ORDER OF EVENTS

July 24-27, 2014

SATURDAY MORNING, JULY 26, 2014 WESLEYAN UNIVERSITY

<u>GIRLS</u>					<u>BOYS</u>				
<u>NO</u>	<u>SCY</u>	<u>SCM</u>	<u>LCM</u>	<u>EVENT</u>	<u>SCY</u>	<u>SCM</u>	<u>LCM</u>	<u>NO</u>	
55	57.24	1:03.49	1:06.24	13/14 100M Free	54.99	1:00.24	1:02.99	56	
57	54.49	1:00.49	1:03.74	15/18 100M Free	50.49	55.99	58.99	58	
59	2:26.99	2:43.24	2:55.49	13/14 200M Fly	2:25.49	2:41.49	2:51.49	60	
61	2:19.99	2:34.99	2:46.74	15/18 200M Fly	2:18.99	2:34.24	2:34.74	62	
63	1:05.74	1:12.74	1:16.99	13/14 100M Back	1:03.24	1:10.24	1:14.99	64	
65	1:01.49	1:08.24	1:13.24	15/18 100M Back	59.74	1:06.49	1:09.49	66	
67	5:02.99	5:36.49	5:54.99	13/14 400M IM	4:56.99	5:29.74	5:52.99	68	
69	4:47.49	5:19.24	5:48.74	15/18 400M IM	4:47.59	5:19.24	5:27.49	70	
71	----	----	----	13/14 400M Free Relay	----	----	----	72	
73	----	----	----	15/18 400M Free Relay	----	----	----	74	

SATURDAY MORNING, JULY 26, 2014 CHESHIRE COMMUNITY POOL

75	----	----	----	10/U 200M Med Relay	----	----	----	76
77	----	----	----	11/12 200M Med Relay	----	----	----	78
79	1:19.99	1:28.74	1:32.99	10/U 100M Back	1:20.24	1:28.99	1:35.24	80
81	1:10.49	1:18.24	1:22.49	11/12 100M Back	1:10.74	1:18.49	1:22.24	82
83	31.74	34.99	35.24	10/U 50M Free	31.49	34.99	35.74	84
85	28.19	31.24	31.74	11/12 50M Free	27.99	30.99	31.99	86
87	1:33.24	1:43.49	1:46.24	10/U 100M Breast	1:34.24	1:44.74	1:51.24	88
89	1:20.79	1:29.74	1:32.99	11/12 100M Breast	1:22.49	1:31.49	1:35.49	90
91	2:42.99	3:00.99	3:10.99	11/12 200M Fly	2:51.49	3:10.49	3:23.99	92
93	-----	-----	-----	10/U 200M Free Relay	-----	-----	-----	94
95	-----	-----	-----	11/12 200M Free Relay	-----	-----	-----	96

2014 LONG COURSE CONNECTICUT AGE GROUP SWIMMING CHAMPIONSHIP

ORDER OF EVENTS

July 24-27, 2014

SUNDAY MORNING, JULY 27, 2014
WESLEYAN UNIVERSITY

<u>GIRLS</u>					<u>BOYS</u>				
<u>NO</u>	<u>SCY</u>	<u>SCM</u>	<u>LCM</u>	<u>EVENT</u>	<u>SCY</u>	<u>SCM</u>	<u>LCM</u>	<u>NO</u>	
97	1:04.24	1:11.49	1:14.74	13/14 100M Fly	1:01.74	1:08.74	1:11.74	98	
99	1:01.49	1:08.24	1:12.74	15/18 100M Fly	55.24	1:01.49	1:05.49	100	
101	2:21.24	2:36.74	2:44.99	13/14 200M Back	2:15.99	2:30.99	2:42.24	102	
103	2:14.24	2:28.99	2:39.74	15/18 200M Back	2:02.99	2:16.49	2:29.99	104	
105	1:13.99	1:22.24	1:27.49	13/14 100M Breast	1:11.24	1:19.24	1:24.99	106	
107	1:10.99	1:18.74	1:25.24	15/18 100M Breast	1:03.24	1:10.24	1:18.24	108	
109	2:04.49	2:18.24	2:23.99	13/14 200M Free	2:00.49	2:13.74	2:19.49	110	
111	1:56.99	2:09.99	2:19.24	15/18 200M Free	1:49.24	2:01.24	2:10.49	112	
113	----	----	----	13/14 400M Medley Relay	----	----	----	114	
115	----	----	----	15/18 400M Medley Relay	----	----	----	116	
117	11:39.99	10:16.24	10:28.99	13/14 800M/1000Y Free	11:39.99	9:53.24	10:05.99	118	
119	11:09.49	9:58.24	10:10.99	15/18 800M/1000Y Free	10:49.99	9:15.24	9:27.99	120	

SUNDAY MORNING, JULY 27, 2014
CHESHIRE COMMUNITY POOL

121	2:55.49	3:14.74	3:21.74	10/U 200M IM	2:56.74	3:16.24	3:24.74	122
123	2:33.49	2:50.49	2:54.49	11/12 200M IM	2:33.74	2:50.74	2:56.74	124
125	37.24	41.74	42.74	10/U 50M Back	37.24	41.49	43.99	126
127	32.99	36.74	38.24	11/12 50M Back	32.99	36.74	37.99	128
129	1:10.24	1:17.99	1:19.99	10/U 100M Free	1:09.99	1:17.74	1:20.74	130
131	1:01.49	1:08.24	1:09.99	11/12 100M Free	1:01.49	1:08.24	1:10.74	132
133	36.24	40.24	41.49	10/U 50M Fly	36.24	40.24	41.49	134
135	31.29	35.24	34.99	11/12 50M Fly	31.74	35.24	36.49	136
137	2:53.99	3:13.24	3:21.49	11/12 200M Breast	2:57.99	3:17.49	3:30.99	138
139	----	----	----	10/U 400M Medley Relay	----	----	----	140
141	----	----	----	11/12 400M Medley Relay	----	----	----	142