

Chelsea Piers Aquatic Club
Summer Solstice Invitational
Age Group Qualifier
June 21st- 22nd, 2014
Chelsea Piers CT, 1 Blachley Road, Stamford CT 06902

Google Map - <http://goo.gl/maps/rikJ4>

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #L14-35. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

EVENTS

IMPORTABLE MEET EVENTS

	Name	Email	Phone
Meet Director:	Kathy Salvo	salvok@chelseapiersct.com	203-249-1470
Meet Referee:	Matt Marion	marionlaw@hotmail.com	203-852-6702
Entry Chair:	Pat Ford Griffis	pat.f.griffis@gmail.com	203-861-1579
Safety Chair:	Gregory Barone	Barong@chelseapiersct.com	203-989-1300
Officials Contact:	Matt Marion	marionlaw@hotmail.com	203-952-6702

WEBSITE: <http://www.ChelseaPiersCT.com>

POOL EMERGENCY NUMBER: 203-989-1300

MEET TYPE: Sanctioned

MEET CLASSIFICATION: This meet is open to all USA Swimming athletes and clubs

MEET FORMAT: The meet will be swum as timed finals. Flyover starts will be used in all sessions.

SCRATCH PROCEDURES: Coaches will receive a scratch sheet at the beginning of each session. Coaches must indicate all scratches on these sheets and submit their scratch sheets to the computer table within twenty minutes after the start of warm-up.

FACILITY: The Chelsea Piers Competition Pool is an 8-lane, 50-meter course plus two outer lanes. Water depth at start end is: 7 feet. Water depth at turn end is: 7 feet. The competition course has not been certified in accordance with 104.2.2C(4). Chelsea Piers uses a Daktronic timing system with a multilane LCD scoreboard. Spectator seating will be available on the mezzanine.

Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

DISABLED ACCESS: Chelsea Piers Connecticut is fully accessible to all, able-bodied and challenged. The spectator area is easily accessible via elevator, and all bathrooms have reserved stalls in them. Reserved parking is directly in front of the facility.

COURSE: Long Course Meters, LCM.

SESSION TIMES:

Saturday:	Session 1	Warm up 7:15am	Meet starts 8:45am (13 & Over)
	Session 2	Warm up 1:15pm	Meet starts 2:30pm (12 & Under)
Sunday:	Session 3	Warm up 7:15am	Meet starts 8:45am (13 & Over)
	Session 4	Warm up 1:15pm	Meet starts 2:30pm (12 & Under)

Subject to Change! Any adjustments to session times will be notified by Monday before meet.

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect .

All sessions will use 2 tiers of warm-ups, using 8 lanes, with lanes assigned by team in the discretion of the meet director. At the conclusion of those 2 warm-up tiers there will be an additional warm-up period for all teams with lanes 1 and 8 being pace lanes and lanes 2-7 designated as one-way sprints with starts from the blocks. The meet director reserves the right to condense or expand this warm-up format dependent upon meet subscription.

Warm-up/warm-down lanes will also be available for the 13 and overs, and may be available for the 12 & unders, in two outer lanes at the discretion of the Referee. No Diving will be allowed in these lanes. Swimmers must enter these lanes from the far end of the pool only. Other restrictions may be applied at the discretion of the Referee.

ELIGIBILITY: All athletes must be current athlete members of USA Swimming.

Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete [registration procedures](#). Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck, & at all times.

ADAPTED SWIMMING: Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to [Mark Kinne](#), Adapted Athlete Committee Chair.

EVENT INFORMATION: Deck Entries will not be accepted

ENTRY LIMITATIONS: Athletes are limited to 4 individual events per session and 8 total individual events for the meet. Entries must indicate a swimmer's fourth event per session in case over-subscription forces the host to limit swimmers to three individual events per session.

ENTRY TIMES: Submit entry times in LCM. If there are no official times for an athlete, please submit estimated times. No Times (NT) will not be accepted. Converted times are permissible.

DEADLINES: Entry deadline is June 6, 2014.

Mail hardcopy to: Pat Ford Griffis, 63 Bote Road, Greenwich, CT 06830. All entries must be typed or printed legibly, and must use full names and registration numbers from USA Swimming registration.

Date of Entry will be determined by date of receipt of emailed entry file attachment in sd3 or cl2 file format. Date of receipt of 'mailed files' needing manual input will be treated the same as electronic files, providing the file is for less than three athletes; otherwise the entry will be considered as received 5 days later than postmark.

CONNECTICUT-ONLY DEADLINE: CT Entry deadline is May 1, 2014. CT clubs meeting this deadline will be entered before out of state clubs. See above for determination of meet entry receipt date.

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at pat.f.griffis@gmail.com. Please check that your team name, address, and contact information are listed correctly in this file.

See 'Deadlines' above for determination of meet entry receipt date.
Payment must be received by **June 14, 2014** (06/14/14).

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

ENTRY FEES: Electronic entries: \$8.00 for individual events. Manual entries: \$10.00 for individual events. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry

PAYMENT INSTRUCTIONS: Please make checks payable to Chelsea Piers Connecticut and mail to: Chelsea Piers CT c/o James Barone, 1 Blachley Road, Stamford CT 06902.
Payment must be received by **June 14, 2014** (06/14/14).

CUT PROTOCOL: Planned session timelines for all sessions will not exceed 4 hours. If necessary, cuts will be made in the following order: (1) 4th events per swimmer. Fourth events in a session must be noted, or the entry chair will assume the last event is the fourth. (2) If necessary, 8 and unders will next be cut from all teams. If the time line estimate still exceeds four hours teams will be cut based on date of receipt of entry.

Chelsea Piers CT reserve the right to modify and/or cancel the meet for safety or other reasons with the consent of CT Swimming Program Operations. Clubs will be notified of changes no later than Monday before the meet.

RESERVE THE RIGHT TO MAKE CHANGES: The meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet, with prior approval from Program Operations. Clubs will be notified of changes no later than Monday before the meet.

RELAYS: No.

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

PHOTOGRAPHY AND VIDEO RECORDING:

Meet Management has the full authority to restrict any and all photography and visual recording at the meet. Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) from the deck is prohibited by all individuals other than participating Coach and Athlete Members unless prior authorization from the Meet Referee or his/her designee has been granted. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Additionally, the following "Non-Camera Zones" shall be enforced:

- Photography or video recording and the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) is not permitted in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups.
- Additional "Non-Camera Zones" may be designated by Meet Management.

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

RULES: Current USA Swimming rules will govern all competition.

Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

TIME TRIALS: No.

TIMERS, OFFICIALS OR WORK ASSIGNMENTS: Any volunteer officials should contact Matt Marion, marionlaw@hotmail.com . Participating clubs will be notified of work assignments by Monday before the meet.

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

SCORING: The meet will not be scored.

AWARDS: No.

CONCESSIONS: Yes.

HOSPITALITY FOR COACHES AND OFFICIALS: Yes.

PARKING: There is parking located on site at Chelsea Piers Connecticut.

DIRECTIONS:

Northbound 95: Take exit 9. Make a left at the end of the ramp. Make a left on to Rt.1. Make a left onto Blachley Road. The facility is at the end of the street.

Southbound 95: Take exit 9. Make a right at the end of the ramp. Make a left onto Blachley Road. The facility is at the end of the street.

LODGING:

The Sheraton Stamford Hotel is 1 mile from Chelsea Piers CT, take exit 8 from I-95.

Address: 700 East Main St, Stamford, CT 06901

Phone: (203) 358-8400 • Fax: (203) 358-8872

Please mention Chelsea Piers if making a reservation.

CPAC June LCM Age Group Meet
June 21 & 22, 2014
Session Report

Session: 1 Sat AM

Day of Meet: 1 Starts at 08:45 AM Heat Interval: 15 Seconds / Back +15 Seconds

Finals	1	Girls 13-14 50 Freestyle
Finals	2	Boys 13-14 50 Freestyle
Finals	3	Girls 15 & Over 50 Freestyle
Finals	4	Boys 15 & Over 50 Freestyle
		Break: 2 Minutes: Timers Change Ends
Finals	5	Girls 13-14 200 Breaststroke
Finals	6	Boys 13-14 200 Breaststroke
Finals	7	Girls 15 & Over 200 Breaststroke
Finals	8	Boys 15 & Over 200 Breaststroke
Finals	9	Girls 13-14 100 Backstroke
Finals	10	Boys 13-14 100 Backstroke
Finals	11	Girls 15 & Over 100 Backstroke
Finals	12	Boys 15 & Over 100 Backstroke
Finals	13	Girls 13-14 200 Butterfly
Finals	14	Boys 13-14 200 Butterfly
Finals	15	Girls 15 & Over 200 Butterfly
Finals	16	Boys 15 & Over 200 Butterfly
Finals	17	Girls 13-14 200 Freestyle
Finals	18	Boys 13-14 200 Freestyle
Finals	19	Girls 15 & Over 200 Freestyle
Finals	20	Boys 15 & Over 200 Freestyle

CPAC June LCM Age Group Meet
June 21 & 22, 2014
Session Report

Session: 2 Sat PM

Day of Meet: 1 Starts at 02:30 PM Heat Interval: 15 Seconds / Back +15 Seconds

Finals	21	Girls 12 & Under 200 Backstroke
Finals	22	Boys 12 & Under 200 Backstroke
		Break: 2 Minutes: Timers Change Ends
Finals	23	Girls 10 & Under 50 Freestyle
Finals	24	Boys 10 & Under 50 Freestyle
Finals	25	Girls 11-12 50 Freestyle
Finals	26	Boys 11-12 50 Freestyle
		Break: 2 Minutes: Timers Change Ends
Finals	27	Girls 10 & Under 100 Breaststroke
Finals	28	Boys 10 & Under 100 Breaststroke
Finals	29	Girls 11-12 100 Breaststroke
Finals	30	Boys 11-12 100 Breaststroke
		Break: 2 Minutes: Timers Change Ends
Finals	31	Girls 10 & Under 50 Backstroke
Finals	32	Boys 10 & Under 50 Backstroke
Finals	33	Girls 11-12 50 Backstroke
Finals	34	Boys 11-12 50 Backstroke
		Break: 2 Minutes: Timers Change Ends
Finals	35	Girls 10 & Under 100 Butterfly
Finals	36	Boys 10 & Under 100 Butterfly
Finals	37	Girls 11-12 100 Butterfly
Finals	38	Boys 11-12 100 Butterfly
Finals	39	Girls 10 & Under 200 Freestyle
Finals	40	Boys 10 & Under 200 Freestyle
Finals	41	Girls 11-12 200 Freestyle
Finals	42	Boys 11-12 200 Freestyle

CPAC June LCM Age Group Meet
June 21 & 22, 2014
Session Report

Session: 3 Sun AM

Day of Meet: 2 Starts at 08:45 AM Heat Interval: 15 Seconds / Back +15 Seconds

Finals	43	Girls 13-14 100 Breaststroke
Finals	44	Boys 13-14 100 Breaststroke
Finals	45	Girls 15 & Over 100 Breaststroke
Finals	46	Boys 15 & Over 100 Breaststroke
Finals	47	Girls 13-14 200 Backstroke
Finals	48	Boys 13-14 200 Backstroke
Finals	49	Girls 15 & Over 200 Backstroke
Finals	50	Boys 15 & Over 200 Backstroke
Finals	51	Girls 13-14 100 Freestyle
Finals	52	Boys 13-14 100 Freestyle
Finals	53	Girls 15 & Over 100 Freestyle
Finals	54	Boys 15 & Over 100 Freestyle
Finals	55	Girls 13-14 200 IM
Finals	56	Boys 13-14 200 IM
Finals	57	Girls 15 & Over 200 IM
Finals	58	Boys 15 & Over 200 IM
Finals	59	Girls 13-14 100 Butterfly
Finals	60	Boys 13-14 100 Butterfly
Finals	61	Girls 15 & Over 100 Butterfly
Finals	62	Boys 15 & Over 100 Butterfly

CPAC June LCM Age Group Meet
June 21 & 22, 2014
Session Report

Session: 4 Sun PM

Day of Meet: 2 Starts at 02:30 PM Heat Interval: 15 Seconds / Back +15 Seconds

Finals	65	Girls 10 & Under 50 Breaststroke
Finals	66	Boys 10 & Under 50 Breaststroke
Finals	67	Girls 11-12 50 Breaststroke
Finals	68	Boys 11-12 50 Breaststroke
		Break: 2 Minutes: Timers Change Ends
Finals	69	Girls 11-12 200 Butterfly
Finals	70	Boys 11-12 200 Butterfly
Finals	71	Girls 10 & Under 100 Backstroke
Finals	72	Boys 10 & Under 100 Backstroke
Finals	73	Girls 11-12 100 Backstroke
Finals	74	Boys 11-12 100 Backstroke
Finals	75	Girls 10 & Under 100 Freestyle
Finals	76	Boys 10 & Under 100 Freestyle
Finals	77	Girls 11-12 100 Freestyle
Finals	78	Boys 11-12 100 Freestyle
Finals	79	Girls 10 & Under 200 IM
Finals	80	Boys 10 & Under 200 IM
Finals	81	Girls 11-12 200 IM
Finals	82	Boys 11-12 200 IM
		Break: 2 Minutes: Timers Change Ends
Finals	83	Girls 10 & Under 50 Butterfly
Finals	84	Boys 10 & Under 50 Butterfly
Finals	85	Girls 11-12 50 Butterfly
Finals	86	Boys 11-12 50 Butterfly
		Break: 2 Minutes:
Finals	87	Girls 12 & Under 200 Breaststroke
Finals	88	Boys 12 & Under 200 Breaststroke