

CDOG June Invite
Invitational
June 27-29, 2014
Freeman Athletic Building
161 Cross Street, Middletown, CT 06457
<http://goo.gl/maps/7hoX>

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #L14-40. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

EVENTS

IMPORTABLE MEET EVENTS

	Name	Email	Phone
Meet Director:	Sean Farrell	sfarrell@sccymca.org	203 217-0038
Meet Referee:	Jim Robison	robisons@snet.net	203 506-6764
Entry Chair:	Cassie Maliar	cassiemaliar@gmail.com	860 919 6380
Safety Chair:	Dan Mascolo	dmascolo@sccymca.org	203 272-3150
Officials Contact:	Mike Smalec	msmalec@cox.net	860 510-8433

WEBSITE: <http://www.seadogswim.com>

POOL EMERGENCY NUMBER: 860-685-2960 Facility Monitor; 860-685-2915 Pool Deck

MEET TYPE: Sanctioned

MEET CLASSIFICATION: This meet is open to all USA Swimming athletes and clubs.

MEET FORMAT: The meet will be swum as Timed-Final.

SCRATCH PROCEDURES: Scratches will be due no later than 30 minutes prior to the start of each session

FACILITY: Wesleyan University's Freeman Athletic Center Pool is 8 lanes, 50 meters. Water depth at start end is 14 ft. and turn end is 4 ft. Colorado electronic timing system will be utilized. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.

Please make note of the following as Wesleyan's policy for hosting meets has been updated:

- Changing in or out of swimsuits other than in the locker rooms or other designated areas is prohibited.
- On deck capacity is maxed at 256 – this includes swimmers coaches, officials, timers and additional meet volunteers.
- Teams with 35 or more swimmers will be assigned seating in the spectator area. This number may be adjusted once all entries are received by the entry deadline or when we reach max capacity – whichever comes first. Notification will be sent to all teams in an informational email as soon as determined.
- Teams with swimmers totaling 12 swimmers may have one (1) coach on deck. Teams with 13 – 30 swimmers may have two (2) coaches on deck and teams with more than 31 or more swimmers may have up to but no more than four (4) coaches on deck. Please note the number of coaches does impact our total number allowed on deck.
- **NO** personal chairs are permitted on the pool deck.
- **SPECTATOR SEATING:** Limited to a maximum of 289 spectators. Sitting or blocking the aisles is

prohibited. Chairs, or like furniture, are prohibited. No chairs are allowed in front of the lobby's glass viewing area. With the exception of handicapped seating, this area is standing room only. Because of the limitations in the number of people allowed on deck, the meet host will be looking into alternative seating for swimmers between events.

DISABLED ACCESS: The Aquatic Center is handicapped accessible, with handicapped viewing area available. Contact the meet director for additional information and/or if special arrangements are required

COURSE: LCM.

SESSION TIMES: Subject to Change

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|-------------|---|
| Session I | <u>Friday, June 27th</u>
9 & Over Swimmers, warm-up 4:00pm, start 5:00pm |
| Session II | <u>Saturday, June 28th</u>
11-12 Swimmers, warm-up 7:00am, start 7:30am |
| Session III | <u>Saturday, June 28th</u>
10 & Under Swimmers, warm-up at 10:30am, 11:00am Start |
| Session IV | <u>Saturday, June 28th</u>
13/over Swimmers, warm-up 2:00pm, start 2:45pm |
| Session V | <u>Sunday, June 29th</u>
11-12 Swimmers, warm-up 7:00am, start 7:30am |
| Session VI | <u>Sunday, June 29th</u>
10 & Under Swimmers, warm-up at 10:30am, 11:00am Start |
| Session VII | <u>Sunday, June 29th</u>
13/over Swimmers, warm-up 2:00pm, start 2:45pm |

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect.

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|------------------------------|--|
| Friday PM | 13 & Overs, lane assigned warm-ups to teams 4:00-4:25pm
9-12, lane assigned warm-ups to teams 4:25-4:45pm
All ages starts, pace & circle 4:45-5:00pm |
| Saturday & Sunday 11-12 | 11-12 lane assigned warm-ups to teams 7:00-7:20am
11-12 starts, pace & circle 7:20-7:30am |
| Saturday & Sunday 10 & Under | 10 & Under lane assigned warm-ups to teams 10:30-10:50am
10 & Under starts, pace & circle 10:50-11:00am |
| Saturday & Sunday 13 & Over | 13 & Over lane assigned warm-ups to teams 2:00-2:30pm
13 & Over starts, pace & circles 2:30-2:45pm |

ELIGIBILITY: All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete [registration procedures](#). Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

ADAPTED SWIMMING: Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to [Mark Kinne](#), Adapted Athlete Committee Chair.

EVENT INFORMATION: Deck entries will not be accepted.

ENTRY LIMITATIONS: Swimmers may enter up to 3 events per day.

ENTRY TIMES: Submit entry times in LCM.

DEADLINES: Deadline for entry is Monday, June 16th, 2014. Mail payment to PO Box 271, Cheshire, CT 06410. Date of entry is based on receipt of entry.

CONNECTICUT-ONLY DEADLINE: CT deadline is June 1st, 2014. Date of entry is based on receipt of entry. CT clubs meeting this deadline will be entered before out of state clubs.

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at cassiemaliar@gmail.com. Please check that your team name, address, and contact information are listed correctly in this file. Please check that your team name, address, and contact information are listed correctly in this file. Entries are not considered “in” until entry checks have been received.

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer’s responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

ENTRY FEES: Electronic entries: \$7.00 for individual events. Manual entries: \$8.00 for individual events. Wesleyan Facility Surcharge: \$5.00/swimmer.
No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry.

PAYMENT INSTRUCTIONS: Please make checks payable to “STPA”, please list June Invite on memo line. Mail checks to: STPA, PO Box 271, Cheshire, CT 06410. Payment must be received by 06/21/2014

CUT PROTOCOL: Due to session time constraints the meet director will cut 7 & under swimmers first, then limit the number of 11-12 400 IM heats, then teams will be cut. Clubs will be notified of changes no later than Monday before the meet.

RESERVE THE RIGHT TO MAKE CHANGES: The meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet, with prior approval from Program Operations. Clubs will be notified of changes no later than Monday before the meet.

RELAYS: There are no relays events in this meet.

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

PHOTOGRAPHY AND VIDEO RECORDING:

Meet Management has the full authority to restrict any and all photography and visual recording at the meet. Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) from the deck is prohibited by all individuals other than participating Coach and Athlete Members unless prior authorization from the Meet Referee or his/her designee has been granted. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Additionally, the following "Non-Camera Zones" shall be enforced:

- Photography or video recording and the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) is not permitted in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups.
- Additional "Non-Camera Zones" may be designated by Meet Management.

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

RULES: Current USA Swimming rules will govern all competition.

TIME TRIALS: Time trials will be offered at the discretion of the meet referee if time allows. Time trials are \$10.00 for individual events. Time trial events count toward the total number of event limitations per session. Time Trial events are limited to those events published in this meet announcement.

TIMERS, OFFICIALS OR WORK ASSIGNMENTS: Club work assignments will be determined by the size of the team's entry. Participating clubs must be notified of work assignments by the Monday before the meet.

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

SCORING: The meet will not be scored.

AWARDS: Ribbons for 1st-6th place in each event will be given. Teams must pick up awards at the conclusion of the meet. Awards WILL NOT be mailed or delivered following the conclusion of the meet.

CONCESSIONS: A concession stand will be available with a limited menu

HOSPITALITY FOR COACHES AND OFFICIALS: Yes

DIRECTIONS: From North: Take I-91 S to Exit 22 S (left exit). Travel South on Rt. 9 to Middletown. At 2nd light take right onto Rt. 66 W. At junction of Rt. 66 and Rt. 3, turn left onto Vine Street and right onto Cross Street-pool will be immediately on your left. From South: Take I-95 N or the Merritt Parkway to I-91 N to Rt. 66 E. At junction of Rt. 66 and Rt. 3, turn right onto Vine Street, then right onto Cross Street-pool will be immediately on your left.

PARKING: Ample Parking is available in various lots on campus

June Invite - 6/27/2014 to 6/29/2014**Session Report**

Session: 1 Friday PM

Day of Meet: 1 Starts at 05:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	1 Girls 400 IM	0	0	05:00 PM _____
Finals	2 Boys 400 IM	0	0	05:00 PM _____
Finals	3 Girls 9-12 400 Freestyle	0	0	05:00 PM _____
Finals	4 Boys 9-12 400 Freestyle	0	0	05:00 PM _____
Finals	5 Girls 400 Freestyle	0	0	05:00 PM _____
Finals	6 Boys 400 Freestyle	0	0	05:00 PM _____
	Finish Time			05:00 PM _____

Session: 2 11-12 Saturday

Day of Meet: 2 Starts at 07:30 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	7 Girls 11-12 200 Backstroke	0	0	07:30 AM _____
Finals	8 Boys 11-12 200 Backstroke	0	0	07:30 AM _____
Finals	9 Girls 11-12 100 Freestyle	0	0	07:30 AM _____
Finals	10 Boys 11-12 100 Freestyle	0	0	07:30 AM _____
Finals	11 Girls 11-12 200 Butterfly	0	0	07:30 AM _____
Finals	12 Boys 11-12 200 Butterfly	0	0	07:30 AM _____
Finals	13 Girls 11-12 100 Breaststroke	0	0	07:30 AM _____
Finals	14 Boys 11-12 100 Breaststroke	0	0	07:30 AM _____
Finals	15 Girls 11-12 50 Butterfly	0	0	07:30 AM _____
Finals	16 Boys 11-12 50 Butterfly	0	0	07:30 AM _____
Finals	17 Girls 11-12 50 Backstroke	0	0	07:30 AM _____
Finals	18 Boys 11-12 50 Backstroke	0	0	07:30 AM _____
Finals	19 Girls 11-12 200 IM	0	0	07:30 AM _____
Finals	20 Boys 11-12 200 IM	0	0	07:30 AM _____
	Finish Time			07:30 AM _____

Session: 3 10 & Under Saturday

Day of Meet: 2 Starts at 11:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	21 Girls 10 & Under 100 Freestyle	0	0	11:00 AM _____
Finals	22 Boys 10 & Under 100 Freestyle	0	0	11:00 AM _____
Finals	23 Girls 10 & Under 100 Breaststroke	0	0	11:00 AM _____
Finals	24 Boys 10 & Under 100 Breaststroke	0	0	11:00 AM _____
Finals	25 Girls 10 & Under 50 Butterfly	0	0	11:00 AM _____
Finals	26 Boys 10 & Under 50 Butterfly	0	0	11:00 AM _____
Finals	27 Girls 10 & Under 50 Backstroke	0	0	11:00 AM _____
Finals	28 Boys 10 & Under 50 Backstroke	0	0	11:00 AM _____
Finals	29 Girls 10 & Under 200 IM	0	0	11:00 AM _____
Finals	30 Boys 10 & Under 200 IM	0	0	11:00 AM _____
	Finish Time			11:00 AM _____

June Invite - 6/27/2014 to 6/29/2014**Session Report**

Session: 4 13 & Over Saturday

Day of Meet: 2 Starts at 02:45 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	31 Girls 13-14 200 Butterfly	0	0	02:45 PM _____
Finals	32 Boys 13-14 200 Butterfly	0	0	02:45 PM _____
Finals	33 Girls 15 & Over 200 Butterfly	0	0	02:45 PM _____
Finals	34 Boys 15 & Over 200 Butterfly	0	0	02:45 PM _____
Finals	35 Girls 13-14 100 Freestyle	0	0	02:45 PM _____
Finals	36 Boys 13-14 100 Freestyle	0	0	02:45 PM _____
Finals	37 Girls 15 & Over 100 Freestyle	0	0	02:45 PM _____
Finals	38 Boys 15 & Over 100 Freestyle	0	0	02:45 PM _____
Finals	39 Girls 13-14 100 Breaststroke	0	0	02:45 PM _____
Finals	40 Boys 13-14 100 Breaststroke	0	0	02:45 PM _____
Finals	41 Girls 15 & Over 100 Breaststroke	0	0	02:45 PM _____
Finals	42 Boys 15 & Over 100 Breaststroke	0	0	02:45 PM _____
Finals	43 Girls 13-14 200 Backstroke	0	0	02:45 PM _____
Finals	44 Boys 13-14 200 Backstroke	0	0	02:45 PM _____
Finals	45 Girls 15 & Over 200 Backstroke	0	0	02:45 PM _____
Finals	46 Boys 15 & Over 200 Backstroke	0	0	02:45 PM _____
Finals	47 Girls 13-14 200 IM	0	0	02:45 PM _____
Finals	48 Boys 13-14 200 IM	0	0	02:45 PM _____
Finals	49 Girls 15 & Over 200 IM	0	0	02:45 PM _____
Finals	50 Boys 15 & Over 200 IM	0	0	02:45 PM _____
	Finish Time			02:45 PM _____

Session: 5 11-12 Sunday

Day of Meet: 3 Starts at 07:30 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	51 Girls 11-12 200 Breaststroke	0	0	07:30 AM _____
Finals	52 Boys 11-12 200 Breaststroke	0	0	07:30 AM _____
Finals	53 Girls 11-12 100 Backstroke	0	0	07:30 AM _____
Finals	54 Boys 11-12 100 Backstroke	0	0	07:30 AM _____
Finals	55 Girls 11-12 50 Freestyle	0	0	07:30 AM _____
Finals	56 Boys 11-12 50 Freestyle	0	0	07:30 AM _____
Finals	57 Girls 11-12 100 Butterfly	0	0	07:30 AM _____
Finals	58 Boys 11-12 100 Butterfly	0	0	07:30 AM _____
Finals	59 Girls 11-12 200 Freestyle	0	0	07:30 AM _____
Finals	60 Boys 11-12 200 Freestyle	0	0	07:30 AM _____
Finals	61 Girls 11-12 50 Breaststroke	0	0	07:30 AM _____
Finals	62 Boys 11-12 50 Breaststroke	0	0	07:30 AM _____
Finals	63 Mixed 11-12 400 IM	0	0	07:30 AM _____
	Finish Time			07:30 AM _____

June Invite - 6/27/2014 to 6/29/2014**Session Report**

Session: 6 10 & Under Sunday

Day of Meet: 3 Starts at 11:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	64 Girls 10 & Under 100 Backstroke	0	0	11:00 AM _____
Finals	65 Boys 10 & Under 100 Backstroke	0	0	11:00 AM _____
Finals	66 Girls 10 & Under 50 Freestyle	0	0	11:00 AM _____
Finals	67 Boys 10 & Under 50 Freestyle	0	0	11:00 AM _____
Finals	68 Girls 10 & Under 100 Butterfly	0	0	11:00 AM _____
Finals	69 Boys 10 & Under 100 Butterfly	0	0	11:00 AM _____
Finals	70 Girls 10 & Under 200 Freestyle	0	0	11:00 AM _____
Finals	71 Boys 10 & Under 200 Freestyle	0	0	11:00 AM _____
Finals	72 Girls 10 & Under 50 Breaststroke	0	0	11:00 AM _____
Finals	73 Boys 10 & Under 50 Breaststroke	0	0	11:00 AM _____
	Finish Time			11:00 AM _____

Session: 7 13 & Over Sunday

Day of Meet: 3 Starts at 02:45 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	74 Girls 13-14 100 Butterfly	0	0	02:45 PM _____
Finals	75 Boys 13-14 100 Butterfly	0	0	02:45 PM _____
Finals	76 Girls 15 & Over 100 Butterfly	0	0	02:45 PM _____
Finals	77 Boys 15 & Over 100 Butterfly	0	0	02:45 PM _____
Finals	78 Girls 13-14 200 Freestyle	0	0	02:45 PM _____
Finals	79 Boys 13-14 200 Freestyle	0	0	02:45 PM _____
Finals	80 Girls 15 & Over 200 Freestyle	0	0	02:45 PM _____
Finals	81 Boys 15 & Over 200 Freestyle	0	0	02:45 PM _____
Finals	82 Girls 13-14 200 Breaststroke	0	0	02:45 PM _____
Finals	83 Boys 13-14 200 Breaststroke	0	0	02:45 PM _____
Finals	84 Girls 15 & Over 200 Breaststroke	0	0	02:45 PM _____
Finals	85 Boys 15 & Over 200 Breaststroke	0	0	02:45 PM _____
Finals	86 Girls 13-14 100 Backstroke	0	0	02:45 PM _____
Finals	87 Boys 13-14 100 Backstroke	0	0	02:45 PM _____
Finals	88 Girls 15 & Over 100 Backstroke	0	0	02:45 PM _____
Finals	89 Boys 15 & Over 100 Backstroke	0	0	02:45 PM _____
Finals	90 Girls 13-14 50 Freestyle	0	0	02:45 PM _____
Finals	91 Boys 13-14 50 Freestyle	0	0	02:45 PM _____
Finals	92 Girls 15 & Over 50 Freestyle	0	0	02:45 PM _____
Finals	93 Boys 15 & Over 50 Freestyle	0	0	02:45 PM _____
	Finish Time			02:45 PM _____