

CAC Age Group Qualifier
May 30 – June 1, 2014
Wesleyan University
Freeman Athletic Building
161 Cross Street, Middletown, CT 06457
<http://goo.gl/maps/7hoX>

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #L14-15. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

MEET EVENTS
IMPORTABLE MEET EVENTS

| | Name | Email | Phone |
|-----------------------|-----------------|--|---------------|
| Meet Director: | Jon Caswell | joncacsxim@gmail.com | (239)207.2313 |
| Meet Referee: | Sue Button | skbutton@comcast.net | (860)912.0498 |
| Entry Chair: | Lynne Benavides | Jackboss2000@gmail.com | (401)447.5190 |
| Safety Chair: | Jackie Vetovec | javetrovec@sbcglobal.com | |

HOST WEBSITE: www.cacsxim.net

POOL EMERGENCY NUMBER: 860-685-2960 Facility Monitor; 860-685-2915 Pool Deck

MEET TYPE: Sanctioned

MEET CLASSIFICATION: This meet is open to all USA Swimming athletes and clubs.

MEET FORMAT: The meet will be swum as Timed-Finals. Events 7 & 8, the 800 Free will be swum fastest to slowest alternating girls & boys. Saturday and Sunday competitions should end no later than 6:00 P.M.

SCRATCH PROCEDURES: Scratch sheets are due to the computer desk no later than 15 minutes after the start of the session warm-up. If a scratch sheet is not turned in, it will be assumed that the team is not in attendance and the entire team will be scratched from that session.

FACILITY: Wesleyan University's Freeman Athletic Center Pool is 8 lanes, 50 meters. Water depth at start end is 14 ft. and turn end is 4 ft. Colorado electronic timing system will be utilized. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. Spectator seating is limited and spectators are asked not to sit in the stairways in the spectator section. No locks may be left on Wesleyan lockers. No shaving on premises is permitted.

Spectator Seating: No more than 289 spectators will be allowed in the spectator seating area at any given time. No furniture will be allowed in or behind the spectator area. No furniture will be allowed in front of the glass viewing area in the lobby.

DISABLED ACCESS: The Aquatic Center is handicapped accessible, with handicapped viewing area available. Contact the meet director for additional information and/or if special arrangements are required.

COURSE: LCM

SESSION TIMES: Subject to Change

Friday PM All age groups

Warm-up 4:00pm

Start 5:00pm

| | | |
|---------------------------------|-----------------|---------------|
| Saturday & Sunday AM 11/12 | Warm-up 7:10am | Start 8:00am |
| Saturday & Sunday AM 10 & under | Warm-up 10:40am | Start 11:30am |
| Saturday & Sunday PM 13/over | Warm-up 1:45pm | Start 2:30pm |

The above session schedule is subject to change.

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect. Friday's session will be an open warm-up with designated lanes for 12/Under and 13/Over. Saturday and Sunday all sessions will have one 30 minute team assigned general warm-up and Saturday and Sunday. All general warm-ups of all sessions will conclude with a 10 minute open warm-up using dedicated lanes for 1-way sprints, pace, and circle swimming.

ELIGIBILITY: All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete [registration procedures](#). Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

ADAPTED SWIMMING: Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to [Mark Kinne](#), Adapted Athlete Committee Chair.

SESSION LIMITATIONS, MAXIMUM POOL DECK OCCUPANCY: No session shall exceed a 256 person maximum on-deck occupancy. This figure includes all swimmers, coaches, meet officials and meet volunteers.

SESSION LIMITATIONS, SWIMMERS: 210 maximum before scratches.

SESSION LIMITATIONS, COACHES: Teams with 12 or fewer swimmers entered each session are allowed 1 coaching pass for that session. Teams with 13 – 36 swimmers entered each session are allowed 2 coaching passes for that session. Teams larger than 36 swimmers in a session are allowed 3 coaching passes for that session.

SESSION LIMITATIONS, OFFICIALS: A maximum of 9 officials, including Meet Referee, Administrative Referee, and Starter, will be used to conduct each session of the competition. Officials interested in working this meet are to contact the Meet Referee Sue Button: skbutton@comcast.net. Walk-on officials will be allowed to work the meet only if less than 9 officials are present at the desired session.

ENTRY LIMITATIONS: Swimmers may enter and compete in no more than 2 events on Friday; 4 events per day on Saturday/Sunday.

SPECIAL INSTRUCTIONS FOR SWIMMERS AND COACHES: Personal chairs are not allowed on the Wesleyan pool deck during the conduct of this meet. Chairs and bleachers will be provided; all chairs must be situated against the walls of the facility, not obstructing on deck pathways.

ENTRY TIMES: Submit entry times in LCM. Please do not use NT as an entry time, instead please use an estimated time.

DEADLINES: Entry deadline is Tuesday, May 13, 2014. Mail hardcopy and payment to the entry chairperson: Lynne Benavides, 15 Frances Barber Dr. Hope Valley, RI 02832. All entries must be typed or printed legibly, and must use full names and registration numbers from USA Swimming registration. An entry will be officially

considered in the meet when the entry and fees have been received.

CONNECTICUT-ONLY DEADLINE: CT deadline is Tuesday, April 22, 2014 at 12pm. CT clubs meeting this deadline will be entered before out of state clubs. Should space still be available after April 22, out-of-state teams will be admitted based on when their entry and payment were received.

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at jackboss2000@gmail.com. Please check that your team name, address, and contact information are listed correctly in this file. An entry is considered complete, and the team entered in the meet, when the entry and payment are received.

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance; 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

ENTRY FEES: Electronic entries: \$10.00 per swimmer for Friday night session. All other entry fees will be \$25 per swimmer, per session. No refunds will be given for entries once they are accepted.

PAYMENT INSTRUCTIONS: Please make checks payable to CAC and mail to: Lynne Benavides, 15 Frances Barber Dr. Hope Valley, RI 02832. Payment must be received by Tuesday, May 20, 2014.

CUT PROTOCOL: Due to Wesleyan's new meet hosting policy, each session will be considered full when it reaches 210 swimmers. Teams will be cut based on date of receipt of fees (with CT teams being protected if they are in by the CT only deadline). Entries for each session will be accepted until the maximum swimmer numbers for that session fills.

RESERVE THE RIGHT TO MAKE CHANGES: The meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet, with prior approval from Program Operations. Clubs will be notified of changes no later than Monday before the meet.

RELAYS: None

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. No electronic audio or visual recording devices, including cell phones, are permitted in changing areas, rest rooms, or locker rooms.

PHOTOGRAPHY AND VIDEO RECORDING:

Meet Management has the full authority to restrict any and all photography and visual recording at the

meet. Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) from the deck is prohibited by all individuals other than participating Coach and Athlete Members unless prior authorization from the Meet Referee or his/her designee has been granted. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Additionally, the following “Non-Camera Zones” shall be enforced:

- Photography or video recording and the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) is not permitted in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for “race starting purposes” during competition and warm-ups.
- Additional "Non-Camera Zones" may be designated by Meet Management.

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

RULES: Current USA Swimming rules will govern all competition.

TIME TRIALS: Time trials will be offered at the discretion of the meet referee if time allows. Time trials are \$10 for individual events. There will be no relay time trials. Time trial events count toward the total number of event limitations per session. Time Trial events are limited to those events published in this meet announcement.

TIMERS, OFFICIALS, OR WORK ASSIGNMENTS: Teams will be asked to supply timers in relationship to the size of their entry. Swimmers need to provide their own timers for the Senior 800 freestyle and 400 IM’s. Teams supplying names of parents willing to officiate will have their timing assignments adjusted. Timing assignments will be published no later than Tuesday before the meet.

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

SCORING: The meet will not be scored.

AWARDS: None

CONCESSIONS: Yes

HOSPITALITY FOR COACHES AND OFFICIALS: Yes

PARKING: Ample parking is available in various lots on campus. If Wesleyan designates specific parking lots for the meet, a parking update will be emailed to all teams prior to the meet.

DIRECTIONS: Wesleyan University, 161 Cross Street, Middletown, CT
Mapping Software: <http://goo.gl/maps/7hoX>

From North: Take I-91 S to Exit 22S (left exit). Travel South on Rt. 9 to Middletown. At 2nd light take Right onto Rt. 66 W. At junction of Rt. 66 and Rt. 3, turn left onto Vine St. and Rt. onto Cross Street. – pool will be immediately on your left.

From South: Take I-95 N or the Merritt Parkway to I-91 N to Rt. 66 E. At junction of Rt. 66 and Rt. 3, turn right onto Vine Street, then right onto Cross Street- pool will be immediately on your left.

CAC LONG COURSE AGE GROUP QUALIFIER - 5/30/2014 to 6/1/2014

Sanction #: L14-15

Session Report

Session: 1 Friday PM

Day of Meet: 1 Starts at 05:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

| Round | Event | Entries | Heats | Starts at | |
|--------------|----------------------------------|----------------|--------------|------------------|-------|
| Finals | 1 Girls 12 & Under 200 Freestyle | 0 | 0 | 05:00 PM | _____ |
| Finals | 2 Boys 12 & Under 200 Freestyle | 0 | 0 | 05:00 PM | _____ |
| Finals | 3 Girls 13 & Over 400 IM | 0 | 0 | 05:00 PM | _____ |
| Finals | 4 Boys 13 & Over 400 IM | 0 | 0 | 05:00 PM | _____ |
| Finals | 5 Girls 12 & Under 200 IM | 0 | 0 | 05:00 PM | _____ |
| Finals | 6 Boys 12 & Under 200 IM | 0 | 0 | 05:00 PM | _____ |
| | Break: 10 Minutes: | | | | |
| Finals | 7 Girls 13 & Over 800 Freestyle | 0 | 0 | 05:10 PM | _____ |
| Finals | 8 Boys 13 & Over 800 Freestyle | 0 | 0 | 05:10 PM | _____ |
| | Finish Time | | | 05:10 PM | _____ |

CAC LONG COURSE AGE GROUP QUALIFIER - 5/30/2014 to 6/1/2014

Sanction #: L14-15

Session Report

Session: 2 Saturday AM 11& 12

Day of Meet: 2 Starts at 08:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

| Round | Event | Entries | Heats | Starts at | |
|--------------|--------------------------------|----------------|--------------|------------------|-------|
| Finals | 9 Girls 11-12 100 Freestyle | 0 | 0 | 08:00 AM | _____ |
| Finals | 10 Boys 11-12 100 Freestyle | 0 | 0 | 08:00 AM | _____ |
| Finals | 13 Girls 11-12 50 Butterfly | 0 | 0 | 08:00 AM | _____ |
| Finals | 14 Boys 11-12 50 Butterfly | 0 | 0 | 08:00 AM | _____ |
| Finals | 17 Girls 11-12 50 Breaststroke | 0 | 0 | 08:00 AM | _____ |
| Finals | 18 Boys 11-12 50 Breaststroke | 0 | 0 | 08:00 AM | _____ |
| Finals | 21 Girls 11-12 100 Backstroke | 0 | 0 | 08:00 AM | _____ |
| Finals | 22 Boys 11-12 100 Backstroke | 0 | 0 | 08:00 AM | _____ |
| | Finish Time | | | 08:00 AM | _____ |

CAC LONG COURSE AGE GROUP QUALIFIER - 5/30/2014 to 6/1/2014**Sanction #: L14-15****Session Report**

Session: 3 Saturday 10 & under

Day of Meet: 2 Starts at 11:30 AM Heat Interval: 15 Seconds / Back +15 Seconds

| Round | Event | Entries | Heats | Starts at | |
|--------------|-------------------------------------|----------------|--------------|------------------|-------|
| Finals | 11 Girls 10 & Under 100 Freestyle | 0 | 0 | 11:30 AM | _____ |
| Finals | 12 Boys 10 & Under 100 Freestyle | 0 | 0 | 11:30 AM | _____ |
| Finals | 15 Girls 10 & Under 50 Butterfly | 0 | 0 | 11:30 AM | _____ |
| Finals | 16 Boys 10 & Under 50 Butterfly | 0 | 0 | 11:30 AM | _____ |
| Finals | 19 Girls 10 & Under 50 Breaststroke | 0 | 0 | 11:30 AM | _____ |
| Finals | 20 Boys 10 & Under 50 Breaststroke | 0 | 0 | 11:30 AM | _____ |
| Finals | 23 Girls 10 & Under 100 Backstroke | 0 | 0 | 11:30 AM | _____ |
| Finals | 24 Boys 10 & Under 100 Backstroke | 0 | 0 | 11:30 AM | _____ |
| | Finish Time | | | 11:30 AM | _____ |

CAC LONG COURSE AGE GROUP QUALIFIER - 5/30/2014 to 6/1/2014**Sanction #: L14-15****Session Report**

Session: 4 Saturday 13 & over

Day of Meet: 2 Starts at 02:30 PM Heat Interval: 15 Seconds / Back +15 Seconds

| Round | Event | Entries | Heats | Starts at | |
|--------------|-------------------------------------|----------------|--------------|------------------|-------|
| Finals | 29 Girls 15 & Over 50 Freestyle | 0 | 0 | 02:30 PM | _____ |
| Finals | 30 Boys 15 & Over 50 Freestyle | 0 | 0 | 02:30 PM | _____ |
| Finals | 31 Girls 13-14 50 Freestyle | 0 | 0 | 02:30 PM | _____ |
| Finals | 32 Boys 13-14 50 Freestyle | 0 | 0 | 02:30 PM | _____ |
| Finals | 33 Girls 13 & Over 200 Butterfly | 0 | 0 | 02:30 PM | _____ |
| Finals | 34 Boys 13 & Over 200 Butterfly | 0 | 0 | 02:30 PM | _____ |
| Finals | 35 Girls 15 & Over 100 Breaststroke | 0 | 0 | 02:30 PM | _____ |
| Finals | 36 Boys 15 & Over 100 Breaststroke | 0 | 0 | 02:30 PM | _____ |
| Finals | 37 Girls 13-14 100 Breaststroke | 0 | 0 | 02:30 PM | _____ |
| Finals | 38 Boys 13-14 100 Breaststroke | 0 | 0 | 02:30 PM | _____ |
| Finals | 39 Girls 15 & Over 100 Backstroke | 0 | 0 | 02:30 PM | _____ |
| Finals | 40 Boys 15 & Over 100 Backstroke | 0 | 0 | 02:30 PM | _____ |
| Finals | 41 Girls 13-14 100 Backstroke | 0 | 0 | 02:30 PM | _____ |
| Finals | 42 Boys 13-14 100 Backstroke | 0 | 0 | 02:30 PM | _____ |
| Finals | 43 Girls 15 & Over 200 Freestyle | 0 | 0 | 02:30 PM | _____ |
| Finals | 44 Boys 15 & Over 200 Freestyle | 0 | 0 | 02:30 PM | _____ |
| Finals | 45 Girls 13-14 200 Freestyle | 0 | 0 | 02:30 PM | _____ |
| Finals | 46 Boys 13-14 200 Freestyle | 0 | 0 | 02:30 PM | _____ |
| | Finish Time | | | 02:30 PM | _____ |

CAC LONG COURSE AGE GROUP QUALIFIER - 5/30/2014 to 6/1/2014

Sanction #: L14-15

Session Report

Session: 5 Sunday AM 11 & 12

Day of Meet: 3 Starts at 08:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

| Round | Event | Entries | Heats | Starts at | |
|--------------|---------------------------------|----------------|--------------|------------------|-------|
| Finals | 47 Girls 11-12 50 Freestyle | 0 | 0 | 08:00 AM | _____ |
| Finals | 48 Boys 11-12 50 Freestyle | 0 | 0 | 08:00 AM | _____ |
| Finals | 51 Girls 11-12 100 Butterfly | 0 | 0 | 08:00 AM | _____ |
| Finals | 52 Boys 11-12 100 Butterfly | 0 | 0 | 08:00 AM | _____ |
| Finals | 55 Girls 11-12 100 Breaststroke | 0 | 0 | 08:00 AM | _____ |
| Finals | 56 Boys 11-12 100 Breaststroke | 0 | 0 | 08:00 AM | _____ |
| Finals | 59 Girls 11-12 50 Backstroke | 0 | 0 | 08:00 AM | _____ |
| Finals | 60 Boys 11-12 50 Backstroke | 0 | 0 | 08:00 AM | _____ |
| | Finish Time | | | 08:00 AM | _____ |

CAC LONG COURSE AGE GROUP QUALIFIER - 5/30/2014 to 6/1/2014**Sanction #: L14-15****Session Report**

Session: 6 Sunday 10 & under

Day of Meet: 3 Starts at 11:30 AM Heat Interval: 15 Seconds / Back +15 Seconds

| Round | Event | Entries | Heats | Starts at | |
|--------------|--------------------------------------|----------------|--------------|------------------|-------|
| Finals | 49 Girls 10 & Under 50 Freestyle | 0 | 0 | 11:30 AM | _____ |
| Finals | 50 Boys 10 & Under 50 Freestyle | 0 | 0 | 11:30 AM | _____ |
| Finals | 53 Girls 10 & Under 100 Butterfly | 0 | 0 | 11:30 AM | _____ |
| Finals | 54 Boys 10 & Under 100 Butterfly | 0 | 0 | 11:30 AM | _____ |
| Finals | 57 Girls 10 & Under 100 Breaststroke | 0 | 0 | 11:30 AM | _____ |
| Finals | 58 Boys 10 & Under 100 Breaststroke | 0 | 0 | 11:30 AM | _____ |
| Finals | 61 Girls 10 & Under 50 Backstroke | 0 | 0 | 11:30 AM | _____ |
| Finals | 62 Boys 10 & Under 50 Backstroke | 0 | 0 | 11:30 AM | _____ |
| | Finish Time | | | 11:30 AM | _____ |

CAC LONG COURSE AGE GROUP QUALIFIER - 5/30/2014 to 6/1/2014**Sanction #: L14-15****Session Report**

Session: 7 Sunday PM 13 & over

Day of Meet: 3 Starts at 02:30 PM Heat Interval: 15 Seconds / Back +15 Seconds

| Round | Event | Entries | Heats | Starts at | |
|--------------|-------------------------------------|----------------|--------------|------------------|-------|
| Finals | 67 Girls 15 & Over 200 IM | 0 | 0 | 02:30 PM | _____ |
| Finals | 68 Boys 15 & Over 200 IM | 0 | 0 | 02:30 PM | _____ |
| Finals | 69 Girls 13-14 200 IM | 0 | 0 | 02:30 PM | _____ |
| Finals | 70 Boys 13-14 200 IM | 0 | 0 | 02:30 PM | _____ |
| Finals | 71 Girls 15 & Over 100 Freestyle | 0 | 0 | 02:30 PM | _____ |
| Finals | 72 Boys 15 & Over 100 Freestyle | 0 | 0 | 02:30 PM | _____ |
| Finals | 73 Girls 13-14 100 Freestyle | 0 | 0 | 02:30 PM | _____ |
| Finals | 74 Boys 13-14 100 Freestyle | 0 | 0 | 02:30 PM | _____ |
| Finals | 75 Girls 13 & Over 200 Breaststroke | 0 | 0 | 02:30 PM | _____ |
| Finals | 76 Boys 13 & Over 200 Breaststroke | 0 | 0 | 02:30 PM | _____ |
| Finals | 77 Girls 15 & Over 100 Butterfly | 0 | 0 | 02:30 PM | _____ |
| Finals | 78 Boys 15 & Over 100 Butterfly | 0 | 0 | 02:30 PM | _____ |
| Finals | 79 Girls 13-14 100 Butterfly | 0 | 0 | 02:30 PM | _____ |
| Finals | 80 Boys 13-14 100 Butterfly | 0 | 0 | 02:30 PM | _____ |
| Finals | 81 Girls 13 & Over 200 Backstroke | 0 | 0 | 02:30 PM | _____ |
| Finals | 82 Boys 13 & Over 200 Backstroke | 0 | 0 | 02:30 PM | _____ |
| | Break: 5 Minutes: | | | | |
| Finals | 83 Girls 13 & Over 400 Freestyle | 0 | 0 | 02:35 PM | _____ |
| Finals | 84 Boys 13 & Over 400 Freestyle | 0 | 0 | 02:35 PM | _____ |
| | Finish Time | | | 02:35 PM | _____ |