

# SoNoCo LC Qualifier

June 14-16, 2013

Hosted by SoNoCo Swim Club

Wesleyan University

161 Cross Street Middletown, CT 06457

Held under sanction of USA Swimming and Connecticut Swimming #L13-27

## EVENTS

### IMPORTABLE MEET EVENTS

	<b>Name</b>	<b>Email</b>	<b>Phone</b>
Meet Director:	Bill Ball	<a href="mailto:ballb@ccsu.edu">ballb@ccsu.edu</a>	860-832-3073
Meet Referee:	Mike Huffman	<a href="mailto:Mhuffman99@gmail.com">Mhuffman99@gmail.com</a>	860-539-9895
Entry Chair:	Bill Ball	<a href="mailto:ballb@ccsu.edu">ballb@ccsu.edu</a>	860-832-3073
Safety Chair:	John Spadafina	<a href="mailto:jspadafina@ccsu.edu">jspadafina@ccsu.edu</a>	860-966-0942
Officials Contact:	Mike Huffman	<a href="mailto:Mhuffman99@gmail.com">Mhuffman99@gmail.com</a>	860-539-9895

**WEBSITE:** <http://www.sonocoaquatics.org>

**POOL EMERGENCY NUMBER:** 203-484-0307

**MEET TYPE:** Sanctioned

**MEET CLASSIFICATION:** This meet is open to all USA Swimming athletes and clubs.

**MEET FORMAT:** The meet will be swum as Timed-Finals

**SCRATCH PROCEDURES:** Scratches will be due no later than 30 minutes prior to the start of each session

**FACILITY:** 8-lane 50 meter competition venue with Colorado Timing System; spectator seating and limited refreshments. Locker rooms: No locks may be left on Wesleyan lockers. No shaving on premises is permitted. No deck changing. Access to faculty locker rooms is not permitted. Failure to comply may result in expulsion from the meet.

Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

**DISABLED/ELDERLY ACCESS:** Handicapped parking and pool deck access is available. If special assistance is required by athletes, coaches or spectators, please contact the Meet Director.

**COURSE:** LCM.

**SESSION TIMES: Subject to Change.**

Friday Evening warm-up 4:00pm/Start 5:00pm.

Saturday and Sunday 12 & Under (AM Sessions) warm-up 7:00am/Start 8:00am

Saturday and Sunday 13 & Over (PM Sessions) warm-up 12:30pm/Start 1:30pm

**WARM-UPS:** CT Swimming Warm-Up Procedures will be in effect.

**ELIGIBILITY:** All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete [registration](#)

[procedures](#). Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

**ADAPTED SWIMMING:** Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to [Mark Kinne](#), Adapted Athlete Committee Chair.

**EVENT INFORMATION:** Deck entries will not be accepted.

**ENTRY LIMITATIONS:** Swimmers may enter up to 4 events per day. Please mark your 4<sup>th</sup> event on your entry as these will be the first cut if the meet is oversubscribed. Entries without the 4<sup>th</sup> event marked, the 4<sup>th</sup> event each session will be considered the 4<sup>th</sup> and removed in the event the meet is oversubscribed.

**ENTRY TIMES:** Submit entry times in: LCM. NT entries are strongly discouraged.

**DEADLINES:** Entry deadline is June 4, 2013. Mail hardcopy and payment to the entry chairperson: Bill Ball 309 Village Hill Road Willington, CT 06279 All entries must be typed or printed legibly, and must use full names and registration numbers from USA Swimming registration. Date of Entries will be determined by the date payment is received.

**CONNECTICUT-ONLY DEADLINE:** CT deadline is May 14, 2013. Date of Entries will be determined by the date payment is received. CT clubs meeting this deadline will be entered before out of state clubs.

**ELECTRONIC ENTRIES:** Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at [ballb@ccsu.edu](mailto:ballb@ccsu.edu). Please check that your team name, address, and contact information are listed correctly in this file. Entries are not considered “in” until entry checks have been received.

**ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION:** Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer’s responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

**ENTRY FEES:** Electronic entries: \$7.00 for individual events. Manual entries: \$8.00 for individual events. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry

**PAYMENT INSTRUCTIONS:** Please make checks payable to SoNoCo Swim Club and mail to: Bill Ball, 309 Village Hill Road, Willington, CT 06279. Payment must be received by 06/12/13.

**CUT PROTOCOL:** In the event the meet is oversubscribed 4<sup>th</sup> events will be cut first followed by teams based on last entry received. Clubs will be notified of changes no later than Monday before the meet.

**RESERVE THE RIGHT TO MAKE CHANGES:** The meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet, with prior approval from Program Operations. Clubs will be notified of cuts no later than

Monday before the meet.

**RELAYS:** No Relays will be offered at this meet.

**SAFETY:**

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. No electronic audio or visual recording devices, including cell phone, is not permitted in changing areas, rest rooms, or locker rooms.

**RULES:** Current USA Swimming rules will govern all competition.

**TIME TRIALS:** No Time Trials will be offered at this meet

**TIMERS, OFFICIALS OR WORK ASSIGNMENTS:** Club work assignments will be determined by the size of the team's entry. Participating clubs must be notified of work assignments by the Monday before the meet.

**DECK ACCESS:** Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

**SCORING:** This meet will not be scored

**AWARDS:** Ribbons for 1<sup>st</sup>-6<sup>th</sup> place in each event will be given. Teams must pick up awards at the conclusion of the meet. Awards WILL NOT be mailed or delivered following the conclusion of the meet.

**CONCESSIONS:** A concession stand will be available with a limited menu

**HOSPITALITY FOR COACHES AND OFFICIALS:** Beverages and light snacks will be provided for coaches and officials

**DIRECTIONS:** From North: Take I-91 S to Exit 22 S (left exit). Travel South on Rt. 9 to Middletown. At 2nd light take right onto Rt. 66 W. At junction of Rt. 66 and Rt. 3, turn left onto Vine Street and right onto Cross Street-pool will be immediately on your left. From South: Take I-95 N or the Merritt Parkway to I-91 N to Rt. 66 E. At junction of Rt. 66 and Rt. 3, turn right onto Vine Street, then right onto Cross Street-pool will be immediately on your left.

**PARKING:** Ample Parking is available in various lots on campus

Licensed to Central Connecticut State Univ HY-TEK's MEET MANAGER 3.0 3/27/2013  
 SoNoCo Age Group Qualifier - 6/14/2013 to 6/16/2013  
 Session Report

Session: 1 Friday Evening Session

Day of Meet: 1 Starts at 05:00 PM Heat Interval: 15 Seconds / Back +15 Seco

Round	Event	Entries	Heats	Starts at
Finals	1 Girls 12 & Under 200 Butterf	0	0	05:00 PM
Finals	2 Boys 12 & Under 200 Butterfl	0	0	05:00 PM
Finals	3 Girls 13 & Over 400 IM	0	0	05:00 PM
Finals	4 Boys 13 & Over 400 IM	0	0	05:00 PM
Finals	5 Girls 12 & Under 200 Backstr	0	0	05:00 PM
Finals	6 Boys 12 & Under 200 Backstro	0	0	05:00 PM
Finals	7 Girls 13 & Over 400 Freestyl	0	0	05:00 PM
Finals	8 Boys 13 & Over 400 Freestyle	0	0	05:00 PM
Finals	9 Girls 12 & Under 200 Breasts	0	0	05:00 PM
Finals	10 Boys 12 & Under 200 Breastst	0	0	05:00 PM
	Finish Time			05:00 PM

Session: 2 Saturday Morning Session

Day of Meet: 2 Starts at 08:00 AM Heat Interval: 15 Seconds / Back +15 Seco

Round	Event	Entries	Heats	Starts at
Finals	11 Girls 10 & Under 50 Butterfl	0	0	08:00 AM
Finals	12 Boys 10 & Under 50 Butterfly	0	0	08:00 AM
Finals	13 Girls 11-12 50 Butterfly	0	0	08:00 AM
Finals	14 Boys 11-12 50 Butterfly	0	0	08:00 AM
Finals	15 Girls 10 & Under 100 Freesty	0	0	08:00 AM
Finals	16 Boys 10 & Under 100 Freestyl	0	0	08:00 AM
Finals	17 Girls 11-12 100 Freestyle	0	0	08:00 AM
Finals	18 Boys 11-12 100 Freestyle	0	0	08:00 AM
Finals	19 Girls 10 & Under 50 Breastst	0	0	08:00 AM
Finals	20 Boys 10 & Under 50 Breaststr	0	0	08:00 AM
Finals	21 Girls 11-12 50 Breaststroke	0	0	08:00 AM
Finals	22 Boys 11-12 50 Breaststroke	0	0	08:00 AM
Finals	23 Girls 10 & Under 100 Backstr	0	0	08:00 AM
Finals	24 Boys 10 & Under 100 Backstro	0	0	08:00 AM
Finals	25 Girls 11-12 100 Backstroke	0	0	08:00 AM
Finals	26 Boys 11-12 100 Backstroke	0	0	08:00 AM
Finals	27 Girls 10 & Under 200 IM	0	0	08:00 AM
Finals	28 Boys 10 & Under 200 IM	0	0	08:00 AM
Finals	29 Girls 11-12 200 IM	0	0	08:00 AM
Finals	30 Boys 11-12 200 IM	0	0	08:00 AM
	Finish Time			08:00 AM

Session: 3 Saturday Afternoon Session

Day of Meet: 2 Starts at 01:30 PM Heat Interval: 15 Seconds / Back +15 Seco

Round	Event	Entries	Heats	Starts at
Finals	31 Girls 13-14 200 Butterfly	0	0	01:30 PM
Finals	32 Boys 13-14 200 Butterfly	0	0	01:30 PM
Finals	33 Girls 15 & Over 200 Butterfl	0	0	01:30 PM
Finals	34 Boys 15 & Over 200 Butterfly	0	0	01:30 PM
Finals	35 Girls 13-14 100 Freestyle	0	0	01:30 PM
Finals	36 Boys 13-14 100 Freestyle	0	0	01:30 PM
Finals	37 Girls 15 & Over 100 Freestyl	0	0	01:30 PM
Finals	38 Boys 15 & Over 100 Freestyle	0	0	01:30 PM
Finals	39 Girls 13-14 100 Breaststroke	0	0	01:30 PM
Finals	40 Boys 13-14 100 Breaststroke	0	0	01:30 PM
Finals	41 Girls 15 & Over 100 Breastst	0	0	01:30 PM
Finals	42 Boys 15 & Over 100 Breaststr	0	0	01:30 PM
Finals	43 Girls 13-14 200 Backstroke	0	0	01:30 PM
Finals	44 Boys 13-14 200 Backstroke	0	0	01:30 PM
Finals	45 Girls 15 & Over 200 Backstro	0	0	01:30 PM
Finals	46 Boys 15 & Over 200 Backstrok	0	0	01:30 PM
Finals	47 Girls 13-14 200 IM	0	0	01:30 PM
Finals	48 Boys 13-14 200 IM	0	0	01:30 PM
Finals	49 Girls 15 & Over 200 IM	0	0	01:30 PM
Finals	50 Boys 15 & Over 200 IM	0	0	01:30 PM
	Finish Time			01:30 PM

Session: 4 Sunday Morning Session

Day of Meet: 3 Starts at 08:00 AM Heat Interval: 15 Seconds / Back +15 Seco

Round	Event	Entries	Heats	Starts at
Finals	51 Girls 10 & Under 200 Freesty	0	0	08:00 AM
Finals	52 Boys 10 & Under 200 Freestyl	0	0	08:00 AM
Finals	53 Girls 11-12 200 Freestyle	0	0	08:00 AM
Finals	54 Boys 11-12 200 Freestyle	0	0	08:00 AM
Finals	55 Girls 10 & Under 100 Butterf	0	0	08:00 AM
Finals	56 Boys 10 & Under 100 Butterfl	0	0	08:00 AM
Finals	57 Girls 11-12 100 Butterfly	0	0	08:00 AM
Finals	58 Boys 11-12 100 Butterfly	0	0	08:00 AM
Finals	59 Girls 10 & Under 50 Freestyl	0	0	08:00 AM
Finals	60 Boys 10 & Under 50 Freestyle	0	0	08:00 AM
Finals	61 Girls 11-12 50 Freestyle	0	0	08:00 AM
Finals	62 Boys 11-12 50 Freestyle	0	0	08:00 AM
Finals	63 Girls 10 & Under 100 Breasts	0	0	08:00 AM
Finals	64 Boys 10 & Under 100 Breastst	0	0	08:00 AM
Finals	65 Girls 11-12 100 Breaststroke	0	0	08:00 AM
Finals	66 Boys 11-12 100 Breaststroke	0	0	08:00 AM
Finals	67 Girls 10 & Under 50 Backstro	0	0	08:00 AM
Finals	68 Boys 10 & Under 50 Backstrok	0	0	08:00 AM
Finals	69 Girls 11-12 50 Backstroke	0	0	08:00 AM
Finals	70 Boys 11-12 50 Backstroke	0	0	08:00 AM
	Finish Time			08:00 AM

Session: 5 Sunday Afternoon Session

Day of Meet: 3 Starts at 01:30 PM Heat Interval: 15 Seconds / Back +15 Seco

Round	Event	Entries	Heats	Starts at
Finals	71 Girls 13-14 100 Butterfly	0	0	01:30 PM
Finals	72 Boys 13-14 100 Butterfly	0	0	01:30 PM
Finals	73 Girls 15 & Over 100 Butterfl	0	0	01:30 PM
Finals	74 Boys 15 & Over 100 Butterfly	0	0	01:30 PM
Finals	75 Girls 13-14 200 Freestyle	0	0	01:30 PM
Finals	76 Boys 13-14 200 Freestyle	0	0	01:30 PM
Finals	77 Girls 15 & Over 200 Freestyl	0	0	01:30 PM
Finals	78 Boys 15 & Over 200 Freestyle	0	0	01:30 PM
Finals	79 Girls 13-14 200 Breaststroke	0	0	01:30 PM
Finals	80 Boys 13-14 200 Breaststroke	0	0	01:30 PM
Finals	81 Girls 15 & Over 200 Breastst	0	0	01:30 PM
Finals	82 Boys 15 & Over 200 Breaststr	0	0	01:30 PM
Finals	83 Girls 13-14 100 Backstroke	0	0	01:30 PM
Finals	84 Boys 13-14 100 Backstroke	0	0	01:30 PM
Finals	85 Girls 15 & Over 100 Backstro	0	0	01:30 PM
Finals	86 Boys 15 & Over 100 Backstrok	0	0	01:30 PM
Finals	87 Girls 13-14 50 Freestyle	0	0	01:30 PM
Finals	88 Boys 13-14 50 Freestyle	0	0	01:30 PM
Finals	89 Girls 15 & Over 50 Freestyle	0	0	01:30 PM
Finals	90 Boys 15 & Over 50 Freestyle	0	0	01:30 PM
	Finish Time			01:30 PM