

SWIM FAST INVITATIONAL
June 7-9, 2013
Wesleyan University
161 Cross Street, Middletown, CT 06457
Mapping Software: <http://goo.gl/maps/7hoX>

Held under sanction of USA Swimming and Connecticut Swimming #L13-23

EVENTS

IMPORTABLE MEET EVENTS

	Name	Email	Phone
Meet Director:	Rosemary Bittel	bittelshark@att.net	203-461-9158
Meet Referee:	Rick Lewis, Jeff Gray	lewisshark@aol.com	203-912-9385
Entry Chair:	Rick Lewis	lewisshark@aol.com	203-912-9385
Safety Chair:	Rick Lewis	lewisshark@aol.com	203-912-9385
Officials Contact:	Rick Lewis	lewisshark@aol.com	203-912-9385

WEBSITE: www.sharksswimming.com.

POOL EMERGENCY NUMBER: 860-685-2960 Facility Monitor. 860-685-2915 Pool Deck

MEET TYPE: Sanctioned

MEET CLASSIFICATION: This meet is open to all USA Swimming athletes and clubs.

MEET FORMAT: The meet will be swum as a Timed Final.

SCRATCH PROCEDURES: Scratches are due at least 30 minutes before the beginning of the meet. If not turned in on time the meet management reserves the right to scratch the entire team.

FACILITY: The Wesleyan University is an 8 lane, 50 meter pool. Water depth at start end is: 14 feet. Water depth at turn end is: 4 feet. The competition course has been certified in accordance with 104.2.2C(4). We will be using Colorado electronic timing.

Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited. Use of the faculty locker rooms is also prohibited.

DISABLED ACCESS: The facility is fully accessible to the handicapped. If you need assistance please contact the meet director.

COURSE: LCM.

SESSION TIMES: Subject to Change

Session 1: Friday	Warm up - 4:00 pm	Start - 5:00 pm
Session 2: Saturday (12/u)	Warm up - 7:30 am	Start - 8:30 am
Session 3: Saturday (13/o)	Warm up - 12:45 pm	Start - 2:00 pm
Session 4: Sunday (12/u)	Warm up - 7:30 am	Start - 8:30 am
Session 5: Sunday (13/o)	Warm up - 12:45 pm	Start - 2:00 pm

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect.

ELIGIBILITY: All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete [registration procedures](#). Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

ADAPTED SWIMMING: Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to [Mark Kinne](#), Adapted Athlete Committee Chair.

EVENT INFORMATION: On Friday night: All swimmers must supply their own timer and counter. All events on Friday will be run fastest to slowest alternating girls/boys. For the 13/over 400 meter freestyle on Sunday all swimmers must supply their own timer. The 400 free will be run fast to slow, but will not alternate.

ENTRY LIMITATIONS: Eight events maximum with no more than 4 on any day.

ENTRY TIMES: Submit entry times in: LCM. Please estimate times. NTs will not be accepted.

DEADLINES: May 21, 2013. Mail hardcopy and payment to the entry chairperson: Rick Lewis 212 Palmer Hill Rd.; Old Greenwich, CT. 06870. All entries must be legible and must use full names and registration numbers from USA Swimming registration. Entries are determined by when the file is received (e-mail or mail)

CONNECTICUT-ONLY DEADLINE: May 11, 2013. CT teams will be entered in the meet on a first come, first served basis at that point. On Monday May 13, 2013 any out of state team will be entered if space permits. If the meet is oversubscribed teams will be notified by Thursday May 16, 2013.

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at lewisshark@aol.com. Please check that your team name, address, and contact information are listed correctly in this file. Payment is due by May 24, 2013. If payment is not received by that time, the entries may be scratched.

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

ENTRY FEES: Electronic entries: \$7.00 for individual events. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry

PAYMENT INSTRUCTIONS: Please make checks payable to Sharks and mail to: Rick Lewis 212 Palmer Hill Rd.; Old Greenwich, CT 06870. Payment must be received by 05/24/13.

CUT PROTOCOL: Cuts will be made based on a first come first served basis. Clubs will be notified of any changes no later than Monday before the meet.

RESERVE THE RIGHT TO MAKE CHANGES: The meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet, with prior approval from Program Operations. Clubs will be notified of changes no later than Monday before the meet.

RELAYS: No

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. No electronic audio or visual recording devices, including cell phones, are permitted in changing areas, rest rooms, or locker rooms.

RULES: Current USA Swimming rules will govern all competition.

TIME TRIALS: No.

TIMERS, OFFICIALS OR WORK ASSIGNMENTS: All teams must supply volunteer workers in proportion to their meet entries. Officials willing to work should contact the meet referee listed above. Any officials signing up by Thurs. May 30 will be considered toward your teams work assignment. All swimmers on Friday evening must supply their own timer and counter. Participants in the 13/over 400 meter freestyle on Sunday must also supply their own timer.

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

SCORING: The meet will not be scored.

AWARDS: No

CONCESSIONS: May be provided by Wesleyan University

HOSPITALITY FOR COACHES AND OFFICIALS: Yes

PARKING: Is available in the area surrounding the pool.

DIRECTIONS: Use mapping software above.

Sharks Invitational - 6/7/2013 to 6/9/2013**Session Report**

Session: 1 Friday

Day of Meet: 1 Starts at 05:00 PM Heat Interval: 40 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	1 Girls 400 IM	0	0	05:00 PM _____
Finals	2 Boys 400 IM	0	0	05:00 PM _____
Finals	3 Girls 12 & Under 400 Freestyle	0	0	05:00 PM _____
Finals	4 Boys 12 & Under 400 Freestyle	0	0	05:00 PM _____
Finals	5 Girls 800 Freestyle	0	0	05:00 PM _____
Finals	6 Boys 800 Freestyle	0	0	05:00 PM _____
	Finish Time			05:00 PM _____

Session: 2 Saturday - 12/u

Day of Meet: 2 Starts at 08:30 AM Heat Interval: 40 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	7 Girls 12 & Under 50 Freestyle	0	0	08:30 AM _____
Finals	8 Boys 12 & Under 50 Freestyle	0	0	08:30 AM _____
Finals	9 Girls 12 & Under 50 Breaststroke	0	0	08:30 AM _____
Finals	10 Boys 12 & Under 50 Breaststroke	0	0	08:30 AM _____
Finals	11 Girls 12 & Under 100 Butterfly	0	0	08:30 AM _____
Finals	12 Boys 12 & Under 100 Butterfly	0	0	08:30 AM _____
Finals	13 Girls 12 & Under 200 Breaststroke	0	0	08:30 AM _____
Finals	14 Boys 12 & Under 200 Breaststroke	0	0	08:30 AM _____
Finals	15 Girls 12 & Under 100 Backstroke	0	0	08:30 AM _____
Finals	16 Boys 12 & Under 100 Backstroke	0	0	08:30 AM _____
Finals	17 Girls 12 & Under 200 Freestyle	0	0	08:30 AM _____
Finals	18 Boys 12 & Under 200 Freestyle	0	0	08:30 AM _____
	Finish Time			08:30 AM _____

Session: 3 Saturday - 13/over

Day of Meet: 2 Starts at 02:00 PM Heat Interval: 40 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	19 Girls 13 & Over 50 Freestyle	0	0	02:00 PM _____
Finals	20 Boys 13 & Over 50 Freestyle	0	0	02:00 PM _____
Finals	21 Girls 13 & Over 100 Breaststroke	0	0	02:00 PM _____
Finals	22 Boys 13 & Over 100 Breaststroke	0	0	02:00 PM _____
Finals	23 Girls 13 & Over 200 Backstroke	0	0	02:00 PM _____
Finals	24 Boys 13 & Over 200 Backstroke	0	0	02:00 PM _____
Finals	25 Girls 13 & Over 100 Butterfly	0	0	02:00 PM _____
Finals	26 Boys 13 & Over 100 Butterfly	0	0	02:00 PM _____
Finals	27 Girls 13 & Over 200 Freestyle	0	0	02:00 PM _____
Finals	28 Boys 13 & Over 200 Freestyle	0	0	02:00 PM _____
	Finish Time			02:00 PM _____

Sharks Invitational - 6/7/2013 to 6/9/2013**Session Report**

Session: 4 Sunday - 12/u

Day of Meet: 3 Starts at 08:30 AM Heat Interval: 40 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	29 Girls 12 & Under 50 Butterfly	0	0	08:30 AM	_____
Finals	30 Boys 12 & Under 50 Butterfly	0	0	08:30 AM	_____
Finals	31 Girls 12 & Under 50 Backstroke	0	0	08:30 AM	_____
Finals	32 Boys 12 & Under 50 Backstroke	0	0	08:30 AM	_____
Finals	33 Girls 12 & Under 200 IM	0	0	08:30 AM	_____
Finals	34 Boys 12 & Under 200 IM	0	0	08:30 AM	_____
Finals	35 Girls 12 & Under 100 Breaststroke	0	0	08:30 AM	_____
Finals	36 Boys 12 & Under 100 Breaststroke	0	0	08:30 AM	_____
Finals	37 Girls 12 & Under 200 Butterfly	0	0	08:30 AM	_____
Finals	38 Boys 12 & Under 200 Butterfly	0	0	08:30 AM	_____
Finals	39 Girls 12 & Under 200 Backstroke	0	0	08:30 AM	_____
Finals	40 Boys 12 & Under 200 Backstroke	0	0	08:30 AM	_____
Finals	41 Girls 12 & Under 100 Freestyle	0	0	08:30 AM	_____
Finals	42 Boys 12 & Under 100 Freestyle	0	0	08:30 AM	_____
	Finish Time			08:30 AM	_____

Session: 5 Sunday - 13/over

Day of Meet: 3 Starts at 02:00 PM Heat Interval: 40 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	43 Girls 13 & Over 200 IM	0	0	02:00 PM	_____
Finals	44 Boys 13 & Over 200 IM	0	0	02:00 PM	_____
Finals	45 Girls 13 & Over 100 Freestyle	0	0	02:00 PM	_____
Finals	46 Boys 13 & Over 100 Freestyle	0	0	02:00 PM	_____
Finals	47 Girls 13 & Over 200 Breaststroke	0	0	02:00 PM	_____
Finals	48 Boys 13 & Over 200 Breaststroke	0	0	02:00 PM	_____
Finals	49 Girls 13 & Over 100 Backstroke	0	0	02:00 PM	_____
Finals	50 Boys 13 & Over 100 Backstroke	0	0	02:00 PM	_____
Finals	51 Girls 13 & Over 200 Butterfly	0	0	02:00 PM	_____
Finals	52 Boys 13 & Over 200 Butterfly	0	0	02:00 PM	_____
Finals	53 Girls 13 & Over 400 Freestyle	0	0	02:00 PM	_____
Finals	54 Boys 13 & Over 400 Freestyle	0	0	02:00 PM	_____
	Finish Time			02:00 PM	_____