

Mako Distance Carnival

May 31 – June 2, 2013

Greenknoll Aquatic Center at Camp Greenknoll,
10 Huckleberry Hill Rd Brookfield, CT 06804

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #L13-19

Mapping Software: <http://goo.gl/maps/TR5Nn>

MEET EVENTS

IMPORTABLE MEET FILE

| | Name | Email | Phone |
|----------------|----------------|--|----------------------|
| Meet Director: | Kevin Cullinan | kcullinan@regionalmca.org | 203-775-4444 xt. 129 |
| Meet Referee: | Dennis Rodney | dlrmdi@msn.com | |
| Entry Chair: | Kevin Cullinan | kcullinan@regionalmca.org | 203-775-4444 xt.129 |
| Safety Chair: | Chris French | cfrench@regionalmca.org | 203-775-4444 xt.124 |

HOST WEBSITE: <http://www.makoswim.org>

POOL EMERGENCY NUMBER: 203-775-1113

MEET TYPE: Sanctioned

MEET CLASSIFICATION: This meet is open to all USA Swimming athletes and clubs.

MEET FORMAT: The meet will be swum as timed-finals.

SCRATCH PROCEDURES: Coaches will receive a scratch sheet for each session of the meet in their meet packets listing all of their swimmers and events for each session. Scratch sheets will be due to the computer table 30 minutes after the start of warm ups; these must be returned even if a team has no scratches.

FACILITY: The Greenknoll Aquatic Center is a 6 lane, 50 meter pool. The competition course has not been certified in accordance with 104.2.2C(4). Water depth at start end is: 6ft. Water depth at turn end is: 3.5ft. Colorado timing system with 6 lane display and touch pads at the start and turn ends will be used. Swimmers and spectators should bring folding chairs for seating.

Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

DISABLED ACCESS: Accessible. Fully ADA Compliant. Any individuals requiring handicapped parking please email Jeff Bonaccorso (jbonaccorso@regionalmca.org) in advance to make arrangements.

COURSE: LCM

SESSION TIMES: Subject to Change

Friday: Warm up: 3:00 PM Start: 4:00 PM

Saturday & Sunday: Warm up: 7:30 AM Start: 8:45 AM

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect.

ELIGIBILITY: All athletes must be current members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See [CT Swimming athlete registration procedures](#). Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

ADAPTED SWIMMING: Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to [Mark Kinne](#), Adapted Athlete Committee Chair.

EVENT INFORMATION: Meet will consist of the 400 freestyle, 800 freestyle and 1500 freestyle events.

ENTRY LIMITATIONS: This meet will be open to the top 60 swimmers in each event.

ENTRY TIMES: Submit entry times in LCM. No Times (NT) will not be accepted.

DEADLINES: Entry deadline is May 22, 2013. Mail hardcopy and payment to the entry chairperson: Kevin Cullinan at 2 Huckleberry Hill Road Brookfield CT, 06804. Teams will be entered on a first come, first served basis, in order as received, space permitting. Formal team entry date is determined by date of email receipt as long as hard copy and entry fee are postmarked within two business days. Any failure to send the hard copy and payment on time will cause entry to lose priority and formal entry date will then be based on the date of postal receipt.

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at kcullinan@regionalmca.org. Please check that your team name, address, and contact information are listed correctly in this file. Identify unattached swimmers with red ink on your printed entry; if a swimmer is entered in more than 3 events per session circle 4th event to indicate which event should be cut if the meet is oversubscribed (see Cut Protocol). The required mailed entry must contain a computer printout of the entry file. Please include USA registration numbers, age, entry events and seed times of all swimmers in entry files; send original entry sheets, sorted by swimmer. Include on the entry the name, address, and telephone number of the head coach and a club contact responsible for the team's entry. In case of dispute, the original entry form will be considered the only official document of entry. Mail entry documents to: Kevin Cullinan at 2 Huckleberry Hill Road Brookfield CT, 06804, or by email kcullinan@regionalmca.org.

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

ENTRY FEES: Electronic entries: \$8.00 for individual events. Manual entries: \$10.00. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry.

PAYMENT INSTRUCTIONS: Please make checks payable to Regional YMCA of Western CT and mail to: Kevin Cullinan at 2 Huckleberry Hill Rd Brookfield, CT 06804. Payment must be received by May 24, 2013.

CUT PROTOCOL for INVITATIONALS: The meet is open to the top 60 swimmers in each of the three events (400, 800, and 1500 freestyles). All swimmers after the top 60 will be cut. Clubs will be notified of changes no later than Monday before the meet.

RESERVE THE RIGHT TO MAKE CHANGES: The meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet, with prior approval from Program Operations. Clubs will be notified of changes no later than Monday before the meet.

RELAYS: None

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. No electronic audio or visual recording devices, including cell phones, are permitted in changing areas, rest rooms, or locker rooms.

RULES: Current USA Swimming rules will govern all competition.

TIME TRIALS: None

TIMERS, OFFICIALS, OR WORK ASSIGNMENTS: Swimmers must provide their own timer.

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

SCORING: The meet will be scored using cumulative time scoring for the 3 distance events.

AWARDS: Prizes will be given out to the top swimmer in each single age group 11, 12, 13, 14, 15, 16-18, and Open (all swimmers 18 and older). You must compete in all three events to get an award.

CONCESSIONS: Food and beverage concession will be available during the meet.

HOSPITALITY FOR COACHES AND OFFICIALS: Yes

MISCELLANEOUS: The meet is hosted by The Mako Swim Team and The Regional YMCA of Western CT. The Greenknoll Aquatic Center is an outdoor 50 meter x 6 lane pool located on the YMCA's Camp Greenknoll, adjacent to and just west of the Regional YMCA of Western CT's Greenknoll Branch building. Shade is limited.

PARKING: The Greenknoll Aquatic Center at Camp Greenknoll is at 10 Huckleberry Hill Road. Parking is available at the back of the Greenknoll YMCA, located at 2 Huckleberry Hill Rd. Meet attendees and teams may park anywhere on the upper level lot, or use the drive way down towards the pond to access overflow

parking on the grass near the pond, forming two rows of parked cars, do not block the dry hydrant, which is a big concrete circular structure in the grassy area. Do not attempt to drive into the farm gate at #10 Huckleberry Hill Road. Once you park, walk down the driveway towards the pond and cross over the foot bridge to the pool. Parking instructions may be updated before the meet, in which case all attending teams will be advised.

DIRECTIONS: The Greenknoll Aquatic Center at Camp Greenknoll is at 10 Huckleberry Hill Road. Parking is available at the back of the Greenknoll YMCA, located at 2 Huckleberry Hill Rd. Meet attendees and teams may park anywhere on the upper level lot, or use the drive way down towards the pond to access overflow parking on the grass near the pond, forming two rows of parked cars, do not block the dry hydrant, which is a big concrete circular structure in the grassy area. Do not attempt to drive into the farm gate at #10 Huckleberry Hill Road. Once you park, walk down the driveway towards the pond and cross over the foot bridge to the pool.

Disatance Carnival - 5/31/2013 to 6/2/2013**Session Report**

Session: 1 400 Free 11 and Over

Day of Meet: 1 Starts at 04:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

| Round | Event | Entries | Heats | Starts at |
|--------------|---------------------------------|----------------|--------------|------------------|
| Finals | 1 Girls 11 & Over 400 Freestyle | 0 | 0 | 04:00 PM _____ |
| Finals | 2 Boys 11 & Over 400 Freestyle | 0 | 0 | 04:00 PM _____ |
| | Finish Time | | | 04:00 PM _____ |

Session: 2 800 Free 11 and Over

Day of Meet: 2 Starts at 08:45 AM Heat Interval: 15 Seconds / Back +15 Seconds

| Round | Event | Entries | Heats | Starts at |
|--------------|---------------------------------|----------------|--------------|------------------|
| Finals | 3 Girls 11 & Over 800 Freestyle | 0 | 0 | 08:45 AM _____ |
| Finals | 4 Boys 11 & Over 800 Freestyle | 0 | 0 | 08:45 AM _____ |
| | Finish Time | | | 08:45 AM _____ |

Session: 3 1500 Free 11 and Over

Day of Meet: 3 Starts at 08:45 AM Heat Interval: 15 Seconds / Back +15 Seconds

| Round | Event | Entries | Heats | Starts at |
|--------------|----------------------------------|----------------|--------------|------------------|
| Finals | 5 Girls 11 & Over 1500 Freestyle | 0 | 0 | 08:45 AM _____ |
| Finals | 6 Boys 11 & Over 1500 Freestyle | 0 | 0 | 08:45 AM _____ |
| | Finish Time | | | 08:45 AM _____ |