

Mako May Stroketackular

May 11, 2013

Greenknoll Aquatic Center at Camp Greenknoll,
10 Huckleberry Hill Rd Brookfield, CT 06804

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #L13-10

Mapping Software: <http://goo.gl/maps/TR5Nn>

EVENTS

IMPORTABLE MEET EVENTS

	Name	Email	Phone
Meet Director:	Chris French	cfrench@regionalymca.org	203-775-4444 xt. 124
Meet Referee:	Dennis Rodney	dlrmdi@msn.com	
Entry Chair:	Kevin Cullinan	kcullinan@regionalymca.org	203-775-4444 xt.129
Safety Chair:	Jeff Bonaccorso	jbonaccorso@regionalymca.org	203-775-4444 xt.133

HOST WEBSITE: <http://www.makoswim.org>

POOL EMERGENCY NUMBER: 203-775-1113

MEET TYPE: Sanctioned

MEET CLASSIFICATION: This meet is open to all USA Swimming athletes and clubs.

MEET FORMAT: The meet will be swum as timed-finals.

SCRATCH PROCEDURES: Coaches will receive a scratch sheet for each session of the meet in their meet packets listing all of their swimmers and events for each session. Scratch sheets will be due to the computer table 30 minutes after the start of warm ups; these must be returned even if a team has no scratches.

FACILITY: The Greenknoll Aquatic Center is a 6 lane, 50 meter pool. The competition course has not been certified in accordance with 104.2.2C(4). Water depth at start end is: 6ft. Water depth at turn end is: 3.5ft. Colorado timing system with 6 lane display and touch pads at the start and turn ends will be used. Swimmers and spectators should bring folding chairs for seating.

DISABLED ACCESS: Accessible. Fully ADA Compliant. Any individuals requiring handicapped parking please email Jeff Bonaccorso (jbonaccorso@regionalymca.org) in advance to make arrangements.

COURSE: LCM

SESSION TIMES: Warm up: 10:00 AM

Start: 11:00 AM

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect.

ELIGIBILITY: All athletes must be current members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed.

ADAPTED SWIMMING: Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to [Mark Kinne](#), Adapted Athlete Committee Chair.

EVENT INFORMATION: Meet will consist of Stroke and IM events only.

ENTRY LIMITATIONS: Swimmers may swim four events per session.

ENTRY TIMES: Submit entry times in LCM. No Times (NT) will not be accepted.

DEADLINES: Entry deadline is May 1, 2013. Mail hardcopy and payment to the entry chairperson: Kevin Cullinan at 2 Huckleberry Hill Road Brookfield CT, 06804. All entries must be typed or printed legibly, and must use full names and registration numbers from USA Swimming registration. Teams will be entered on a first come, first served basis, in order as received, space permitting. Formal team entry date is determined by date of email receipt as long as hard copy and entry fee are postmarked within two business days. Any failure to send the hard copy and payment on time will cause entry to lose priority and formal entry date will then be based on the date of postal receipt.

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at kcullinan@regionalmca.org. Please check that your team name, address, and contact information are listed correctly in this file. Identify unattached swimmers with red ink on your printed entry. The required mailed entry must contain a computer printout of the entry file. Please include USA registration numbers, age, entry events and seed times of all swimmers in entry files; send original entry sheets, sorted by swimmer. Include on the entry the name, address, and telephone number of the head coach and a club contact responsible for the team's entry. In case of dispute, the original entry form will be considered the only official document of entry. Mail entry documents to: Kevin Cullinan at 2 Huckleberry Hill Road Brookfield CT, 06804, or by email kcullinan@regionalmca.org.

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

ENTRY FEES: Electronic entries: \$6.50 for individual events. Manual entries: \$7.50. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry

PAYMENT INSTRUCTIONS: Please make checks payable to Regional YMCA of Western CT and mail to: Kevin Cullinan at 2 Huckleberry Hill Rd Brookfield, CT 06804. Payment must be received by May 4, 2013.

CUT PROTOCOL: The meet will be managed to stay within approximately four hours of competition, after warm ups. If the timeline is too lengthy based on entries, cuts will be made in the following order: teams

/entries will be cut based on date of receipt. Additional fine-tuning may be achieved by combining lightly enrolled events to mixed gender for the purpose of reducing heats. Clubs will be notified of changes no later than Monday before the meet.

RESERVE THE RIGHT TO MAKE CHANGES: The meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet, with prior approval from Program Operations. Clubs will be notified of changes no later than Monday before the meet.

RELAYS: None

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. No electronic audio or visual recording devices, including cell phones, are permitted in changing areas, rest rooms, or locker rooms.

RULES: Current USA Swimming rules will govern all competition.

TIME TRIALS: None

TIMERS, OFFICIALS, OR WORK ASSIGNMENTS: All teams will be required to supply timers in proportion to the size of their entry. Teams providing a list of officials by June 10, 2011 will be credited in their timing assignments. Watches to be provided by meet host.

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

SCORING: The meet will not be scored.

AWARDS: Ribbons will be awarded to the top 6 finishers in each individual event.

CONCESSIONS: Food and beverage concession will be available during the meet.

HOSPITALITY FOR COACHES AND OFFICIALS: Yes

MISCELLANEOUS: The meet is hosted by The Regional YMCA of Western CT Mako Swim Team. The Greenknoll Aquatic Center is an outdoor 50 meter x 6 lane pool located on the YMCA's Camp Greenknoll, adjacent to and just west of the Regional YMCA of Western CT's Greenknoll Branch building. Shade is limited. Visiting teams should bring tents and chairs for their athletes.

PARKING: The Greenknoll Aquatic Center at Camp Greenknoll is at 10 Huckleberry Hill Road. Parking is available at the back of the Greenknoll YMCA, located at 2 Huckleberry Hill Rd. Meet attendees and teams may park anywhere on the upper level lot, or use the drive way down towards the pond to access overflow parking on the grass near the pond, forming two rows of parked cars, do not block the dry hydrant, which is a big concrete circular structure in the grassy area. Do not attempt to drive into the farm gate at #10 Huckleberry

Hill Road. Once you park, walk down the driveway towards the pond and cross over the foot bridge to the pool. Parking instructions may be updated before the meet, in which case all attending teams will be advised.

DIRECTIONS: The Greenknoll Aquatic Center at Camp Greenknoll is at 10 Huckleberry Hill Road. Parking is available at the back of the Greenknoll YMCA, located at 2 Huckleberry Hill Rd. Meet attendees and teams may park anywhere on the upper level lot, or use the drive way down towards the pond to access overflow parking on the grass near the pond, forming two rows of parked cars, do not block the dry hydrant, which is a big concrete circular structure in the grassy area. Do not attempt to drive into the farm gate at #10 Huckleberry Hill Road. Once you park, walk down the driveway towards the pond and cross over the foot bridge to the pool.

MAKO STROKE INVITE - 5/11/2013**Session Report**

Session: 1 Mako Stroke Invite

Day of Meet: 1 Starts at 11:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 10 & Under 50 Butterfly	0	0	11:00 AM	_____
Finals	2 Boys 10 & Under 50 Butterfly	0	0	11:00 AM	_____
Finals	3 Girls 11-12 50 Butterfly	0	0	11:00 AM	_____
Finals	4 Boys 11-12 50 Butterfly	0	0	11:00 AM	_____
Finals	5 Girls 100 Butterfly	0	0	11:00 AM	_____
Finals	6 Boys 100 Butterfly	0	0	11:00 AM	_____
Finals	7 Girls 10 & Under 50 Backstroke	0	0	11:00 AM	_____
Finals	8 Boys 10 & Under 50 Backstroke	0	0	11:00 AM	_____
Finals	9 Girls 11-12 50 Backstroke	0	0	11:00 AM	_____
Finals	10 Boys 11-12 50 Backstroke	0	0	11:00 AM	_____
Finals	11 Girls 100 Backstroke	0	0	11:00 AM	_____
Finals	12 Boys 100 Backstroke	0	0	11:00 AM	_____
Finals	13 Girls 10 & Under 50 Breaststroke	0	0	11:00 AM	_____
Finals	14 Boys 10 & Under 50 Breaststroke	0	0	11:00 AM	_____
Finals	15 Girls 11-12 50 Breaststroke	0	0	11:00 AM	_____
Finals	16 Boys 11-12 50 Breaststroke	0	0	11:00 AM	_____
Finals	17 Girls 100 Breaststroke	0	0	11:00 AM	_____
Finals	18 Boys 100 Breaststroke	0	0	11:00 AM	_____
Finals	19 Girls 10 & Under 200 IM	0	0	11:00 AM	_____
Finals	20 Boys 10 & Under 200 IM	0	0	11:00 AM	_____
Finals	21 Girls 200 IM	0	0	11:00 AM	_____
Finals	22 Boys 200 IM	0	0	11:00 AM	_____
	Finish Time			11:00 AM	_____