

**Bash at the Beach
Pentathlon
July 10, 2013**

Ocean Beach Pool, 1225 Ocean Ave, New London, CT 06320

<http://goo.gl/maps/RtEOD>

Held under sanction of USA Swimming and Connecticut Swimming #L13-40

EVENTS

IMPORTABLE MEET EVENTS

	Name	Email	Phone
Meet Director:	Jack Stabach	jack.Stabach@eastlymeschools.org	860-691-4681
	Russ Newton	russell.newton@eastlymeschools.org	
Meet Referee:	Matthew Whittico	mtwhittico123@att.net	860-739-0599
Entry Chair:	Terri Mauthe	Terri.mauthe@gmail.com	860-373-8757
Safety Chair:	Desiree Panlilio	rickanddesiree@ct.metrocast.net	860-739-0696
Officials Contact:	Matthew Whittico	mtwhittico123@att.net	860-739-0599

WEBSITE: www.nutmegaquatics.com

POOL EMERGENCY NUMBER: 860-912-9232

MEET TYPE: Sanctioned

MEET CLASSIFICATION: This meet is open to all USA Swimming athletes and clubs.

MEET FORMAT: The meet will be swum as Timed-Final.

SCRATCH PROCEDURES: Coaches will receive a scratch sheet for the meet in their information packet when they arrive and check-in for the meet. This will list all of their swimmers and events. Coaches must indicate all scratches or none on these sheets and turn them in to the computer table within **20 minutes** after the beginning of warm-ups.

FACILITY: The Ocean Beach pool is an 8- lane, 50 meter pool. Water depth at start end is: 11 feet. Water depth at turn end is: 4 feet. The competition course has not been certified in accordance with 104.2.2C(4). Colorado Timing system will be used for all but the 50 meter events, which will be timed using watches. There is bleacher seating for 120 spectators. There is additional room outside the pool area on the grass, please bring deck chairs.

Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

DISABLED ACCESS: The facility is equipped with handicapped parking, handicapped entrances, locker rooms and spectator areas are accessible. Please contact the meet director if special arrangements are needed.

COURSE: LCM.

SESSION TIMES: Subject to Change

One Session All Ages Warm-up 5:15 pm Start 6:15 pm

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect.

ELIGIBILITY: All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete [registration procedures](#). Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

ADAPTED SWIMMING: Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to [Mark Kinne](#), Adapted Athlete Committee Chair.

EVENT INFORMATION: No Deck entries allowed.

ENTRY LIMITATIONS: Swimmers may enter a maximum of 5 events.

ENTRY TIMES: Submit entry times in LCM. If there are no official times for an athlete, please submit estimated times. No Times (NT) are discouraged.

DEADLINES: Deadline is June 26, 2013. Mail hardcopy and payment to the entry chairperson: Terri Mauthe 21 Harvest Glen, East Lyme, CT 06333. All entries must be legible and must use full names and registration numbers from USA Swimming registration. The date of receipt will be based upon when the email entry file is received by the entry chair.

CONNECTICUT-ONLY DEADLINE: CT deadline is June 21, 2013. Entry into the meet will be determined by date the entry file is received via email by the entry chair. CT clubs meeting this deadline will be entered before out of state clubs.

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at terri.mauthe@gmail.com. Please check that your team name, address, and contact information are listed correctly in this file. Payment is expected within 5 days of the submission of the electronic entry. The "received date" will be the date when the entry file was received.

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

ENTRY FEES: Electronic entries: \$6.00 for individual events. Manual entries: \$10.00 for individual events. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry

PAYMENT INSTRUCTIONS: Please make checks payable to ELBOE Special Account and mail to: Terri Mauthe 21 Harvest Glen, East Lyme, CT 06333. Payment must be received by 07/03/13.

CUT PROTOCOL: Entries will be accepted on a first come, first served basis until the meet is full. The session will be limited to 3.5 hours in length. Clubs will be notified of changes no later than Monday before the meet.

RESERVE THE RIGHT TO MAKE CHANGES: The meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet, with prior approval from Program Operations. Clubs will be notified of changes no later than Monday before the meet.

RELAYS: No Relays are offered at this meet.

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. No electronic audio or visual recording devices, including cell phones, are permitted in changing areas, rest rooms, or locker rooms.

RULES: Current USA Swimming rules will govern all competition.

TIME TRIALS: No time trials will be offered at this meet.

TIMERS, OFFICIALS OR WORK ASSIGNMENTS: Work assignments will be based on team entries. Teams supplying names of volunteers willing to officiate will have their timing assignments adjusted. Participating clubs must be notified of work assignments by the Monday before the meet.

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

SCORING: The meet will be scored using cumulative pentathlon time scoring.

AWARDS: Plaques will be awarded to the top 3 finishers in each age group based on total points earned. Heat winners will be awarded. Awards will be available for coaches pick up after the meet.

CONCESSIONS: Yes, available through Ocean Beach Park

HOSPITALITY FOR COACHES AND OFFICIALS: Yes

PARKING: Parking will be free after 5:00 pm, please notify the parking lot attendant that you are participating in the swim meet.

DIRECTIONS: See Ocean Beach Park, 1225 Ocean Avenue, New London, CT 06320
Mapping software: <http://goo.gl/maps/RtEOD>

Bash at the Beach Pentathlon - 7/10/2013

Session Report

Session: 1 Bash at the Beach Pentathlon

Day of Meet: 1 Starts at 06:15 PM Heat Interval: 25 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	1 Girls 10 & Under 50 Butterfly	0	0	06:15 PM _____
Finals	2 Boys 10 & Under 50 Butterfly	0	0	06:15 PM _____
Finals	3 Girls 11-12 50 Butterfly	0	0	06:15 PM _____
Finals	4 Boys 11-12 50 Butterfly	0	0	06:15 PM _____
Finals	5 Girls 13-14 100 Butterfly	0	0	06:15 PM _____
Finals	6 Boys 13-14 100 Butterfly	0	0	06:15 PM _____
Finals	7 Girls 15 & Over 100 Butterfly	0	0	06:15 PM _____
Finals	8 Boys 15 & Over 100 Butterfly	0	0	06:15 PM _____
Finals	9 Girls 10 & Under 50 Backstroke	0	0	06:15 PM _____
Finals	10 Boys 10 & Under 50 Backstroke	0	0	06:15 PM _____
Finals	11 Girls 11-12 50 Backstroke	0	0	06:15 PM _____
Finals	12 Boys 11-12 50 Backstroke	0	0	06:15 PM _____
Finals	13 Girls 13-14 100 Backstroke	0	0	06:15 PM _____
Finals	14 Boys 13-14 100 Backstroke	0	0	06:15 PM _____
Finals	15 Girls 15 & Over 100 Backstroke	0	0	06:15 PM _____
Finals	16 Boys 15 & Over 100 Backstroke	0	0	06:15 PM _____
Finals	17 Girls 10 & Under 50 Breaststroke	0	0	06:15 PM _____
Finals	18 Boys 10 & Under 50 Breaststroke	0	0	06:15 PM _____
Finals	19 Girls 11-12 50 Breaststroke	0	0	06:15 PM _____
Finals	20 Boys 11-12 50 Breaststroke	0	0	06:15 PM _____
Finals	21 Girls 13-14 100 Breaststroke	0	0	06:15 PM _____
Finals	22 Boys 13-14 100 Breaststroke	0	0	06:15 PM _____
Finals	23 Girls 15 & Over 100 Breaststroke	0	0	06:15 PM _____
Finals	24 Boys 15 & Over 100 Breaststroke	0	0	06:15 PM _____
Finals	25 Girls 10 & Under 50 Freestyle	0	0	06:15 PM _____
Finals	26 Boys 10 & Under 50 Freestyle	0	0	06:15 PM _____
Finals	27 Girls 11-12 50 Freestyle	0	0	06:15 PM _____
Finals	28 Boys 11-12 50 Freestyle	0	0	06:15 PM _____
Finals	29 Girls 13-14 100 Freestyle	0	0	06:15 PM _____
Finals	30 Boys 13-14 100 Freestyle	0	0	06:15 PM _____
Finals	31 Girls 15 & Over 100 Freestyle	0	0	06:15 PM _____
Finals	32 Boys 15 & Over 100 Freestyle	0	0	06:15 PM _____
Finals	33 Girls 10 & Under 100 IM	0	0	06:15 PM _____
Finals	34 Boys 10 & Under 100 IM	0	0	06:15 PM _____
Finals	35 Girls 11-12 100 IM	0	0	06:15 PM _____
Finals	36 Boys 11-12 100 IM	0	0	06:15 PM _____
Finals	37 Girls 13-14 200 IM	0	0	06:15 PM _____
Finals	38 Boys 13-14 200 IM	0	0	06:15 PM _____
Finals	39 Girls 15 & Over 200 IM	0	0	06:15 PM _____
Finals	40 Boys 15 & Over 200 IM	0	0	06:15 PM _____
	Finish Time			06:15 PM _____