

# MJCC Summer Quadrathon June 30<sup>th</sup>, 2013

Goodwin Park Pool  
1130 Maple Ave Hartford, CT 06114  
Pool entrance on South Street

Held under sanction of USA Swimming and Connecticut Swimming #L13- 38

## EVENTS

### IMPORTABLE MEET EVENTS

	<b>Name</b>	<b>Email</b>	<b>Phone</b>
<b>Meet Director:</b>	David Laudati	dlaudati@mandelljcc.org	860-713-4424
<b>Meet Referee:</b>	Dave Pite	pite@snet.net	(203) 795-8509
<b>Entry Chair:</b>	David Laudati	dlaudati@mandelljcc.org	860-713-4424
<b>Safety Chair:</b>	Juan Dominguez	juanitodom@hotmail.com	
<b>Officials Contact:</b>	David Laudati	dlaudati@mandelljcc.org	860-713-4424

**WEBSITE:** [www.mandelljccsharks.org](http://www.mandelljccsharks.org)

**POOL EMERGENCY NUMBER:** 860-713-4424

**MEET TYPE:** Sanctioned

**MEET CLASSIFICATION:** This meet is open to all USA Swimming athletes and clubs.

**MEET FORMAT:** The meet will be swum as Timed-Finals

**SCRATCH PROCEDURES:** All scratch sheets are due to the pool office no later than 20 minutes after the start of warm-up. Failure to deliver a scratch sheet by the deadline will result in the entire team being scratched.

**FACILITY:** Goodwin Park Pool is 8 lane 50 meter pool. The starting end depth is 9 feet and the turn depth is 4 feet. The competition course has not been certified in accordance with 104.2.2C(4). We will be using Colorado Timing system with a one line scoreboard along with 2 back up timers. Teams can sit inside the fence area as there is a good amount of deck space and a nice grass area along one side of the pool inside the fence. The spectators can sit outside of the fence area pretty much all the way around the pool except on the side the pool house is on. The locker rooms are very ample for all of the swimmers as well as for any spectators that need bathrooms.

Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

**DISABLED ACCESS:** There are handicapped bathrooms in each locker room as well as handicap parking directly next to the pool.

**COURSE:** LCM.

### **SESSION TIMES: Subject to Change**

AM Session (All Swimmers): Warm-up is at 7:00am and Meet start is at 8:30am.  
Warm-up times may be adjusted due to meet size.

**WARM-UPS:** CT Swimming Warm-Up Procedures will be in effect.

**ELIGIBILITY:** All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. . Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete [registration procedures](#). Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

**ADAPTED SWIMMING:** Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to [Mark Kinne](#), Adapted Athlete Committee Chair.

**EVENT INFORMATION:** Swimmers are encouraged to swim all 4 eligible events.

**ENTRY LIMITATIONS:** Each swimmer may be enter a maximum of 4 events.

**ENTRY TIMES:** Submit entry times in LCM. NT will not be accepted. All NT times will be scratched from the meet after entering team contact has been contacted.

**DEADLINES:** Deadline is May 30<sup>th</sup>, 2013. Mail hardcopy and payment to the entry chairperson: David Laudati at 335 Bloomfield Ave, West Hartford, Ct. 06117. All entries must be legible and must use full names and registration numbers from USA Swimming registration. Entries are accepted on a first come, first served basis. Formal team entry date is determined by the date the electronic entry is received via email and entry fee received by the host team.

**CONNECTICUT-ONLY DEADLINE:** Deadline is May 26<sup>th</sup>, 2013. Mail hardcopy and payment to the entry chairperson: David Laudati at 335 Bloomfield Ave, West Hartford, Ct. 06117. All entries must be legible and must use full names and registration numbers from USA Swimming registration. Entries are accepted on a first come, first served basis. Formal team entry date is determined by the date the electronic entry is received via email and entry fee received by the host team. CT clubs meeting this deadline will be entered before out of state clubs.

**ELECTRONIC ENTRIES:** Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at [dlaudati@mandelljcc.org](mailto:dlaudati@mandelljcc.org). Please check that your team name, address, and contact information are listed correctly in this file. Payment is due on May 30<sup>th</sup>, 2013. Your team is not officially entered into the meet until payment has been received. Please send payments to entry chair listed above immediately after sending electronic entry to ensure entry into the meet.

**ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION:** Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

**ENTRY FEES:** Electronic entries: \$8.00 for individual events; Manual entries: \$12.00 for individual events. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry.

**PAYMENT INSTRUCTIONS:** Please make checks payable to Mandell JCC and mail to: David Laudati at 335 Bloomfield Ave, West Hartford, Ct. 06117. Payment must be received by 05/30/13.

**CUT PROTOCOL:** If a session is over-subscribed, first cut are 7/Unders. If the time line estimate still exceeds four hours teams will be cut based on date of receipt of entries. Clubs will be notified of changes no later than Monday before the meet.

**RESERVE THE RIGHT TO MAKE CHANGES:** The meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet, with prior approval from Program Operations. Clubs will be notified of changes no later than Monday before the meet.

**RELAYS:** No

**SAFETY:**

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. No electronic audio or visual recording devices, including cell phones, are permitted in changing areas, rest rooms, or locker rooms.

**RULES:** Current USA Swimming rules will govern all competition.

**TIME TRIALS:** No

**TIMERS, OFFICIALS OR WORK ASSIGNMENTS:** Anyone wishing to officiate, please contact David Laudati at the email address above. Teams will be required to supply timers in proportion to the size of their entry. Please note that timers are required for the whole session. Participating clubs will be notified of work assignments by the Monday before the meet.

**DECK ACCESS:** Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

**SCORING:** The meet will not be scored.

**AWARDS:** Ribbons will be awarded to the top 6 finishers in each individual event

**CONCESSIONS:** Yes

**HOSPITALITY FOR COACHES AND OFFICIALS:** Yes

**PARKING:** there is a small parking lot by the pool house for the staff as well as handicap parking. Inside the park, about 200 feet away from the pool, there is another parking lot and additional parking is allowed on the side streets near the pool.

**DIRECTIONS:** Located at 1130 Maple Ave, Hartford, CT 06114 (GPS user type in 341 South St., Hartford, CT 06114). Pool entrance is on South Street.

**From South of Hartford**

- Take 91 N
- Take exit 17 to merge onto CT-15 N toward Berlin Turnpike/I-691/CT-66 all the way till the end when road splits about 15 miles.
- Take left at fork on to Maple Ave, go half a mile
- Turn right onto South Street. Pool will be on right

**From North of Hartford**

- 91 South
- Take exit 27 for Airport Rd toward Brainard Rd
- Take right off exit onto Airport Road
- Take the 2nd left onto Wethersfield Ave
- Take the 2nd right onto South St
- Approximately 1 mile ahead, the Pool will be on the left

**MJCC Summer Quadathlon - 6/30/2013****Session Report**

Session: 1 Morning Session

Day of Meet: 1 Starts at 08:30 AM Heat Interval: 15 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	1 Girls 10 & Under 50 Butterfly	0	0	08:30 AM	_____
Finals	2 Boys 10 & Under 50 Butterfly	0	0	08:30 AM	_____
Finals	3 Girls 11-12 50 Butterfly	0	0	08:30 AM	_____
Finals	4 Boys 11-12 50 Butterfly	0	0	08:30 AM	_____
Finals	5 Girls 13-14 100 Butterfly	0	0	08:30 AM	_____
Finals	6 Boys 13-14 100 Butterfly	0	0	08:30 AM	_____
Finals	7 Girls 15-18 100 Butterfly	0	0	08:30 AM	_____
Finals	8 Boys 15-18 100 Butterfly	0	0	08:30 AM	_____
Finals	9 Girls 10 & Under 50 Backstroke	0	0	08:30 AM	_____
Finals	10 Boys 10 & Under 50 Backstroke	0	0	08:30 AM	_____
Finals	11 Girls 11-12 50 Backstroke	0	0	08:30 AM	_____
Finals	12 Boys 11-12 50 Backstroke	0	0	08:30 AM	_____
Finals	13 Girls 13-14 100 Backstroke	0	0	08:30 AM	_____
Finals	14 Boys 13-14 100 Backstroke	0	0	08:30 AM	_____
Finals	15 Girls 15-18 100 Backstroke	0	0	08:30 AM	_____
Finals	16 Boys 15-18 100 Backstroke	0	0	08:30 AM	_____
Finals	17 Girls 10 & Under 50 Breaststroke	0	0	08:30 AM	_____
Finals	18 Boys 10 & Under 50 Breaststroke	0	0	08:30 AM	_____
Finals	19 Girls 11-12 50 Breaststroke	0	0	08:30 AM	_____
Finals	20 Boys 11-12 50 Breaststroke	0	0	08:30 AM	_____
Finals	21 Girls 13-14 100 Breaststroke	0	0	08:30 AM	_____
Finals	22 Boys 13-14 100 Breaststroke	0	0	08:30 AM	_____
Finals	23 Girls 15-18 100 Breaststroke	0	0	08:30 AM	_____
Finals	24 Boys 15-18 100 Breaststroke	0	0	08:30 AM	_____
Finals	25 Girls 10 & Under 50 Freestyle	0	0	08:30 AM	_____
Finals	26 Boys 10 & Under 50 Freestyle	0	0	08:30 AM	_____
Finals	27 Girls 11-12 50 Freestyle	0	0	08:30 AM	_____
Finals	28 Boys 11-12 50 Freestyle	0	0	08:30 AM	_____
Finals	29 Girls 13-14 100 Freestyle	0	0	08:30 AM	_____
Finals	30 Boys 13-14 100 Freestyle	0	0	08:30 AM	_____
Finals	31 Girls 15-18 100 Freestyle	0	0	08:30 AM	_____
Finals	32 Boys 15-18 100 Freestyle	0	0	08:30 AM	_____
	Finish Time			08:30 AM	_____