

# May ZEUS Meet Invitational

## May 5, 2012

Norwalk High School  
23 Calvin Murphy Drive  
Norwalk, CT 06851

Held under sanction of USA Swimming and Connecticut Swimming #L12-06

### MEET EVENTS

	<b>Name</b>	<b>Email</b>	<b>Phone</b>
<b>Meet Director:</b>	Omar Cruz	Omar.cruz@zeusswimteam.org	203-838-5836
<b>Meet Referee:</b>	Nancy Wargo	nwargo@optonline.net	203-838-5836
<b>Entry Chair:</b>	Eric Baritz	Byte1inc@optonline.net	203-838-5836
<b>Safety Chair:</b>	Dennis Flores	Dennis.Flores@zeusswimteam.org	203-838-5836
<b>Officials</b>	Nancy Wargo	nwargo@optonline.net	203-858-7285
<b>Contact:</b>			

**WEBSITE:** [www.zeusswimteam.org](http://www.zeusswimteam.org)

**POOL EMERGENCY NUMBER:** 203-515-8055

**MEET CLASSIFICATION:** This meet is open to all USA Swimming athletes and clubs.

**MEET FORMAT:** The meet will be swum as timed-finals.

**SCRATCH PROCEDURES:** Scratches are due 30 minutes before the start of the session.

**FACILITY:** The Norwalk High School Pool is a 6-lane, 25-yard pool. The meet will be run using electronic timing. The competition course has not been certified in accordance with 104.2.2C (4). Water depth at start end is: 12 feet. Water depth at turn end is: 3.5 feet.

**DISABLED ACCESS:** Handicap accessibility throughout the facility.

**COURSE:** SCY

**SESSION TIMES:**

**Session 1:** 8:00 AM Warm-up, 8:45 AM Start (8 and unders)

**Session 2:** 4:00 PM Warm-up, 5:00 PM Start (13 and unders)

**WARM-UPS:** CT Swimming Warm-Up Procedures will be in effect.

**ELIGIBILITY:** All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any

swimmer who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete [registration procedures](#). Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

**ADAPTED SWIMMING:** Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to [Mark Kinne](#), Adapted Athlete Committee Chair.

**ENTRY LIMITATIONS:** Maximum of 5 events per day plus relays.

**ENTRY TIMES:** Submit entry times in SCY. No Times are discouraged.

**DEADLINES:** Entry deadline is Friday, April 20, 2012.

Mail hardcopy and payment to the entry chairperson by the above date:

Eric Baritz

501 Westport Avenue, #272

Norwalk, CT 06854

All entries must be typed or printed legibly, and must use full names and registration numbers from USA Swimming registration. Entries are official upon receipt of the check.

**CONNECTICUT-ONLY DEADLINE:** April 20, 2012. Entries will be considered received when the entry file is received (email or mail). CT clubs meeting this deadline will be entered before out of state clubs.

**ELECTRONIC ENTRIES:** Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at [byte1inc@optonline.net](mailto:byte1inc@optonline.net). Please check that your team name, address, and contact information are listed correctly in this file. When payment is received the entry is considered officially in the meet.

**ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION:** Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

**ENTRY FEES:** Electronic entries: \$5.00 for individual events, \$10.00 for relays. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry.

**PAYMENT INSTRUCTIONS:** Please make checks payable to: **NAC**

Mail to:  
ZEUS Swimming  
c/o Eric Baritz  
501 Westport Avenue, #272  
Norwalk, CT 06854

Payment must be received by 4/20/2012

**CUT PROTOCOL for INVITATIONALS:** Should the meet be oversubscribed, the cut protocol is as follows:

- Relays will be eliminated;
- Events will be cut from 5 to 4 events, then 4 events to 3 events;
- 500 Freestyle will be limited to the fastest 18 girls and fastest 18 Boys;
- Club entries will be cut in reverse order of their receipt.

ZEUS swimmers will not be cut due to the need for volunteers to run the meet.

**RESERVE THE RIGHT TO MAKE CHANGES:** The meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet, with prior approval from Program Operations. Clubs will be notified of cuts no later than Monday before the meet.

**RELAYS:** Yes; all relay swimmers must be officially entered in the meet.

**SAFETY:**

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. No electronic audio or visual recording devices, including cell phones, are permitted in changing areas, rest rooms, or locker rooms.

**RULES:** Current USA Swimming rules will govern all competition.

**TIME TRIALS:** Time trials will be offered at the discretion of the meet referee if time allows. Time trials are \$7.00 for individual events and \$12.00 for relays. Time trial events count toward the total number of events per session. Time Trial events are limited to those events published in this meet announcement.

**TIMERS, OFFICIALS OR WORK ASSIGNMENTS:** Volunteers will be based on the number of swimmers in the meet.

**DECK ACCESS:** Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

**SCORING:** The meet will be scored. Scoring will be the standard first through sixteenth place.

**AWARDS:** Ribbons will be awarded to the top 8 finishers in all individual events, and top 3 finishers in each relay event. Teams are responsible for picking up their own awards.

**CONCESSIONS:** Yes

**HOSPITALITY FOR COACHES AND OFFICIALS:** Yes

**PARKING:** Ample parking

**DIRECTIONS:** The Norwalk High School pool is on County Street in Norwalk, CT.

Take I – 95 to Exit 16, East Avenue. Go West on East Avenue for 2 lights. Make a right on Sunset Hill Avenue. Go all the way to end (Sunset Hill becomes Tierney Street). At stop sign (Strawberry Hill Avenue) make a left. Take Strawberry to County Street. Make right on County Street. Driveway to High School is on your right. Go all the way to top of driveway and look for a spot. Entrance to pool is first door on the right, PAT SPINOLA.

**May Meet 2012 - 5/5/2012****Session Report**

Session: 1 Saturday Morning

Day of Meet: 1 Starts at 08:45 AM Heat Interval: 15 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>
Finals	1 Girls 8 & Under 25 Freestyle	0	0	08:45 AM _____
Finals	2 Boys 8 & Under 25 Freestyle	0	0	08:45 AM _____
Finals	3 Girls 8 & Under 25 Breaststroke	0	0	08:45 AM _____
Finals	4 Boys 8 & Under 25 Breaststroke	0	0	08:45 AM _____
Finals	5 Girls 8 & Under 25 Backstroke	0	0	08:45 AM _____
Finals	6 Boys 8 & Under 25 Backstroke	0	0	08:45 AM _____
Finals	7 Girls 8 & Under 25 Butterfly	0	0	08:45 AM _____
Finals	8 Boys 8 & Under 25 Butterfly	0	0	08:45 AM _____
Finals	9 Girls 8 & Under 100 Freestyle	0	0	08:45 AM _____
Finals	10 Boys 8 & Under 100 Freestyle	0	0	08:45 AM _____
Finals	11 Girls 8 & Under 200 Freestyle Relay	0	0	08:45 AM _____
Finals	12 Boys 8 & Under 200 Freestyle Relay	0	0	08:45 AM _____
	Finish Time			08:45 AM _____

Session: 2 Saturday Evening

Day of Meet: 1 Starts at 05:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>
Finals	13 Girls 13 & Under 500 Freestyle	0	0	05:00 PM _____
Finals	14 Boys 13 & Under 500 Freestyle	0	0	05:00 PM _____
Finals	15 Girls 10 & Under 50 Freestyle	0	0	05:00 PM _____
Finals	16 Boys 10 & Under 50 Freestyle	0	0	05:00 PM _____
Finals	17 Girls 11-12 100 Breaststroke	0	0	05:00 PM _____
Finals	18 Boys 11-12 100 Breaststroke	0	0	05:00 PM _____
Finals	19 Girls 10 & Under 50 Breaststroke	0	0	05:00 PM _____
Finals	20 Boys 10 & Under 50 Breaststroke	0	0	05:00 PM _____
Finals	21 Girls 11-12 100 Freestyle	0	0	05:00 PM _____
Finals	22 Boys 11-12 100 Freestyle	0	0	05:00 PM _____
Finals	23 Girls 10 & Under 50 Backstroke	0	0	05:00 PM _____
Finals	24 Boys 10 & Under 50 Backstroke	0	0	05:00 PM _____
Finals	25 Girls 11-12 100 Backstroke	0	0	05:00 PM _____
Finals	26 Boys 11-12 100 Backstroke	0	0	05:00 PM _____
Finals	27 Girls 10 & Under 50 Butterfly	0	0	05:00 PM _____
Finals	28 Boys 10 & Under 50 Butterfly	0	0	05:00 PM _____
Finals	29 Girls 11-12 100 Butterfly	0	0	05:00 PM _____
Finals	30 Boys 11-12 100 Butterfly	0	0	05:00 PM _____
Finals	31 Girls 10 & Under 200 Freestyle	0	0	05:00 PM _____
Finals	32 Boys 10 & Under 200 Freestyle	0	0	05:00 PM _____
Finals	33 Girls 13 & Under 400 IM	0	0	05:00 PM _____
Finals	34 Boys 13 & Under 400 IM	0	0	05:00 PM _____
	Finish Time			05:00 PM _____