TAC's Support our Veterans Invitational SCY August 3-5, 2012

Lott Natatorium, Connecticut College 270 Mohegan Ave, New London, CT 06320

Held under sanction of USA Swimming and Connecticut Swimming #L12-31

Thames Aquatic Club will be accepting donations of linens, household items and gift cards for distribution to area veterans located throughout New London County. With the help of local veterans' assistance organizations, area veterans will benefit from the swimming community's generosity. It's time to give back to our veterans, as they have given so much of themselves for us. Please join TAC in a weekend of generous donations and fast swimming!

MEET EVENTS

	Name	Email	Phone
Meet Director:	John Vitale	Jav725@sbcglobal.net	860-230-7417
Meet Referee:	Takuto Takabayashi	takutot@gmail.com	
Entry Chair:	Anne Vitale	info@tacswim.org	860-230-1473
Safety Chair:	Qin Guo	Xj_chin@yahoo.com	
Officials Contact:	Qin Guo	Xj_chin@yahoo.com	

WEBSITE: www.tacswim.org

POOL EMERGENCY NUMBER: 860-230-7417

MEET CLASSIFICATION: This meet is open to all USA Swimming athletes and clubs.

MEET FORMAT: The meet will be swum as Timed-Finals. The 1000 Freestyle and the 400 IM will be swum fast-to-slow, alternating heats of women and men.

SCRATCH PROCEDURES: Scratch sheets will be provided in the coaches' packets. Failure to hand in the scratch sheet by 20 minutes after the start of warm-ups will result in that team being scratched from the meet. (With concurrence from the meet manager, the meet referee may extend this deadline)

FACILITY: The Lott Natatorium Competition Pool is an 8-lane, 25-yard pool with a warm-up/warm-down well and a Daktronics electronic timing system. The competition course has not been certified in accordance with 104.2.2C (4). Water depth at start end is: 9 feet. Water depth at turn end is: 4 feet. There is ample balcony style spectator seating. Please note, at the discretion of the Meet Referee, the warm up/warm down pool may be closed.

DISABLED ACCESS: Handicapped parking is available directly in front of the athletic complex with a ramp into the complex. The pool and spectator balcony are handicap accessible. For specific needs, please contact John Vitale at jav725@sbcglobal.net or 860-230-7417.

COURSE: SCY

EVENTS: See attached list.

SESSION TIMES: Friday evening distance session: 5 pm warm up with 5:30 pm start. Saturday and Sunday 12 and Under morning sessions: 8:00 am warm up with 9:00 am start. Saturday and Sunday 13 and Over afternoon sessions: 1:30 pm warm up with 2:30 pm start.

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect.

ELIGIBILITY: All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete <u>registration</u> <u>procedures</u>. Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

ADAPTED SWIMMING: Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability <u>prior</u> to competition. Adapted athletes may direct questions to <u>Mark Kinne</u>, Adapted Athlete Committee Chair.

EVENT INFORMATION: This meet is a community service project. We are collecting linens and other household items and gift cards for donation to area veterans and their families. A list of acceptable items will be posted on the team website: www.tacswim.org. High Point Trophies will be awarded to the swimmer in each age group and gender.

ENTRY LIMITATIONS: Swimmers may swim 5 events per day; please circle 5th event for each day.

ENTRY TIMES: Submit entry times in SCY.

DEADLINES: Entry deadline is July 13, 2012. Mail hardcopy and payment to the entry chairperson: Anne Vitale, 405 Pine Hill Road, Moosup, CT 06354. All entries must be typed or printed legibly, and must use full names and registration numbers from USA Swimming registration. Providing payment is received by July 16, 2012, the official date of entry is determined by the date and time the e-mailed entry file or hardcopy is received.

CONNECTICUT-ONLY DEADLINE: CT deadline is July 6, 2012. Providing payment is received by July 9, 2012, the official date of entry is determined by the time the emailed entry file or hardcopy is received. CT clubs meeting this deadline will be entered before out of state clubs.

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at info@tacswim.org. Please check that your team name, address, and contact information are listed correctly in this file. Providing payment is received by July 16, 2012, the official date of entry is determined by the time the e-mailed entry file or hardcopy is received.

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of

the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

ENTRY FEES: Electronic entries: \$6.00 for individual events, \$6.00 for distance events. Manual entries: \$7.00 for individual events, \$7.00 for distance events. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry

PAYMENT INSTRUCTIONS: Please make checks payable to TAC and mail to: Anne Vitale 405 Pine Hill Road, Moosup, CT 06354. Payment must be received by July 16, 2012.

CUT PROTOCOL for INVITATIONALS: Thames Aquatic Club will limit the session times to 4 hours. If a session is oversubscribed, 5th events will be cut. Clubs will be notified of changes no later than Monday before the meet.

RESERVE THE RIGHT TO MAKE CHANGES: The meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet, with prior approval from Program Operations. Clubs will be notified of cuts no later than Monday before the meet.

RELAYS: None

SAFETY:

- 1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
- 2. No shaving is permitted at the competition site.
- 3. No glass containers are permitted within the facility.
- 4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
- 5. Electronic audio or visual recording devices, including cell phones, are not permitted in changing areas, rest rooms, or locker rooms.

RULES: Current USA Swimming rules will govern all competition.

TIME TRIALS: None.

TIMERS, OFFICIALS OR WORK ASSIGNMENTS: All 1000 swimmers must provide their own timers and counters. Teams will also be notified of their work assignments. Anyone interested in Officiating at this meet, please contact Qin Guo at xj_chin@yahoo.com.

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck. Parents may drop their children off at the door of the pool deck. A swimmer may request help from a TAC staff member to find his/her team. Parents are **not allowed** on the pool deck unless timing at the meet. **All timers** must check in at the Timer's Table at the base of the deck stairs to sign in.

SCORING: The meet will be scored. Scoring will be to 8th place using the following point values: 9-7-6-5-4-3-2-1

AWARDS: Trophies will be awarded to the high point winner in each boy and girl age group (8 and under, 9/10, 11/12, 13/14, 15 and over). In the event of a tie, the tiebreaker will be determined by highest place

finishes in each event. An award ceremony will be held after the last event of the age group being awarded on Sunday.

CONCESSIONS: Yes

HOSPITALITY FOR COACHES AND OFFICIALS: Yes

PARKING: There is ample parking around the Athletic Complex.

DIRECTIONS: Lott Natatorium is located on the Connecticut College campus at 270 Mohegan Ave, New London, CT 06320

From Hartford and points north: Take I-84 East to Route 2 East to I-395 South (exit 28S). Proceed approximately 8 miles to Route 32 South (exit 78 which is a left exit). Continue on Route 32 South about 1 mile. After you pass under the pedestrian bridge, turn left at the light into the Charles B. Luce Field House / Dayton Arena Natatorium parking area.

From New York and points south: Take I-95 North to Exit 83. Make a left at the light at the end of the exit. Go to the next light and turn right past the entrance to the US Coast Guard Academy onto Route 32 North. Turn right at the third light. You will see a sign for the Charles B. Luce Field House / Dayton Arena Natatorium parking area.

Session: 1 Friday Evening

Day of Meet: 1 Starts at 05:00 PM Heat Interval: 10 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at
Finals	1	Girls 1000 Freestyle	0	0	05:00 PM
Finals	2	Boys 1000 Freestyle	0	0	05:00 PM
Finals	3	Girls 12 & Under 500 Freestyle	0	0	05:00 PM
Finals	4	Boys 12 & Under 500 Freestyle	0	0	05:00 PM
Finals	5	Girls 400 IM	0	0	05:00 PM
Finals	6	Boys 400 IM	0	0	05:00 PM
		Finish Time			05:00 PM

Session: 2 Saturday Morning

Day of Meet: 2 Starts at 09:00 AM Heat Interval: 10 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at
Finals	7	Girls 11-12 200 IM	0	0	09:00 AM
Finals	8	Boys 11-12 200 IM	0	0	09:00 AM
Finals	9	Girls 9-10 100 IM	0	0	09:00 AM
Finals	10	Boys 9-10 100 IM	0	0	09:00 AM
Finals	11	Girls 8 & Under 100 IM	0	0	09:00 AM
Finals	12	Boys 8 & Under 100 IM	0	0	09:00 AM
Finals	13	Girls 11-12 100 Freestyle	0	0	09:00 AM
Finals	14	Boys 11-12 100 Freestyle	0	0	09:00 AM
Finals	15	Girls 9-10 50 Freestyle	0	0	09:00 AM
Finals	16	Boys 9-10 50 Freestyle	0	0	09:00 AM
Finals	17	Girls 8 & Under 25 Freestyle	0	0	09:00 AM
Finals	18	Boys 8 & Under 25 Freestyle	0	0	09:00 AM
Finals	19	Girls 11-12 50 Backstroke	0	0	09:00 AM
Finals	20	Boys 11-12 50 Backstroke	0	0	09:00 AM
Finals	21	Girls 9-10 100 Backstroke	0	0	09:00 AM
Finals	22	Boys 9-10 100 Backstroke	0	0	09:00 AM
Finals	23	Girls 8 & Under 50 Backstroke	0	0	09:00 AM
Finals	24	Boys 8 & Under 50 Backstroke	0	0	09:00 AM
Finals	25	Boys 11-12 200 Breaststroke	0	0	09:00 AM
Finals	26	Girls 11-12 200 Breaststroke	0	0	09:00 AM
Finals	27	Boys 8 & Under 25 Breaststroke	0	0	09:00 AM
Finals	28	Girls 8 & Under 25 Breaststroke	0	0	09:00 AM
Finals	29	Boys 11-12 100 Butterfly	0	0	09:00 AM
Finals	30	Girls 11-12 100 Butterfly	0	0	09:00 AM
Finals	31	Boys 8 & Under 50 Butterfly	0	0	09:00 AM
Finals	32	Girls 8 & Under 50 Butterfly	0	0	09:00 AM
Finals	33	Boys 11-12 200 Backstroke	0	0	09:00 AM
Finals	34	Girls 11-12 200 Backstroke	0	0	09:00 AM
Finals	35	Boys 9-10 50 Butterfly	0	0	09:00 AM
Finals	36	Girls 9-10 50 Butterfly	0	0	09:00 AM
Finals	37	Boys 11-12 50 Breaststroke	0	0	09:00 AM
Finals	38	Girls 11-12 50 Breaststroke	0	0	09:00 AM

Session: 2 Saturday Morning

Day of Meet: 2 Starts at 09:00 AM Heat Interval: 10 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at	
Finals	39	Boys 9-10 200 Freestyle	0	0	09:00 AM	
Finals	40	Girls 9-10 200 Freestyle	0	0	09:00 AM	
		Finish Time			09:00 AM	

Session: 3 Saturday Afternoon

Day of Meet: 2 Starts at 02:30 PM Heat Interval: 10 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at
Finals	41	Boys 13-14 200 Freestyle	0	0	02:30 PM
Finals	42	Girls 13-14 200 Freestyle	0	0	02:30 PM
Finals	43	Boys 15 & Over 200 Freestyle	0	0	02:30 PM
Finals	44	Girls 15 & Over 200 Freestyle	0	0	02:30 PM
Finals	45	Boys 13-14 100 Butterfly	0	0	02:30 PM
Finals	46	Girls 13-14 100 Butterfly	0	0	02:30 PM
Finals	47	Boys 15 & Over 100 Butterfly	0	0	02:30 PM
Finals	48	Girls 15 & Over 100 Butterfly	0	0	02:30 PM
Finals	49	Boys 13-14 200 Backstroke	0	0	02:30 PM
Finals	50	Girls 13-14 200 Backstroke	0	0	02:30 PM
Finals	51	Boys 15 & Over 200 Backstroke	0	0	02:30 PM
Finals	52	Girls 15 & Over 200 Backstroke	0	0	02:30 PM
Finals	53	Boys 13-14 100 Breaststroke	0	0	02:30 PM
Finals	54	Girls 13-14 100 Breaststroke	0	0	02:30 PM
Finals	55	Boys 15 & Over 100 Breaststroke	0	0	02:30 PM
Finals	56	Girls 15 & Over 100 Breaststroke	0	0	02:30 PM
Finals	57	Boys 13-14 50 Freestyle	0	0	02:30 PM
Finals	58	Girls 13-14 50 Freestyle	0	0	02:30 PM
Finals	59	Boys 15 & Over 50 Freestyle	0	0	02:30 PM
Finals	60	Girls 15 & Over 50 Freestyle	0	0	02:30 PM
		Finish Time			02:30 PM

Session: 4 Sunday Morning

Day of Meet: 3 Starts at 09:00 AM Heat Interval: 10 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at
Finals	61	Boys 9-10 100 Freestyle	0	0	09:00 AM
Finals	62	Girls 9-10 100 Freestyle	0	0	09:00 AM
Finals	63	Boys 11-12 50 Freestyle	0	0	09:00 AM
Finals	64	Girls 11-12 50 Freestyle	0	0	09:00 AM
Finals	65	Boys 8 & Under 50 Freestyle	0	0	09:00 AM
Finals	66	Girls 8 & Under 50 Freestyle	0	0	09:00 AM
Finals	67	Boys 9-10 50 Backstroke	0	0	09:00 AM
Finals	68	Girls 9-10 50 Backstroke	0	0	09:00 AM
Finals	69	Boys 11-12 100 Backstroke	0	0	09:00 AM
Finals	70	Girls 11-12 100 Backstroke	0	0	09:00 AM
Finals	71	Boys 8 & Under 25 Backstroke	0	0	09:00 AM
Finals	72	Girls 8 & Under 25 Backstroke	0	0	09:00 AM
Finals	73	Boys 9-10 50 Breaststroke	0	0	09:00 AM
Finals	74	Girls 9-10 50 Breaststroke	0	0	09:00 AM
Finals	75	Boys 11-12 100 Breaststroke	0	0	09:00 AM
Finals	76	Girls 11-12 100 Breaststroke	0	0	09:00 AM
Finals	77	Boys 8 & Under 50 Breaststroke	0	0	09:00 AM
Finals	78	Girls 8 & Under 50 Breaststroke	0	0	09:00 AM
Finals	79	Boys 9-10 100 Butterfly	0	0	09:00 AM
Finals	80	Girls 9-10 100 Butterfly	0	0	09:00 AM
Finals	81	Boys 11-12 200 Butterfly	0	0	09:00 AM
Finals	82	Girls 11-12 200 Butterfly	0	0	09:00 AM
Finals	83	Boys 8 & Under 25 Butterfly	0	0	09:00 AM
Finals	84	Girls 8 & Under 25 Butterfly	0	0	09:00 AM
Finals	85	Boys 11-12 50 Butterfly	0	0	09:00 AM
Finals	86	Girls 11-12 50 Butterfly	0	0	09:00 AM
Finals	87	Boys 8 & Under 100 Freestyle	0	0	09:00 AM
Finals	88	Girls 8 & Under 100 Freestyle	0	0	09:00 AM
Finals	89	Boys 11-12 200 Freestyle	0	0	09:00 AM
Finals	90	Girls 11-12 200 Freestyle	0	0	09:00 AM
Finals	91	Boys 9-10 200 IM	0	0	09:00 AM
Finals	92	Girls 9-10 200 IM	0	0	09:00 AM
Finals	93	Boys 11-12 100 IM	0	0	09:00 AM
Finals	94	Girls 11-12 100 IM	0	0	09:00 AM
		Finish Time			09:00 AM

Session: 5 Sunday Afternoon

Day of Meet: 3 Starts at 02:30 PM Heat Interval: 10 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at
Finals	95	Boys 13-14 100 Freestyle	0	0	02:30 PM
Finals	96	Girls 13-14 100 Freestyle	0	0	02:30 PM
Finals	97	Boys 15 & Over 100 Freestyle	0	0	02:30 PM
Finals	98	Girls 15 & Over 100 Freestyle	0	0	02:30 PM
Finals	99	Boys 13-14 200 Butterfly	0	0	02:30 PM
Finals	100	Girls 13-14 200 Butterfly	0	0	02:30 PM
Finals	101	Boys 15 & Over 200 Butterfly	0	0	02:30 PM
Finals	102	Girls 15 & Over 200 Butterfly	0	0	02:30 PM
Finals	103	Boys 13-14 100 Backstroke	0	0	02:30 PM
Finals	104	Girls 13-14 100 Backstroke	0	0	02:30 PM
Finals	105	Boys 15 & Over 100 Backstroke	0	0	02:30 PM
Finals	106	Girls 15 & Over 100 Backstroke	0	0	02:30 PM
Finals	107	Boys 13-14 200 Breaststroke	0	0	02:30 PM
Finals	108	Girls 13-14 200 Breaststroke	0	0	02:30 PM
Finals	109	Boys 15 & Over 200 Breaststroke	0	0	02:30 PM
Finals	110	Girls 15 & Over 200 Breaststroke	0	0	02:30 PM
Finals	111	Boys 13-14 200 IM	0	0	02:30 PM
Finals	112	Girls 13-14 200 IM	0	0	02:30 PM
Finals	113	Boys 15 & Over 200 IM	0	0	02:30 PM
Finals	114	Girls 15 & Over 200 IM	0	0	02:30 PM
		Finish Time			02:30 PM