

SoNoCo Swim Club Long Course Invite

June30-July 1, 2012

Wolff-Zackin Natatorium
University of Connecticut
3095 Hillside Road
Storrs, CT

Held under sanction of USA Swimming and Connecticut Swimming #L12-34

MEET EVENTS

	Name	Email	Phone
Meet Director:	Bill Ball	ballb@ccsu.edu	860-832-3073
Meet Referee:	Mike Huffman	Michael.huffman@thehartford.com	860-539-9895
Entry Chair:	Bill Ball	ballb@ccsu.edu	860-832-3073
Safety Chair:	Jaime Krajewski	Jaime.krajewski@southwindsor.org	860-305-7558
Officials Contact: (optional)	Mike Huffman	Michael.huffman@thehartford.com	860-539-9895

WEBSITE: <http://www.sonocoaquatics.org>

POOL EMERGENCY NUMBER: 860-486-4800 (*campus police*)

MEET CLASSIFICATION: This meet is open to all USA Swimming athletes and clubs.

MEET FORMAT: The meet will be swum as timed finals

SCRATCH PROCEDURES: **Scratches will be due no later than 30 Minutes prior to the start of each session.**

FACILITY: 6-lane competition venue with Colorado Timing System; ample spectator seating and limited refreshments.

Locker rooms: No locks may be left on UCONN lockers. No shaving on the premises is permitted. No deck changing. Access to faculty locker rooms is not permitted. Failure to comply may result in expulsion from the meet. Water depth at start end is: 6 feet. Water depth at turn end is: 12 feet. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.

DISABLED ACCESS: The Wolff-Zackin Natatorium is handicapped accessible, with a handicapped viewing area available. Contact the Meet Director for more information and/or if special arrangements are required.

COURSE: LCM.

EVENTS: See attached list.

SESSION TIMES:

Saturday

12 and Under Session: 12 noon Warm-up/1:30 pm Start

13 and Over Session: 5:00 pm Warm-up/6:00 pm Start

Sunday

12 and Under Session: Sunday 7:00 AM Warm-up/8:15 Start.

13 and Over Session: 12:30 PM Warm-up/1:45pm Start

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect.

ELIGIBILITY: All athletes must be current athlete members of [USA Swimming](#) Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete [registration procedures](#). Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

ADAPTED SWIMMING: Any current athlete members of [USA Swimming](#) with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to [Mark Kinne](#), Adapted Athlete Committee Chair.

EVENT INFORMATION: Deck entries will not be accepted. Sessions will be limited to 4 hours (not including warm-up).

ENTRY LIMITATIONS: Swimmers may enter up to 4 events per day.

ENTRY TIMES: Submit entry times in: LCM No time entries are discouraged.

DEADLINES: Entry deadline is June 19, 2012. Mail hardcopy and payment to the entry chairperson: Bill Ball 309 Village Hill Road Willington, CT 06279. All entries must be typed or printed legibly, and must use full names and registration numbers from USA Swimming registration. Date of entries will be determined by the date payment is received. Entries will be accepted on a first come first served basis.

CONNECTICUT-ONLY DEADLINE: CT deadline June 5, 2012. Date of entries will be determined by the date payment is received. CT clubs meeting this deadline will be entered before out of state clubs.

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at ballb@ccsu.edu. Please check that your team name, address, and contact information are listed correctly in this file.

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

ENTRY FEES: Electronic entries: \$8.00 for individual events. Manual entries: \$10.00 for individual. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry

PAYMENT INSTRUCTIONS: Please make checks payable to SoNoCo Swim Club and mail to: Bill Ball 309 Village Hill Road Willington, CT 06279. Payment must be received by 06/06/12.

CUT PROTOCOL for INVITATIONALS: Entries will be accepted on a first come first served basis until the meet is full. Sessions will be limited to 4 hours in length. Clubs will be notified of changes no later than Monday before the meet.

RESERVE THE RIGHT TO MAKE CHANGES: The meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet, with prior approval from Program Operations. Clubs will be notified of cuts no later than Monday before the meet.

RELAYS: No relays will be offered at this meet.

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. No electronic audio or visual recording devices, including cell phone, is not permitted in changing areas, rest rooms, or locker rooms.

RULES: Current USA Swimming rules will govern all competition.

TIME TRIALS: No Time Trials will be offered at this meet.

TIMERS, OFFICIALS OR WORK ASSIGNMENTS: Club work assignments will be determined by the teams ENTRY and all participating clubs will be notified via email of work assignments by the Monday before the meet.

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

SCORING: The meet will not be scored.

AWARDS: Ribbons for top six finishers in all 12 and under events will be awarded at this meet.

CONCESSIONS: Yes.

HOSPITALITY FOR COACHES AND OFFICIALS: Beverages and light snacks will be provided for coaches and officials.

PARKING: UCONN has asked us to direct ALL coaches and spectators to the South Parking Garage, which is across the street from Gampel Pavilion.

DIRECTIONS: Take I-84 to Route 195, exit 68. Follow Route 195 for 7 miles to the middle of the campus. When the lake is on your right, take the next right. Follow your way through the campus towards the silver dome. This is the field house; the pool is in the adjacent brick building.

Licensed to Central Connecticut State Univ HY-TEK's MEET MANAGER 3.0 4/5/2012
 SoNoCo Summer Invite - 6/30/2012 to 7/1/2012
 Session Report

Session: 1 Saturday AM 12 and Under

Day of Meet: 1 Starts at 01:30 PM Heat Interval: 15 Seconds / Back +15 Seco

Round	Event	Entries	Heats	Starts at
Finals	1 Girls 10 & Under 50 Butterfl	0	0	01:30 PM
Finals	2 Boys 10 & Under 50 Butterfly	0	0	01:30 PM
Finals	3 Girls 11-12 50 Butterfly	0	0	01:30 PM
Finals	4 Boys 11-12 50 Butterfly	0	0	01:30 PM
Finals	5 Girls 10 & Under 100 Freesty	0	0	01:30 PM
Finals	6 Boys 10 & Under 100 Freestyl	0	0	01:30 PM
Finals	7 Girls 11-12 100 Freestyle	0	0	01:30 PM
Finals	8 Boys 11-12 100 Freestyle	0	0	01:30 PM
Finals	9 Girls 10 & Under 50 Breastst	0	0	01:30 PM
Finals	10 Boys 10 & Under 50 Breaststr	0	0	01:30 PM
Finals	11 Girls 11-12 50 Breaststroke	0	0	01:30 PM
Finals	12 Boys 11-12 50 Breaststroke	0	0	01:30 PM
Finals	13 Girls 10 & Under 100 Backstr	0	0	01:30 PM
Finals	14 Boys 10 & Under 100 Backstro	0	0	01:30 PM
Finals	15 Girls 11-12 100 Backstroke	0	0	01:30 PM
Finals	16 Boys 11-12 100 Backstroke	0	0	01:30 PM
Finals	17 Girls 10 & Under 200 IM	0	0	01:30 PM
Finals	18 Boys 10 & Under 200 IM	0	0	01:30 PM
Finals	19 Girls 11-12 200 IM	0	0	01:30 PM
Finals	20 Boys 11-12 200 IM	0	0	01:30 PM
	Finish Time			01:30 PM

Session: 2 Saturday PM13 and Over

Day of Meet: 1 Starts at 06:00 PM Heat Interval: 15 Seconds / Back +15 Seco

Round	Event	Entries	Heats	Starts at
Finals	21 Girls 13-14 200 Butterfly	0	0	06:00 PM
Finals	22 Boys 13-14 200 Butterfly	0	0	06:00 PM
Finals	23 Girls 15 & Over 200 Butterfl	0	0	06:00 PM
Finals	24 Boys 15 & Over 200 Butterfly	0	0	06:00 PM
Finals	25 Girls 13-14 100 Freestyle	0	0	06:00 PM
Finals	26 Boys 13-14 100 Freestyle	0	0	06:00 PM
Finals	27 Girls 15 & Over 100 Freestyl	0	0	06:00 PM
Finals	28 Boys 15 & Over 100 Freestyle	0	0	06:00 PM
Finals	29 Girls 13-14 100 Breaststroke	0	0	06:00 PM
Finals	30 Boys 13-14 100 Breaststroke	0	0	06:00 PM
Finals	31 Girls 15 & Over 100 Breastst	0	0	06:00 PM
Finals	32 Boys 15 & Over 100 Breaststr	0	0	06:00 PM
Finals	33 Girls 13-14 200 Backstroke	0	0	06:00 PM
Finals	34 Boys 13-14 200 Backstroke	0	0	06:00 PM
Finals	35 Girls 15 & Over 200 Backstro	0	0	06:00 PM
Finals	36 Boys 15 & Over 200 Backstrok	0	0	06:00 PM
Finals	37 Girls 13-14 200 IM	0	0	06:00 PM
Finals	38 Boys 13-14 200 IM	0	0	06:00 PM
Finals	39 Girls 15 & Over 200 IM	0	0	06:00 PM
Finals	40 Boys 15 & Over 200 IM	0	0	06:00 PM
	Finish Time			06:00 PM

Session: 3 Sunday AM 12 and Under

Day of Meet: 2 Starts at 08:15 AM Heat Interval: 15 Seconds / Back +15 Seco

Round	Event	Entries	Heats	Starts at
Finals	45 Girls 10 & Under 200 Freesty	0	0	08:15 AM

Finals	46	Boys 10 & Under 200 Freestyl	0	0	08:15 AM
Finals	47	Girls 11-12 200 Freestyle	0	0	08:15 AM
Finals	48	Boys 11-12 200 Freestyle	0	0	08:15 AM
Finals	49	Girls 10 & Under 100 Butterf	0	0	08:15 AM
Finals	50	Boys 10 & Under 100 Butterfl	0	0	08:15 AM
Finals	51	Girls 11-12 100 Butterfly	0	0	08:15 AM
Finals	52	Boys 11-12 100 Butterfly	0	0	08:15 AM
Finals	53	Girls 10 & Under 50 Freestyl	0	0	08:15 AM
Finals	54	Boys 10 & Under 50 Freestyle	0	0	08:15 AM
Finals	55	Girls 11-12 50 Freestyle	0	0	08:15 AM
Finals	56	Boys 11-12 50 Freestyle	0	0	08:15 AM
Finals	57	Girls 10 & Under 100 Breasts	0	0	08:15 AM
Finals	58	Boys 10 & Under 100 Breastst	0	0	08:15 AM
Finals	59	Girls 11-12 100 Breaststroke	0	0	08:15 AM
Finals	60	Boys 11-12 100 Breaststroke	0	0	08:15 AM
Finals	61	Girls 10 & Under 50 Backstro	0	0	08:15 AM
Finals	62	Boys 10 & Under 50 Backstrok	0	0	08:15 AM
Finals	63	Girls 11-12 50 Backstroke	0	0	08:15 AM
Finals	64	Boys 11-12 50 Backstroke	0	0	08:15 AM
		Finish Time			08:15 AM

Session: 4 Sunday PM 13 and Over

Day of Meet: 2 Starts at 01:45 PM Heat Interval: 15 Seconds / Back +15 Seco

Round	Event	Entries	Heats	Starts at	
Finals	65	Girls 13-14 100 Butterfly	0	0	01:45 PM
Finals	66	Boys 13-14 100 Butterfly	0	0	01:45 PM
Finals	67	Girls 15 & Over 100 Butterfl	0	0	01:45 PM
Finals	68	Boys 15 & Over 100 Butterfly	0	0	01:45 PM
Finals	69	Girls 13-14 200 Freestyle	0	0	01:45 PM
Finals	70	Boys 13-14 200 Freestyle	0	0	01:45 PM
Finals	71	Girls 15 & Over 200 Freestyl	0	0	01:45 PM
Finals	72	Boys 15 & Over 200 Freestyle	0	0	01:45 PM
Finals	73	Girls 13-14 200 Breaststroke	0	0	01:45 PM
Finals	74	Boys 13-14 200 Breaststroke	0	0	01:45 PM
Finals	75	Girls 15 & Over 200 Breastst	0	0	01:45 PM
Finals	76	Boys 15 & Over 200 Breaststr	0	0	01:45 PM
Finals	77	Girls 13-14 100 Backstroke	0	0	01:45 PM
Finals	78	Boys 13-14 100 Backstroke	0	0	01:45 PM
Finals	79	Girls 15 & Over 100 Backstro	0	0	01:45 PM
Finals	80	Boys 15 & Over 100 Backstrok	0	0	01:45 PM
Finals	81	Girls 13-14 50 Freestyle	0	0	01:45 PM
Finals	82	Boys 13-14 50 Freestyle	0	0	01:45 PM
Finals	83	Girls 15 & Over 50 Freestyle	0	0	01:45 PM
Finals	84	Boys 15 & Over 50 Freestyle	0	0	01:45 PM
		Finish Time			01:45 PM