

# 1,500 Meter Free Friday June 22, 2012

Wesleyan University Freeman Athletic Center  
161 Cross Street  
Middletown, CT.

Held under sanction of USA Swimming and Connecticut Swimming #OC12-1

## MEET EVENTS

	Name	Email	Phone
<b>Meet Director:</b>	Lisa Earley	<a href="mailto:Learley851@aol.com">Learley851@aol.com</a>	203-397-1474
<b>Meet Referee:</b>	David Pite		
<b>Entry Chair:</b>	Lisa Earley	<a href="mailto:Learley851@aol.com">Learley851@aol.com</a>	203-397-1474
<b>Safety Chair:</b>	Bob Pimer		
<b>Officials Contact:</b>	Lisa Earley	<a href="mailto:Learley851@aol.com">Learley851@aol.com</a>	203-397-1474

**WEBSITE:** [www.hmst.org](http://www.hmst.org)

**POOL EMERGENCY NUMBER:** 860-685-2915 (pool deck) 860-685-2690 (facility monitor)

**MEET CLASSIFICATION:** This meet is open to all USA Swimming athletes and clubs.

**MEET FORMAT:** The meet will be swum as timed-finals. Fastest heat of girls followed by the fastest heat of boys alternating through the remaining heats.

**MEET TYPE:** This is an off-calendar sanctioned meet.

### **CSI "OFF-CALENDAR MEET" LIMITATIONS WITH REGARD TO CSI COMPETITION AND PROGRAMS:**

This off-calendar sanctioned meet will not count toward the regularly scheduled sanctioned meet eligibility requirement for CSI championships (Regional Championships and Age Group Championship). This meet will not count toward the eligibility requirement of Connecticut Swimming Scholar Athlete, Athlete Travel Assistance, or other CSI recognition programs with meet eligibility requirements. This meet will not count toward the regularly scheduled sanctioned meet eligibility requirement for CT Zone Team selection.

**SCRATCH PROCEDURES:** Coaches will receive a scratch sheet for each session of the meet. This sheet must be returned to the computer table no later than 4:20pm. If a scratch sheet is not picked up from the table, or not returned to the table, the entire team will be scratched.

**FACILITY:** The Wesleyan University Freeman Athletic Center pool is an 8 lane, 50 meter pool. Water depth at start end is 14 feet. Water depth at turn end is 5 feet. The competition course has been

certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. The timing system is a Colorado Time System with full display, and there is limited spectator seating.

**DISABLED ACCESS:** Limited handicapped parking is available behind the Freeman Athletic Center. Disabled access is through front entrance only. Elevator is in front lobby to locker rooms and pool deck. Spectator area is to the left of the front lobby. If special assistance is required by athletes, coaches or spectators, please contact the Meet Director.

**COURSE:** Long Course Meters

**SESSION TIMES:** 4:00pm warm-up and 5:00pm start.

**WARM-UPS:** CT Swimming Warm-Up Procedures will be in effect.

**ELIGIBILITY:** All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete [registration procedures](#). Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

**ADAPTED SWIMMING:** Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to [Mark Kinne](#), Adapted Athlete Committee Chair.

**ENTRY TIMES:** Submit entry times in: LCM. If there are no official times for an athlete, please submit estimated times. No Times (NT) are discouraged.

**DEADLINES:** Entry deadline is Friday June 15, 2012. Mail hardcopy and payment to the entry chairperson: Lisa Earley 851 Beechwood Road Orange, CT. 06477. All entries must be typed or printed legibly, and must use full names and registration numbers from USA Swimming registration. Entries must be RECEIVED by June 15, to be considered for the meet. Payment must be received by the end of warm-up on June 22.

**CONNECTICUT –ONLY DEADLINE:** Entry deadline is Friday June 15, 2012. CT clubs will be entered before out-of-state clubs.

**ELECTRONIC ENTRIES:** Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at [learley851@aol.com](mailto:learley851@aol.com). Please check that your team name, address, and contact information are listed correctly in this file.

**ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION:** Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the

duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

**ENTRY FEES:** Electronic entries: \$9.00 for individual events. Manual entries: \$10.00 for individual events. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry

**PAYMENT INSTRUCTIONS:** Please make checks payable to HMST and mail to: Lisa Earley 851 Beechwood Road Orange, CT. 06477. Payment must be received by 06/22/2012.

**CUT PROTOCOL for INVATIONALS:** If the meet is timed out to exceed four hours, the host team will limit the number of heats able to swim to 12 heats total. Clubs will be notified of cuts no later than Monday before the meet.

**RESERVE THE RIGHT TO MAKE CHANGES:** The meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet, with prior approval from Program Operations. Clubs will be notified of cuts no later than Monday before the meet.

**RELAYS: No**

**SAFETY:**

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. No electronic audio or visual recording devices, including cell phone, is not permitted in changing areas, rest rooms, or locker rooms.

**RULES:** Current USA Swimming rules will govern all competition.

**TIME TRIALS: NO**

**TIMERS, OFFICIALS OR WORK ASSIGNMENTS:** *Each swimmer must supply their own timer and lap counter.*

**DECK ACCESS:** Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

**SCORING:** The meet will not be scored.

**AWARDS:** There are no awards at this meet.

**CONCESSIONS:** No.

**HOSPITALITY FOR COACHES AND OFFICIALS:** No.

**PARKING:** Please park in one of the Wesleyan parking lots near the pool.

**DIRECTIONS:** From North: Take I-91 S to Exit 22 S (left exit). Travel South on Rt. 9 to Middletown. At 2nd light take a right onto Rt. 66W. At junction of Rt. 66 and Rt. 3, turn left onto Vine Street and right onto Cross Street-pool will be immediately on your left.

From South: Take I-95 N or the Merritt Parkway to I-91 N to Rt. 66 E. At junction of Rt. 66 and Rt. 3, turn right onto Vine Street, then right onto Cross Street-pool will be immediately on your left.

**Distance Meet - 6/22/2012**  
**Session Report**

Session: 1 Friday Evening

Day of Meet: 1 Starts at 05:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	1 Women 1500 Freestyle	0	0	05:00 PM	_____
Finals	2 Men 1500 Freestyle	0	0	05:00 PM	_____
	Finish Time			05:00 PM	_____