

Cheshire Y/Sea Dog Swim Club

May Distance Meet

Friday, May 11, 2012

Cheshire Community Pool, 520 South Main Street, Cheshire, CT 06410
Held under sanction of USA Swimming and Connecticut Swimming #L12-07

MEET EVENTS

	Name	Email	Phone
Meet Director:	Liz Longmore	elongmore@optonline.net	
Meet Referee:	Mike Smalec	msmalec@cox.net	
Entry Chair:	Dan Mascolo	cdogentries@gmail.com	203-272-3150 x312
Safety Chair:	Jim Neri		
Officials Contact:			

WEBSITE: www.seadogswim.org

POOL EMERGENCY NUMBER: 860-832-3073

MEET CLASSIFICATION: This meet is open to all USA Swimming athletes and clubs.

MEET FORMAT: The meet will be swum as Timed-Final. The 400 IM and 800 Free will be swum fast-to-slow, with the 800 Free alternating heats of women and men.

SCRATCH PROCEDURES: All teams will be provided with a scratch sheet which must be turned in 15 minutes after the start of the warm-up session. After 15 minutes the Meet Director will make an announcement addressing which teams have not turned in their scratch sheets as a final warning. Any team who does not turn in their scratch sheet by the allotted time will be scratched from the meet.

FACILITY: The Cheshire Community Pool is an 8-lane, 50-meter pool. The competition course has not been certified in accordance with 104.2.2C(4). Water depth at start end is: 6ft-12ft. Water depth at turn end is: 4ft. 10-line Daktronics Scoreboard and Electronic Timing System. Deck Seating will be available, bring deck chairs.

DISABLED ACCESS: The facility is accessible to the disabled. Please contact the Meet Director with questions.

COURSE: LCM

SESSION TIMES: Warm Up: 5:00pm
Start: 5:50pm

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect.

ELIGIBILITY: All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete [registration procedures](#). Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

ADAPTED SWIMMING: Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to [Mark Kinne](#), Adapted Athlete Committee Chair.

ENTRY LIMITATIONS: Swimmers may enter up to 2 events.

ENTRY TIMES: Submit entry times in: LCM.

DEADLINES: Entry deadline is Friday, May 4, 2012. All entries must be typed or printed legibly, and must use full names and registration numbers from USA Swimming registration. Date of entry is based on receipt of Electronic Copy of entry.

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at cdogentries@gmail.com. Please check that your team name, address, and contact information are listed correctly in this file. Payment must be received by Friday, May 4, 2012.

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

ENTRY FEES: Electronic entries: \$7.50 for individual events; Manual entries: \$8.50 for individual events. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry

PAYMENT INSTRUCTIONS: Please make checks payable to “STPA” and put “*May Distance*” on the memo line. Checks should be mailed to: Jane Barlok, 360 North Brooksvale Road, Cheshire, CT 06410. Payment must be received by Friday, May 4, 2012.

CUT PROTOCOL for INVITATIONALS: Entries for this meet will be accepted on a first-come, first-served basis using the date of receipt of the electronic entry. Clubs will be notified of changes no later than Monday before the meet.

RESERVE THE RIGHT TO MAKE CHANGES: The meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet, with prior approval from Program Operations. Clubs will be notified of cuts no later than Monday before the meet.

RELAYS: No

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Electronic audio or visual recording devices, including cell phones, are not permitted in changing areas, rest rooms, or locker rooms.

RULES: Current USA Swimming rules will govern all competition.

TIME TRIALS: Time trials will be offered at the discretion of the meet referee if time allows. Time trials are \$7.50/event. Time trial events count toward the total number of event limitations per session. Time Trial events are limited to those events published in this meet announcement.

TIMERS, OFFICIALS OR WORK ASSIGNMENTS: Clubs will be required to supply timers through event 8. Swimmers in the 800 Free will need to provide timers and counters for their races. Participating clubs will be notified of work assignments by the Monday before the meet.

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

SCORING: The meet will not be scored.

AWARDS: No

CONCESSIONS: No

HOSPITALITY FOR COACHES AND OFFICIALS: Yes

PARKING: You may use any of the several lots at Bartlem Park surrounding the Cheshire Community Pool. Overflow parking is available across the street at Cheshire High School.

DIRECTIONS:

FROM 91 NORTH: To exit 10 (Rt.40 ext). Follow to end heading North, take a right onto Rt. 10. Follow Rt. 10 into Cheshire. Pool is on the right across from the High School.

FROM 91 SOUTH: To 691 West. Take exit 3 off 691, Cheshire. At light at the end of ramp, go left, heading south on Rt. 10. Follow Rt. 10 south through Cheshire. Pool is on the left across from the High School.

FROM 84 WEST: To 691 East, take the Cheshire exit. Take a right at the end of the ramp onto Rt. 10 South through Cheshire. Pool is on the left across from the High School.

FROM 84 EAST: To exit 26 (rt. 70). Follow Rt. 70 into Cheshire. At Rt. 10 intersection, take a right, heading South on Rt. 10 through Cheshire Pool is on the left across from the High School.

2012 CDOG May Distance Meet - 5/11/2012**Session Report**

Session: 1 May Distance

Day of Meet: 1 Starts at 05:50 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 11 & Over 400 IM	0	0	05:50 PM	_____
Finals	2 Boys 11 & Over 400 IM	0	0	05:50 PM	_____
Finals	3 Girls 12 & Under 200 Butterfly	0	0	05:50 PM	_____
Finals	4 Boys 12 & Under 200 Butterfly	0	0	05:50 PM	_____
Finals	5 Girls 12 & Under 200 Backstroke	0	0	05:50 PM	_____
Finals	6 Boys 12 & Under 200 Backstroke	0	0	05:50 PM	_____
Finals	7 Girls 12 & Under 200 Breaststroke	0	0	05:50 PM	_____
Finals	8 Boys 12 & Under 200 Breaststroke	0	0	05:50 PM	_____
Finals	9 Girls 11 & Over 800 Freestyle	0	0	05:50 PM	_____
Finals	10 Boys 11 & Over 800 Freestyle	0	0	05:50 PM	_____
	Finish Time			05:50 PM	_____