

Woodbridge Aquatic Club Invitational
June 3 – 5, 2011
Wesleyan University
161 Cross Street, Middletown, CT 06457

Held under sanction of USA Swimming and Connecticut Swimming #L11-14

EVENTS

IMPORTABLE MEET EVENTS

	Name	Email	Phone
Meet Director:	Dave Reilly	dmr123@sbcglobal.net	203-848-0307
Meet Referee:	Julia Shi	julia.shi@yale.edu	203-387-6552
Entry Chair:	Dave Reilly	dmr123@sbcglobal.net	203-848-0307
Safety Chair:	Ken Yanagisawa	dockeny@yahoo.com	
Officials Contact:	Julia Shi		

POOL EMERGENCY NUMBER: 203-484-0307

MEET CLASSIFICATION: This meet is open to all USA Swimming athletes and clubs.

MEET FORMAT: The meet will be swum as timed-final. Friday evening's events will be seeded fastest to slowest. With the exception of the 11-12 400 IMs, all Friday events will be swum in alternating heats of women and men.

SCRATCH PROCEDURES: Scratches will be due 45 minutes prior to the start of each session. After that time, any unsubmitted scratches will remain as entries into that session.

FACILITY: Wesleyan University's Freeman Athletic Center Pool is 8 lanes, 50 meters. Colorado timing will be used. Spectator seating is moderate, but should be ample for this event. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. Colorado electronic timing system. Water depth at start end is 14 ft. and turn end is 4 ft.

DISABLED ACCESS: The Aquatic Center is handicapped accessible, with handicapped viewing area available. Contact the meet director for additional information and/or if special arrangements are required.

COURSE: LCM.

EVENTS: See attached list.

SESSION TIMES:

I. Friday PM:	5:00 Warm-up, 5:45 Start
II. Saturday AM, 12/U:	7:30 Warm-up, 8:25 Start
III. Saturday PM, 13/O 50s:	12:45 Warm-up, 1:50 Start
IV. Saturday PM, 13/O:	12:45 Warm-up, Session Starts immediately upon end of Session 3.
V. Sunday AM, 12/U:	7:30 Warm-up, 8:25 Start
VI. Sunday PM, 13/O:	12:45 Warm-up, 1:50 Start

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect.

ELIGIBILITY: All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See [CT Swimming athlete registration procedures](#). All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

ADAPTED SWIMMING: Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition.

ENTRY LIMITATIONS:

Sessions I and III: 2 events per session. No time trials.

Sessions II, V, VI: 4 events per session, including time trials.

Session IV: 3 events per session, including time trials.

ENTRY TIMES: Submit entry times in LCM.

DEADLINES: Entry deadline is May 20, 2011. Mail hardcopy and payment to the entry chairperson: Dave Reilly, 57 Union Street, Guilford, CT, 06437. All entries must be typed or printed legibly, and must use full names and registration numbers from USA Swimming registration. Entries will be accepted in the order they are received, regardless of delivery method. Email entries are preferred. Payment must be received within 10 days of accepted entry or the entry will be rejected. *After payment only*, entries may be updated until May 31, 2011.

CONNECTICUT-ONLY DEADLINE: The CT deadline is May 19, 2011. CT clubs meeting this deadline will be entered before out of state clubs.

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at dmr123@sbcglobal.net. Please check that your team name, address, and contact information are listed correctly in this file. Please see the above Deadline and Connecticut-Only Deadline for entry deadlines and payment deadlines.

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) Be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

ENTRY FEES: Electronic entries: \$6.00 for individual events. Manual entries: \$10.00 for individual events. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry.

PAYMENT INSTRUCTIONS: Please make checks payable to Woodbridge Aquatic Club and mail to: Dave Reilly, 57 Union Street, Guilford, CT, 06437. Payment must be received no later than 10 days after the receipt of the entry or the entry will be rejected.

CUT PROTOCOL: Friday PM session will be limited to 3.25 hours of competition. All 13/Over sessions will be limited to 4.5 hours of competition. All 12/Under sessions will be limited to 4 hours of competition. Entries for each session will be accepted until the timeline for each session fills. Clubs will be notified within 24 hours of receipt of entry regarding acceptance of that entry.

RESERVE THE RIGHT TO MAKE CHANGES: The meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet, with prior approval from Program Operations. Clubs will be notified of cuts no later than Monday before the meet.

RELAYS: None

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. No electronic devices with cameras are permitted in the locker rooms.

RULES: Current USA Swimming rules will govern all competition.

TIME TRIALS: Time trials will be offered at the discretion of the meet referee if time allows. Time trials are \$10.00 for individual events. Time trial events count toward the total number of event limitations per session.

TIMERS, OFFICIALS OR WORK ASSIGNMENTS: Friday evening session requires that all swimmers provide their own timer. Timing assignments will be published the Tuesday before the meet for the other sessions.

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

SCORING: The meet will not be scored.

AWARDS: No

CONCESSIONS: Yes

HOSPITALITY FOR COACHES AND OFFICIALS: Yes

PARKING: Ample parking is available in various lots on campus.

DIRECTIONS: From North: Take I-91 S to Exit 22 S (left exit). Travel South on Rt. 9 to Middletown. At 2nd light take right onto Rt. 66 W. At junction of Rt. 66 and Rt. 3, turn left onto Vine Street and right onto Cross Street-pool will be immediately on your left. From South: Take I-95 N or the Merritt Parkway to I-91 N to Rt. 66 E. At junction of Rt. 66 and Rt. 3, turn right onto Vine Street, then right onto Cross Street-pool will be immediately on your left.

Woodbridge Aquatic Club Invitational - 6/3/2011 to 6/5/2011
Session Report

Session: 1 Friday PM

Day of Meet: 1 Starts at 05:45 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	1 Girls 11-12 400 IM	0	0	05:45 PM _____
Finals	2 Boys 11-12 400 IM	0	0	05:45 PM _____
Finals	3 Women 400 IM	0	0	05:45 PM _____
Finals	4 Men 400 IM	0	0	05:45 PM _____
Finals	5 Girls 8-12 400 Freestyle	0	0	05:45 PM _____
Finals	6 Boys 8-12 400 Freestyle	0	0	05:45 PM _____
Finals	7 Women 400 Freestyle	0	0	05:45 PM _____
Finals	8 Men 400 Freestyle	0	0	05:45 PM _____
	Finish Time			05:45 PM _____

Session: 2 Saturday AM

Day of Meet: 2 Starts at 08:25 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	9 Girls 12 & Under 50 Freestyle	0	0	08:25 AM _____
Finals	10 Boys 12 & Under 50 Freestyle	0	0	08:25 AM _____
Finals	11 Girls 12 & Under 50 Breaststroke	0	0	08:25 AM _____
Finals	12 Boys 12 & Under 50 Breaststroke	0	0	08:25 AM _____
	Break: 5 Minutes			
Finals	13 Girls 12 & Under 100 Butterfly	0	0	08:30 AM _____
Finals	14 Boys 12 & Under 100 Butterfly	0	0	08:30 AM _____
Finals	15 Girls 12 & Under 100 Backstroke	0	0	08:30 AM _____
Finals	16 Boys 12 & Under 100 Backstroke	0	0	08:30 AM _____
Finals	17 Girls 12 & Under 200 Breaststroke	0	0	08:30 AM _____
Finals	18 Boys 12 & Under 200 Breaststroke	0	0	08:30 AM _____
Finals	19 Girls 12 & Under 200 Freestyle	0	0	08:30 AM _____
Finals	20 Boys 12 & Under 200 Freestyle	0	0	08:30 AM _____
	Finish Time			08:30 AM _____

Session: 3 Saturday 13/O 50s

Day of Meet: 2 Starts at 01:50 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	21 Women 13 & Over 50 Breaststroke	0	0	01:50 PM _____
Finals	22 Men 13 & Over 50 Breaststroke	0	0	01:50 PM _____
Finals	23 Women 13 & Over 50 Freestyle	0	0	01:50 PM _____
Finals	24 Men 13 & Over 50 Freestyle	0	0	01:50 PM _____
Finals	25 Women 13 & Over 50 Backstroke	0	0	01:50 PM _____
Finals	26 Men 13 & Over 50 Backstroke	0	0	01:50 PM _____
Finals	27 Women 13 & Over 50 Butterfly	0	0	01:50 PM _____
Finals	28 Men 13 & Over 50 Butterfly	0	0	01:50 PM _____
	Finish Time			01:50 PM _____

Woodbridge Aquatic Club Invitational - 6/3/2011 to 6/5/2011
Session Report

Session: 4 Saturday PM

Day of Meet: 2 Starts at 02:45 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	29 Women 13 & Over 100 Breaststroke	0	0	02:45 PM	_____
Finals	30 Men 13 & Over 100 Breaststroke	0	0	02:45 PM	_____
Finals	31 Women 13 & Over 100 Butterfly	0	0	02:45 PM	_____
Finals	32 Men 13 & Over 100 Butterfly	0	0	02:45 PM	_____
Finals	33 Women 13 & Over 200 Backstroke	0	0	02:45 PM	_____
Finals	34 Men 13 & Over 200 Backstroke	0	0	02:45 PM	_____
Finals	35 Girls 13 & Over 200 Freestyle	0	0	02:45 PM	_____
Finals	36 Boys 13 & Over 200 Freestyle	0	0	02:45 PM	_____
	Finish Time			02:45 PM	_____

Session: 5 Sunday AM

Day of Meet: 3 Starts at 08:25 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	37 Girls 12 & Under 50 Butterfly	0	0	08:25 AM	_____
Finals	38 Boys 12 & Under 50 Butterfly	0	0	08:25 AM	_____
Finals	39 Girls 12 & Under 50 Backstroke	0	0	08:25 AM	_____
Finals	40 Boys 12 & Under 50 Backstroke	0	0	08:25 AM	_____
	Break: 5 Minutes				
Finals	41 Girls 12 & Under 200 IM	0	0	08:30 AM	_____
Finals	42 Boys 12 & Under 200 IM	0	0	08:30 AM	_____
Finals	43 Girls 12 & Under 100 Breaststroke	0	0	08:30 AM	_____
Finals	44 Boys 12 & Under 100 Breaststroke	0	0	08:30 AM	_____
Finals	45 Girls 12 & Under 200 Butterfly	0	0	08:30 AM	_____
Finals	46 Boys 12 & Under 200 Butterfly	0	0	08:30 AM	_____
Finals	47 Girls 12 & Under 200 Backstroke	0	0	08:30 AM	_____
Finals	48 Boys 12 & Under 200 Backstroke	0	0	08:30 AM	_____
Finals	49 Girls 12 & Under 100 Freestyle	0	0	08:30 AM	_____
Finals	50 Boys 12 & Under 100 Freestyle	0	0	08:30 AM	_____
	Finish Time			08:30 AM	_____

Woodbridge Aquatic Club Invitational - 6/3/2011 to 6/5/2011
Session Report

Session: 6 Sunday PM

Day of Meet: 3 Starts at 01:50 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	51 Women 13 & Over 100 Freestyle	0	0	01:50 PM	_____
Finals	52 Men 13 & Over 100 Freestyle	0	0	01:50 PM	_____
Finals	53 Women 13 & Over 200 Breaststroke	0	0	01:50 PM	_____
Finals	54 Men 13 & Over 200 Breaststroke	0	0	01:50 PM	_____
Finals	55 Women 13 & Over 200 Butterfly	0	0	01:50 PM	_____
Finals	56 Men 13 & Over 200 Butterfly	0	0	01:50 PM	_____
Finals	57 Women 13 & Over 100 Backstroke	0	0	01:50 PM	_____
Finals	58 Men 13 & Over 100 Backstroke	0	0	01:50 PM	_____
Finals	59 Women 13 & Over 200 IM	0	0	01:50 PM	_____
Finals	60 Men 13 & Over 200 IM	0	0	01:50 PM	_____
	Finish Time			01:50 PM	_____