

# SoNoCo Swim Club 13 & Over Invite

**June 11, 2011**

Veterans Memorial Pool  
575 Pleasant Valley Road  
South Windsor, CT 06074

Held under sanction of USA Swimming and Connecticut Swimming #L11-18

## EVENTS

### IMPORTABLE MEET EVENTS

	<b>Name</b>	<b>Email</b>	<b>Phone</b>
Meet Director:	Bill Ball	<a href="mailto:ballb@ccsu.edu">ballb@ccsu.edu</a>	860-832-3073
Meet Referee:	Mike Huffman	<a href="mailto:michael.huffman@thehartford.com">michael.huffman@thehartford.com</a>	860-539-9895
Entry Chair:	Bill Ball	<a href="mailto:ballb@ccsu.edu">ballb@ccsu.edu</a>	860-832-3073
Safety Chair:	Jaime Krajewski	<a href="mailto:jaime.Krajewski@southwindsor.org">jaime.Krajewski@southwindsor.org</a>	860-305-7558
Officials Contact:	Mike Huffman	<a href="mailto:michael.huffman@thehartford.com">michael.huffman@thehartford.com</a>	860-539-9895

**WEBSITE:** <http://www.sonocoaquatics.org>

**POOL EMERGENCY NUMBER:** 860-289-1333

**MEET CLASSIFICATION:** This meet is open to USA Swimming member athletes and coaches.

**MEET FORMAT:** The meet will be swum as timed finals.

**SCRATCH PROCEDURES:** Scratches will be due no later than 30 minutes prior to the start of the session.

**FACILITY:** The South Windsor facility is an 8 lane 50 meter facility with an additional 8 lane 25 yard pool. Ample deck and lawn space for spectators and athletes. This facility does not have an electronic timing system, therefore watches will be used. The competition course has not been certified in accordance with 104.2.2C(4). Water depth at start end is: 4.5 feet. Water depth at turn end is: 4.5 feet.

**DISABLED ACCESS:** Handicapped parking is located immediately outside the main entrance to the pool. Handicap access to the locker room facilities is on deck level. Locker rooms and spectator areas are handicap accessible.

**COURSE:** LCM.

**EVENTS:** See attached list.

**SESSION TIMES:** 7:30am Warm-Up, 8:15am Start

**WARM-UPS:** CT Swimming Warm-Up Procedures will be in effect.

**ELIGIBILITY:** All athletes must be current athlete members of USA Swimming and be at least 13 years of age. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete [registration procedures](#). Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

**ADAPTED SWIMMING:** Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition.

**EVENT INFORMATION:** Deck Entries will not be accepted.

**ENTRY LIMITATIONS:** Swimmers may enter up to 5 events per day.

**ENTRY TIMES:** Submit entry times in: LCM. No Times are discouraged.

**DEADLINES:** Entry deadline is Monday June 6, 2011. Mail hardcopy and payment to the entry chairperson: Bill Ball at 309 Village Hill Road, Willington, CT 06279. All entries must be typed or printed legibly, and must use full names and registration numbers from USA Swimming registration. Date of entries will be determined by the date payment is received.

**CONNECTICUT-ONLY DEADLINE:** May 30, 2011. CT clubs meeting this deadline will be entered before out of state clubs.

**ELECTRONIC ENTRIES:** Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at [ballb@ccsu.edu](mailto:ballb@ccsu.edu). Please check that your team name, address, and contact information are listed correctly in this file. Payment for entries is due by the entry deadline; teams are not considered entered until payment is received.

**ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION:** Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

**ENTRY FEES:** Electronic entries: \$8.00 for individual events. Manual entries: \$10.00 for individual events. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry.

**PAYMENT INSTRUCTIONS:** Please make checks payable to SoNoCo Swim Club and mail to: Bill Ball, 309 Village Hill Road, Willington, CT 06279. Payment must be received by June 6, 2011.

**CUT PROTOCOL for INVITATIONALS:** Entries will be accepted on a first come first served basis until the meet is full. Clubs will be notified of cuts no later than Monday before the meet.

**RESERVE THE RIGHT TO MAKE CHANGES:** The meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet, with prior approval from Program Operations. Clubs will be notified of cuts no later than Monday before the meet.

**RELAYS:** No Relays will be offered at this meet.

**SAFETY:**

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. No electronic devices with cameras are permitted in the locker rooms.

**RULES:** Current USA Swimming rules will govern all competition.

**TIME TRIALS:** No Time Trials will be offered.

**TIMERS, OFFICIALS OR WORK ASSIGNMENTS:** Work assignments will be based on team entries and all teams will be notified of work assignments via email on the Wednesday prior to the meet.

**DECK ACCESS:** Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

**SCORING:** The meet will not be scored.

**AWARDS:** No awards will be given at this meet.

**CONCESSIONS:** Yes

**HOSPITALITY FOR COACHES AND OFFICIALS:** Yes

**PARKING:** Ample parking is available in front of and behind the swimming facility.

**DIRECTIONS:** <http://recreation.southwindsor.org/aquatics/index> - Listed under pool contact info

**13 & Over Invite - 6/11/2011****Session Report**

Session: 1 AM Session

Day of Meet: 1 Starts at 08:15 AM Heat Interval: 15 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>
Finals	1 Girls 13-14 50 Freestyle	0	0	08:15 AM _____
Finals	2 Boys 13-14 50 Freestyle	0	0	08:15 AM _____
Finals	3 Girls 15 & Over 50 Freestyle	0	0	08:15 AM _____
Finals	4 Boys 15 & Over 50 Freestyle	0	0	08:15 AM _____
Finals	5 Girls 13-14 100 Butterfly	0	0	08:15 AM _____
Finals	6 Boys 13-14 100 Butterfly	0	0	08:15 AM _____
Finals	7 Girls 15 & Over 100 Butterfly	0	0	08:15 AM _____
Finals	8 Boys 15 & Over 100 Butterfly	0	0	08:15 AM _____
Finals	9 Girls 13-14 100 Backstroke	0	0	08:15 AM _____
Finals	10 Boys 13-14 100 Backstroke	0	0	08:15 AM _____
Finals	11 Girls 15 & Over 100 Backstroke	0	0	08:15 AM _____
Finals	12 Boys 15 & Over 100 Backstroke	0	0	08:15 AM _____
Finals	13 Girls 13-14 100 Breaststroke	0	0	08:15 AM _____
Finals	14 Boys 13-14 100 Breaststroke	0	0	08:15 AM _____
Finals	15 Girls 15 & Over 100 Breaststroke	0	0	08:15 AM _____
Finals	16 Boys 15 & Over 100 Breaststroke	0	0	08:15 AM _____
Finals	17 Girls 13-14 100 Freestyle	0	0	08:15 AM _____
Finals	18 Boys 13-14 100 Freestyle	0	0	08:15 AM _____
Finals	19 Girls 15 & Over 100 Freestyle	0	0	08:15 AM _____
Finals	20 Boys 15 & Over 100 Freestyle	0	0	08:15 AM _____
Finals	21 Girls 13-14 200 IM	0	0	08:15 AM _____
Finals	22 Boys 13-14 200 IM	0	0	08:15 AM _____
Finals	23 Girls 15 & Over 200 IM	0	0	08:15 AM _____
Finals	24 Boys 15 & Over 200 IM	0	0	08:15 AM _____
Finals	25 Girls 13-14 200 Butterfly	0	0	08:15 AM _____
Finals	26 Boys 13-14 200 Butterfly	0	0	08:15 AM _____
Finals	27 Girls 15 & Over 200 Butterfly	0	0	08:15 AM _____
Finals	28 Boys 15 & Over 200 Butterfly	0	0	08:15 AM _____
Finals	29 Girls 13-14 200 Backstroke	0	0	08:15 AM _____
Finals	30 Boys 13-14 200 Backstroke	0	0	08:15 AM _____
Finals	31 Girls 15 & Over 200 Backstroke	0	0	08:15 AM _____
Finals	32 Boys 15 & Over 200 Backstroke	0	0	08:15 AM _____
Finals	33 Girls 13-14 200 Breaststroke	0	0	08:15 AM _____
Finals	34 Boys 13-14 200 Breaststroke	0	0	08:15 AM _____
Finals	35 Girls 15 & Over 200 Breaststroke	0	0	08:15 AM _____
Finals	36 Boys 15 & Over 200 Breaststroke	0	0	08:15 AM _____
Finals	37 Girls 13-14 200 Freestyle	0	0	08:15 AM _____
Finals	38 Boys 13-14 200 Freestyle	0	0	08:15 AM _____
Finals	39 Girls 15 & Over 200 Freestyle	0	0	08:15 AM _____
Finals	40 Boys 15 & Over 200 Freestyle	0	0	08:15 AM _____
	Finish Time			08:15 AM _____