

**GMSC Summer Kick-Off**  
**Long Course Age Group Qualifier**  
**June 17-19, 2011**

University of Connecticut, Wolff-Zackin Natatorium, 2095 Hillcrest Road, Storrs, CT 06269

Held under sanction of USA Swimming and Connecticut Swimming #L11-34

**EVENTS**

**IMPORTABLE MEET EVENTS**

	<b>Name</b>	<b>Email</b>	<b>Phone</b>
<b>Meet Director:</b>	Jackie Mitchell	<a href="mailto:jackiem@badgerbalm.com">jackiem@badgerbalm.com</a>	(603) 801-4752
<b>Meet Referee:</b>	Bob Menck	<a href="mailto:rmenck@ne.rr.com">rmenck@ne.rr.com</a>	(603) 357-9638
<b>Entry Chair:</b>	Cheryl Johnson	<a href="mailto:ckcjohnson@gmail.com">ckcjohnson@gmail.com</a>	(978) 874-6239
<b>Safety Chair:</b>	Jane Cheney	<a href="mailto:jagcheney@verizon.net">jagcheney@verizon.net</a>	(978) 632-9561
<b>Officials Contact:</b>	Bob Menck	<a href="mailto:rmenck@ne.rr.com">rmenck@ne.rr.com</a>	(603) 357-9638

**WEBSITE:** <http://www.greenwoodswim.com>

**POOL EMERGENCY NUMBER:** (860) 486-4800 Campus Police

**MEET CLASSIFICATION:** This meet is open to all USA Swimming athletes and clubs.

**MEET FORMAT:** The meet will be swum as Timed-Final. Events will be swum slow-to-fast.

**SCRATCH PROCEDURES:** Coaches will be given scratch sheets upon arrival and check in. Scratch Sheets will be due 30 min prior to the start of a session. Scratches known in advance can be emailed to the entry chair up to Noon on Thursday, June 16<sup>th</sup>.

**FACILITY:** The Wolff-Zackin Natatorium pool is a six-lane, 50-meter pool with non-turbulent lane lines. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. The pool is equipped with a Colorado Timing System, touch pads and an electronic scoreboard. The pool is located on the University of Connecticut campus in Storrs, CT, at the intersection of Hillside Road and Stadium Road. Spectator seating is available for approximately 800 spectators, including wheelchair accessible spectator area and entrance.

**DISABLED ACCESS:** Handicapped parking and pool deck and locker room access are available through the rear entrances of the pool. Contact the Meet Director for more information and special arrangements.

**COURSE:** LCM.

**EVENTS:** See attached list.

**SESSION TIMES:**

<b>SESSIONS</b>	<b><u>Warm-up</u></b>	<b><u>Start</u></b>
Friday Evening:	4:00 PM	5:00 PM
Saturday & Sunday Morning Sessions:	7:00 AM	8:30 AM
Saturday & Sunday Afternoon Sessions:	1:00 PM	2:30 PM

**WARM-UPS:** CT Swimming Warm-Up Procedures will be in effect. Teams will be assigned warm-up lanes and times after all entries are received. There will be open warm-ups on Friday night with assigned warm-ups on both Saturday and Sunday.

**ELIGIBILITY:** All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete registration procedures. Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

**ADAPTED SWIMMING:** Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition.

**ENTRY LIMITATIONS:** Athletes may enter and swim in a maximum of four (4) events per day, with the exception of the Friday Evening session for which they may enter and swim in a maximum of one (1) event. **The fourth event (on Saturday and Sunday) for each swimmer must be circled on the hardcopy of your entry.**

**ENTRY TIMES:** Submit entry times in: LCM. Yard times must be converted to meter times. No Times are discouraged. Coach's times are preferred for swimmers without a previous time. Entry times may be updated until June 10, 2011. Entry time updates should be sent via email to ckcjohnson@gmail.com. Entry time updates must be sent in electronic format (Hy-Tek ZIP).

**DEADLINES:** Entry deadline is June 3, 2011. Mail hardcopy and payment to the entry chairperson: Cheryl Johnson, P.O. Box 360, Westminster, MA 01473. All entries must be typed or printed legibly, and must use full names and registration numbers from USA Swimming registration. The email entry date shall determine the date of each entry *provided* that the hardcopy and payment for the entry is received within five business days of the date of the emailed entry. If the complete payment and the accompanying hardcopy are not received within the required five business day time limit, then the entire team will be withdrawn from the meet and the entry returned as not accepted, thus requiring that team to re-enter the meet in order to establish a new entry date.

**CONNECTICUT-ONLY DEADLINE:** CT deadline is May 13, 2011. CT clubs meeting this deadline will be entered before out of state clubs. After May 13, other CT club and non-CT club team entries will be accepted as space is available, but all entries must be received no later than June 3, 2011. The email entry date shall determine the date of each entry *provided* that the hardcopy and payment for the entry is received within five business days of the date of the emailed entry.

**ELECTRONIC ENTRIES:** Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at ckcjohnson@gmail.com. Please check that your team name, address, and contact information are listed correctly in this file. The email entry date shall determine the date of each entry *provided* that the hardcopy and payment for the entry is received within five business days of the date of the emailed entry. Please refer to "Deadlines" for complete description of entry date determination. **The fourth event (on Saturday and Sunday) for each swimmer must be circled on the hardcopy of your entry.**

**ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION:** Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck.

Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

**ENTRY FEES:** Electronic entries: \$5.00 for individual events and \$7.00 for distance events of 400 meters or more. Manual entries: \$5.50 for individual events and \$7.50 for distance events. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry.

**PAYMENT INSTRUCTIONS:** Please make checks payable to Greenwood Memorial Swim Club and mail to: Cheryl Johnson P.O. Box 360, Westminster, MA 01473. Payment must be received by June 3, 2011.

**CUT PROTOCOL:** GMSC will limit the session times to 4-4.5 hours. If necessary, teams in reverse order of date of receipt will cut the fourth event for their swimmers until the timeline is within the time target. **The fourth event (on Saturday and Sunday) for each swimmer must be circled on the hardcopy of your entry.** If the timeline remains unsatisfactory, teams will be cut based on date of receipt. For distance events (400 meters and above), GMSC reserves the right to make entry cuts by time. Entry fees for mandated cuts will be returned. Clubs will be notified of cuts no later than Monday before the meet.

**RESERVE THE RIGHT TO MAKE CHANGES:** The meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet, with prior approval from Program Operations. Clubs will be notified of cuts no later than Monday before the meet.

**SAFETY:**

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. No electronic devices with cameras are permitted in the locker rooms.

**RULES:** Current USA Swimming rules will govern all competition.

**TIME TRIALS:** Time trials will be offered at the discretion of the meet referee if time allows. Time trials are \$10.00 for individual events. Time trial events count toward the total number of event limitations per session.

**TIMERS, OFFICIALS OR WORK ASSIGNMENTS:** Teams will be required to supply back-up timers in proportion to the size of their entry. Swimmers for Friday night distance events are required to provide their own timers and counters. In addition, all swimmers will be required to provide their own timers for the 400 events on Saturday and Sunday. Please include with your entry a list of your team's eligible officials, their phone numbers, and the session(s) they are available to work. Volunteer officials are encouraged to contact Bob Menck at [rmenck@ne.rr.com](mailto:rmenck@ne.rr.com) before the day of the meet. Timing assignments will be adjusted for Teams who help provide officials, if the names of the officials are given to either the Meet Director or the Meet Referee by June 1st. Team warm-up lane assignments and timer/official goals will be emailed to team contacts prior to the meet, posted at the meet, and included in the coach's packet.

**DECK ACCESS:** Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

**SCORING:** The meet will not be scored.

**AWARDS:** There will be no awards.

**CONCESSIONS:** A concession stand will be in operation for the duration of the meet.

**HOSPITALITY FOR COACHES AND OFFICIALS:** A hospitality area for coaches and officials will be in operation for the duration of the meet.

**MISCELLANEOUS:** There is no admission charge for this meet. Heat sheets for each session will be \$3.00. There may be a swimming equipment vendor selling suits, goggles, and other accessories one day of the meet. The University of Connecticut, Connecticut Swimming, and the Greenwood Memorial Swim Club assume no responsibility for lost or stolen property. Pets of any kind and smoking are not permitted within the facility. Any swimmer found to wander beyond what is considered the pool boundary may be disqualified from the balance of the meet. All participating teams will be given details of pool boundaries.

**PARKING:** There is ample parking available in the parking garage adjacent to the Wolff-Zackin Natatorium. *Do not park on the street in front of the pool facility. You will be towed.*

**DIRECTIONS:** The Wolff-Zackin Natatorium is located on the University of Connecticut campus at the corner of Hillside Road and Stadium Road. Use the following street address to get directions from MapQuest or other internet mapping services: 2095 Hillside Road, Storrs, CT.

**FROM HARTFORD:** Take I-84 east to exit (68). Off the exit take a right on Rte. 195 south and follow signs to the university. Once on the campus go right on North Eagleville Road. Follow ½ mile to first light. Take left onto Hillside Road and pool is approximately one mile on the right next to the basketball arena.

**FROM BOSTON:** Approximately one and half-hours from Boston, take Mass Pike to Exit 9 and I-84 west to exit (68). Off the exit take a left on Rte. 195 south and follow signs to the university. Once on the campus go right on North Eagleville Road. Follow ½ mile to first light. Take left onto Hillside Road and pool is approximately one mile on the right next to the basketball arena.

**LODGING:** The following hotels and motels are in the area:

Nathan Hale Inn – (860) 427-7888 – Storrs – On Campus  
Best Western Regent Inn - (860) 423-8451 - Mansfield Ctr. - 6.8 miles  
Sleep Inn - (860) 684-1400 - Willington - 7.3 miles  
Comfort Inn - (860) 871-2432 - Vernon - 15 miles  
Holiday Inn Express - (860) 648-2000 - Vernon - 15 miles  
Howard Johnson's Express - (800) 654-2000 - Vernon - 15 miles  
Quality Inn - (800) 235-4667 - Vernon - 15 miles  
Clarion Suites - (860) 643-5811 - Manchester - 17 miles  
Courtyard - (860) 533-8484 - Manchester - 17 miles  
Super 8 - (860) 643-1864 – Manchester - 17 miles

**2011 GMSC Summer Kickoff LC AG Qualifier - 6/17/2011 to 6/19/2011****Session Report**

Session: 1 Friday Night

Day of Meet: 1 Starts at 05:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>
Finals	1 Girls 12 & Under 400 Freestyle
Finals	2 Boys 12 & Under 400 Freestyle
Finals	3 Girls 11 & Over 800 Freestyle
Finals	4 Boys 11 & Over 800 Freestyle

Session: 2 Saturday Morning: 12 &amp; Under

Day of Meet: 2 Starts at 08:30 AM Heat Interval: 15 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>
Finals	5 Girls 12 & Under 200 Freestyle
Finals	6 Boys 12 & Under 200 Freestyle
Finals	7 Girls 12 & Under 50 Freestyle
Finals	8 Boys 12 & Under 50 Freestyle
Finals	9 Girls 12 & Under 100 Butterfly
Finals	10 Boys 12 & Under 100 Butterfly
Finals	11 Girls 11-12 200 Backstroke
Finals	12 Boys 11-12 200 Backstroke
Finals	13 Girls 12 & Under 50 Backstroke
Finals	14 Boys 12 & Under 50 Backstroke
Finals	15 Girls 12 & Under 100 Breaststroke
Finals	16 Boys 12 & Under 100 Breaststroke
Finals	17 Girls 11-12 400 IM
Finals	18 Boys 11-12 400 IM

Session: 3 Saturday Afternoon: 13 &amp; Over

Day of Meet: 2 Starts at 02:30 PM Heat Interval: 15 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>
Finals	19 Girls 13 & Over 200 Freestyle
Finals	20 Boys 13 & Over 200 Freestyle
Finals	21 Girls 13 & Over 200 Butterfly
Finals	22 Boys 13 & Over 200 Butterfly
Finals	23 Girls 13 & Over 100 Backstroke
Finals	24 Boys 13 & Over 100 Backstroke
Finals	25 Girls 13 & Over 200 Breaststroke
Finals	26 Boys 13 & Over 200 Breaststroke
Finals	27 Girls 13 & Over 50 Freestyle
Finals	28 Boys 13 & Over 50 Freestyle
Finals	29 Girls 13 & Over 400 IM
Finals	30 Boys 13 & Over 400 IM

**2011 GMSC Summer Kickoff LC AG Qualifier - 6/17/2011 to 6/19/2011****Session Report**

Session: 4 Sunday Morning: 12 &amp; Under

Day of Meet: 3 Starts at 08:30 AM Heat Interval: 15 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>
Finals	31 Girls 12 & Under 200 IM
Finals	32 Boys 12 & Under 200 IM
Finals	33 Girls 12 & Under 50 Butterfly
Finals	34 Boys 12 & Under 50 Butterfly
Finals	35 Girls 11-12 200 Butterfly
Finals	36 Boys 11-12 200 Butterfly
Finals	37 Girls 12 & Under 100 Backstroke
Finals	38 Boys 12 & Under 100 Backstroke
Finals	39 Girls 12 & Under 50 Breaststroke
Finals	40 Boys 12 & Under 50 Breaststroke
Finals	41 Girls 11-12 200 Breaststroke
Finals	42 Boys 11-12 200 Breaststroke
Finals	43 Girls 12 & Under 100 Freestyle
Finals	44 Boys 12 & Under 100 Freestyle

Session: 5 Sunday Afternoon: 13 &amp; Over

Day of Meet: 3 Starts at 02:30 PM Heat Interval: 15 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>
Finals	45 Girls 13 & Over 200 IM
Finals	46 Boys 13 & Over 200 IM
Finals	47 Girls 13 & Over 100 Butterfly
Finals	48 Boys 13 & Over 100 Butterfly
Finals	49 Girls 13 & Over 200 Backstroke
Finals	50 Boys 13 & Over 200 Backstroke
Finals	51 Girls 13 & Over 100 Breaststroke
Finals	52 Boys 13 & Over 100 Breaststroke
Finals	53 Girls 13 & Over 100 Freestyle
Finals	54 Boys 13 & Over 100 Freestyle
Finals	55 Girls 13 & Over 400 Freestyle
Finals	56 Boys 13 & Over 400 Freestyle