

2024 SC Regional Time Standards

10/U GIRLS

10/U BOYS

SCY		LCM		Event	LCM		SCY	
MAX	MIN	MAX	MIN		MAX	MIN	MAX	MIN
32.89	----	35.99	----	50 Free	36.59	----	33.19	----
1:13.39	----	1:21.19	----	100 Free	1:21.99	----	1:13.99	----
2:44.79	----	2:57.39	----	200 Free	2:58.39	----	2:44.79	----
7:12.99	8:24.99	6:30.49	7:35.29	400/500 Free	6:30.19	7:29.39	7:12.99	8:16.39
38.69	----	43.09	----	50 Back	44.49	----	38.89	----
1:24.29	----	1:34.69	----	100 Back	1:36.49	----	1:25.49	----
43.99	----	49.49	----	50 Breast	51.89	----	45.49	----
1:36.29	----	1:49.39	----	100 Breast	1:53.79	----	1:40.69	----
37.99	----	41.99	----	50 Fly	42.49	----	38.79	----
1:30.59	----	1:43.09	----	100 Fly	1:45.89	----	1:31.49	----
1:23.99	----	N/A	----	100 IM	N/A	----	1:25.49	----
3:05.99	----	3:24.79	----	200 IM	3:24.79	----	3:05.99	----

11-12 Girls

11-12 Boys

28.73	----	32.69	----	50 Free	32.59	----	28.56	----
1:03.09	----	1:11.69	----	100 Free	1:11.59	----	1:02.99	----
2:17.49	----	2:35.89	----	200 Free	2:35.89	----	2:17.49	----
6:07.59	7:28.09	5:29.09	6:40.19	400/500 Free	5:29.09	6:40.19	6:07.59	7:28.09
20:02.99	24:18.19	20:39.79	25:20.59	1650/1500 Free	19:48.39	25:20.59	19:07.59	24:18.19
33.09	----	37.39	----	50 Back	37.79	----	33.49	----
1:11.39	----	1:20.49	----	100 Back	1:21.79	----	1:12.59	----
2:36.29	----	2:55.89	----	200 Back	2:58.49	----	2:38.59	----
37.39	----	42.59	----	50 Breast	43.19	----	37.99	----
1:21.89	----	1:32.99	----	100 Breast	1:34.49	----	1:23.29	----
2:57.59	----	3:21.19	----	200 Breast	3:26.59	----	3:02.49	----
31.29	----	35.49	----	50 Fly	37.39	----	32.99	----
1:12.69	----	1:22.09	----	100 Fly	1:23.69	----	1:14.09	----
2:54.19	----	3:15.09	----	200 Fly	3:21.99	----	2:59.49	----
1:12.09	----	N/A	----	100 IM	N/A	----	1:13.09	----
2:35.99	----	2:56.39	----	200 IM	2:55.49	----	2:36.99	----
5:11.69	6:10.29	5:52.38	7:06.99	400 IM	5:44.99	7:06.99	4:53.09	6:10.29

13/14 Girls

13/14 Boys

26.69	----	30.49	----	50 Free	29.69	----	25.29	----
57.99	----	1:05.99	----	100 Free	1:04.09	----	56.29	----
2:07.09	----	2:25.89	----	200 Free	2:15.39	----	1:59.09	----
5:45.99	6:55.69	5:08.79	6:14.19	400/500 Free	4:55.79	6:00.89	5:31.39	6:38.49
20:02.99	24:18.19	20:39.79	25:20.59	1500/1650 Free	19:48.39	25:20.59	19:07.59	24:18.19
1:05.19	----	1:13.59	----	100 Back	1:11.09	----	1:02.89	----
2:21.29	----	2:40.09	----	200 Back	2:33.39	----	2:15.29	----
1:15.49	----	1:26.99	----	100 Breast	1:21.19	----	1:11.29	----
2:44.59	----	3:06.69	----	200 Breast	2:56.49	----	2:36.09	----
1:05.49	----	1:14.09	----	100 Fly	1:09.89	----	1:01.69	----
2:33.29	----	2:52.99	----	200 Fly	2:47.99	----	2:28.79	----
2:22.69	----	2:41.59	----	200 IM	2:35.39	----	2:17.09	----
5:11.69	6:10.29	5:52.38	7:06.99	400 IM	5:44.99	7:06.99	4:53.09	6:10.29

15-18 Girls

15-18 Boys

15-18 Girls				15-18 Boys				
SCY		LCM		Event	LCM		SCY	
MAX	MIN	MAX	MIN		MAX	MIN	MAX	MIN
25.79	----	29.29	----	50 Free	26.79	----	23.49	----
55.69	----	1:02.89	----	100 Free	58.09	----	50.79	----
2:00.79	----	2:16.39	----	200 Free	2:06.59	----	1:51.49	----
5:20.99	6:44.49	4:48.17	6:02.99	400/500 Free	4:35.99	5:39.79	5:01.79	6:18.09
18:35.19	23:17.59	19:02.39	24:00.79	1500/1650 Free	18:59.99	22:35.39	18:00.69	21:59.29
1:02.39	----	1:10.39	----	100 Back	1:08.99	----	58.29	----
2:15.79	----	2:32.99	----	200 Back	2:29.59	----	2:07.79	
1:12.69	----	1:21.69	----	100 Breast	1:18.99	----	1:06.09	
2:36.79	----	2:57.09	----	200 Breast	2:52.99	----	2:28.99	----
1:01.69	----	1:09.59	----	100 Fly	1:04.99	----	56.99	
2:20.29	----	2:39.29	----	200 Fly	2:29.59	----	2:12.99	----
2:16.19	----	2:32.89	----	200 IM	2:26.79	----	2:05.59	
4:52.19	6:00.29	5:33.29	6:53.29	400 IM	5:16.29	6:22.19	4:33.79	5:32.89