

Time Standards will be the same as the 2019 CSI Long Course Senior Championship for LCM with appropriate converted time standards available for SCY and SCM. The qualifying period will be from January 1, 2019 through the entry deadline for the 2021 meet. All entries will be converted to LCM for seeding of the competition. The meet will only be open to CSI Registered athletes and will not require any in season meets for eligibility. Athletes may enter up to 6 Individual Events. There will be no bonus swims. Time Standards:

2021 CSI Long Course Senior Championship

	Women		Event	Men		
SCM	SCY	LCM		LCM	SCY	SCM
28.59	25.59	29.09	50 Freestyle	26.59	23.19	26.09
1:02.19	55.79	1:03.09	100 Freestyle	57.79	50.49	56.89
2:15.29	2:00.49	2:16.29	200 Freestyle	2:06:59	1:50.79	2:05.59
4:45.99	5:22.29	4:49.79	400 Freestyle	4:30.79	5:01.99	4:26.99
9:53.09	11:22.99	10:04.39	800 Freestyle	9:36:19	10:42.49	9:24.89
19:06.39	19:08.89	19:26.39	1500 Freestyle	18:26.99	17:59.31	18:06.99
1:11.39	1:03.69	1:12.89	100 Backstroke	1:07.19	57.44	1:05.69
2:34.59	2:16.29	2:36.09	200 Backstroke	2:28.79	2:07.19	2:27.29
1:08.29	1:01.69	1:09.59	100 Butterfly	1:03.19	55.49	1:01.89
2:40.49	2:25.99	2:43.79	200 Butterfly	2:29.59	2:11.09	2:26.29
1:22.79	1:14.19	1:24.29	100 Breaststroke	1:16.79	1:06.49	1:15.29
2:57.59	2:40.79	3:01.09	200 Breaststroke	2:48.79	2:26.49	2:45.29
2:29.49	2:18.19	2:37.59	200 Individual Medley	2:24.59	2:05.39	2:16.49
5:21.19	4:51.29	5:32.49	400 Individual Medley	5:14.09	4:31.69	5:02.79