

2023 SC Age Group Time Standards

10/U GIRLS

10/U BOYS

| SCY | LCM | Event | LCM | SCY |
|---------|---------|--------------|---------|---------|
| 32.89 | 35.99 | 50 Free | 36.59 | 33.19 |
| 1:13.39 | 1:21.19 | 100 Free | 1:21.99 | 1:13.99 |
| 2:44.79 | 2:57.39 | 200 Free | 2:58.39 | 2:44.79 |
| 7:12.99 | 6:30.49 | 400/500 Free | 6:30.19 | 7:12.99 |
| 38.69 | 43.09 | 50 Back | 44.49 | 38.89 |
| 1:24.29 | 1:34.69 | 100 Back | 1:36.49 | 1:25.49 |
| 43.99 | 49.49 | 50 Breast | 51.89 | 45.49 |
| 1:36.29 | 1:49.39 | 100 Breast | 1:53.79 | 1:40.69 |
| 37.99 | 41.99 | 50 Fly | 42.49 | 38.79 |
| 1:30.59 | 1:43.09 | 100 Fly | 1:45.89 | 1:31.49 |
| 1:23.99 | N/A | 100 IM | N/A | 1:25.49 |
| 3:05.99 | 3:24.79 | 200 IM | 3:24.79 | 3:05.99 |

11-12 Girls

11-12 Boys

| SCY | LCM | Event | LCM | SCY |
|---------|---------|------------|---------|---------|
| 28.73 | 32.69 | 50 Free | 32.59 | 28.56 |
| 1:03.09 | 1:11.69 | 100 Free | 1:11.59 | 1:02.99 |
| 2:17.49 | 2:35.89 | 200 Free | 2:35.89 | 2:17.49 |
| 6:07.59 | 5:29.09 | 400/500 | 5:29.09 | 6:07.59 |
| 33.09 | 37.39 | 50 Back | 37.79 | 33.49 |
| 1:11.39 | 1:20.49 | 100 Back | 1:21.79 | 1:12.59 |
| 2:36.29 | 2:55.89 | 200 Back | 2:58.49 | 2:38.59 |
| 37.39 | 42.59 | 50 Breast | 43.19 | 37.99 |
| 1:21.89 | 1:32.99 | 100 Breast | 1:34.49 | 1:23.29 |
| 2:57.59 | 3:21.19 | 200 Breast | 3:26.59 | 3:02.49 |
| 31.29 | 35.49 | 50 Fly | 37.39 | 32.99 |
| 1:12.69 | 1:22.09 | 100 Fly | 1:23.69 | 1:14.09 |
| 2:54.19 | 3:15.09 | 200 Fly | 3:21.99 | 2:59.49 |
| 1:12.09 | N/A | 100 IM | N/A | 1:13.09 |
| 2:35.99 | 2:56.39 | 200 IM | 2:55.49 | 2:36.99 |

13/14 Girls

13/14 Boys

| SCY | LCM | Event | LCM | SCY |
|----------|----------|------------|----------|----------|
| 26.69 | 30.49 | 50 Free | 29.69 | 25.29 |
| 57.99 | 1:05.99 | 100 Free | 1:04.09 | 56.29 |
| 2:07.09 | 2:25.89 | 200 Free | 2:15.39 | 1:59.09 |
| 5:45.99 | 5:08.79 | 400/500 | 4:55.79 | 5:31.39 |
| 12:01.69 | 10:47.99 | 800/1000 | 10:22.19 | 11:26.69 |
| 20:02.99 | 20:39.79 | 1500/1650 | 19:48.39 | 19:07.59 |
| 1:05.19 | 1:13.59 | 100 Back | 1:11.09 | 1:02.89 |
| 2:21.29 | 2:40.09 | 200 Back | 2:33.39 | 2:15.29 |
| 1:15.49 | 1:26.99 | 100 Breast | 1:21.19 | 1:11.29 |
| 2:44.59 | 3:06.69 | 200 Breast | 2:56.49 | 2:36.09 |
| 1:05.49 | 1:14.09 | 100 Fly | 1:09.89 | 1:01.69 |
| 2:33.29 | 2:52.99 | 200 Fly | 2:47.99 | 2:28.79 |
| 2:22.69 | 2:41.59 | 200 IM | 2:35.39 | 2:17.09 |
| 5:11.69 | 5:52.38 | 400 IM | 5:44.99 | 4:53.09 |