

2024 CT SENIOR TIME STANDARDS

LCM	SCY	Event	SCY	LCM
29.29	25.79	50 Free	23.49	26.79
1:02.89	55.69	100 Free	50.79	58.09
2:16.39	2:00.79	200 Free	1:51.49	2:06.59
4:48.17	5:20.99	400/500 Free	5:01.79	4:35.99
9:57.59	11:07.59	800/1000 Free	10:48.19	9:36.99
19:02.39	18:35.19	1500/1650 Free	18:00.69	18:59.99
1:10.39	1:02.39	100 Back	58.29	1:08.99
2:32.99	2:15.79	200 Back	2:07.79	2:29.59
1:21.69	1:12.69	100 Breast	1:06.09	1:18.99
2:57.09	2:36.79	200 Breast	2:28.99	2:52.99
1:09.59	1:01.69	100 Fly	56.99	1:04.99
2:39.29	2:20.29	200 Fly	2:12.99	2:29.59
2:32.89	2:16.19	200 IM	2:05.59	2:26.79
5:33.29	4:52.19	400 IM	4:33.79	5:16.29