

2023 SC Senior Invite- March 2-5th, 2023

Hosted by the Regional YMCA of Western CT - 10 Huckleberry Hill Rd, Brookfield, CT 06804

Event No.	WOMEN		Event	MEN		Event No.
	Qualifying Time LCM	Qualifying Time YDS		Qualifying Time	Qualifying Time LCM	
THURSDAY						
1			200 Medley Relay			2
3	19:54.30	19:30.89	W 1650 Free			
			M 1000 Free	11:20.59	10:07.42	4
5			400 Free Relay			6
FRIDAY						
7	30.42	26.69	50 Free	24.69	28.20	8
9	2:46.10 2:49.42B	2:27.30 2:30.29B	200 Butterfly	2:19.60 2:22.59B	2:37.55 2:40.87B	10
11	1:26.68	1:16.29	100 Breast	1:09.39	1:19.02	12
13	2:20.17 2:23.49B	2:03.40 2:06.39B	200 Free	1:57.10 2:00.09B	2:13.18 2:16.49B	14
15	5:46.93	5:06.79	400 IM	4:47.49	5:25.51	16
17			800 Free Relay			18
SATURDAY						
19			Mixed 200 Free Relay			19
20	1:13.09	1:04.59	100 Butterfly	59.79	1:07.76	21
22	3:07.03 3:10.35B	2:44.90 2:47.89B	200 Breast	2:36.40 2:39.39B	2:57.60 3:00.92B	23
24	1:14.22	1:05.79	100 Backstroke	1:01.19	1:09.12	25
26	4:55.67	5:31.29	500 Free	5:16.89	4:42.82	27
28			400 Medley Relay			29
SUNDAY						
30			Mixed 200 Medley Relay			30
31	10:25.63	11:40.99	W 1000 Free			
			M 1650 Free	18:54.69	19:17.38	32
33	2:38.68 2:42.00B	2:20.80 2:23.79B	200 Backstroke	2:14.20 2:17.19B	2:31.36 2:34.68B	34
35	1:05.30	57.39	100 Free	53.29	1:00.75	36
37	2:38.26 2:41.58B	2:19.70 2:22.69B	200 IM	2:11.90 2:14.89B	2:29.60 2:32.92B	38
39			200 Free Relay			40

*There are no bonus times for events 100yds or shorter. Swimmers must have achieved the bonus time standards to bonus events 200yds in length. There are no bonus swims for the 400IM or the 500 Free. The 1000 and 1650 alternate distance bonus is in effect for this meet.

*All relays will swim at finals only.

*The meet is capped at 325 swimmers per session and will close once it hits capacity. Entries will be submitted through FAST.