

# SENIOR CHAMPIONSHIPS - ADAPTIVE CUTS

| P3 | Girls      |          |          | Boys     |          |
|----|------------|----------|----------|----------|----------|
|    | EVENTS     | SCY      | LCM      | SCY      | LCM      |
|    | 50 Free    | 33.77    | 0:38.96  | 0:31.24  | 0:35.63  |
|    | 100 Free   | 1:12.21  | 1:23.64  | 1:07.55  | 1:17.26  |
|    | 200 Free   | 2:36.66  | 3:01.40  | 2:28.28  | 2:48.36  |
|    | 500 Free   | 6:57.74  | 6:23.27  | 6:41.38  | 6:07.07  |
|    | 1000 Free  | 15:05.58 | 13:38.60 | 14:22.09 | 12:47.40 |
|    | 1650 Free  | 24:43.20 | 25:19.38 | 23:57.32 | 25:16.19 |
|    | 100 Back   | 1:22.98  | 1:33.62  | 1:17.53  | 1:31.76  |
|    | 200 Back   | 3:00.60  | 3:23.48  | 2:49.96  | 3:18.95  |
|    | 100 Breast | 1:36.68  | 1:52.11  | 1:27.90  | 1:45.06  |
|    | 200 Breast | 3:28.53  | 3:55.53  | 3:18.16  | 3:50.08  |
|    | 100 Fly    | 1:22.05  | 1:32.55  | 1:15.80  | 1:26.44  |
|    | 200 Fly    | 3:06.59  | 1:08.22  | 2:56.88  | 3:18.95  |
|    | 200 IM     | 3:01.13  | 3:23.34  | 2:47.03  | 3:15.23  |
|    | 400 IM     | 6:23.96  | 7:22.21  | 6:04.14  | 6:57.74  |
| P2 | Girls      |          |          | Boys     |          |
|    | EVENTS     | SCY      | LCM      | SCY      | LCM      |
|    | 50 Free    | 0:43.84  | 0:49.79  | 0:39.93  | 0:45.54  |
|    | 100 Free   | 1:34.67  | 1:46.91  | 1:26.34  | 1:38.75  |
|    | 200 Free   | 3:25.34  | 3:51.86  | 3:09.53  | 3:35.20  |
|    | 500 Free   | 9:05.68  | 8:09.89  | 8:33.04  | 7:49.18  |
|    | 1000 Free  | 19:17.51 | 17:26.33 | 18:21.92 | 16:20.88 |
|    | 1650 Free  | 31:35.82 | 32:22.06 | 30:37.17 | 32:17.98 |
|    | 100 Back   | 1:46.06  | 1:59.66  | 1:39.09  | 1:57.28  |
|    | 200 Back   | 3:50.84  | 4:20.08  | 3:37.24  | 4:14.30  |
|    | 100 Breast | 2:03.57  | 2:23.29  | 1:52.35  | 2:14.28  |
|    | 200 Breast | 4:26.54  | 5:01.05  | 4:13.28  | 4:54.08  |
|    | 100 Fly    | 1:44.87  | 1:58.30  | 1:36.88  | 1:50.48  |
|    | 200 Fly    | 3:58.49  | 1:27.19  | 3:46.08  | 4:14.30  |
|    | 200 IM     | 3:51.52  | 4:19.91  | 3:33.50  | 4:09.54  |
|    | 400 IM     | 8:16.72  | 9:26.59  | 7:45.44  | 8:57.69  |
| P1 | Girls      |          |          | Boys     |          |
|    | EVENTS     | SCY      | LCM      | SCY      | LCM      |
|    | 50 Free    | 1:21.24  | 1:32.26  | 1:13.99  | 1:24.39  |
|    | 100 Free   | 2:55.42  | 3:18.10  | 2:39.99  | 3:02.98  |
|    | 200 Free   | 6:20.49  | 7:09.63  | 5:51.19  | 6:38.76  |
|    | 500 Free   | 16:51.12 | 15:07.74 | 15:50.64 | 14:29.37 |
|    | 1000 Free  | 35:44.80 | 32:18.79 | 34:01.80 | 30:17.52 |
|    | 1650 Free  | 58:32.85 | 59:58.53 | 56:44.17 | 59:50.97 |
|    | 100 Back   | 3:16.53  | 3:41.73  | 3:03.61  | 3:37.32  |
|    | 200 Back   | 7:07.74  | 8:01.92  | 6:42.54  | 7:51.21  |
|    | 100 Breast | 3:48.97  | 4:25.51  | 3:28.18  | 4:08.82  |
|    | 200 Breast | 8:13.89  | 9:17.83  | 7:49.32  | 9:04.92  |
|    | 100 Fly    | 3:14.32  | 3:39.21  | 2:59.52  | 3:24.72  |
|    | 200 Fly    | 7:21.91  | 2:41.56  | 6:58.92  | 7:51.21  |
|    | 200 IM     | 7:09.00  | 8:01.60  | 6:35.61  | 7:42.39  |
|    | 400 IM     | 15:20.40 | 17:29.86 | 14:22.44 | 16:36.31 |