

Connecticut Swimming

2019 SC Regional Championship Minimum Time Standards

10 & Under Girls				10 & Under Boys		
SCY	SCM	LCM		SCY	SCM	LCM
3:06.99	3:28.69	3:33.95	200 free	3:12.99	3:35.49	3:43.24
7:27.49	6:34.49	6:42.49	500/400 free	7:39.99	6:42.24	6:56.24
1:39.49	1:50.99	1:56.49	100 back	1:43.99	1:55.99	2:04.49
1:52.99	2:05.99	2:09.30	100 breast	2:02.49	2:16.71	2:23.10
1:57.99	2:11.69	2:14.54	100 fly	2:02.99	2:17.24	2:21.49
1:36.99	1:44.49	--	100 IM	1:37.99	1:46.99	--
3:34.99	3:59.94	4:07.97	200 IM	3:37.99	4:03.24	4:14.24
11-12 Girls				11-12 Boys		
2:36.74	2:55.99	2:59.99	200 free	2:42.99	3:01.24	3:07.74
6:39.99	5:49.95	5:59.70	400/500 free	6:44.99	5:54.32	6:06.51
23:59.99	23:55.68	24:36.91	1650/1500	24:59.99	24:55.50	25:54.39
1:23.99	1:32.49	1:38.46	100 back	1:29.99	1:40.44	1:47.77
3:07.99	3:29.81	3:39.36	200 back	3:19.99	3:43.20	3:55.56
1:37.49	1:48.81	1:52.06	100 breast	1:42.49	1:54.39	1:59.73
3:29.99	3:50.41	3:59.17	200 breast	3:39.99	4:05.52	4:16.40
1:28.49	1:38.76	1:40.90	100 fly	1:39.99	1:51.60	1:55.20
3:22.99	3:50.41	3:50.41	200 fly	3:29.99	3:54.36	4:02.48
1:22.99	1:31.99	--	100 IM	1:30.99	1:37.99	--
2:59.99	3:20.88	3:27.60	200 IM	3:06.99	3:28.74	3:38.24
6:09.99	6:52.94	7:02.96	400 IM	6:19.99	7:04.10	7:19.29
13-14 Girls				13-14 Boys		
SCY	SCM	LCM		SCY	SCM	LCM
6:04.49	5:18.89	5:27.78	400/500 free	6:08.49	5:22.49	5:30.49
12:39.99	11:15.99	11:42.99	800/1000 free	12:39.99	11:15.99	11:30.99
21:29.99	21:26.13	22:03.07	1500/1650 free	21:44.99	21:41.09	22:32.32
2:43.49	3:02.47	3:10.77	200 back	2:53.24	3:13.49	3:24.24
3:04.99	3:26.46	3:30.69	200 breast	3:12.99	3:35.49	3:44.99
2:59.99	3:20.88	3:24.30	200 fly	3:00.99	3:21.99	3:29.24
2:39.99	2:58.56	3:04.53	200 IM	2:42.49	3:01.35	3:09.60
5:34.99	6:13.87	6:22.41	400 IM	5:38.99	6:18.49	6:32.24
15-18 Girls				15-18 Boys		
SCY	SCM	LCM		SCY	SCM	LCM
5:57.49	5:12.76	5:21.48	400/500 free	5:39.99	4:57.45	5:07.68
12:09.99	10:49.49	11:27.99	800/1000 free	11:49.99	10:31.99	11:01.49
20:52.49	20:48.74	21:24.61	1500/1650 free	20:54.99	20:51.24	21:40.51
2:41.49	3:00.24	3:08.49	200 back	2:38.99	2:57.49	3:07.49
3:04.99	3:26.46	3:30.69	200 breast	2:55.99	3:16.42	3:25.12
2:49.99	3:09.72	3:12.95	200 fly	2:44.99	3:04.14	3:10.52
2:39.99	2:58.56	3:04.53	200 IM	2:34.99	2:52.98	3:00.85
5:29.99	6:08.29	6:16.70	400 IM	5:20.99	5:58.24	6:11.09